

An Óige Hikes Programme July 2026

Please Note: Preference will be given on the “Special Buses”, to Members of An Óige on production of their Membership Card. It is therefore imperative to bring your Membership Card with you, each Sunday. Membership Fees are as follows from January 2021: €25 for over 25 years old, and €15 for under 25 years old.

Valid An Óige Membership Cards required.

RENEWALS OR NEW MEMBERSHIPS: OPTION 1

Please bring your old membership card with you to the hike bus and have the €25.00 membership money plus your bus fare with you. New members will have to fill out a form to join.

You can email for assistance to **info@anoige.ie**

OR

You can also request assistance from either Marie McDonnell (Ph. **018377411**)

or email Jim Barry at **jbarry@anoige.ie**

Important Notice

**THIS NOTICE APPLIES TO ANY HIKES INVOLVING THE HIRE OF A PRIVATE BUS PLEASE
NOTE THAT ONLY PAYING PERSONS TRAVELLING ON THE BUS TO THE HIKES WILL BE
PERMITTED TO PARTICIPATE ON THE HIKES.**

It is imperative that the instructions of the Hike Leaders be adhered to by those participating. The Leader sets the pace of the hike and walkers are expected to always obey his/her instructions. Leaders have the right to refuse to take anyone who does not co-operate with them fully, and anyone who they consider would not be able to walk at a reasonable pace, especially on the Moderate Hikes. Walkers who go on Moderate Hikes should be fit and able to keep up with the Hike. A Co-Ordinator has been appointed each Sunday to organise Hikers on Eden Quay.

Unless otherwise stated, please observe the following:

WEAR:	HIKING BOOTS OR STRONG SHOES FOR EASIER HIKES – Please note: Boots may be required for some easy hike locations. HIKING BOOTS <u>ONLY</u> FOR MODERATE HIKES, EASIER MODERATE HIKES NO JEANS. NO DOGS ALLOWED ON HIKES.
BRING:	<i>Optional Face Mask, Hand Sanitiser, Rainwear, Hat and Gloves, Gaiters and Flask (hot drink), Sandwiches, Simple First Aid Kit, Sunscreen Lotion, Sunglasses, Please cover up from damaging UV Rays to prevent Skin Damage while engaging in outdoor activities</i>
COVID-19 NOTICE	<i>Face Coverings are not mandatory for travelling on the private bus and on Public Transport. Intending hikers may wear face covering if they wish to do so.</i> <u>HEALTH AND SAFETY ADVICE/QUESTIONNAIRE</u> <i>Please do not attend for any organised An Óige hike or event if the answer is YES to any of the following questions:</i> <i>1. Have you had any symptoms of Covid 19 recently?</i> <i>2. Have you recently tested positive for Covid 19, or have you been in close contact with an infected person?</i>
MEET:	All Sunday walks leave from Laughter Lounge, Eden Quay, O’Connell Bridge End at 10.00am, unless otherwise stated. You are requested to arrive at the meeting place in good time to avoid any delay or disappointment.

MIDWEEK WALK: Thursday 2nd July 2026	
Route:	Trip to Kilkenny, including grounds of Kilkenny Castle and River Nore Walk Bring Drum Up . Coffee Shops and restaurants are also available.
Leader:	Mary Moloney
Meet:	Heuston Station at 9.45am for 10.15am train to Waterford. Return trains at both 3.30pm and 7.15pm and back to Heuston Station for 5.pm OR 8.15pm. Seat booking for both outward and return journeys is advisable for chosen train times.
SUNDAY 5th July 2026 - Co-Ordinator on Eden Quay – Mary Chambers	
MODERATE HIKE*	
Route:	Seahan Forest – Seahan Mountain – Corrig – Barnacree – Bryan’s Hill – Slade and Cot Brooks – Castlekelly Bog – The Brakes – Featherbed Forest - Kirikee
Leader:	Brian Madden
Transport:	Special Bus : Cost €20.00 per person.
EASIER MODERATE HIKE*	
Route:	Bohernabreena Waterworks Gate – Waterworks via Dublin Mountain Way – Glenasmole – Castlekelly – Featherbed Forest – Kirikee - Rockbrook
Leader:	Fergal Griffin
Transport:	Special Bus : Cost €20.00 per person. These two hikes will share the same bus.
EASIER HIKE*	
Route:	Swords along the Estuary to Malahide
Leader:	Mary Chambers
Meet:	Laughter Lounge ,Eden Quay at 10.am (Public Transport)
MIDWEEK WALK: Thursday 9th July 2026	
Route:	Clonsilla to Ashtown along the Royal Canal
Leader:	Paula Oliver
Meet:	Connolly Station at 10.45am sharp
SUNDAY 12th July 2026 - Co-Ordinator on Eden Quay – Jim Barry	
MODERATE HIKE*	
Route:	Knickeen Ford – Stranahely Wood – Table Track – The Elbow – Wexford Gap – Cavanagh’s Gap – Lobawn – Kilcoagh – Bolton’s Yard - Donard
Leader:	Tony Groves
Transport:	Special Bus : Cost €20.00 per person.
EASIER MODERATE HIKE*	
Route:	Ballinclea Forest – Tracks to Sugarloaf Mountain – Logar – Lobawn – Kilcoagh – Bolton’s Yard - Donard
Leader:	Jim Barry
Transport:	Special Bus : Cost €20.00 per person. These two hikes will share the same bus.
EASIER HIKE*	
Route:	River Dodder Walk
Leader:	Michael Heneghan
Meet:	Laughter Lounge ,Eden Quay at 10.am (Public Transport)

MIDWEEK WALK: Thursday 16th July 2026	
Route:	Heuston Station to Phoenix Park, Chapelizod return via River Liffey & Islandbridge
Leader:	Jenny Bannon
Meet:	Heuston Station at 11am sharp.
SUNDAY 19th July 2026 - Co-Ordinator on Eden Quay – Fiona Byrne	
MODERATE HIKE*	
Route:	Wicklow Gap – Tonelagee – Lough Ouler Viewing point – Brockagh – Brockagh East – Glendassan Forest – Wicklow Way - Glendalough
Leader:	Udo Sap
Transport:	Special Bus * Cost €20.00 per person.
EASIER MODERATE HIKE*	
Route:	Ballinagee Bridge – Oakwood – St Kevin’s Way – Glenreemore Brook – Art O’Neill Memorial Plaque – Lough Firrib – Gleneolo Brook– Miners Track - Glendalough
Leader:	Dave McCann
Transport:	Special Bus : Cost €20.00 per person. These two hikes will share the same bus.
EASIER HIKE*	
Route:	Wicklow Gap to Glendalough via St Kevins Way
Leader:	Fiona Byrne
Transport:	Special Bus : Cost €20.00 per person. These three hikes will share the same bus.
MIDWEEK WALK: Thursday 23rd July 2026	
Route:	Boat Trip to Dalkey Island and walk back from Dalkey to Dunlaoghaire. Boat Trip Cost: €10.00 Enjoy seals and beautiful historic island
Leader:	Fiona Byrne
Meet:	Connolly Station at 10.45am sharp
SUNDAY 26th July 2026 - Co-Ordinator on Eden Quay – Marie McDonnell	
MODERATE HIKE*	
Route:	Drumgoff Lodge – Coolalingo Bridge – Ballyboy Brook Track – 12 Graves Memorial – Shay Elliot Carpark – Ragman’s Path – Forest Track to Laragh
Leader:	Garry Byrne
Transport:	Special Bus * Cost €20.00 per person.
EASIER MODERATE HIKE*	
Route:	Shay Elliot Carpark – Cullentragh – Derrybawn Mountain – Forest Track to Laragh
Leader:	Larry Meany
Transport:	Special Bus : Cost €20.00 per person. These two hikes will share the same bus.
EASIER HIKE*	
Route:	Royal Canal Walk from Maynooth to Confey, Leixlip
Leader:	Nancy Phillips
Meet:	Laughter Lounge ,Eden Quay at 10.am (Public Transport)

MIDWEEK WALK: Thursday 29th July 2026		
Route:	Avondale Walk, Rathdrum, Co. Wicklow	
Leader:	Tom O'Loughlin	
Meet:	Connolly Station at 9.15am for the 9.35am train to Wexford - Rathdrum	
Dates for your Diary		
Dates:	Saturday 25th July 2026	
Venue:	Abbey Theatre “White Headed Boy” – Story of Rivalry within the Family	
Times:	Matinee starting at 2pm	Meet: 1.30pm – try for rows A-D
Cost:	€23.50 upwards (concessions)	
Organisers:	Breda McNamara and Mary Bell	
Wednesday 29th July 2026		
Event Venue:	Irish Film Institute (Strawberry Club) FILM “ The 7 YEAR ITCH ” Marilyn Monroe in honour of her 100th birthday	
Meet:	10.45am (film starts at 11.00am sharp)	
Cost:	€5.00 (members) €6.95 for non-members	
Organisers:	Breda McNamara and Mary Bell	
Saturday 8th August 2026		
Event Venue:	Day Trip to Johnstown Castle, County Wexford (long day out but worth it) Train to Wexford Town, public transport bus connection to Johnstown Castle Please Note: OAP Free Travel Passes can be used for all public transport	
Cost:	€12.00 with group of 10 or more Includes entry to Castle, Museum and gardens	
Meet:	7.30am sharp at Connolly Station for the 7.55am Wexford, Rosslare train Return train from Wexford at 6.21pm, arriving at Connolly Station at 8.52pm (bus return option)	
Booking:	Please ring Breda McNamara at 0879816518 to book your place Confirmation of numbers required by Monday 20th July	
Bring:	Drum up for Johnstown Castle lunch (advisory)	
Organisers:	Breda McNamara and Mary Bell	
Sunday 16th August 2026		
Event Venue:	Corlea Visitor Centre, Co. Longford – Visit one of Ireland’s Hidden Heartland Treasures where part of an Iron Age Trackway, the largest of its kind in Europe has been uncovered. This 18-metre stretch of incredible ancient oak road built circa 148 BC is housed in the centre along with exhibits and audio – visual displays. Enjoy scenic walking trails across the preserved boglands. Walk along part of the Royal Canal and Famine Way from the Centre to Mosstown Harbour	
Evening Meal:	Finish the day with an optional meal (carvery) in Longford Arms Hotel Half Portion €14.50 or Full Portion €17.50	
Transport:	Special Bus * Cost €25.00 per person.	
Leader:	Ann Prendergast	