

# St Mary's Garforth

## WORSHIP AT HOME

### Ordinary Time before Lent

2nd February - 17th February 2026

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Helping you pray and worship, wherever you are.

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If you need any assistance, please call Adrienne Doney on  
07540664361

# MORNING WORSHIP BEFORE LENT

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*Keep a short silence, still your heart.*

O Lord, open our lips  
and our mouth shall proclaim your praise.

O God, make speed to save us.

**O Lord, make haste to help us.**

Glory to the Father and to the Son  
and to the Holy Spirit;

**as it was in the beginning is now  
and shall be for ever. Amen.**

Praise the Lord.

**The Lord's name be praised.**      *cf Psalm 51. 15; 70. 1*

## ***Confession***

Human sin disfigures the whole creation,  
which groans with eager longing for God's redemption.  
We confess our sin in penitence and faith.

*cf Romans 8.22,23*

*Keep a short silence, as we call to mind our wrongdoing.*

**Most merciful God, Father of our Lord Jesus Christ,  
we confess that we have sinned  
in thought, word and deed.**

**We have not loved you with our whole heart.**

**We have not loved our neighbours as ourselves.  
In your mercy, forgive what we have been,  
help us to amend what we are,  
and direct what we shall be;  
that we may do justly, love mercy,  
and walk humbly with you, our God. Amen.**

May the God of love and power  
forgive us and free us from our sins,  
heal and strengthen us by his Spirit,  
and raise us to new life in Christ our Lord. Amen.

***Prayer for the Day (optional)***  
*(see separate booklet for details)*

### ***Listening to God***

*On Sundays, find the bible reading(s) for today (see the separate booklet for details) or on another day, choose a favourite reading or one from your daily devotional.*

### ***The Apostles' Creed***

I believe in God, the Father almighty,  
creator of heaven and earth.  
I believe in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary, suffered under Pontius Pilate,

was crucified, died, and was buried;  
he descended to the dead.

On the third day he rose again; he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church,  
the communion of saints, the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.

## ***Prayers***

*We pray for others aloud or in the quiet of our hearts.*

Lord meet us in our words or silence and hear our prayer.

*Pray for yourself and your loved ones*

*Pray for others in their need*

*Pray for our country and its leaders*

*Pray for the world*

*Trusting in the compassion of God we pray:*

**Our Father in heaven, hallowed be your name,  
your kingdom come, your will be done,  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those who sin against us.**

**Lead us not into temptation**

but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours now and for ever. Amen.

### *Conclusion*

Heavenly Father,  
we share together the blessing of your presence.  
Give us in this life knowledge of your truth,  
and in the world to come life everlasting;  
through Jesus Christ our Lord. Amen.

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## VARIOUS PRAYERS

My God, I pray that I may know you and love you,  
that I may rejoice in you.  
And if I may not do so fully in this life,  
let me go steadily on  
to the day when I come to fullness of life.  
Meanwhile let my mind meditate  
on your eternal goodness,  
let my tongue speak of it,  
let my heart live it,  
let my mouth proclaim it,  
let my soul hunger for it,  
and my whole being desire it,  
until I enter into your joy.

*St Anselm of Canterbury (1033-1109)*

### ***For an anxious heart***

Still me, Lord.

Still my heart,      still my mind,      still my soul;  
that I may be aware of your love  
alert to your beauty and alive to you life.

Still me, Lord.

### ***For those who we love but are separated from***

O God, protect those whom we love and who are  
separated from us.

Guide them when they are uncertain,  
comfort them when they are in difficulty,  
and bless them with the warmth of your presence.  
Thank you that neither space nor time can cut us off  
from the love we have in each other and you.

### ***For healing of hurt and inner pain***

Lord of my darkest place: let in your light.

Lord of my greatest fear: let in your peace.

Lord of my most bitter shame: let in your word of grace.

Lord of my oldest grudge: let in your forgiveness.

Lord of my deepest anger: let it out.

Lord of my loneliest moment: let in your presence.

Lord of my truest self—my all: let in your wholeness.

*Alison Pepper*

# NIGHT PRAYER BEFORE LENT

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*You may wish to light a candle and have some reflective music playing in the background.*

## ***Preparation***

The Lord almighty grant us a quiet night and a perfect end. **Amen.**

Our help is in the name of the Lord who made heaven and earth.

*Pause and reflect on the day that is past.*

## ***Penitence***

**Most merciful God, we confess to you,  
before the whole company of heaven  
and one another,  
that we have sinned in thought, word and deed  
and in what we have failed to do.**

**Forgive us our sins,  
heal us by your Spirit  
and raise us to new life in Christ. Amen.**

O God, make speed to save us.

O Lord, make haste to help us.

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

## ***Bible Readings***

*One of the psalms below or any other psalm is said.*

### ***Psalm 121***

- 1 I lift up my eyes to the hills;  
from where is my help to come?
- 2 My help comes from the Lord,  
the maker of heaven and earth.
- 3 He will not suffer your foot to stumble;  
he who watches over you will not sleep.
- 4 Behold, he who keeps watch over Israel  
shall neither slumber nor sleep.
- 5 The Lord himself watches over you;  
the Lord is your shade at your right hand,
- 6 So that the sun shall not strike you by day,  
neither the moon by night.
- 7 The Lord shall keep you from all evil;  
it is he who shall keep your soul.
- 8 The Lord shall keep watch over your going out  
and your coming in, from this time forth for evermore.

### ***Psalm 134***

- 1 Come, bless the Lord, all you servants of the Lord,  
you that by night stand in the house of the Lord.
- 2 Lift up your hands towards the sanctuary  
and bless the Lord.
- 3 The Lord who made heaven and earth  
give you blessing out of Zion.

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

### ***Scripture Reading***

*Read one of the following or another Bible passage.*

#### ***Sunday Evening***

You, O Lord, are in the midst of us, and we are called by your name; leave us not, O Lord our God. *Jeremiah 14.9*

#### ***Monday Evening***

Thus said the Lord God, the Holy One of Israel: In returning and rest you shall be saved; in quietness and in trust shall be your strength. *Isaiah 30.15*

#### ***Tuesday Evening***

Jesus said, 'Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light. *Matthew 11.28-30*

#### ***Wednesday Evening***

Humble yourselves under the mighty hand of God, so that he may exalt you in due time. Cast all your anxiety on him, because he cares for you. *1 Peter 5.6,7*

*Thursday Evening*

Jesus said, 'I have said this to you, so that in me you may have peace. In the world you face persecution. But take courage; I have conquered the world!' *John 16.33*

*Friday Evening*

God has destined us not for wrath but for obtaining salvation through our Lord Jesus Christ, who died for us, so that whether we are awake or asleep we may live with him.  
*1 Thessalonians 5.9,10*

*Saturday Evening*

Jesus said, 'I am the light of the world. Whoever follows me will never walk in darkness but will have the light of life.'  
*John 8.12*

*The following responsory may be said*

Into your hands, O Lord, I commend my spirit.  
**Into your hands, O Lord, I commend my spirit.**  
For you have redeemed me, Lord God of truth.  
**I commend my spirit.**  
Glory to the Father and to the Son  
and to the Holy Spirit.  
**Into your hands, O Lord, I commend my spirit.**  
Keep me as the apple of your eye.  
**Hide me under the shadow of your wings.**

## ***Gospel Canticle***

*The Nunc Dimittis (Song of Simeon) is said.*

**Save us, O Lord, while waking,  
and guard us while sleeping,  
that awake we may watch with Christ  
and asleep may rest in peace.**

<sup>1</sup> Now, Lord, you let your servant go in peace:  
your word has been fulfilled.

<sup>2</sup> My own eyes have seen the salvation  
which you have prepared in the sight of every people;

<sup>3</sup> A light to reveal you to the nations  
and the glory of your people Israel.

*Luke 2.29-32*

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

**Save us, O Lord, while waking,  
and guard us while sleeping,  
that awake we may watch with Christ  
and asleep may rest in peace.**

## **Prayers**

*Intercessions may be offered here. Silence may be kept.  
One or both of these prayers may be used.*

Watch thou, dear Lord,  
with those who wake, or watch, or weep tonight,  
and give your angels charge over those who sleep.  
Tend your sick ones, Lord Christ,  
rest your weary ones,  
bless your dying ones.  
soothe your suffering ones,  
pity your afflicted ones,  
shield your joyous ones.  
I ask this for your love's sake.

*St Augustine of Hippo (354-430)*

Be present, O merciful God,  
and protect us through the silent hours of this night,  
so that we who are wearied  
by the changes and chances of this fleeting world,  
may rest upon your eternal changelessness;  
through Jesus Christ our Lord.

## ***The Lord's Prayer***

As our Saviour taught us, so we pray  
**Our Father in heaven, hallowed be your name,  
your kingdom come, your will be done,  
on earth as in heaven.**

**Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power, and the glory are  
yours, now and for ever. Amen.**

### ***The Conclusion***

In peace we will lie down and sleep;  
**for you alone, Lord, make us dwell in safety.**  
Abide with us, Lord Jesus,  
**for the night is at hand and the day is now past.**  
As the night watch looks for the morning,  
**so do we look for you, O Christ.**

The Lord bless us and watch over us; the Lord make  
his face shine upon us and be gracious to us; the Lord  
look kindly on us and give us peace. **Amen.**



*Materials in this booklet are drawn from Common Worship: Services and Prayers for the Church of England and New Patterns for Worship © The Archbishops' Council of the Church of England. Other authors, as noted.*



**ST MARY'S  
CAFÉ CONNECT**

***in the Parish Centre***

**Mondays  
1pm-3pm**

**Wednesdays  
10am-12noon**

Open to everyone. Time to sit and chat, play a game, do a puzzle, share a skill or craft.... Whatever!



## **ST MARY'S SERVICES IN CHURCH**

Sundays: 8am - Holy Communion

10.30am - Main service:

1st Sunday - Family Communion.

2nd & 4th Sundays - Holy Communion.

3rd Sunday - Morning Praise.

Midweek Service at 9.30am on Wednesdays.

## **ST MARY'S PHONE-IN SERVICES**

Sundays at 9.30am: Thursdays at 8pm.

Calls cost your normal call rate. To join, follow these steps:

- Get this booklet, and get yourself comfortable!
- Just before 9am/8pm, dial: **0333 0164 757** (then you will hear some information about **WHYPay.net**)
- You will then be asked for your Conference Room number - enter **26391543** then press the **#** key
- You will then be asked for your PIN - enter **5316** then press the **#** key

If the service has not started say hello!

## **National Phone-in for every day: Daily Hope**

**0800 804 8044**

A free phone line of hymns, reflections and prayers.

## **Online Resources from St Mary's Garforth**

[stmarysgarforth.co.uk](http://stmarysgarforth.co.uk)