

FOR IMMEDIATE RELEASE

~ Do you have kids ages 6 – 12 in your home? We have a workshop for you! ~

Contact:

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The Upper Room, a Family Resource Center in Derry is kicking off October with several classes being offered to parents and caregivers. **Parenting 6 – 12 year olds** will hold a classes Wednesdays October 1 – October 22 from 6 – 8PM. If you have kids 6 – 12 and want to join other parents to learn some tricks and tips to basic behaviors, childhood development, discipline and connection, a new class will begins October 1^{st} / Learn how to navigate the changes that happen during these in between years so you can be prepared for them when those changes take place the class will run from 6 – 8 PM and will be a virtual class that can be done from anywhere.

To attend this event, call 603-437-8477 x 110 to sign up. For more information about our updated parenting classes and programs coming up starting in September, please visit our website at www.urreachers.org

About The Upper Room

Founded in 1986, The Upper Room, a Family Resource Center is a non-profit 501(c)(3) organization committed to strengthening individuals and families by providing them with the education, services and resources needed to lead healthy, self-sufficient lives. Our center is a warm, welcoming place where families receive information and support not only in times of crisis but on a day-to-day basis. We place no boundaries on service, and help all who come to our center seeking support. For more information, call (603) 437-8477, or visit our website at URteachers.org

For other press-related inquiries, please contact Brenda Guggisberg, Executive Director 603-437-8477 or bguggisberg@urteachers.org