



COUPLES FOR CHRIST

**FAMILIES IN THE HOLY SPIRIT
RENEWING THE FACE OF THE EARTH**



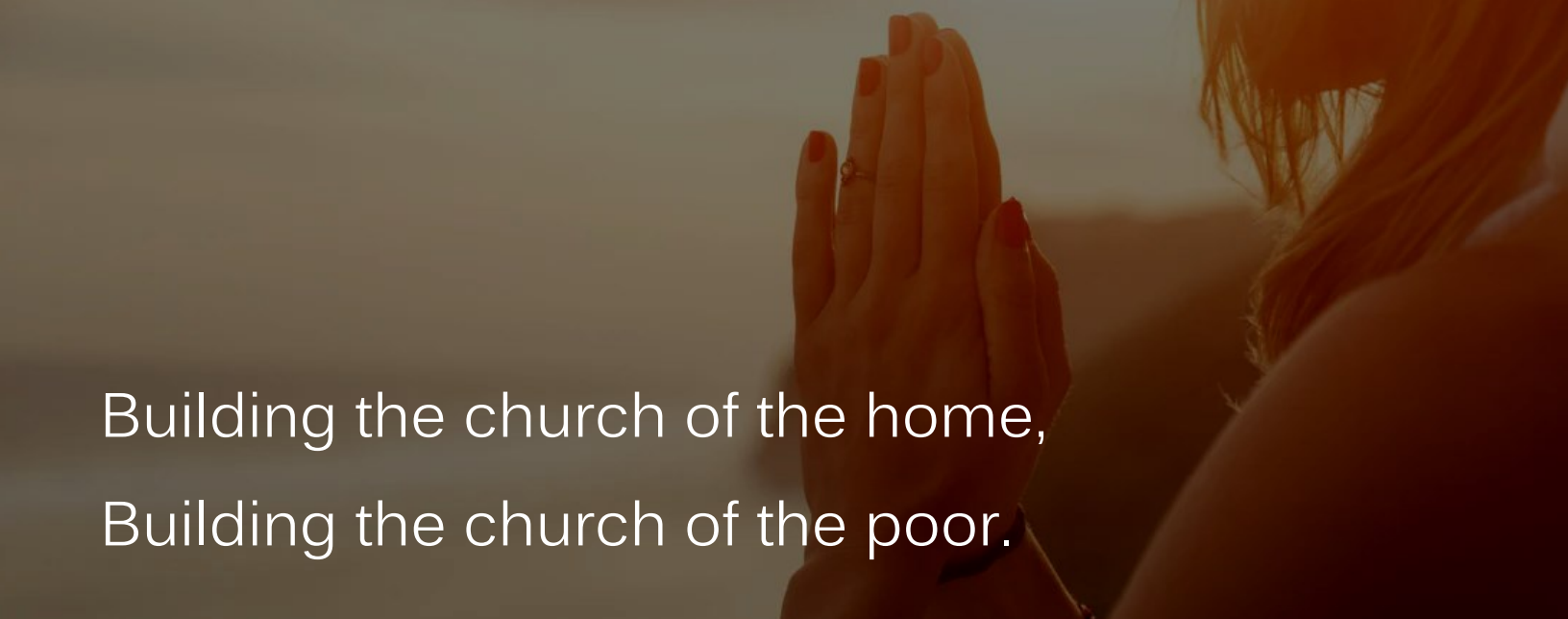
What is Couple for Christ?

A Catholic Movement Intended For The Renewal And Strengthening Of Christian Family Life.

Couples for Christ (CFC) is a global Catholic lay movement dedicated to renewing and strengthening Christian family life. Recognized as a Private International Association of the Faithful of Pontifical Right, CFC's mission is to build the "Church of the Home" and the "Church of the Poor" by evangelizing families and fostering a life of love and service to God. Through various ministries like Kids for Christ, Youth for Christ, and Singles for Christ, CFC supports individuals and families in deepening their faith and living out Christian values.

On the 25th of April 2005, on the Feast of St. Mark, the Vatican, through the Pontifical Council for the Laity, granted definitive approval of the Statutes of Couples For Christ, thereby confirming permanent recognition of CFC as a private international association of the faithful with juridical personality, according to canon 298-311-329 of the Code of Canon Law.





Building the church of the home,
Building the church of the poor.


Our Mission

Our Social Ministries and the work with the poor, beginning in 1995, signaled the direction of CFC to work towards Total Christian Liberation. In 1996, during our 15th anniversary, we declared our mission to “Build the Church of the Home and the Church of the Poor” as our response to the call of the Second Plenary Council of the Philippines (PCP II).

In 2010, the International Council of CFC introduced the theme “Fullness of Life in Christ,” deepening our mission. As we enter 2012, marking the start of the next 30 years of community life, CFC continues to strengthen the mission God has entrusted to us.

The elements of the CFC fullness of mission are the following:

- ♦ Evangelization and Mission
- ♦ Pastoral/Spiritual Formation
- ♦ Family Renewal
- ♦ Church of the Poor
- ♦ Effective Governance and Stewardship




Families in the Holy Spirit Renewing the face of the earth.

Our Vision

Couples for Christ (CFC) is a global community of family evangelizers, inspired by the Holy Spirit and united with the Catholic Church. It is our desire to witness Christ's love and service, spreading God's transformative love worldwide. Guided by this vision, we have grown into a global family, with CFC as the head and the Family Ministries as its children. Together, we nurture and form these ministries to ensure a hopeful future where everyone can experience the fullness of life in Christ .

Founded in Manila in 1981, CFC expanded throughout the Philippines and globally, reaching over 100 countries by 2011. The CFC Global Mission Home Office in the Philippines oversees global governance. CFC was recognized by the Catholic Bishops Conference of the Philippines (CBCP) in 1996.

In 2000, CFC received provisional Vatican recognition as a private lay association of Pontifical right, and in 2005, it was granted permanent recognition. This affirms CFC's alignment with the Church. Over 30 years, CFC's global governance has evolved, with the International Council adopting structures to effectively deliver its mission and vision .



Frequently Asked Questions

How did Couples for Christ begin?

Couples for Christ (CFC) began in 1981 in Manila, Philippines. It was established by the Catholic Charismatic Renewal Community as an outreach to evangelize married couples. The goal was to renew and strengthen Christian family life and values. Initially, CFC started with a small group of 16 couples who gathered weekly for gospel discussions. Over time, it expanded significantly, growing into a global community with a presence in over 100 countries.

Why is such a ministry necessary?

It is God's plan that the family be the basic unit of society, such that the condition of families determine the condition of society. However, there are many forces in the world today that, wittingly or unwittingly, destroyed the very foundations of the family. CFC wants to race in defense of the family which is God's work. CFC wants to bring God's strength and light to those who are struggling to be truly Christian families in the modern world.

How does CFC work for Christian renewal?

CFC intends to carry out its work by focusing on three specific objectives.

- **Individual Renewal** — Before focusing on the entire family, the husband and wife must first renew their commitment to God. CFC reintroduces the core message of Christianity, encouraging couples to renew their commitment to

God. This renewal enables them to experience the Holy Spirit's work more fully in their lives.

- **Family Renewal** — As couples renew their commitment to God, they also strengthen their commitment to each other and to their Christian family life. This renewed faith gradually transforms all their family relationships, bringing new life and harmony.
- **Church Renewal** — As individual families are renewed, they come together to form a network of committed Christian families. This network not only provides mutual support but also strengthens the Church community to which they belong.

How to become members of CFC?

To join Couples for Christ (CFC), the candidate must attend the Christian Life Program (CLP), a series of 8 seminars designed to deepen their understanding of God's call and strengthen their commitment to Christian family life. The CLP usually takes 1 to 2 hours per sessions, including teachings, group discussions, and fellowship.

What is Christian Life Program?

The Christian life program CLP is an integrated course intended to lead the program participants into a renewed understanding of and response to God's call to them as Christian men and women.

1. The first module presents the absolute basics of Christian life, with emphasis on our hearing it with an adult perspective.
2. The 2nd module presents the kind of life that God calls us to: it spells out the personal response involved in receiving Jesus as Lord and savior and helps

couples to make a reorientation of their lives around Jesus.

3. The third module helps the couples to commit their lives in a serious way to Jesus. It helps them appropriate for their lives the power of the Holy Spirit. It provides the basis for continuing spiritual growth.

Those who complete the CLP are invited to join CFC. When they do, they are made part of a small cell group called a household. The household is composed of five to seven couples who meet for mutual support and encouragement in the Christian life under the direction of a household leader. Finishing the CLP is just the beginning of a long process of growth and transformation in Christ. To address this, CFC provides a continuing program of formation, which includes teachings, recollections, retreats, etc.

Couples of all backgrounds are welcome to join CFC, and single individuals can become part of the appropriate CFC family ministries. Our community embraces members from every sector of society—young and old, rich and poor. CFC transcends cultural, economic, educational, and social distinctions, uniting everyone in a shared mission of faith and service. Join us and be part of a diverse, supportive, and spiritually enriching community.

Is CFC recognized by the Catholic Church?

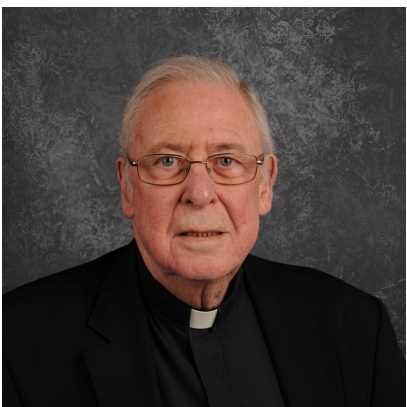
Yes. CFC is a servant and lay arm of the Roman Catholic Church in the work of family renewal and evangelization. CFC operates always in parishes and dioceses under the authority of the bishops and parish priests throughout the world.

The 25th of April 2005, the Vatican's Pontifical Council for the Laity granted definitive approval of the Statutes of Couples For Christ thereby confirming permanent recognition of CFC as a private international association of the faithful, with juridical personality, according to canon 298-311-329 of the Code of Canon Law.

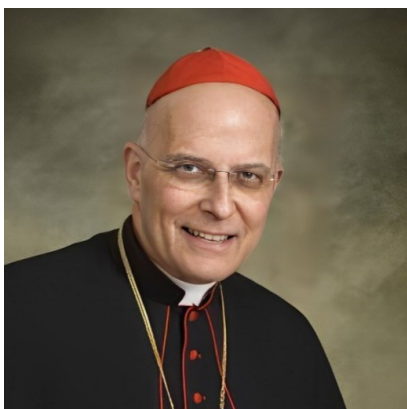
The Church Speaks



Jaime Cardinal Sin, Archbishop, Archdiocese of Manila said “every time I kneel down to pray to thank the Lord for the many blessings he has given me and the church, I always remember what he has done through couples for Christ. I love couples for Christ, I am convinced that you will save the world. Your loyalty to the church is an example of many other lay organizations.”



In 2001, the Most Reverend **Joseph L. Imesch**, Bishop of Joliet, Illinois, officially endorsed the couples for Christ, acknowledging CFC's role in renewing and strengthening Christian family life.



Francis Cardinal George, Archbishop, Archdiocese of Chicago, Illinois, USA: “one of the most important activities of the couples for Christ is family renewal an evangelization through its Christian life program. This leads to a renewed understanding of God's call to Christian couples and helps families form themselves as a loving community of persons, in service to life, and participating in the life and mission of the Catholic Church.”



Reverend Christian Moore, OFM Conv, M. Div, D. Min, of the Community of St. Padua, Lorain, OH, USA: “I have been involved in and study of the Cursillo, marriage encounter, campus peer ministry, charismatic renewal, beginning experience, and 12 step groups and have some knowledge of Retrouvaille. Each movement which I have studied and have been part of have spe-

cial gifts and strengths that recommended them. However, I believe that Couples for Christ ranks among the best I have experienced.”



Fr. Cuota of Goa, India: “CFC is the hope of the church and the salvation of the world.”

"It is not enough to discover Christ; you must bring Him to others. The world today is one great mission land, even in countries of long standing Christian tradition."

Pope John Paul II

Our Ministries

Families in the Holy Spirit renewing the face of the earth:



Kids for Christ



Youth for Christ



Singles for Christ



Campus Based



Handmaids of the Lord



Servants of the Lord

For More Information

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