

L A N C E R . M E Y E R S O N , M D , F A C S
B R I T T A N Y V I L L A , A R N P
H E A T H E R S C H R Y V E R , A R N P
A M Y T H A T C H E R , A R N P
O T O L A R Y N G O L O G Y - H E A D A N D N E C K S U R G E R Y

After your Vivaer Treatment

What can I expect after the treatment?

Following this treatment, it is recommended that you don't blow your nose until your bleeding has stopped and that you perform nasal care per my instructions:

Saline Mist Nasal Spray

May begin day of Vivaer procedure

Purchase over the counter saline mist spray, use 3 sprays in each nostril to help keep the nose moist and to help facilitate healing time. **Repeat 4- 5 times daily for 2 weeks.**

In general, as with any nasal treatment, you may experience increased sensitivity, congestion, and/or pain during the healing process.

You may experience a small amount of occasional nasal bleeding over the next 2 days which is normal. Call the office if you experience bleeding lasting longer than 15 minutes.

You may take any blood thinners the day after your Vivaer procedure.

How soon until my symptoms improve?

Most patients begin to see improvement within 4-6 weeks post-treatment.

Activities: Return to normal activities.

Next Appointment:

Date: _____

Time: _____

Provider: _____

Location: _____

If you have any questions please do not hesitate to call our office at 813-907-9992