

EFFECTIVE PERSONAL PRODUCTIVITY®

Create a High Performance Organization

The Unique LMI Process

LMI delivers a process that not only provides skill and competency development but changes the attitudes and behaviours of the participant.

To ensure that measurable results and a Return On Investment are achieved:

- Specific workplace goals for learning and performance improvement are established in consulting between the Participant and Company Management, refined in 2 up-front sessions
- Support from the LMI Facilitator guides the Participant's "on the job" application of the learning
- Complete resource materials allow multi-sensory learning
- Eight interactive sessions are facilitated in convenient bi-weekly workshops
- Participants present key results and a summary of course accomplishments at a special Graduation Meeting. Certificates are awarded

Session One:

Introduction to Concepts

Concepts of Success, Motivation & Attitude Changes Organizational Climate Survey Individual Self-Image Profiles Success as Related to Past Conditioning Attitude and Habits – The Effective Motivators Multi-Sensory Learning Spaced Repetition The Power of Goal Setting

Session Two:

Developing Goal Planning Sheets

Validation of ROI Developing Personal Related Goal Planning Sheets Developing Business Job Related Goal Planning Sheets Fine Tuning Goal Tracking Systems Integration of My-Tyme Planner with Goal Planning Sheets Profile Evaluation Awareness and Integration into Goal Planning Sheets

Session Three:

The Nature of Productivity

What is Productivity? Time – The Key Resource for Increasing Productivity Attitudes Toward Planning and Goal Setting Attitudes Toward Other People Attitudes Toward External Circumstances Attitudes Toward Practices and Procedures Attitudes Toward Yourself Identifying and Using High Payoff Activities Establishing a Base Line for Productivity The Rewards of Improving Productivity

Session Four:

Productivity Through Goals Achievement

Having a Positive Self-Image Personal and Organizational Goals How the Goal-Setting Process Works The Power of Written Goals Finding Time for Planning and Goal Setting Tracking and Feedback Putting Affirmation and Visualization into Practice

Session Five:

Increasing Productivity Through Managing Priorities Setting Priorities for Each Day Setting Priorities in All Areas of Life Maintaining Focus by Limiting Interruptions Handling E-mail Efficiently Managing Communications Setting Up an Efficient Work Area Managing Drop-In Visitors Crisis Management Protect Your Productivity by Saying "No"

Session Six:

Improving Productivity Through Communication

Mastering Communication Skills The Role of Empathy in Communication How Behaviour Affects Communication Asking the Right Questions Listening for the Total Message Writing for Clear Communication Using E-mail Properly Using Technology Efficiently and Effectively

Session Seven:

Empowering the Team for Peak Performance

The Empowerment Imperative The Benefits of Empowerment Empowering Different Generations Attitudes – The Heart of Empowerment Developing Team Players Through Delegation Levels of Delegation Communication and Delegation

Session Eight:

Increasing Productivity of the Team

Sharing and Communicating Goals Creating a Learning Environment Developing and Coaching Self-Directed Work Teams Developing People to Be Their Best Following Efficient Procedures Implementing Productive Meeting Strategies Living with Positive Expectancy Celebrating Your Success!

This program will help you communicate more effectively, deal with interruptions, and learn how controlling priorities will increase your productivity. You will become a team player, get the right people in the right roles with the right goals, as well as evaluate your attitudes and make productive behavioural changes. You will thrive in a learning environment by setting goals and achieving results.