

Wonderland Day Nursery

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A selection of cereals. Served with fresh water or whole milk or milk substitute.				
Snack with milk	Apple	Toasted Bagel	Rice Cakes & Marmite	Pineapple sticks	Wholemeal Toast
Starter		Roasted Peppers & tzatziki		Baba Ghanoush & pitta stick	
Lunch	Beef Lasagna & sweetcorn	Chicken Pie & carrots & peas	Pollock & Broccoli pasta in a cheese sauce	Turkey stew with carrots, potato, swede & butternut squash	Beef chilli with kidney beans & rice
Pudding	Natural Yoghurt & Forrest fruits		Melon slices		Natural yoghurt lollies
Snack with milk	Pitta & Hummus	Breadsticks & cream cheese	Banana	Cucumber & red pepper	Melon slices
Starter	Chickpea & sweet potato cake		Coriander & garlic naan Bread sticks		Homemade veggie puffs
Tea	Ham and cheese Wraps & cucumber sticks	Jacket potato with spiced mixed beans	Chicken curry & rice	Macaroni cheese & Mixed Vegetables	Lentil soup & homemade bread roll
Pudding		Fruit salad		Natural yoghurt & honey	

Vegetarian Option Available
Autumn/Winter Menu 2025

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