



Cupid Float
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Cupid floats are a simple Valentine's Day drink idea that everyone is sure to LOVE! Made with just a couple easy ingredients, these drinks are a fun and festive way to celebrate Valentine's Day.

Servings: 1 → 40

PREP TIME
5 MIN

TOTAL TIME
2 MIN

Ingredients

- 20 cups vanilla ice cream
- 40 cups cherry, cola
- 40 pieces licorice, red

Nutrition

Calories 289, Total Fat 8g, Saturated Fat 4g, Trans Fat 0g, Polyunsaturated Fat 0g, Monounsaturated Fat 1g, Cholesterol 29mg, Sodium 92mg, Total Carbohydrates 52g, Dietary Fiber 0g, Sugar 45g, Protein 2g, Vitamin A 282IU, Vitamin C 0mg, Calcium 87mg, Iron 0mg, Phosphorous 91mg, Potassium 157mg

Cooking instructions

1. Gather all ingredients and equipment.
CCP: Wash your hands with warm water and soap for at least 20 seconds
CCP: Follow community policies for major allergens and gluten regarding identification, labeling and measures to control cross contact.
2. To assemble each portion: Add 1/2 cup vanilla ice cream to a drinking cup or mug using a #8 scoop.
3. Add 1 cup of cherry soda to the cup/mug of ice cream.
4. Cut the ends off of 1 strand of red licorice, then place into the cup to use as a straw.
5. Serve immediately.

Serving instructions

Serve 1 each for approved diet types and textures.

****DIET TYPES****

- Diabetic (CCHO): YES, 1/2 portion
- Heart Healthy/Cardiac: YES
- Low Sodium: YES
- Vegetarian: YES
- Gluten Free: YES, no licorice

****TEXTURES & CONSISTENCIES****

FF: YES

TNO/ST1/MT2/MO3/EX4: Liquid level assigned by clinician & does NOT automatically correlate to an IDDSI food texture level. Adjust thickness as necessary to pass IDDSI Flow Test.

Allergens

gluten, wheat, milk, lactose, alcohol, caffeine

Equipment

cup or mug, #8 scoop, measuring cup

Notes

Recipe adapted by RecipeTree.Pro for healthcare use/food service on 1.8.25.

Tags

february collection, heart healthy/cardiac, low sodium, diabetic, vegetarian, finger food, regular, measuring cup, #8 scoop, cup or mug, dessert, snack, dinner, lunch, parent recipe, somewhat simple, beverage, drink