# **IDENTITY & SELF ACCEPTANCE | WEEK 14**

#### LEADERS GOAL

Help students create Goals and Dreams

#### **SCRIPTURES**

Matthew 19:26 Joshua 1:9 II Corinthians 5:7 Isaiah 40:31 Matthew 7:7 Mark 9:23

#### **ACTIVITIES**

Faithful Steps (with Scriptures)
Focus & Faith Challenge

**PRAY** 

#### SUPPLIES

- 7 Shoeprints, one set per small group, for Faithful Footprints Activity
- Journal Page of the 7 Shoeprints, one per student, hole punched for script binder
- Bible marked and open to Matthew 19:26, Joshua 1:9, II Corinthians 5:7, Isaiah 40:31, Matthew 7:7, Mark 9:23

#### **BOTTOM LINE**

Faithfulness helps make our dreams come true

## **AS STUDENTS ARRIVE**

Who likes hiking, running, or walking? Who goes hiking, running, or walking with shoes? Without shoes?

How about playing soccer, baseball, or football? Do you need shoes to play those sports? It would be silly to play ice hockey without skates, wouldn't it?

#### STORY CONNECTION

Seussical is all about believing the impossible. It's been so fun to learn about going after our dreams and goals even if they seem impossible. Our thoughts and imaginations are important in seeing our dreams and goals come true.

Today, we're going to talk about some important steps or actions we must take to see our goals and dreams come true.



#### **OUR STORIES**

- What have you liked most about our talks on dreams and goals being possible?
- When things seem impossible, what helps you keep going and keep believing?

#### **TRUTH & TREASURE**

The Bible says, We live (or walk) by faith, not by sight. II Corinthians 5:7 NIV

## **ACTIVITY: FAITHFUL STEPS (WITH SCRIPTURES)**

PLAN What can you do to make your goal or dream happen?

GO FOR IT! Step out and go for it! Keep doing 1-2 things each week toward your goals or dreams.

TRY AGAIN Sometimes we fall down, make mistakes, or fail. That's OK! It's OK to cry, feel sad or discouraged. Those feelings are real! But don't give up. Get back up and try again.

WAIT Sometimes, big dreams happen quickly and other times they take time and patience. We might have to wait as it's a one day dream, not a today dream. Keep believing and keep imagining in the waiting!

But those who hope in the Lord will renew their strength. They will soar on wings like eagles. They will run and not grow weary. They will walk and not faint. Isaiah 40:31 NIV

ASK Ask for help from parents, teachers, coaches. Ask God for help.

Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. Matthew 7:7 NIV

KEEP BELIEVING Keep believing and keep imagining as you work toward your dream or goal. Say, "I choose to trust that all things are possible with God. One day, it will come true."

Everything is possible for one who believes. Mark 9:23 NIV

IT'S POSSIBLE! Ta da! It's here! It really happened! Enjoy your dream or goal, and thank God for all He has done.

Once all shoeprints are laid, students can walk the path to review.

\*Hand out a journal page with the shoeprints, steps, and verses for students to keep in their script binders. Small Group Leaders share a dream or goal and how they stayed faithful until it came true.



#### **DISCOVERY TIME**

#### **ACTIVITY: FAITH FOCUS**

Supplies: Timer or phone stopwatch

#### How to Play:

Students stand silently, eyes closed, for as long as they can. If they fidget, giggle, or open their eyes, ask them to quietly sit. The last few standing are your "Faith Focus Finishers."

#### Debrief:

- Was it easy or hard to stay still?
- What helps you stay calm or focused when life feels noisy?
- Faith isn't just about action it's also about learning to be still and trust that God's got it.

#### Activity: Faith in Motion: Sculpting Faithfulness

- Divide students into small groups (3-4 students)
- Call out a word or phrase that connects to faithfulness (e.g., "trust," "obedience," "steady," "follow through," "perseverance," "faith in action").
- Give each group 15-20 seconds to create a frozen tableau (a human sculpture) showing what that word looks like in action not just belief, but doing.
- When time's up, groups hold their pose while everyone guesses what quality they're showing.
- Have a few groups explain the meaning behind their sculpture.

Faith isn't just something we feel — it's something we practice and grow in, one small act at a time.

### **PRAYER**

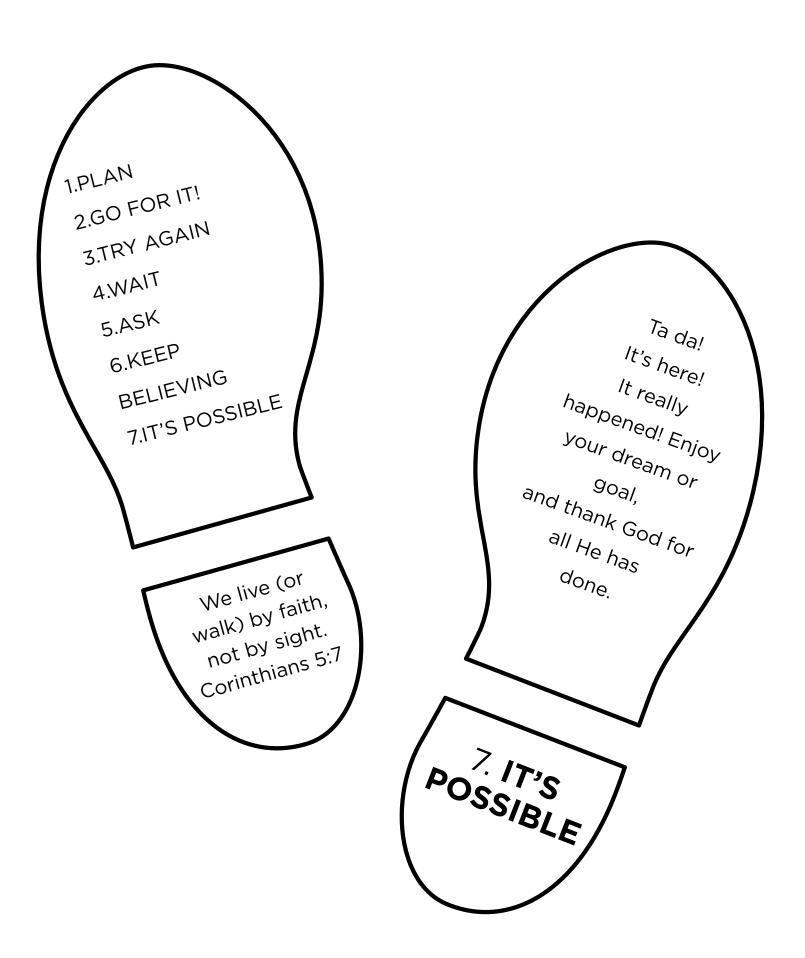
Dear God, thank you for these steps we can take toward seeing our dreams and goals come true. We believe that nothing is impossible for you! You are ready to help us make them happen. We choose faith to believe that our goals and dreams are possible. Help us to stay faithful as we work toward them and help us to keep believing. Amen.

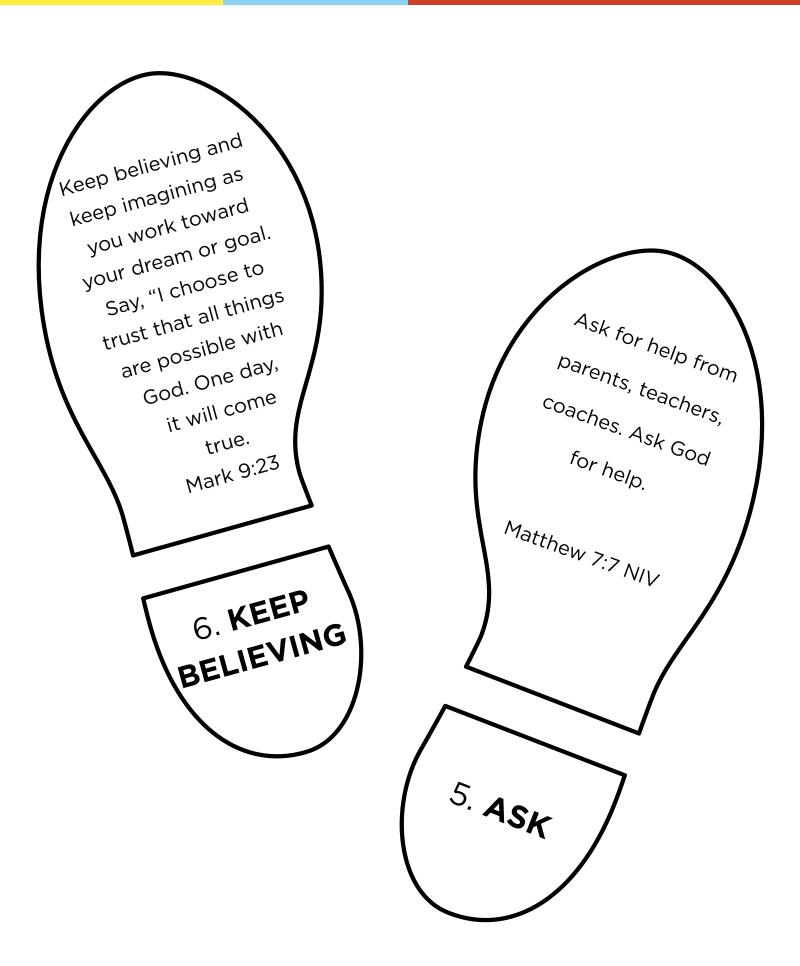
### **WEEKLY CHALLENGE**

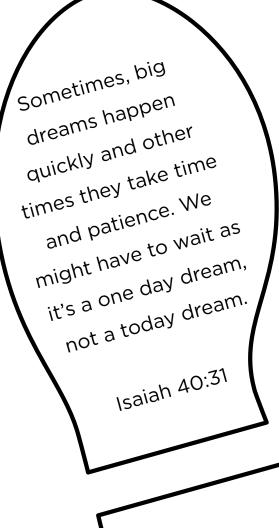
Will you stay faithful and keep believing until your hopes, dreams, and goals come true?

Take the footsteps journal page home and keep going after your goals and dreams.









A. WAIT

Sometimes we fall down, make mistakes, or fail.

to cry, feel sad or feelings are real!

Get back up

Sometimes we make the fall down, make the fall down, make the fall down, make the fall to cry, feel sad or feelings are real!

Get back up

3. TRY AGAIN



