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Patient Instructions Pre-op

Eleven (11) days prior to procedure:

Avoid taking the following medications:

- Aspirin
- Aleve
- Motrin
- Ibuprofen

Two (2) days prior to procedure:

Take Tylenol 650mg by mouth

One (1) day prior to procedure:

Take Tylenol 650mg by mouth

Day of procedure:

60 minutes prior to procedure take only if checked ☒ and Rx provided

_____ Two (2) Oxycodone/Acetaminophen 5/325mg
_____ One (1) Diazepam 2mg
_____ One (1) Promethazine 25mg
_____ One (1) Zofran 4mg

Patient Instructions Post-op

***Remember do not blow your nose or resume CPAP machine (if applicable) until we see you after your procedure**

_____ **Start antibiotics and Prednisone when you get home from your procedure (if provided).** If you are provided pain medication and develop nausea you have also been provided with Zofran to use Q8 hours as needed.

***Do not mix medications we provided you with any other respiratory depressants, such as anti-anxiety medications and/or sleeping pills prescribed by other providers. Examples include Xanax, Valium, Klonopin, Ativan, Ambien, Temazepam, etc. Do not take these respiratory depressants for 48 hours post procedure.**