

Mens group 2024-09-03

We continued discussing the book "The Practice in the Presence of God" by Brother Lawrence.

Our focus tonight was How do we get into "The Presence of God"?

We read from Brother Lawrence that his always being in the Presence of God was not something that just happened. He mentions that he tried various methods of going to God and his journey did not come easy.

For the first 10 years of his journey he suffered much spiritually trying to be in His presence, and as he says "fell often but rose again". But after 10 years he was able to complete his journey. So we see that we should not expect that over a few weeks we will be able to be in the presence of God all the time. this is just the start of our journey.

To quote Brother Lawrence "Let him then think of God the most he can. Let him accustom himself, **by degrees**, to this small but holy exercise. No one will notice it, and nothing is easier than to repeat often in the day these little internal adorations." So we see that it is by small degrees every day and by repetition that it may eventually become a habit.

For the next meeting which will be Tuesday September 17, we will read the next three letters 4,5, & 6. Also, REMEMBER the time of the meeting is now 5pm-6pm.