

An Óige Hike Programme August 2025

Please Note: Preference will be given on the “Special Buses”, to Members of An Óige on production of their Membership Card. It is therefore imperative to bring your Membership Card with you, each Sunday. Membership Fees are as follows from January 2021: €25 for over 25 years old, and €15 for under 25 years old.

Valid An Óige Membership Cards required.

RENEWALS OR NEW MEMBERSHIPS: OPTION 1

Please bring your old membership card with you to the hike bus and have the €25.00 membership money plus your bus fare with you. New members will have to fill out a form to join.

You can email for assistance to **info@anoige.ie**

OR

You can also request assistance from either Marie McDonnell (Ph. **018377411**)

or email Jim Barry at **jbarry@anoige.ie**

Important Notice

THIS NOTICE APPLIES TO ANY HIKES INVOLVING THE HIRE OF A PRIVATE BUS PLEASE
NOTE THAT ONLY PAYING PERSONS TRAVELLING ON THE BUS TO THE HIKES WILL BE
PERMITTED TO PARTICIPATE ON THE HIKES.

It is imperative that the instructions of the Hike Leaders be adhered to by those participating. The Leader sets the pace of the hike and walkers are expected to always obey his/her instructions. Leaders have the right to refuse to take anyone who does not co-operate with them fully, and anyone who they consider would not be able to walk at a reasonable pace, especially on the Moderate Hikes. Walkers who go on Moderate Hikes should be fit and able to keep up with the Hike. A Co-Ordinator has been appointed each Sunday to organise Hikers on Eden Quay.

Unless otherwise stated, please observe the following:

WEAR:	HIKING BOOTS OR STRONG SHOES FOR EASIER HIKES HIKING BOOTS <u>ONLY</u> FOR MODERATE HIKES, EASIER MODERATE HIKES NO JEANS. NO DOGS ALLOWED ON HIKES.
BRING:	<i>Optional Face Mask, Hand Sanitiser, Rainwear, Flask (hot drink), Sandwiches, Simple First Aid Kit, Sun Screen Lotion, sun glasses and Hat, Please cover up from damaging UV Rays to prevent Skin Damage</i>
COVID-19 NOTICE	<i>Face Coverings are not mandatory for travelling on the private bus and on Public Transport. Intending hikers may wear face covering if they wish to do so.</i> <u>HEALTH AND SAFETY ADVICE/QUESTIONNAIRE</u> <i>Please do not attend for any organised An Óige hike or event if the answer is YES to any of the following questions:</i> 1. Have you had any symptoms of Covid 19 recently? 2. Have you recently tested positive for Covid 19, or have you been in close contact with an infected person?
MEET:	All Sunday walks leave from Laughter Lounge, Eden Quay, O’Connell Bridge End at 10.00am, unless otherwise stated. You are requested to arrive at the meeting place in good time to avoid any delay or disappointment.

P.T.O.

Bankholiday SUNDAY 3rd August 2025 - Co-Ordinator on Eden Quay – Marie McDonnell	
Special Hike along the Barrow Towpath, Co. Carlow	
MODERATE HIKE*	
Route:	Follow the Barrow Towpath from Ballyteiglea Bridge (Near Borris) towards Graiguenamanagh and on to St Mullins Monastic Heritage site .
Leaders:	Fiona Byrne
Transport:	Special Bus * Cost €25.00 per person.
EASIER MODERATE HIKE*	
Route:	Follow the Barrow Towpath from Ballyteiglea Bridge (Near Borris) towards Graiguenamanagh for bus to St Mullins Monastic Heritage Site.
Leader:	Mary Moloney
Transport:	Special Bus *These 2 hikes will share the same bus. Cost €25.00 per person.
EASIER HIKE*	
Route:	Walk through grounds of Newbridge House, Donabate, Co Dublin
Leader:	Mary Chambers
Meet:	Laughter Lounge, Eden Quay at 10.am
MIDWEEK WALK: Thursday 7 t h August 2025	
Route:	Dalkey Dart Station - Bullock Harbour – Forty Foot to Sandycove
Leader:	Michael Mooney
Meet:	Connolly Station at 10.45am for Dart to Dalkey
SUNDAY 10th August 2025 - Co-Ordinator on Eden Quay – Des Whelan	
MODERATE HIKE*	
Route:	Ballinagee Bridge – Oakwood Forest – St Kevin’s Way – Glenreemore Brook – Art O’Neill Memorial – White Hill – Lough Firrib – Turlough Hill - Wicklow Gap.
Leader:	Donal Finn
Transport:	Special Bus * Cost €20.00 per person.
EASIER MODERATE HIKE*	
Route:	Wicklow Gap – Turlough Hill – Camaderry Mountain – Camaderry East Top – Forest Stairs down to St Kevin’s Way – Glendassan River - Glendalough
Leader:	Pat Gallagher
Transport:	Special Bus *These 2 hikes will share the same bus. Cost €20.00 per person.
EASIER HIKE*	
Route:	Wicklow Gap – St Kevin’s Way and Glendassan along the river to Glendalough
Leader:	Des Whelan
Meet :	Special Bus *These 3 hikes will share the same bus. Cost €20.00 per person.
MIDWEEK WALK: Thursday 14th August 2025	
Route:	Walk from Irishtown along the coast to Dunlaoghaire with optional visit to museum
Leader:	Des Whelan
Meet:	Laughter Lounge, Eden Quay at 10.30am sharp.

SUNDAY 17th August 2025 - Co-Ordinator on Eden Quay – Ita O’Hanlon	
MODERATE HIKE*	
Route:	Cruagh Wood – Forest Track – Glendoo Mountain – Knocknagun – Prince William Seat – Wicklow Way – Boranaraltry Bridge - Johnnie Foxe’s Pub
Leader:	Garry Byrne
Transport:	Special Bus Cost €20.00 per person.
EASIER MODERATE HIKE*	
Route:	Pine Forest – Forest Track – Tibbradden Mountain – Dublin Mountain Way – Fairy Castle – Two Rock Mountain – The Gap – Johnnie Foxe’s Pub
Leader:	Ita O’Hanlon
Transport:	Special Bus *These 2 hikes will share the same bus. Cost €20.00 per person.
EASIER HIKE*	
Route:	Rathdrum to Avondale Forest Park and back to Rathdrum
Leader:	Tom O’Loughlin
Meet:	Connolly Station at 10am for the 10.25am train to Rathdrum
MIDWEEK WALK: Thursday 21st August 2025	
Route:	Newtown Abbey Way (County Antrim, Northern Ireland)
Leader:	Kay O’Sullivan
Meet:	Connolly Station at 08.30am sharp for the 08.50am Belfast Train – Please ask for day return to Mossley West at the ticket office. – Bring Sterling currency / usable bank card
SUNDAY 24th August 2025 - Co-Ordinator on Eden Quay – Ann Prendergast	
MODERATE HIKE*	
Route:	Rathdrum Bridge – Ballygannon East – Stump of the Castle – Cronybyrne – Glenwood – Trooperstown Hill – Ballard Bridge - Laragh
Leader:	David McCann
Transport:	Special Bus Cost €20.00 per person.
EASIER MODERATE HIKE*	
Route:	Stump of the Castle – Avonmore Way – Clara Church – Ballylug - Ballylusk - Laragh
Leader:	Brian Madden
Transport:	Special Bus Cost €20.00 per person.
EASIER HIKE*	
Route:	Avonmore Way from Rathdrum to Laragh
Leader:	Ann Prendergast
Meet:	Special Bus *These 3 hikes will share the same bus. Cost €20.00 per person.
MIDWEEK WALK: Thursday 28th August 2025	
Route:	War Memorial Gardens, Chapelizod and on to Phoenix Park
Leader:	Jenny Bannon
Meet:	Heuston Station at 11am sharp

SUNDAY 31st August 2025 - Co-Ordinator on Eden Quay – Fiona Byrne			
MODERATE HIKE*			
Route:	Drumgoff - Kelly’s Lough– Carrigasleggaun – Carrawaystick - Kelly’s Lough – Forest Track – Wicklow Way – Drumgoff Lodge		
Leader:	Udo Sap		
Transport:	Special Bus Cost €20.00 per person		
EASIER MODERATE HIKE*			
Route:	Shay Elliott Memorial – Cullentragh – Braigue Mountain – Mullacor – Critchley’s Corner – Ballybraid Valley – Wicklow Way – Drumgoff Lodge		
Leader:	David McCann		
Transport:	Special Bus Cost €20.00 per person.		
EASIER HIKE*			
Route:	Ragman’s Path – Shay Elliott Carpark – Three Crosses Pass – Uppertown Quarry - Drumgoff		
Leader:	Fiona Byrne		
Transport:	Special Bus *These 3 hikes will share the same bus. Cost €20.00 per person.		
<u>Dates for your Diary</u>			
<u>Theatre Events and Special September Sunday Trip to the Mourne Mountains</u>			
Monday 18th August 2025			
Theatre Venue:	Bewley’s Café Theatre – “Mortal Sin” A celebration of Friendship” by Benjamin Reilly		
Meet:	Downstairs at 12.45pm for performance commencing at 1.05pm sharp		
Booking:	Phone 0868784001	Cost:	€10.00
Friday 29th August 2025			
Theatre Venue:	National Concert Hall – Celebration of Operatic Favourites		
Meet:	12.45PM – No selected seats	Cost: €20.00 - €22.00 – Booking: Phone 01 4170000	
Organisers:	Mary Bell and Breda McNamara – (for both of the above)		
Special Sunday Trip to Carlingford and the Mourne Mountains On 21 st September 2025			
Itinerary:	Special walk in the foothills of the Mourne Mountains where preparations for the D Day landings were carried out. (At the time the best kept secret in Ireland)		
Meet:	The Laughter Lounge, Eden Quay for special bus departing at 10.am sharp		
Cost:	€70.00 includes travel by special bus, return ferry from Greenore , Co. Louth to Greencastle in Co. Down plus evening meal		
Payment:	Taken up on the bus – <u>Cash Only</u>		
Leaders:	Kay and Tony O’Sullivan		
Wednesday 6th August Day Trip to Holyhead, Anglesey, North Wales			
Ferry Trip:	Stena line Day Return Trip to Holyhead, North Wales for an enjoyable day out. Please see An Oíge July Hikes Programme for more details. Passport ID only requirement to board ferry		
Meet:	06.45am at Lower Talbot Street (opposite Home Store) for the 53 Bus to Dublin Port Stena Line Ferryport Terminal 2 (Stena Line) (You must have pre booked your passage with Stena line)		
Cost/Booking:	Phone 01 9075388	Cost: €15.00 return ticket	
	Booking Online (Cheaper)	Cost: €10.00 return ticket	
Organiser:	Breda McNamara Please note: Problem booking or printing ticket – Ring: 087 9816518		