Helpful Phone Numbers



Marshfield Council on Aging 781-834-5581 Mon-Fri 8:00am-4:00pm



Town of Marshfield

781-536-2500



Mass Options Executive Office of Elder Affairs

1-800-243-4636



Mass 2-1-1: Dial 211 for information and referrals to community resources



Old Colony Elder Services (508)584-1561

Town of Marshfield

Age and
Dementia
Friendly



Community Resource Guide 2025



Age-Friendly Communities Are Livable for People of All Ages aarp.org/livable





Link to Online Resources available at:

www.marshfieldseniorcenter.org

Marshfield, MA is an Age and Dementia

Friendly Community that is committed to being a special and livable place for residents of all ages and abilities.

This pamphlet is to help highlight some of the many resources available to our community especially for seniors.

Town of Marshfield

A good place to start looking for information is at the town website or by calling Town Hall. At the website there are links for Department of Health and Veterans Services https://www.marshfield-ma.gov/ or call 781-536-2500

Marshfield Council on Aging

The Marshfield Senior Center is very helpful in identifying local resources for seniors. They can direct callers to the appropriate resources and answer questions about a variety of services.

www.marshfieldseniorcenter.org

or call 781-834-5581

Ventress Memorial Library

A resource for printed and online information. <u>www.ventresslibrary.org</u> (781) 834-5535 _{Page 1}

Community Resources

Alzheimer Association

24/7 Helpline 800-272-3900

Aging Services Network from Mass.gov

https://www.mass.gov/info-details/aging-servicesnetwork#councils-on-aging-(coa)-and-senior-centers

South Shore Continuum of Care: Offers

homelessness prevention and support services

https://southshorecoc.org/

For neighboring communities and additional resources see also South Shore Elder Services

www.sselder.org: Resource Guide

https://sselder.org/wp-

content/uploads/2024/06/2024-5-Resource-Guide-

DIGITAL-EDITION.pdf

Asian Info Line: 781-930-0304 Haitian Info Line: 781-930-0303

Other Useful Sites include:

The National Library of Medicine provides information about health conditions, treatments and local resources at: www.MedLinePlus.gov

Page 6

Community Resources

Elder at Risk: Report Abuse of Adults Aged 60+

You can report abuse and neglect of adults 60 or older either by phone at (800) 922-2275 or online anytime. https://www.mass.gov/info-details/report-abuse-of-adults-aged-60

Energy Assistance Programs

The SSCAC Fuel Assistance Heating Season runs



from 10/1-4/30. Eligibility is based on gross income, household size, and vulnerability to heating costs. Fuel Assistance can assist with any

primary heat type: oil, natural gas, electricity, propane, kerosene, wood or coal. Also, if you are living in nonsubsidized housing and your heat is included in your rent, fuel assistance can reimburse you for a portion of your rent. www.sscac.org or call 508-746-6707 or toll-free long distance 877-383-5243. The Marshfield Senior Center offers assistance to Marshfield residents in completing and submitting applications.

Community Resources

Old Colony Elder Services: The Aging Services Access Point to provide support for elders or call (508)584-1561 https://ocesma.org/

Sowing Seeds of Hope: All volunteer outreach ministry for Marshfield residents. Clothing bank, transportation, furniture, help with essential expenses. (781) 837-3337 www.sowingseedsmarshfield.org/

South Shore Habitat for Humanity: Critical home repair program for low-income seniors 781-337-7744 www.sshabitat.org

Safety-Net rapid response for wondering. For more information contact Detective Greg Davis Marshfield Police Department (781) 834-6655 https://www.marshfieldpolice.org/about-mpd/pages/safetynet

Hoarding Concerns: Executive Office of Health and Human Services (617) 573-1600 https://www.mass.gov/hoarding

Mass Options: Executive Office of Aging and Independence (AGE) https://www.massoptions.org 1-800-243-4636

Marshfield COA Social Services

Social service workers are available during normal business hours, Monday through Friday 8:00 am-4:00 pm. Please call the Senior Center at 781-834-5581 to make an appointment.

SHINE

Assisting Marshfield seniors with their Medicare options and changes. 781-834-5581 or 1-800-231-1155

Food Programs

Meals on Wheels is for homebound or ill elders to receive a home delivered meal program. Eligibility is managed by

Old Colony Elder Services and delivered by Council on Aging volunteers. Call OCES at 1-508-584-1561. www.ocesma.org/getting-started/nutrition/

Supplemental Nutrition Assistance Program (SNAP)

SNAP can help expand your healthy food budget by providing monthly funds on an EBT card to buy food. For more information call DTA Assistance Line at 877-382-2363. www.mass.gov/snap-benefits-formerly-food-stamps

Community Resources

Marshfield Food Pantry

The Marshfield Food Pantry has been part of the Marshfield community for over 35 years. For more information, visit

https://www.marshfieldfoodpantry.org/ or call 781-837-0359.

South Shore Health Community Resource

Directory:

https://www.southshorehealth.org/patient-resources/community-resource-directory This directory provides access to a wide range of free or low-cost services for housing, transportation, food delivery, and more, with over 2,000 programs on the South Shore.

South Shore Health

Mass 211

Connects to essential community services, and government benefits and services, nonprofit organizations, support groups, volunteer opportunities, donation programs, and other local resources. Available 24 hours a day, 7 days a week. Dial 211 or 1-877-211-MASS (6277)