

## QUESTIONS FOR DISCUSSION

1. What is the one thing God will not tolerate?
2. What is sin?
3. How can the penalty for sin be paid?
4. How can a person be reborn?
5. How necessary is the new birth?

### SUMMARY:

Nicodemus recognized Jesus as a teacher come from God. Jesus immediately pointed out to him his need to be born again. Because of sin in his life Nicodemus needed a new birth, a new nature, a new spirit within him, so that he would be worthy to serve and to meet his Lord—e.g. that through repentance toward God for his sin, he could be regenerated through the blood of Christ. Receiving baptism, he could become a new spiritual man in Christ Jesus. Nicodemus was standing before the very source of the hope of his salvation. The new birth can only be obtained through faith in the risen Christ.

### NOTES:

## APOSTOLIC CHRISTIAN CHURCH

Bible Lesson #3

January 18, 2026

First Quarter

## THE NEW BIRTH

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**LESSON TEXT:** John 3:1-16

**LESSON SETTING:** In Jerusalem at the time of the Passover.

**TIME:** Approximately 30 A.D.

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### I. NEED FOR THE NEW BIRTH. John 3:1-3

- A. Sin. Romans 3:23; 1 John 1:8
- B. Sin Hateful to God. Proverbs 6:16-19
- C. Sin's Penalty. Ezekiel 18:4; Romans 6:23

### II. NATURE OF THE NEW BIRTH. John 3:4-8

- A. Repentance. Acts 3:19; 8:22
- B. Regeneration. John 1:13; Titus 3:5; 1 Peter 1:23
- C. Baptism. Matthew 28:19; Mark 16:16; Acts 2:38
- D. New Man. 2 Corinthians 5:17; Ephesians 4:24
- E. Spiritual Life. Ezekiel 36:26; John 5:24

### III. SOURCE OF THE NEW BIRTH. John 3:9-16

- A. Christ. John 14:6
  1. His Love. John 13:1; 15:9; 13:23
  2. His Blood. Matthew 26:28 1 Peter 1:18-19
  3. His Cross. Colossians 1:20
  4. His Death. Romans 5:6; 2 Corinthians 5:15
  5. His Resurrection. John 11:25
- B. Attained by Faith. John 5:24; 1 John 5:1; Romans 10:9-10

**GOLDEN TEXT:** *YE MUST BE BORN AGAIN.*

John 3:7

**NEXT SUNDAY'S LESSON:** John 4:1-42

**SUPPLEMENTAL REFERENCES:** Exodus 17:1-7; Ezekiel 47:1-12

**QUARTERLY THEME:** Christ, the Son of God

**TOPIC:** A NEW LIFE

**INTRODUCTION:**

In last Sunday's lesson we were told that a person needs to be reborn to become a follower of Christ. As a person receives Christ into the heart and arises from the old life to a new life, that person begins to experience the joys of being a Christian. But in order that the new life continues, a person needs living water within.

Although the old self is conquered, it again and again tries to get back to the place it once occupied in a person's heart.

We must have constant contact with Christ to combat the evil that would again enslave us. Jesus said to the woman at the well, "If thou knewest the gift of God, and who it is that saith to thee . . ." The woman did not know who He was, she did not recognize Him, but a person who knows Him, and keeps in constant touch with Him, has the promise, ". . . but the water that I shall give him shall be in him a well of water springing up into everlasting life." What a precious promise! What more could we ask? Our faith in this statement conquers the old self.

**CENTRAL TRUTH:** Christ is able to satisfy any heart and transform any life.

**GOLDEN TEXT:** *WHOSOEVER DRINKETH OF THE WATER THAT I SHALL GIVE HIM SHALL NEVER THIRST.*

John 4:14

The water which we need to sustain life in our mortal being has its counterpart in our spiritual life. Having been born again into the family of God, we now need the spiritual elements that we might not remain babes in Christ, but can grow to full stature in Him.

This water, which Jesus offers to all who desire it, is that portion of the Holy Spirit to which we will give room in our hearts. If we allow ourselves to be guided by the Holy Spirit we will share in His fruits as mentioned in Galatians 5:22, 23 and 2 Peter 1:5-7. Then we can expect a richer more abundant life. "For if these things be in you and abound, they make you that ye shall neither be barren nor unfruitful in the knowledge of our Lord Jesus Christ." (2 Peter 1:8)

If we "would be like Jesus", we must partake of the water which only He can give.

**DAILY BIBLE READINGS FOR THE WEEK OF January 19 – 25**

Mon. An Offering from the Well. 1 Chronicles 11:16-19  
Tue. \*Coming to the Well. John 4:1-8  
Wed. \*Thirsty at the Well. John 4:9-19  
Thu. \*Preaching at the Well. John 4:20-30  
Fri. \*Salvation at the Well. John 4:31-42  
Sat. Invitation to the Well. Revelation 22:16-21  
Sun. Digging the Well. Genesis 26:17-25

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