



Parenting A Second Time Around (PASTA)



First & Third Tuesday of the Month from 6:00 – 7:30 pm
YMCA of Greater Londonderry, 206 Rockingham Rd, Londonderry
Child care will be provided at no cost!

PASTA is a free support group for all kinship caregivers, including grandparents and other relative caregivers in the position of raising a child or children under the age of 18.

INFORMATION, SKILLS AND RESOURCES

Topics include child development, discipline and guidance, caring for oneself as a caregiver, rebuilding a family, living with teens, legal issues and advocacy.
When registering, please confirm your participation and child care needs.



**For more information or to register, please contact Melinda at 603.437.8477 ext. 126
or email mmackenzie@urteachers.org.**