

# The Messenger

October 9, 2024

## Zion Church Directory

We will be updating the Zion Church Directory soon. Could you please let us know if you have address or phone number changes, or if you're aware of any additions or deletions that should be made to the directory?

Please contact the Zion office at 250-546-9384 or email [zionunitedchurchinfo@gmail.com](mailto:zionunitedchurchinfo@gmail.com)

Bev

## Armstrong Acoustic Coffee House.

Saturday, October 19th, 2:00 PM

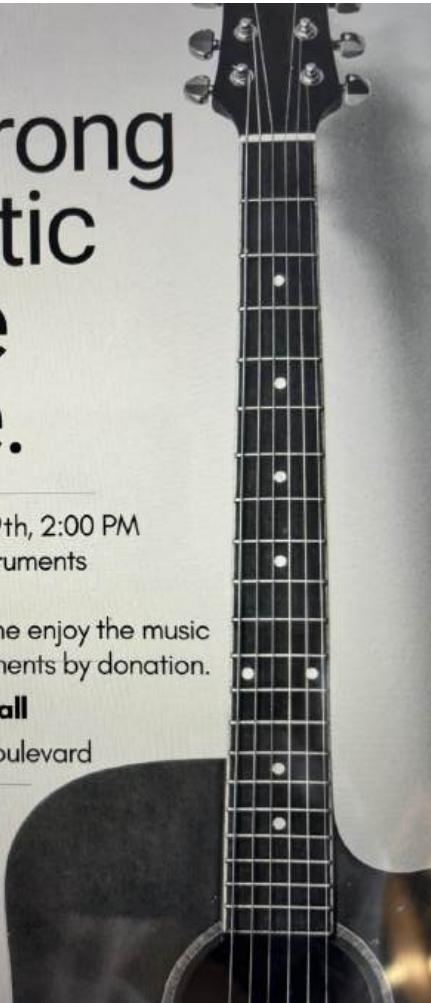
Bring your acoustic instruments to play and jam.

All are welcome to come enjoy the music. Admission and refreshments by donation.

**Zion United Church Hall**

2315 Pleasant Valley Boulevard

**250-546-9384**



**Zion United Church**  
**Sunday worship — 11:00 AM**

**St Andrews United Church**  
**Sunday worship — 9:30 AM**

If you have announcements to be included here please email them to:

[ckooyman@shaw.ca](mailto:ckooyman@shaw.ca)

It would be helpful if announcements for The Messenger are sent to the above address before Wednesday.

Next Messenger will be  
October 16, 2024

## Men's Breakfast — October 20

**All men** are invited to join together on Friday **Oct 20** for our monthly Men's Breakfast at Zion Hall.

The coffee is ready at 8 am followed by a hearty breakfast cooked by the men.

Hope to see you.

Wayne

## Harvest Dinner

**Friday, Oct 18th.**

Doors open @ 5:00 pm, dinner @ 5:30 pm.

## Upcoming worship

**Sunday, October 13 — Rev. Hati Mvundura**

## Happy 65th (Blue Sapphire) Wedding Anniversary to Jessie Ann & Len Gamble!

On October 9th, 1959, Jessie Ann Shepherd & Leonard Gamble were married in our Zion United Church! Congratulations from your Armstrong & Enderby church friends and families!



**Askew's Cards**

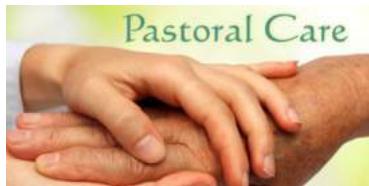
**Askew's cards** are available at Zion Church on Sundays from Eleanor K. or in her absence Sharon or Isobel will have them. Or you can try calling Eleanor at 250-546-8195 to order the cards you are needing.

Thanks for your support.

The following was a hand-out at the combined communion service, St. Andrews in Enderby. Lorrain leading the service, connecting with her indigenous friends. (plus a big meal afterwards in the basement)

## 8 Ways to Engage in Truth and Reconciliation

1. **Learn** the history of First Nation people where you live, including understanding the ongoing legacy of residential schools.
2. **Engage** with members of the local First Nation, develop relationships.
3. **Engage** in anti-racism training in preparation to take action to address historical and present-day injustices.
4. **Create** a culturally safe environment at home, work, in community groups and in public.
5. **Act** on racism when you encounter it – speak up, stand up, report.
6. **Share** your learning with others.
7. **Recognize** that taking action toward reconciliation may be uncomfortable at times. Be willing to live with that discomfort.
8. **Engage** your political representatives at every level of government to act on the Truth and Reconciliation Calls to Action.



**P**astoral Care, the caring of one another in a structured form, and informally, is an important part of who we are at Zion United Church.

Everyone experiences the ups and downs of life in their own unique way. Please consider reaching out to a Pastoral Care team member if there are any areas of support needed.'

Rev. Hati Mvundura, Isobel Kay, Pam Krazanowski, Wilma Koersen, Suzanne Skinner.

## Good Food Box

The Deadline for payment for October is Tuesday, October 8

Pick up date is Thursday October 17.

Payment can be made at Gathering Grounds Thrift Shop or the BGCO or online. Online is [Good-foodbox.ca](http://Good-foodbox.ca). and follow all the directions to e-transfer.

Louise

**Zion Book Nook is open again.** Barb will be downstairs in the church hall most Wednesdays from 10- noon.

She has a great selection of books, puzzles and other surprises suitable for all ages.

Please come and take a look.



## Zion Hall & Sanctuary Rentals for the fall:

Sunday      **AA** 7-8 pm

Monday      **Melodia Choir** 6:30 to 8:15 pm – Sanctuary

Wednesday    **Book Nook**      10 a.m. to noon – starting in September

**Breakaway**      2 – 4 pm (starting after Thanksgiving)

Thursday      **Kampana Bells** 6:00 – 9:00 pm

Friday      **Men's Breakfast** (3<sup>rd</sup> Friday of the month)

Saturday mid- October – **Little Kickers** date & time to be determined

## Zion Special Events

**Dates**      **Event**

October 16<sup>th</sup>      **Breakaway starts up**  
(under discussion extending age group to older siblings)

October 18th      **Harvest Dinner**

October 19<sup>th</sup>      **Coffee House** 2 – 4 pm

November 16th      **Coffee House** 2 – 4 pm

November 29<sup>th</sup>      **Christmas Light Up** (hot chocolate & cookies?) music venue?

Dec 14<sup>th</sup> or 15<sup>th</sup>      **Christmas Concert** (bake sale ?)

**St. Andrew's United Church hosted a wonderful 'Truth & Reconciliation' based service, and luncheon, on Sunday, October 6th. Special thanks to Adele & Crystal (of Splatsin) for sharing their residential school survivor impact stories, to Jeff Thomas for the preparation of the salmon and venison for the meal, and to Lorraine Powell for leading the worship service**



## Utility trailer help

We're looking to borrow a utility trailer for a couple of days to take some stuff to Grand Forks. A small one would do, maybe 4'x 8'. Clean driving record!

Call or text Yvonne 250 803 1755