

What is an Adult Day Program?

Adult Day Programs provide recreational activities in the community for people with physical or cognitive challenges, as well as people living with Alzheimer's disease and related dementias. The programs offer a great opportunity to stay social and live life filled with purpose.

Why should you go?

Trained experts who lead the programs make you feel safe while you enjoy activities that will get you moving and keep you smiling and provide a sense of belonging.

While you enjoy time with others, doing activities you love at your Adult Day Program, your family member or friend will have peace of mind knowing you're safe and having fun. They can take time to complete personal tasks and spend time with friends as well.



Program Availability:

- Partial or full-day programming on weekdays
- Extended evening and weekend hours at select locations
- Programming in various languages at some locations

How do I apply?

- Go to www.centralregistry.ca and choose Adult Day Program. Click **Request Service** and fill out the application form. Submit completed form by clicking **Finish**.
- No access to internet? Call 905-281-4443. Have your OHIP card with you to complete application. Wait to be contacted by Central Registry team members regarding admission.

How long will this process take?

- If your chosen Adult Day Program has space, you can start immediately.
- If there is a wait list, The Central Registry staff will discuss the wait list process with you, as well as other options to assist you while you wait.

Contact your choice of Adult Day Program:

There are 10 Adult Day Programs in the region, offered at 15 locations.

Please refer to the map and contact information listed when choosing your preferred program.

www.centralregistry.ca

Adult Day Programs



Promote wellness and enhance quality of life in a social setting.



**central
registry**



Ontario

Adult Day Programs

Check out videos of the region's
www.centralregistry.ca

Acclaim Health Adult Day Programs:

- 1 Soper Club - Patty's Place:
 2250 Speers Road,
 Oakville, ON
- 1 Walmley Club - Patty's Place:
 2250 Speers Road,
 Oakville, ON
- 12 Mississauga Club:
 2695 N Sheridan Way,
 Mississauga, ON

Alzheimer Society of Peel:

- 2 Brunel Day Centre:
 385 Brunel Road,
 Mississauga, ON
- 3 Meadowvale Day Centre:
~~6535 Millcreek Drive, Unit 1,~~
~~Mississauga, ON~~ Merging-Brunel
- 4 Sam McCallion Day Centre:
 157 Queen Street,
 Mississauga, ON

Region of Halton:

- 7 Silver Creek Place:
 235 Guelph Street, Unit 5A,
 Georgetown, ON
- 6 Milton Place:
 185 Ontario Street S.,
 Milton, ON
- 6 Friends Landing:
 185 Ontario Street S.,
 Milton, ON

co-located at
 Allendale LTC

- 8 Indus Community Services:
 1660 Tech Avenue, Unit 4
 Mississauga, ON

Seniors Life Enhancement Centre:

- 11 The Circle of Friends Program:
 2030 Bristol Circle, Suite 120,
 Oakville, ON
- 11 The Gathering Place Program:
 2030 Bristol Circle, Suite 120,
 Oakville, ON

14 Yee Hong Centre for Geriatric Care:

- 5510 Mavis Road,
 Mississauga, ON

Next Step to Active Living:

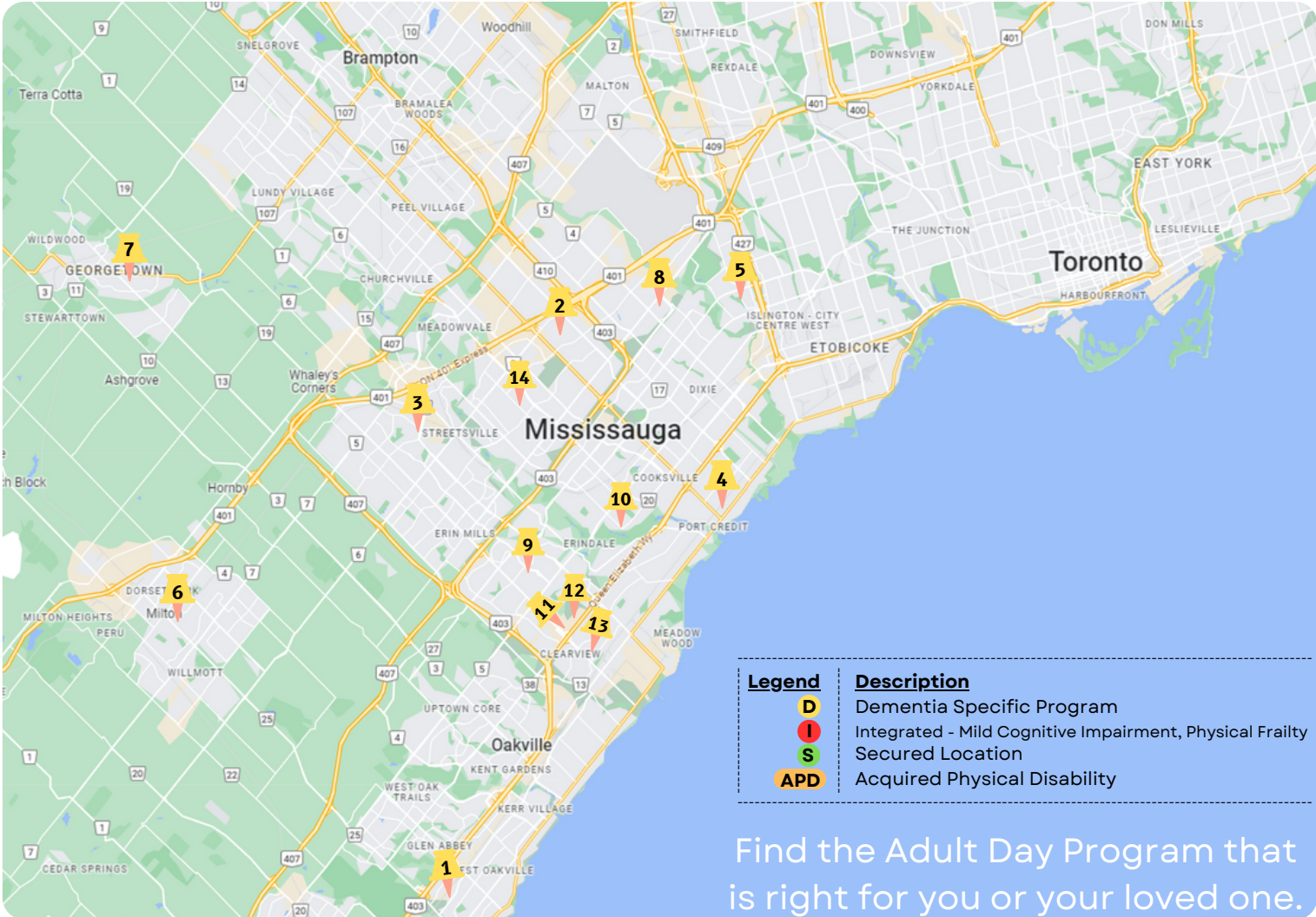
- 9 South Common Community Centre:
 2233 South Millway, **currently closed**
 Mississauga, ON **for renovations**
- 10 Huron Park Recreation Centre:
 830 Paisley Blvd., W.,
 Mississauga, ON

Region of Peel:

- 13 Sheridan Villa:
 2460 Truscott Drive,
 Mississauga, ON

ESS Support Services:

- 5 Wesburn Manor:
 400 The West Mall,
 Etobicoke, ON



Find the Adult Day Program that
 is right for you or your loved one.

<input type="checkbox"/> Crisis
Client Name _____ DOB _____ Postal Code _____
Family Physician _____

Adult Day Programs

Rank

<input type="checkbox"/> Alzheimer Society of Peel – Brunel Centre , 385 Brunel Road, Mississauga, L4Z 1Z5 905-278-3667 x 307	
<input type="checkbox"/> Alzheimer Society of Peel – Meadowvale Day Centre, 6535 Millcreek Drive, Unit 1, Mississauga, ON L5N 2M2 905-278-3667 x 307 Merging with Brunel	
<input type="checkbox"/> Alzheimer Society of Peel – Sam McCallion Day Centre (Port Credit) , 157 Queen St. East, Mississauga, ON L5G 1N2 905-278-3667 x 307	
<input type="checkbox"/> Indus Community Services 1660 Tech Ave #4, Mississauga, ON L4W 5S7	
<input type="checkbox"/> Next Step to Active Living Program South Common C.C., 2233 South Millway Drive, Mississauga, ON L5L 3H7 905-615-4770 x 2279 * Adults with acquired physical disabilities only. No patients with dementia Community centre under renovations	
<input type="checkbox"/> Next Step to Active Living Program Huron Park R.C 905-615-4770 x 2279., 830 Paisley Blvd., Mississauga, ON L5C 3P5 * Adults with acquired physical disabilities only No patients with dementia	
<input type="checkbox"/> Seniors Life Enhancement Centre (The Circle of Friends Program) , 2030 Bristol Circle, Suite 120, Oakville ON, L6H 0H2 * Cognitively Impaired. Secured Setting	
<input type="checkbox"/> Seniors Life Enhancement Centre (The Gathering Place Program) , 2030 Bristol Circle, Suite 120, Oakville ON, L6H 0H2 905-279-9061 * Physical impairment, frail or mild cognitive impairment	
<input type="checkbox"/> Sheridan Villa – Region of Peel , 2460 Truscott Dr., Mississauga, ON L5J 3Z8 905-791-8668 x 2925	
<input type="checkbox"/> Yee Hong Adult Day Program - 5510 Mavis Rd., Mississauga, ON L5V 2X5 905-568-0333 x 4301	
<input type="checkbox"/> ESS Adult Day Program (Wesburn Manor) 400 The West Mall, Etobicoke, ON M9C 5S1 416-394-3675 x 237	
<input type="checkbox"/> Acclaim Health Adult Day Program (Patty's Place - The Walmley Club) , previously Bond Street, 53 Bond St., Oakville, ON L6K 1L8 now at 2250 Speers Road, Oakville, ON L6L 2X8 905-847-9559 x 2480 * Physically disabled and mild cognitive impairment	
<input type="checkbox"/> Acclaim Health Adult Day Program (Patty's Place – The Soper Club) , previously Sheridan Centre for Elder Research at 1430 Trafalgar Rd., Oakville, ON L6H (905-847-9559) now at 2250 Speers Road, Oakville, ON L6L 2X8 905-847-9559 (Dementia specific. Secure setting)	
<input type="checkbox"/> Acclaim Health Adult Day Program (Mississauga Club) , 2695 N Sheridan Way, Mississauga, ON 905-823-9264 * Physically disabled and mild cognitive impairment. Secure setting)	
<input type="checkbox"/> Friends Landing – Halton Region , 185 Ontario St. South, Milton, ON L9T 2M4 905-825-6000 x 8168/Toll Free 1-866-442-5866 * Alzheimer's disease and related dementias	
<input type="checkbox"/> Milton Place, Halton Region , 185 Ontario St. South, Milton, ON L9T 2M4 905-825-6000 x 8168/Toll Free 1-866-442-5866 * Physical impairment, frail or mild cognitive impairment	
<input type="checkbox"/> Silver Creek Place, Halton Region , 235 Guelph Street, Unit 5A, Georgetown, ON L7G 4A8 905-825-6000 x 8445/Toll Free 1-866-442-5866 * Physical impairment, frail and Alzheimer's Disease and related dementias	

☐ *I understand that my personal and health information will be maintained and shared securely, and that I may amend or withdraw this consent at any time.*

Signature of Client or SDM

Date

Adult Day Program

A structured program for the person you support while you get some caregiving relief



Adult Day Programs cater to home-dwelling adults who require structured community-based activities, emphasizing their capabilities while addressing the needs of those with memory loss, Alzheimer's, physical disabilities, or chronic conditions. These programs boost well-being and dignity, elevating life quality in a social context. Scheduled outside-home sessions in supervised settings, they offer caregivers a vital respite. Available across Mississauga, Halton, and South Etobicoke.

Who qualifies for the program?

Adult Day Programs are available to those who:

- Live at home
- Are having difficulty with activities of daily living (dressing, toileting, eating, etc.)
- Would benefit from a regularly scheduled period of time outside the home in a supervised environment
- There is a fee to attend Adult Day Programs and these fees vary between programs. In some cases, a fee subsidy may be available.

Activities vary by location and may include:

- Exercise programs
- Recreational activities
- Group discussions and reminiscing
- Arts and crafts
- Music programs
- Kitchen activities (baking, etc.)

Adult Day Programs provide:

- A safe and secure environment
- Medication reminders and/or assistance
- Assistance with activities of daily living, including help with eating, toileting, mobility (walking), and transferring
- Flexible hours
- Snack, meal and beverages (including special diets)
- A variety of programs and activities
- Relief for persons providing care at home

How do I access an Adult Day Program?

An assessment from Central Registry is required before you attend an Adult Day Program.

There are several ways you can begin the process:

- You can contact Central Registry 905 281 4443
- You can speak with your family doctor
- You can contact an Adult Day Program directly

For more information or to apply,
visit www.centralregistry.ca
or call 905-281-4443