

Wonderland Day Nursery

Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A selection of cereals. Served with fresh water or whole milk or milk substitute.				
Snack with milk	Toasted Fruit loaf	Melon	Apple	Wholemeal toast	Pitta sticks and salsa
Starter		Mini corn on the cob		Halloumi sticks & sweet chili dip	
Lunch	Oriental Chinese pork veg & rice	Pasta with broccoli & mushroom in cheese sauce	Chicken tomato & herb sauce with vegetable cous cous	Spaghetti Bolognaise with mushrooms	Shepherd's pie & peas
Pudding	Natural yogurt & honey		Orange ice lollies		Natural yogurt & puree mixed berries
Snack with milk	Banana	Toasted bagel & soft cheese	Honey oat muffins	Rice cakes & grapes	Crackers & cream cheese
Starter	Flatbread garlic sticks		Savory scone		Roasted plantain
Tea	Tuna pasta with mixed peppers	Chili beef & cheese wraps	Tomato & basil soup & homemade bread roll	Egg, cress, mayo sandwiches & pepper and cucumber sticks	Sweet potato chickpea curry & naan sticks
Pudding		Peach sorbet		Fruit salad	

Vegetarian Option Available
Autumn/Winter Menu 2025

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