

## Freshman (10u) Rec Rules 2025

1. USA Rules Apply except changes made by the leagues
2. Continuous batting order (if a player is not playing in the field, they still hit when it is their turn at bat). If a player leaves during a game, there is no penalty.
3. **No Stealing Home.** Players may only steal 2<sup>nd</sup> or 3<sup>rd</sup> base, but only one base at a time. Players can be called out for leaving early. Players can lead/steal on the release of the pitch. Players can only steal when another player is pitching. No stealing allowed when a coach is pitching.
- 4 Bunting/slapping is allowed only when players are pitching. Players cannot bunt against a coach.
5. No dropped third strike. No infield fly. The Run Rule (mercy rule) is 15 runs after 5 innings. A complete game is 6 innings
6. If a player overthrows the ball while making a play or a player misses the ball, runners may advance **ONE** base, but not **Home**.
7. Once an outfielder throws a ball back to the infield and an infielder has possession of the ball, players must stop at the next base. **Home** must be **earned** by being hit in.
8. Teams may use 4 outfielders (10 total in the field). Teams may play a game with 7 total fielders. Any less is a forfeit. Teams may call up players from the 8u division if they know they will be short players.
9. Pitching distance is 35 feet. Pitchers can pitch a maximum of three innings. One pitch in an inning qualifies as an inning.
10. Players will pitch all innings except when a batter reaches **4 balls**. Coaches will then take over and pitch for the remainder of the at bat. The count carries over. A batter can either strike out or hit the ball, but not walk. Umpires will continue to call balls and strikes while the coach pitches. (Note: while the girls are pitching, if a batter gets hit by a pitch they can advance to 1<sup>st</sup> base.)
11. Teams can only **score 4 runs per inning**; except the final inning (see next rule)
12. At approximately 1 hour and 20 min, coaches will meet with the umpires.
  - If the Visitors are winning, then they can only score 4 runs. If they are losing, they can tie the game and go ahead by 4 runs.
  - The Home Team can score enough runs to win.
13. Position players, except pitcher and catcher, should only play the same position for 2 consecutive innings. They may return to that position later in the game.
14. **All scores should be emailed to the league director after each game. No email will be considered a loss.**