

Music is an outlet for our students -- a fun activity that allows them to express themselves creatively. It helps them gain confidence, not only in learning new songs and skills but also *performing* in front of others. Studies have also shown that actively participating in music improves memory and reduces stress and anxiety.

Thanksgiving is Thanksliving! That's my theme song...and my favorite holiday get together. We get to cook for each other, decorate, and play games. A lot of families even have special plates and dishes saved just for holidays. We invite friends and family to join us, make place cards for everybody, and have special drinks like hot spiced cider. Our pets like to join us for Turkey, too!

I will not be teaching lessons on Thursday or Friday, November 28th and 29th. You can do lessons on Wednesday or Saturday if you want to.

Please bring any <u>Christmas books</u> that you have now. If you have outgrown one, you may trade it in for a harder one, or just donate it...This will give us over 2 months to get fabulous! We will be starting our performance music on October 1st!

Our *Christmas Recital* will be on Friday, December 19th, at 7:00, in the Choir Room of First Baptist Church of Woodstock, on Neese Avenue. Students are asked to DRESS UP for a recital, and even parents and guests! It's a sign of respect for those who have done all this work! All Scholarship Winners will be doing a Christmas solo, and they can dress more "fancy" if they want to.

Thanks for these wonderful students! Laurel Gibson