

## An Óige Hike Programme October 2025

Please Note: Preference will be given on the “Special Buses”, to Members of An Óige on production of their Membership Card. It is therefore imperative to bring your Membership Card with you, each Sunday. Membership Fees are as follows from January 2021: €25 for over 25 years old, and €15 for under 25 years old.

Valid An Óige Membership Cards required.

### **RENEWALS OR NEW MEMBERSHIPS: OPTION 1**

Please bring your old membership card with you to the hike bus and have the €25.00 membership money plus your bus fare with you. New members will have to fill out a form to join.

You can email for assistance to **info@anoige.ie**

OR

You can also request assistance from either Marie McDonnell (Ph. **018377411**)

or email Jim Barry at **jbarry@anoige.ie**

### **Important Notice**

**THIS NOTICE APPLIES TO ANY HIKES INVOLVING THE HIRE OF A PRIVATE BUS PLEASE  
NOTE THAT ONLY PAYING PERSONS TRAVELLING ON THE BUS TO THE HIKES WILL BE  
PERMITTED TO PARTICIPATE ON THE HIKES.**

*It is imperative that the instructions of the Hike Leaders be adhered to by those participating. The Leader sets the pace of the hike and walkers are expected to always obey his/her instructions. Leaders have the right to refuse to take anyone who does not co-operate with them fully, and anyone who they consider would not be able to walk at a reasonable pace, especially on the Moderate Hikes. Walkers who go on Moderate Hikes should be fit and able to keep up with the Hike. A Co-Ordinator has been appointed each Sunday to organise Hikers on Eden Quay.*

Unless otherwise stated, please observe the following:

WEAR:	<b>HIKING BOOTS OR STRONG SHOES FOR EASIER HIKES – Please note: Boots may be required for some easy hike locations. HIKING BOOTS <u>ONLY</u> FOR MODERATE HIKES, EASIER MODERATE HIKES NO JEANS. NO DOGS ALLOWED ON HIKES.</b>
BRING:	<b><i>Optional Face Mask, Hand Sanitiser, Rainwear, Hat and Gloves, Flask (hot drink), Sandwiches, Simple First Aid Kit, Sunscreen Lotion, sunglasses Please cover up from damaging UV Rays to prevent Skin Damage during the winter period.</i></b>
COVID-19 NOTICE	<b><i>Face Coverings are not mandatory for travelling on the private bus and on Public Transport. Intending hikers may wear face covering if they wish to do so.</i></b> <b><u>HEALTH AND SAFETY ADVICE/QUESTIONNAIRE</u></b> <b><i>Please do not attend for any organised An Óige hike or event if the answer is YES to any of the following questions:</i></b> <b><i>1. Have you had any symptoms of Covid 19 recently?</i></b> <b><i>2. Have you recently tested positive for Covid 19, or have you been in close contact with an infected person?</i></b>
MEET:	<b>All Sunday walks leave from Laughter Lounge, Eden Quay, O’Connell Bridge End at 10.00am, unless otherwise stated. You are requested to arrive at the meeting place in good time to avoid any delay or disappointment.</b>

<b>MIDWEEK WALK: Thursday 2 n d October 2025</b>	
Route:	<b>Howth – Baldoyle – Portmarnock to Malahide</b>
Leader:	Michael Mooney
Meet:	<b>Howth Dart Station at 11am sharp.</b>
<b>SUNDAY 5th October 2025 - Co-Ordinator on Eden Quay – Marie McDonnell</b>	
<b>MODERATE HIKE*</b>	
Route:	<b>Cruagh Wood – Glendoo Mountain – Knocknagun – O’Toole Rocks – Neal’s Quarry – Oldboleys – Glencree Centre</b>
Leaders:	Ita O’Hanlon
Transport:	Special Bus * <b>Cost €20.00 per person.</b>
<b>EASIER MODERATE HIKE*</b>	
Route:	<b>Curtlestown Wood – Wicklow Way – Prince William Seat – Knocknagun – Neal’s Quarry – Oldboleys – Glencree Centre</b>
Leader:	Pat Gallagher
Transport:	Special Bus *These 2 hikes will share the same bus. <b>Cost €20.00 per person.</b>
<b>EASIER HIKE*</b>	
Route:	<b>Lehaunstown to Loughlinstown via Cabinteely and Kilgobbet</b>
Leader:	Mary Chambers
Transport:	Luas Transport – Meet at the Laughter Lounge at 10am
<b>MIDWEEK WALK: Thursday 9 t h October 2025</b>	
Route:	<b>Shanganagh Park to Dalkey</b>
Leader:	Tom O’Loughlin
Meet:	Connolly Station at 11am or new Woodbrook Dart Station at 11.30am
<b>SUNDAY 12th October 2025 - Co-Ordinator on Eden Quay – Des Whelan</b>	
<b>MODERATE HIKE*</b>	
Route:	<b>Laragh – Woolen Mills – Green Road – Track to Derrybawn – Mullacor – Lugduff Gap – Poulanass – Glendalough Visitor Centre</b>
Leader:	Udo Sap
Transport:	Special Bus * <b>Cost €20.00 per person.</b>
<b>EASIER MODERATE HIKE*</b>	
Route:	<b>Glendalough Visitor Centre – Wicklow Way Track to Laragh – Green Road – Glendalough Monastic Site – Visitor Centre</b>
Leader:	Tom O’Loughlin
Transport:	Special Bus : <b>Cost €20.00 per person.</b>
<b>EASIER HIKE*</b>	
Route:	<b>Annamoe – Wicklow Way – Brusher Gap – Paddock Hill – Brockagh Centre - Laragh</b>
Leader:	Des Whelan
Meet :	Special Bus *These 3 hikes will share the same bus. <b>Cost €20.00 per person.</b>
<b>MIDWEEK WALK: Thursday 16th October 2025</b>	
Route:	<b>Dollymount Walk</b>
Leader:	Paula Oliver
Meet:	Clontarf Dart Station at 11.30am

<b>SUNDAY 19th October 2025 - Co-Ordinator on Eden Quay – Fiona Byrne</b>	
<b>MODERATE HIKE*</b>	
Route:	<b>Ballylug – Clara Vale – Ballinderry – Kirikee – Shay Elliot Memorial – Ragman’s Path - Laragh</b>
Leader:	Garry Byrne
Transport:	Special Bus * Cost €20.00 per person.
<b>EASIER MODERATE HIKE*</b>	
Route:	<b>Ballylug – Clara Vale – Trooperstown - Ballard – Bookey’s Bridge - Laragh</b>
Leader:	David McCann
Meet:	Special Bus * Cost €20.00 per person.
<b>EASY HIKE*</b>	
Route:	<b>Annamoe – River Walk – Kilafin – Paddock Hill - Laragh</b>
Leader:	Fiona Byrne
Transport:	Special Bus *These 3 hikes will share the same bus. Cost €20.00 per person.
<b>MIDWEEK WALK: Thursday 23rd October 2025</b>	
Route:	<b>Confey Train Station to Maynooth and Carton House Estate</b>
Leader:	Jenny Bannon
Meet:	Confey Railway Station at 11.20am – Train from Connolly Station at 10.47am
<b>SATURDAY 25th October 2025</b>	
<b>Please Note: No Hikes scheduled for Sunday 26th October due to anticipated disruption of Public Transport timetables resulting from Dublin City Marathon</b>	
<b>Hike to suit both Hard and Easier Moderate Walkers</b>	
Route:	<b>Greystones to Kilmacanoge via Belmont and Little Sugarloaf</b>
Leader:	Brian Madden
Meet:	<b>At 10.am sharp at Tara Street Dart Station for the 10.15am Dart to Greystones arriving at 11.10am. Alternatively meet at Greystones Dart Station for 11.10am</b> <b>Return afterwards to city centre using bus 133 or take the 45A BUS from Kilmacanoge to Bray Dart Station departing every 20 minutes.</b>
<b>EASIER MODERATE HIKE*</b>	
Route:	<b>As Above</b>
<b>Please Note</b>	
<b>Bankholiday Sunday 26th October 2025</b>	
<b>EASIER HIKE*</b>	
Route:	<b>Clontarf Dart Station to St Anne’s Park</b>
Leader:	Deirdre Wilson
Meet:	Clontarf Dart Station at 11.am sharp
<b>MIDWEEK WALK: Thursday 30th October 2025</b>	
Route:	<b>Sydney Parade to Poolbeg Light House</b>
Leader:	Michael Heneghan
Meet:	Meet Sydney Parade Dart Station at 10.45am

## Dates for your Diary

### Theatre Events and Notification of Special Mass for Deceased Members

#### **Sunday 5 October - Annual Mass for Deceased Members**

Celebrant:	Fr. Jimmy Kelly – Life Member
Venue:	Glendalough International Youth Hostel
Time:	3pm sharp – All are welcome
Bus Transport:	Glendalough Bus from St Stephens Green North departing at 11.00am on Sundays to Carpark adjacent to Glendalough Visitor Centre – Returning to Dublin at 16.30pm.
Refreshments:	Light Refreshments will be available

#### **Monday 13th October 2025**

Theatre Venue:	Bewleys Theatre Cafe ,Grafton Street, Dublin 2– A Play ‘Almost Home’ A humorous story of survival and human cost of exile	
Starts:	1.pm	Meet : 12.45pm just outside main door
Cost:	€10.00	Booking: Phone 0868784001

#### **Wednesday 29th October 2025**

Theatre Venue:	Gate Theatre, Cavendish Row, Parnell Square East, Dublin 1. “POOR” by Katriona O’Sullivan – A story of poverty, addiction and eventual rise to PHD in Trinity	
Meet:	1.30pm (starts 2.pm)	
Cost:	€28.00 to €48.00	
Booking:	Phone: 018744045 – PLEASE NOTE: Tickets sell out quickly	
Organisers:	Mary Bell and Breda McNamara – (for both above)	

### Invitation to all An Óige members



## **An Óige Photo**

### **November Photography Course for Phone Users**



Calling all Walkers - Unlock your photographic potential. An Óige Photographic Group warmly invites you to an inspiring talk and workshop on capturing stunning photos using just your phone – while out hiking. It will bring your skills to a new level. Tuesday 4<sup>th</sup> November at 7.30 p.m. Sign up through our website - [www.anoige.com/phone](http://www.anoige.com/phone)

**Cost: €5.00 (Zoom option available)**

**Course Location: Crosscare, 24-26 Wellington Street Upper, Phibsborough, Dublin 7, D07 FDN8**

### **October Bank Holiday Weekend**

**24th To 27th October 2025**

**Trip to Newcastle, Co. Down**



**Please Note: This trip is now fully booked**

**However, you can request to be placed on the waiting list**

**By emailing your name and contact details to [itaohdubs@gmail.com](mailto:itaohdubs@gmail.com)**

**Leaders: Fiona Byrne and Ita O'Hanlon**