

## An Óige Hike Programme September 2025

Please Note: Preference will be given on the “Special Buses”, to Members of An Óige on production of their Membership Card. It is therefore imperative to bring your Membership Card with you, each Sunday. Membership Fees are as follows from January 2021: €25 for over 25 years old, and €15 for under 25 years old.

Valid An Óige Membership Cards required.

### **RENEWALS OR NEW MEMBERSHIPS: OPTION 1**

Please bring your old membership card with you to the hike bus and have the €25.00 membership money plus your bus fare with you. New members will have to fill out a form to join.

You can email for assistance to **info@anoige.ie**

OR

You can also request assistance from either Marie McDonnell (Ph. **018377411**)

or email Jim Barry at **jbarry@anoige.ie**

## **Important Notice**

**THIS NOTICE APPLIES TO ANY HIKES INVOLVING THE HIRE OF A PRIVATE BUS PLEASE  
NOTE THAT ONLY PAYING PERSONS TRAVELLING ON THE BUS TO THE HIKES WILL BE  
PERMITTED TO PARTICIPATE ON THE HIKES.**

*It is imperative that the instructions of the Hike Leaders be adhered to by those participating. The Leader sets the pace of the hike and walkers are expected to always obey his/her instructions. Leaders have the right to refuse to take anyone who does not co-operate with them fully, and anyone who they consider would not be able to walk at a reasonable pace, especially on the Moderate Hikes. Walkers who go on Moderate Hikes should be fit and able to keep up with the Hike. A Co-Ordinator has been appointed each Sunday to organise Hikers on Eden Quay.*

Unless otherwise stated, please observe the following:

WEAR:	<b>HIKING BOOTS OR STRONG SHOES FOR EASIER HIKES – Please note: Boots may be required for some easy hike locations. HIKING BOOTS <u>ONLY</u> FOR MODERATE HIKES, EASIER MODERATE HIKES NO JEANS. NO DOGS ALLOWED ON HIKES.</b>
BRING:	<b><i>Optional Face Mask, Hand Sanitiser, Rainwear, Flask (hot drink), Sandwiches, Simple First Aid Kit, Sunscreen Lotion, sun glasses and Hat, Please cover up from damaging UV Rays to prevent Skin Damage</i></b>
COVID-19 NOTICE	<p><i>Face Coverings are not mandatory for travelling on the private bus and on Public Transport. Intending hikers may wear face covering if they wish to do so.</i></p> <p><b><u>HEALTH AND SAFETY ADVICE/QUESTIONNAIRE</u></b></p> <p><b><i>Please do not attend for any organised An Óige hike or event if the answer is YES to any of the following questions:</i></b></p> <ol style="list-style-type: none"><li><b><i>1. Have you had any symptoms of Covid 19 recently?</i></b></li><li><b><i>2. Have you recently tested positive for Covid 19, or have you been in close contact with an infected person?</i></b></li></ol>
MEET:	<b>All Sunday walks leave from Laughter Lounge, Eden Quay, O’Connell Bridge End at 10.00am, unless otherwise stated. You are requested to arrive at the meeting place in good time to avoid any delay or disappointment.</b>

<b>MIDWEEK WALK: Thursday 4 t h September 2025</b>	
Route:	<b>Walk from the Laughter Lounge, Eden Quay to East wall and along the Dodder to Milltown.</b>
Leader:	Michael Mooney
Meet:	The Laughter Lounge, Eden Quay at 11.am
<b>SUNDAY 7th September 2025 - Co-Ordinator on Eden Quay – Marie McDonnell</b>	
<b>MODERATE HIKE*</b>	
Route:	<b>Lacken – Pound Lane – Turf Cutters Track – Blackhill – Ballynultagh Gap – Sorrel Hill – Lugnagun – Mass Track – Lacken (Zeller’s Pub)</b>
Leaders:	Ita O’Hanlon
Transport:	Special Bus * Cost €20.00 per person.
<b>EASIER MODERATE HIKE*</b>	
Route:	<b>Lacken – Lugnagun - Mass Track – Sorrel Hill – Ballynultagh Gap – Lacken (Zeller’s Pub)</b>
Leader:	Fiona Byrne
Transport:	Special Bus: Cost €20.00 per person.
<b>EASIER HIKE*</b>	
Route:	<b>Russborough House Estate and Blessington Greenway</b>
Leader:	Mary Chambers
Transport:	Special Bus *These 3 hikes will share the same bus. Cost €20.00 per person.
<b>MIDWEEK WALK: Thursday 1 1 t h September 2025</b>	
Route:	<b>Walk from Lehaunstown to Loughlinstown via Cabinteely Park and Kilbogget Park to the Graduate Pub for refreshments.</b>
Leader:	Mary Moloney
Meet:	Marlborough St Luas Stop at 10.45am sharp
<b>SUNDAY 14th September 2025 - Co-Ordinator on Eden Quay – Larry Meany</b>	
<b>MODERATE HIKE*</b>	
Route:	<b>Oldbridge – Kanturk – Scarr – Dry Hill – Paddock Hill – Wicklow Way - Glendalough</b>
Leader:	Larry Meany
Transport:	Special Bus * Cost €20.00 per person.
<b>EASIER MODERATE HIKE*</b>	
Route:	<b>Laragh – Brockagh Centre – Brockagh East – Brockagh – Glendassan Forest - Glendalough</b>
Leader:	Fergal Griffin
Transport:	Special Bus : Cost €20.00 per person.
<b>EASIER HIKE*</b>	
Route:	<b>Glendalough Upper Lake and Miner’s Village and return via Upper Lake Carpark to Glendalough via Board Walk</b>
Leader:	Olive Cowlard
Meet :	Special Bus *These 3 hikes will share the same bus. Cost €20.00 per person.
<b>MIDWEEK WALK: Thursday 18th September 2025</b>	
Route:	<b>Japanese Gardens and National Stud, Co Kildare</b>
Leader:	Fiona Byrne
Cost:	<b>€17.50 admission fee per person</b>
Meet:	Dublin Heuston Station at 11.am for the 11.20am train to Kildare Town

<b>SUNDAY 21st September 2025 - Co-Ordinator on Eden Quay – Ann Prendergast</b>	
<b>MODERATE HIKE*</b>	
Route:	<b>Kilmacanogue to Greystones</b>
Leader:	Dave McCann
Meet:	<b>Townsend Street 133 Bus Stop ( Rear of Pearse Street Garda Station) at 10.am for the 10.15am bus to Kilmacanogue N.B Meet at Circle K Service Station on the Dublin/ Bray side of the N11 at 11.am sharp if using alternative buses or other modes of transport to start point.</b>
<b>EASIER MODERATE HIKE*</b>	
Route:	<b>Kilmacanogue to Bray via Little Sugarloaf and Belmont Estate</b>
Leader:	Fiona Byrne
Meet:	<b>As Above for both Hard Mod and Easier Moderate Hikes</b>
<b>ALSO: Sunday 21<sup>st</sup> September 2025</b>	
<b>Special Coastal Walk in the Foothills of the Mourne Mountains</b>	
Itinerary:	<b>Special walk in the foothills of the Mourne Mountains where preparations for the D Day landings were carried out. (At the time the best kept secret in Ireland)</b>
Leader:	Kay and Tony O'Sullivan
Cost:	<b>€70.00 includes travel by special bus, return ferry from Greenore , Co. Louth to Greencastle in Co. Down including evening meal</b>
Payment:	<b>Taken up on the bus – <u>Cash Only</u></b>
Meet:	<b>The Laughter Lounge, Eden Quay for special bus departing at 10.am sharp</b>
Weather:	<b>Please text Mobile No. 086 212 1272 for update on travel arrangements in the event of bad weather warning</b>
<b>MIDWEEK WALK: Thursday 25th September 2025</b>	
Route:	<b>Glendalough Upper Lake – St Kevin's Way – Glendassan Miner's Village – Glendalough Monastic Site</b>
Leader:	Bernadette Gilvarry
Meet:	<b>St Kevin's Bus Stop on St. Stephen's Green at 10.35am for the 11am Bus to Glendalough</b>
<b>SUNDAY 28th September 2025 - Co-Ordinator on Eden Quay – Tony Groves</b>	
<b>MODERATE HIKE*</b>	
Route:	<b>Athdown Wood – Seefin – Seefingan – Corrig – Seahan – Green Road – Bohernabreena Waterworks trail to entrance.</b>
Leader:	Tony Groves
Transport:	Special Bus Cost €20.00 per person
<b>EASIER MODERATE HIKE*</b>	
Route:	<b>Cloghleagh Bridge - Old Shankhill Mining Works Trail – Shankhill Bridge – Seahan Forest Track – Corrig - Green Road – Bohernabreena Waterworks trail to entrance.</b>
Leader:	Garry Byrne
Transport:	Special Bus *These 2 hikes will share the same bus. <b>Cost €20.00 per person.</b>
<b>EASIER HIKE*</b>	
Route:	<b>Maynooth to Leixlip Confey Railway Station</b>
Leader:	Nancy Phillips
Transport:	Public Transport – meet: Laughter Lounge, Eden Quay at 10am sharp

Dates for your Diary

Theatre Events and Notification of Special Mass for Deceased Members

**Sunday 5 October - Annual Mass for Deceased Members**

Celebrant:	<b>Fr. Jimmy Kelly – Life Member</b>
Venue:	Glendalough International Youth Hostel
Time:	3pm sharp – All are welcome
Refreshments:	Light Refreshments will be available

An Óige September Social Events Programme

**Wednesday 17th September 2025**

Theatre Venue:	<b>Abbey Theatre , Dublin 1– A Play ‘The Boy by Marina Carr. A Greek Tragedy concerning problems with adoption</b>		
Meet:	<b>6.30pm at the entrance</b>		
Booking:	<b>Phone 018787222</b>	Cost: Try booking seats D-E	Concession seats €23.00

**Wednesday 24th September 2025**

Film Venue:	<b>Irish Film Institute, 6 Eustace Street, Temple Bar, Dublin 1</b>
Meet:	10.45am – No selected seats – Film starts 11.am
Price:	<b>€5.00 (Members) €6.95 (Non-Members)</b>
Refreshments:	Tea served in the hall before the performance
Organisers:	<b>Mary Bell and Breda McNamara – (for both above)</b>

October Weekends Away 2025

**October Bank Holiday Weekend  
24th To 27th October 2025  
Trip to Newcastle, Co. Down**



*There will be places for 20 people on this trip  
Booking will open on Wednesday 3 rd September when we should have all our details finalised  
Activities will include hiking in the Mourne Mountains  
Accommodation Venue: Newcastle Hostel*

*Leaders: Fiona Byrne and Ita O'Hanlon*