

Men's Group Notes 2024-12-03

Fr. Joe stopped by to let us know that the Advent retreat series will be Monday Dec 16 (advent Music), Tuesday Dec 17 (reconciliation service), and Wednesday Dec 18 (Mass), all at 7PM There will be Christmas Carols on Friday Dec. 20 at 6pm.

Our next meeting is on Tuesday Dec 17, but since we meet at 5 we will still be able to have our regular session that night. We talked about having a "dinner" that night for our meeting. The plans are to hold our dinner either in the rectory dining room or we can hold it in our normal hall space. The consensus was to order Chinese food from a place in Belmont and Jimmy would pick up the order on his way into the meeting. The name of the restaurant is Number 1 Taste. The website is <https://number1taste.com/>

We continued our discussion with prayers. What does it mean when we say "Lead us not into temptation" in the Our Father since God does not lead us into temptation. Also, we talked about how blessing ourselves with the sign of the cross is itself a prayer.

We started to discuss the various form of Catholic Prayer.

Various forms of Catholic prayer:

1. Vocal Prayers: Prayers expressed aloud, using words to communicate with God.
2. Meditation and Contemplation: Prayers that involve reflection, focusing on God's presence and actions.
3. Sacramentals: Prayers and rituals that signify spiritual realities.
4. Devotional Prayers: Prayers that express devotion, love, and reverence.
5. Liturgical Prayers: Official, communal prayers of the Catholic Church.

At our next session we will pick up on the following:

6. Mass: Central prayer of Catholic worship
7. Liturgy of the Hours: Official daily prayer
8. Personal and Spontaneous Prayers: Prayers that arise from individual experiences and emotions.
9. Traditional Catholic Prayers: Established prayers, often memorized and recited.

We had originally thought that Fr. Joe would do a session on the Mass but because of the Advent series we will have to put that off for now.

Hope you are able to attend one or more of the Advent Series, but we should all be together on Tuesday Dec 17 for our regular session.

Blessings to all,

Norbert