

## An Óige Hikes Programme MARCH 2026

Please Note: Preference will be given on the “Special Buses”, to Members of An Óige on production of their Membership Card. It is therefore imperative to bring your Membership Card with you, each Sunday. Membership Fees are as follows from January 2021: €25 for over 25 years old, and €15 for under 25 years old.

Valid An Óige Membership Cards required.

### **RENEWALS OR NEW MEMBERSHIPS: OPTION 1**

Please bring your old membership card with you to the hike bus and have the €25.00 membership money plus your bus fare with you. New members will have to fill out a form to join.

You can email for assistance to **info@anoige.ie**

OR

You can also request assistance from either Marie McDonnell (Ph. **018377411**)

or email Jim Barry at **jbarry@anoige.ie**

### **Important Notice**

**THIS NOTICE APPLIES TO ANY HIKES INVOLVING THE HIRE OF A PRIVATE BUS PLEASE NOTE THAT ONLY PAYING PERSONS TRAVELLING ON THE BUS TO THE HIKES WILL BE PERMITTED TO PARTICIPATE ON THE HIKES.**

*It is imperative that the instructions of the Hike Leaders be adhered to by those participating. The Leader sets the pace of the hike and walkers are expected to always obey his/her instructions. Leaders have the right to refuse to take anyone who does not co-operate with them fully, and anyone who they consider would not be able to walk at a reasonable pace, especially on the Moderate Hikes. Walkers who go on Moderate Hikes should be fit and able to keep up with the Hike. A Co-Ordinator has been appointed each Sunday to organise Hikers on Eden Quay.*

Unless otherwise stated, please observe the following:

WEAR:	<b>HIKING BOOTS OR STRONG SHOES FOR EASIER HIKES – Please note: Boots may be required for some easy hike locations. HIKING BOOTS <u>ONLY</u> FOR MODERATE HIKES, EASIER MODERATE HIKES NO JEANS. NO DOGS ALLOWED ON HIKES.</b>
BRING:	<b><i>Optional Face Mask, Hand Sanitiser, Rainwear, Hat and Gloves, and Flask (hot drink), Sandwiches, Simple First Aid Kit, Sunscreen Lotion, Sunglasses, Reflective Armbands, Head or Hand Torch, Gaiters Please cover up from damaging UV Rays to prevent Skin Damage during the winter period.</i></b>
COVID-19 NOTICE	<b><i>Face Coverings are not mandatory for travelling on the private bus and on Public Transport. Intending hikers may wear face covering if they wish to do so.</i></b> <b><u>HEALTH AND SAFETY ADVICE/QUESTIONNAIRE</u></b> <b><i>Please do not attend for any organised An Óige hike or event if the answer is YES to any of the following questions:</i></b> <b>1. Have you had any symptoms of Covid 19 recently?</b> <b>2. Have you recently tested positive for Covid 19, or have you been in close contact with an infected person?</b>
MEET:	<b>All Sunday walks leave from Laughter Lounge, Eden Quay, O’Connell Bridge End at 10.00am, unless otherwise stated. You are requested to arrive at the meeting place in good time to avoid any delay or disappointment.</b>

<b>SUNDAY 1st March 2026 – Co-Ordinator on Eden Quay - Marie McDonnell</b>	
<b>MODERATE HIKE *</b>	
Route:	<b>Oldbridge – Lough Dan Track – Kanturk – Scarr – Dry Hill – Paddock Hill – Wicklow Way – Laragh – Lynam’s Pub</b>
Leader:	Tony Groves
Transport:	Special Bus * <b>Cost €20.00 per person.</b>
<b>EASIER MODERATE HIKE*</b>	
Route:	<b>Wicklow Way – Brusher Gap – Paddock Hill – Wicklow Way – Glendalough – Green Road – Laragh (Lynam’s Pub)</b>
Leader:	Tom O’Loughlin
Transport:	Special Bus : <b>Cost €20.00 per person. These two hikes will share the same bus.</b>
<b>EASIER HIKE*</b>	
Route:	<b>Laragh – Woolen - Mills Derrybawn Track – Poulanass – Green Road - Laragh</b>
Leader:	Ann Prendergast
Transport:	Special Bus : <b>Cost €20.00 per person. These three hikes will share the same bus.</b>
<b>MIDWEEK WALK: Thursday 5 t h March 2026</b>	
Route:	<b>Dalkey - Forty Foot – Dunlaoghaire - Seapoint</b>
Leader:	Michael Mooney
Meet:	Connolly Station at 10am sharp or 11am at Dalkey Dart Station
<b>SUNDAY 8th March 2026 - Co-Ordinator on Eden Quay – Fergal Griffin</b>	
<b>MODERATE HIKE*</b>	
Route:	<b>Glendalough Visitor Centre – Forest Track to Upper Lake – The Spink (right hand side) – Miners Road - Gleneolo Foot Bridge – Boardwalk to viewing platform – Lugduffs track to the top of the Bounds – Lugduff Gap – Wicklow Way – Poulanass Waterfall – Green Road - Laragh</b>
Leader:	Michael Davis
Transport:	Special Bus * <b>Cost €20.00 per person.</b>
<b>EASIER MODERATE HIKE*</b>	
Route:	<b>The Brockaghs to Laragh via Glendalough (Lynam’s Pub)</b>
Leader:	Fergal Griffin
Transport:	Special Bus : <b>Cost €20.00 per person. These two hikes will share the same bus.</b>
<b>EASIER HIKE*</b>	
Route:	<b>Howth Tramway to the Summit and return to Howth by the middle path.</b>
Leader:	Mary Moloney
Meet:	Connolly Station at 10.45am sharp
<b>MIDWEEK WALK: Thursday 1 2 t h March 2026</b>	
Route:	<b>Hazelhatch to Sallins along Grand Canal</b>
Leader:	Pat Gallagher
Meet:	<b>Heuston Station at 10.am sharp</b>

<b>SUNDAY 15th March 2026 - Co-Ordinator on Eden Quay – Fiona Byrne</b>	
<b>MODERATE HIKE*</b>	
Route:	<b>Clara Vale – Clarabeg – Kirikee – Shay Elliot Carpark – Cullentragh – Mullacor – Wicklow Way – Coolalingo Bridge – Drumgoff.</b>
Leader:	Udo Sap
Transport:	Special Bus * Cost €20.00 per person.
<b>EASIER MODERATE HIKE*</b>	
Route:	<b>Ragman’s Pat – Shay Elliot Carpark – Old Road Track – 12 Graves Memorial Site – Coolalingo Bridge – Drumgoff Lodge</b>
Leader:	Fiona Byrne
Transport:	Special Bus : Cost €20.00 per person. These two hikes will share the same bus.
<b>EASIER HIKE*</b>	
Route:	<b>Clontarf to Raheny</b>
Leader:	Deirdre Wilson
Meet:	Clontarf Dart Station at 11.15am sharp
<b>MIDWEEK WALK: Thursday 19th March 2026</b>	
Route:	<b>Portmarnock to Malahide</b>
Leader:	Mary Moloney
Meet:	Connolly Station at 10.45 am sharp for next Dart to Portmarnock
<b>SUNDAY 22nd March 2026 - Co-Ordinator on Eden Quay – Des Whelan</b>	
<b>MODERATE HIKE*</b>	
Route:	<b>Stump of the Castle – Ballinastraw – Barnbawn – Carrick Mountain – Glenealy.</b>
Leader:	Brian Madden
Transport:	Special Bus * Cost €20.00 per person.
<b>EASIER MODERATE HIKE*</b>	
Route:	<b>Cronybyrne – Ballinastraw – Barnbawn – South Carrick Mountain – Glenealy.</b>
Leader:	Dave McCann
Transport:	Special Bus : Cost €20.00 per person. These two hikes will share the same bus.
<b>EASIER HIKE*</b>	
Route:	<b>Stump of the Castle – Samuel Hayes Suspension Bridge – Ballygannon Wood – Hidden Valley Caravan and Recreational Park - Rathdrum</b>
Leader:	Des Whelan
Transport:	Special Bus : Cost €20.00 per person. These three hikes will share the same bus.
<b>MIDWEEK WALK: Thursday 26th March 2026</b>	
Route:	<b>Little Sugarloaf to Belmont Demesne</b>
Leader:	Fiona Byrne
Meet:	<b>Townsend Street at 10.am sharp. 133 Wicklow Bus Stop located at the rear of Pearse Street Garda Station</b>

**SUNDAY 29th March 2026 - Co-Ordinator on Eden Quay – Ita O’Hanlon****MODERATE HIKE\***

Route:	<b>Kilakee Carpark – Cruagh Wood – Glendoo – Knocknagun – Prince William Seat – Wicklow Way – Boranaraltry Bridge – Glencullen (Johnny Foxe’s)</b>
Leader:	Donal Finn
Transport:	Special Bus * Cost €20.00 per person.

**EASIER MODERATE HIKE\***

Route:	<b>Curtlestown Wood – Wicklow – Prince William Seat – Boranaraltry Bridge – Glencullen</b>
Leader:	Ita O’Hanlon
Transport:	Special Bus : Cost €20.00 per person. These two hikes will share the same bus.

**EASIER HIKE\***

Route:	<b>Kilcoole to Greystones via Kilquade Mass Path – Drummin Lane – 3 Trout Bridge – Killincarrig - Greystones</b>
Leader:	Ann Prendergast
Meet:	Laughter Lounge, Eden Quay at 10.am

Dates for your Diary**Saturday 14th March 2026**

Event Venue:	<b>Abbey Theatre “The Plough and the Stars” by Sean O ’Casey – Contrasts the lives of ordinary Dublin tenement dwellers with the events of the 1916 Easter Rising.</b>	
Time:	<b>Matinee starts at 2pm .</b>	
Meet:	<b>1.30pm in the foyer</b>	
Booking:	<b>Contact the booking office on 01 8787222</b>	<b>Try for rows c-d Early booking essential</b>
Organisers:	<b>Breda McNamara and Mary Bell</b>	

**Wednesday 25th March 2026**

Event Venue:	<b>Irish Film Institute (Strawberry Club)</b> <b>Please Note: Programme to be announced weeks before the event</b>	
Meet:	<b>10.45am (film starts at 11.00am sharp)</b>	
Cost:	<b>€5.00 (members) €6.95 for Non-Members</b>	
Organisers:	<b>Breda McNamara and Mary Bell</b>	

**Sunday 31st May 2026 (Early Announcement)**

Event Venue:	<b>Light House Cinema, Smithfield, Dublin 8 “ The Playboy of the Western World ” by John Millington Synge – first performed in 1907 at the Abbey Theatre which caused riots because of its controversial portrayal of Irish Identity, language and women. This presentation will be a recording of the live play from the National Theatre London – modern uptake of the old version.</b>	
Cost:	<b>€18.00 (Concessions)</b>	
Booking:	<b>Booking Office No. 018728006</b>	<b>Please Note: Early booking recommended</b>
Organisers:	<b>Breda McNamara and Mary Bell</b>	