

Notes from 10/15/24

We completed Brother Lawrence.

Tonight we had a wonderful session led by Michael on our individual prayer life.

We each talked about what does prayer mean to me, how and when do we pray, formal/informal or combination, and how it connects us to God.

Our next meeting will be Tuesday Nov 5. We don't have anything to read but we are going to talk about Forgiveness. Rich is going to lead us with some thoughts from St Augustine on forgiveness and how to be civil in our political discourse.

If I come up with any articles about this topic I will email them out to the group.

Thanks again to Michael for leading us tonight on a thoughtful and wonderful spiritual discussion.

Blessing to our group

Norbert