

Wonderland Day Nursery

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A selection of cereals. Served with fresh water or whole milk or milk substitute.				
Snack with milk	Rice cake & Marmite	Wholemeal toast	Apple	Homemade blueberry muffin	Watermelon
Starter	Sweet potato wedges & mayo		Nachos & cheese		Toasted bruschetta
Lunch	Chicken peri peri & vegetable cous cous	Beef casserole & sweet potato, carrot & butternut squash	Roast pork, roast potatoes with cabbage & carrots & homemade apple sauce	Chicken pasta bake with broccoli & cheese sauce	Creamy fish pie topped with peas & mashed potato
Pudding		Baked apple & sultanas		Fruit ice lollie	
Snack with milk	Pear	Orange	Crackers & cream cheese	Pitta bread & tzatziki	Herby straw
Starter		Garlic flatbread sticks		Mini quiche cheese & tomato	
Tea	Potato & spinach chickpea curry	Lamb pasta bolognese	Tomato & basil soup & homemade bread roll	Jollof rice with mixed peppers & sweetcorn	Sweetcorn & chicken mayo wraps & carrot/pepper sticks
Pudding	Natural yogurt		Melon		Natural yoghurt and blueberries

Vegetarian Options Available
Autumn/Winter Menu 2025

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