



St Mary's Garforth

WORSHIP AT HOME

DURING LENT

18th February - to 4th April 2026

Helping you pray and worship, wherever you are,
during the season of Lent.

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Alongside this booklet, a list of Bible readings and Collects for Sundays is available.

If you need any assistance, call Adrienne 07540664361

A LENTEN POEM by Ann Weems

Lent is a time to take time to let the power
of our faith story take hold of us,
a time to let the events get up
and walk around in us,
a time to intensify our living unto Christ,
a time to hover over the thoughts of our hearts,
a time to place our feet in the streets of
Jerusalem or to walk along the sea and
listen to his Word,
a time to touch his robe
and feel the healing surge through us,
a time to ponder and a time to wonder....
Lent is a time to allow
a fresh new taste of God!
Perhaps we're afraid to have time to think,
for thoughts come unbidden.
Perhaps we're afraid to face our future
knowing our past.
Give us courage, O God,
to hear your Word
and to read our living into it.
Give us the trust to know we're forgiven
and give us the faith
to take up our lives and walk.

MORNING WORSHIP IN LENT

for worship at home

Through Christ let us offer our sacrifice of praise to God.
Let our lips proclaim his praise.

Keep a short silence, still your heart.

Almighty God,
your Son has opened for us
a new and living way into your presence.
Give us new hearts and constant wills
to worship you in spirit and in truth;
through Jesus Christ our Lord. **Amen.**

Confession

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit into the wilderness, where for forty days he was tempted by the devil.

Let us confess our sins remembering before God the times when we have fallen from temptation into sin.

Keep a short silence, as we call to mind our wrongdoing.

**Lord God,
we have sinned against you;
we have done evil in your sight.
We are sorry and repent.
Have mercy on us according to your love.
Wash away our wrongdoing and cleanse us from
our sin.
Renew a right spirit within us
and restore us to the joy of your salvation,
through Jesus Christ our Lord. Amen.**

May the Father forgive us
by the death of his Son
and strengthen us to live in the power of the Spirit
all our days. **Amen.**

Prayer

Use this or the Collect for the day

Lord Jesus Christ, you called your disciples to go forward
with you on the way to the cross.
Since you first walked that road
countless millions have followed you.
In all that we do as your disciples,
save us from false familiarity with your journey.
May we never presume to step into your shoes,
but make us small enough to fit our own,
and to walk in love and wonder behind you. **Amen.**

Listening to God, through his word.

On Sundays, find the bible reading(s) (see the separate booklet) or, on another day, choose a favourite reading or one from your daily devotional.

Prayers

We pray for others aloud or in the quiet of our hearts.

Lord meet us in our words or silence and hear our prayer.

Pray for yourself and your loved ones.

Pray for others in their need.

Pray for the church.

Pray for our country and its leaders.

Pray for the world.

You may wish to use some of the prayers on pages 7-8.

Lord Jesus, remember us in your kingdom
and teach us to pray:

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.**

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever. Amen.

Conclusion

God of compassion,
through your Son Jesus Christ
you have reconciled your people to yourself.
As we follow his example of prayer and fasting,
may we obey you with willing hearts
and serve one another in holy love;
through Jesus Christ our Lord. Amen.

Let us bless the Lord
Thanks be to God.



A PRAYER FOR GUIDANCE IN LENT

Lord, in these days of mercy, make us quite and prayerful;
in these days of challenge, make us stronger in you;
in these days of emptiness, take possession of us;
in these days of waiting, open our hearts to the mystery of
your cross. **Amen.**

A PRAYER FOR COMFORT

O God, our sovereign and our shepherd, who brought again
your Son Jesus Christ from the valley of death,
comfort us with your protecting presence
and your angels of goodness and love,
that we also may come home
and dwell with him in your house for ever. **Amen.**

A PRAYER FOR PEACE

O God, it is your will to hold both heaven and earth
in a single peace.
Let the design of your great love shine on the waste
of our wraths and sorrows,
and give peace to your Church,
peace among nations,
peace in our homes,
and peace in our hearts.

A New Zealand Prayer Book

A PRAYER FOR THOSE IN NEED

Lord God, whose Son, Jesus Christ,
understood people's fear and pain
before they spoke of them,
we pray for all those who are struggling;
surround the frightened with your tenderness;
give strength to those in pain and fear;
hold the distressed in your arms of love,
and give hope to those who are despairing;
we ask this through the same Jesus Christ, our Lord.
Amen.

A PRAYER FOR PATIENCE

Everything that happens on earth
happens at a time God chooses.
God sets the time for birth and the time for death,
the time for sorrow and the time for joy,
the time for tearing and the time for mending,
the time for scattering and the time for gathering,
the time for seeking and the time for losing,
the time for keeping silence and the time for speaking.
Everything that happens on earth
happens at a time God chooses.

Adapted from Ecclesiastes 3

NIGHT PRAYER IN LENT

You may wish to light a candle and have some reflective music playing in the background.

Preparation

The Lord almighty grant us a quiet night
and a perfect end. **Amen.**

Our help is in the name of the Lord
who made heaven and earth.

Pause and reflect on the day that is past.

Penitence

**Most merciful God, we confess to you,
before the whole company of heaven
and one another,
that we have sinned in thought, word and deed
and in what we have failed to do.
Forgive us our sins, heal us by your Spirit
and raise us to new life in Christ. Amen.**

O God, make speed to save us.

O Lord, make haste to help us.

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

Sing (if you know the tune) or say:

Before the ending of the day,
Creator of the world, we pray
that you, with steadfast love, would keep
your watch around us while we sleep.

From evil dreams defend our sight,
from fears and terrors of the night;
tread underfoot our deadly foe
that we no sinful thought may know.

O Father, that we ask be done
through Jesus Christ, your only Son;
and Holy Spirit, by whose breath
our souls are raised to life from death.

Bible Reading: Psalm 139 or another psalm will be said.

¹ O Lord, you have searched me out and known me;
you know my sitting down and my rising up;
you discern my thoughts from afar.

² You mark out my journeys and my resting place
and are acquainted with all my ways.

³ For there is not a word on my tongue,
but you, O Lord, know it altogether.

⁴ You encompass me behind and before
and lay your hand upon me.

⁵ Such knowledge is too wonderful for me,
so high that I cannot attain it.

⁶ Where can I go then from your spirit?
Or where can I flee from your presence?

⁷ If I climb up to heaven, you are there;
if I make the grave my bed, you are there also.

⁸ If I take the wings of the morning
and dwell in the uttermost parts of the sea,

⁹ Even there your hand shall lead me,
your right hand hold me fast.

¹⁰ If I say, 'Surely the darkness will cover me
and the light around me turn to night,'

¹¹ Even darkness is no darkness with you;
the night is as clear as the day;
darkness and light to you are both alike.

¹² For you yourself created my inmost parts;
you knit me together in my mother's womb.

¹³ I thank you, for I am fearfully and wonderfully made;
marvellous are your works, my soul knows well.

¹⁴ My frame was not hidden from you,
when I was made in secret
and woven in the depths of the earth.

¹⁵Your eyes beheld my form, as yet unfinished;
already in your book were all my members written,

¹⁶As day by day they were fashioned
when as yet there was none of them.

¹⁷How deep are your counsels to me, O God!
How great is the sum of them!

¹⁸If I count them, they are more in number than the sand,
and at the end, I am still in your presence.

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

Scripture Reading

Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin?

Isaiah 58. 6,7

Pause to reflect on the reading.

Into your hands, O Lord, I commend my spirit.
Into your hands, O Lord, I commend my spirit.
For you have redeemed me, Lord God of truth.
I commend my spirit.

Glory to the Father and to the Son
and to the Holy Spirit.

Into your hands, O Lord, I commend my spirit.

Keep me as the apple of your eye.
Hide me under the shadow of your wings.

Gospel Canticle: The Nunc Dimittis (Song of Simeon)

**Christ died for us, so that, whether we wake or
sleep, we might live with him.**

¹ Now, Lord, you let your servant go in peace:
your word has been fulfilled.

² My own eyes have seen the salvation
which you have prepared in the sight of every people;

³ A light to reveal you to the nations
and the glory of your people Israel. *Luke 2.29-32*

**Glory to the Father and to the Son
and to the Holy Spirit; as it was in the beginning is
now and shall be for ever. Amen.**

**Christ died for us, so that, whether we wake or
sleep, we might live with him.**

Prayers

Intercessions may be offered here. Silence may be kept.

One or more of these prayers may be said.

Father in heaven, the light of your truth bestows sight to the darkness of sinful eyes.

May this season of repentance bring us the blessing of your forgiveness and the gift of your light.

Grant this through Jesus Christ our Lord. **Amen.**

Almighty God, may we, by the prayer and discipline of Lent, enter into the mystery of Christ's sufferings; that by following in the Way, we may come to share in the glory; through Jesus Christ our Lord. **Amen.**

Visit this place, O Lord, we pray, and drive far from it the snares of the enemy; may your holy angels dwell with us and guard us in peace, and may your blessing be always upon us; through Jesus Christ our Lord. **Amen.**

The Lord's Prayer

Lord Jesus, remember us in your kingdom and teach us to pray:

**Our Father in heaven,
hallowed be your name,**

**your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours, now and for ever. Amen.**

Conclusion

**In peace we will lie down and sleep;
for you alone, Lord, make us dwell in safety.
Abide with us, Lord Jesus,
for the night is at hand and the day is now past.
As the night watch looks for the morning,
so do we look for you, O Christ.**

**May God bless us, that in us may be found love and
humility, obedience and thanksgiving, discipline,
gentleness and peace. Amen.**

*Materials in this booklet are drawn from Common Worship: Services and Prayers, Daily Prayer, and Times and Seasons
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ST MARY'S SERVICES IN CHURCH

Sundays: **8am** - Holy Communion

10.30am - Main service:

1st Sunday - Family Communion.

2nd & 4th Sundays - Holy Communion,

3rd Sunday - Morning Praise.

5th Sunday varies.

Midweek Communion at 9.30am on Wednesdays.

ST MARY'S PHONE-IN SERVICES

Sundays at 9.30am: Thursdays at 8pm.

Calls cost your normal call rate. To join, follow these steps:

- Get this booklet, and get yourself comfortable!
- Just before 9.30am/8pm, dial: **0333 0164 757** (then you will hear some information about WHYPay.net)
- You will then be asked for your Conference Room number - enter 26391543 then press the # key
- You will then be asked for your PIN - enter 5316 then press the # key

If the service has not started say hello!

National Phone-in for every day: Daily Hope

0800 804 8044

A free phone line of hymns, reflections and prayers.

Online Resources from St Mary's Garforth

stmarysgarforth.co.uk