SENIOR ALPHA GROUP	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
wimming	5:30-7:00 AM (O)	5:30-7:00 AM (O)	5:30-7:00 AM (O)	5:30-7:00 AM (O)	5:30-7:00 AM (O)*	7:00-9:00 AM (O)	
wimming (1A/1B)	7:00-7:45 AM (O)	7:00-7:45 AM (O)	7:00-7:45 AM (O)	7:00-7:45 AM (O)	7:50-9:30 AM (O)*		
training (1A/1B)	7:45-8:25AM (O)	7:45-8:25AM (O)	7:45-8:25AM (O)	7:45-8:25AM (O)	7:00-7:50 AM (O)*		
wimming	2:15-4:00 PM (O)	2:15-4:00 PM (O)	2:15-4:00 PM (O)	2:15-4:00 PM (O)	2:15-4:00 PM (O)		
Swimmers on the Olympus High School				` ,		class.	
The second secon			=Olympus, (S)=Sportsmal		r		
ENIOR BETA GROUP	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
wimming (1A/1B)	7:00-7:45 AM (O)	7:00-7:45 AM (O)	7:00-7:45 AM (O)	7:00-7:45 AM (O)	7:50-9:30 AM (O)	,	
training (1A/1B)	7:45-8:25AM (O)	7:45-8:25AM (O)	7:45-8:25AM (O)	7:45-8:25AM (O)	7:00-7:50 AM (O)		
vimming	2:15-4:00 PM (O)	2:15-4:00 PM (O)	2:15-4:00 PM (O)	2:15-4:00 PM (O)	2:15-4:00 PM (O)	7:00-9:00 AM (O)	
3			=Olympus, (S)=Sportsmal	` '	(1)	(-)	
ENIOR GAMMA GROUP	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
training	4:15-4:30 PM (S)	4:15-4:30 PM (S)	4:15-4:30 PM (S)	4:15-4:30 PM (S)	4:15-4:30 PM (S)	,	
vimming	4:30-5:30 PM (S)	4:30-5:30 PM (S)	4:30-5:30 PM (S)	4:30-5:30 PM (S)	4:30-5:30 PM (S)		
3	(-)		=Olympus, (S)=Sportsmal		(-)		
3-14 ALPHA GROUP	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
training	3:30-4:00 PM (O)	3:30-4:00 PM (O)	3:30-4:00 PM (O)	3:30-4:00 PM (O)	·	·	
wimming	4:00-5:30 PM (O)	4:00-5:30 PM (O)	4:00-5:30 PM (O)	4:00-5:30 PM (O)	4:00-5:30 PM (O)	9:00-10:30 AM (O)	
		(0)	=Olympus, (S)=Sportsmal	, (X)=Steiner,	, ,	` '	
3-14 BETA GROUP	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
training	5:00-5:30 PM (O)	5:00-5:30 PM (O)	5:00-5:30 PM (O)	5:00-5:30 PM (O)			
wimming	5:30-6:30 PM (O)	5:30-6:30 PM (O)	5:30-6:30 PM (O)	5:30-6:30 PM (O)	5:30-6:30 PM (O)	9:00-10:30 AM (O)	
	<u> </u>	(O)	=Olympus, (S)=Sportsmal	l, (X)=Steiner,	,		
3-14 GAMMA GROUP	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
training	4:15-4:30 PM (S)	4:15-4:30 PM (S)	4:15-4:30 PM (S)	4:15-4:30 PM (S)	4:15-4:30 PM (S)		
wimming	4:30-5:30 PM (S)	4:30-5:30 PM (S)	4:30-5:30 PM (S)	4:30-5:30 PM (S)	4:30-5:30 PM (S)		
		(0)	=Olympus, (S)=Sportsmal	l, (X)=Steiner,			
1-12 ALPHA GROUP	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
training	3:30-4:00 PM (O)	3:30-4:00 PM (O)	3:30-4:00 PM (O)	3:30-4:00 PM (O)			
wimming	4:00-5:30 PM (O)	4:00-5:30 PM (O)	4:00-5:30 PM (O)	4:00-5:30 PM (O)	4:00-5:30 PM (O)	9:00-10:30 AM (O)	
		(0)	=Olympus, (S)=Sportsmal	, (X)=Steiner,	•		
1-12 BETA GROUP	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
training	5:00-5:30 PM (O)	5:00-5:30 PM (O)	5:00-5:30 PM (O)	5:00-5:30 PM (O)			
wimming	5:30-6:30 PM (O)	5:30-6:30 PM (O)	5:30-6:30 PM (O)	5:30-6:30 PM (O)	5:30-6:30 PM (O)	9:00-10:30 AM (O)	
	*	(O)	=Olympus, (S)=Sportsmal	, (X)=Steiner,			
1-12 GAMMA GROUP	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
training	4:15-4:30 PM (S)	4:15-4:30 PM (S)	4:15-4:30 PM (S)	4:15-4:30 PM (S)	4:15-4:30 PM (S)		
wimming	4:30-5:30 PM (S)	4:30-5:30 PM (S)	4:30-5:30 PM (S)	4:30-5:30 PM (S)	4:30-5:30 PM (S)		
			=Olympus, (S)=Sportsmal				
0&U ALPHA GROUP	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Etraining	3:30-4:00 PM (O)	3:30-4:00 PM (O)	3:30-4:00 PM (O)	3:30-4:00 PM (O)			
wimming	4:00-5:30 PM (O)	4:00-5:30 PM (O)	4:00-5:30 PM (O)	4:00-5:30 PM (O)	4:00-5:30 PM (O)	9:00-10:30 AM (O)	
Williamig			=Olympus, (S)=Sportsmal				
		Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Monday				1		· · · · · · · · · · · · · · · · · · ·
0&U BETA GROUP	5:00-5:30 PM (O)	5:00-5:30 PM (O)	5:00-5:30 PM (O)	5:00-5:30 PM (O)			
0&U BETA GROUP training		5:00-5:30 PM (O) 5:30-6:30 PM (O)	5:30-6:30 PM (O)	5:30-6:30 PM (O)	5:30-6:30 PM (O)	9:00-10:30 AM (O)	
0&U BETA GROUP (training wimming	5:00-5:30 PM (O) 5:30-6:30 PM (O)	5:00-5:30 PM (O) 5:30-6:30 PM (O) (O)	5:30-6:30 PM (O) =Olympus, (S)=Sportsmal	5:30-6:30 PM (O) , (X)=Steiner,		` '	
0&U BETA GROUP (training wimming	5:00-5:30 PM (O) 5:30-6:30 PM (O) Monday	5:00-5:30 PM (O) 5:30-6:30 PM (O) (O) Tuesday	5:30-6:30 PM (O) =Olympus, (S)=Sportsmal Wednesday	5:30-6:30 PM (O) , (X)=Steiner, Thursday	Friday	9:00-10:30 AM (O) Saturday	Sunday
0&U BETA GROUP Straining Swimming 0&U GAMMA GROUP Straining Swimming	5:00-5:30 PM (O) 5:30-6:30 PM (O)	5:00-5:30 PM (O) 5:30-6:30 PM (O) (O)	5:30-6:30 PM (O) =Olympus, (S)=Sportsmal	5:30-6:30 PM (O) , (X)=Steiner,		` '	Sunday