

Wonderland Day Nursery

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A selection of cereals. Served with fresh water or whole milk or milk substitute.				
Snack with milk	Banana chunks	Fresh orange wedges	Fresh sliced grapes	Homemade fruit loaf	Fresh apple slices
Starter	Homemade garlic bread		Tomato & mozzarella twists		Garlic mushrooms
Lunch	Beef spaghetti bolognaise with veg	Jamaican fish curry & rice	Chicken pasta bake with broccoli in a cheesy sauce	Roast pork with potatoes, carrots & cabbage	Mexican chicken with kidney beans & cous cous
Pudding		Frozen watermelon slices		Fresh fruit Salad	
Snack with milk	Cucumber & pepper sticks	Toasted bagel & butter	Oat & honey muffins	Crackers & cheese	Rice cake & marmite
Starter		Corn on the cob		Falafel & cucumber dip	
Tea	Jacket potato with cheese & beans	Homemade pizza with mushrooms & olives	Pitta pockets filled with ham, tomato, tuna, cucumber mayo	Macaroni cheese & peas	Savoury high tea (cheese scones/rolls/sandwich)
Pudding	Natural yogurt with forest fruits		Pear sorbet		Mango & strawberry ice lolly

Vegetarian Options Available
Spring/Summer Menu 2026