

## IDENTITY & SELF ACCEPTANCE | WEEK 14

### LEADERS GOAL

Help students create Goals and Dreams

### SCRIPTURES

Matthew 19:26  
 Joshua 1:9  
 II Corinthians 5:7  
 Isaiah 40:31  
 Matthew 7:7  
 Mark 9:23

### ACTIVITIES

Faithful Steps (with Scriptures)  
 Focus & Faith Challenge

### PRAY

### SUPPLIES

- 7 Shoeprints, one set per small group, for Faithful Footprints Activity
- Journal Page of the 7 Shoeprints, one per student, hole punched for script binder
- Bible marked and open to Matthew 19:26, Joshua 1:9, II Corinthians 5:7, Isaiah 40:31, Matthew 7:7, Mark 9:23

### BOTTOM LINE

Faithfulness helps make our dreams come true

## AS STUDENTS ARRIVE

Who likes hiking, running, or walking? Who goes hiking, running, or walking with shoes? Without shoes?

How about playing soccer, baseball, or football? Do you need shoes to play those sports?

It would be silly to play ice hockey without skates, wouldn't it?

## STORY CONNECTION

Seussical is all about believing the impossible. It's been so fun to learn about going after our dreams and goals even if they seem impossible. Our thoughts and imaginations are important in seeing our dreams and goals come true.

Today, we're going to talk about some important steps or actions we must take to see our goals and dreams come true.



## OUR STORIES

- What have you liked most about our talks on dreams and goals being possible?
- When things seem impossible, what helps you keep going and keep believing?

## TRUTH & TREASURE

The Bible says, We live (or walk) by faith, not by sight. II Corinthians 5:7 NIV

### ACTIVITY: FAITHFUL STEPS (WITH SCRIPTURES)

PLAN What can you do to make your goal or dream happen?

GO FOR IT! Step out and go for it! Keep doing 1-2 things each week toward your goals or dreams.

TRY AGAIN Sometimes we fall down, make mistakes, or fail. That's OK! It's OK to cry, feel sad or discouraged. Those feelings are real! But don't give up. Get back up and try again.

WAIT Sometimes, big dreams happen quickly and other times they take time and patience. We might have to wait as it's a one day dream, not a today dream. Keep believing and keep imagining in the waiting!

But those who hope in the Lord will renew their strength. They will soar on wings like eagles. They will run and not grow weary. They will walk and not faint. Isaiah 40:31 NIV

ASK Ask for help from parents, teachers, coaches. Ask God for help.

Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. Matthew 7:7 NIV

KEEP BELIEVING Keep believing and keep imagining as you work toward your dream or goal. Say, "I choose to trust that all things are possible with God. One day, it will come true."

Everything is possible for one who believes. Mark 9:23 NIV

IT'S POSSIBLE! Ta da! It's here! It really happened! Enjoy your dream or goal, and thank God for all He has done.

Once all shoeprints are laid, students can walk the path to review.

\*Hand out a journal page with the shoeprints, steps, and verses for students to keep in their script binders. Small Group Leaders share a dream or goal and how they stayed faithful until it came true.



## DISCOVERY TIME

### ACTIVITY: FAITH FOCUS

Supplies: Timer or phone stopwatch

How to Play:

Students stand silently, eyes closed, for as long as they can. If they fidget, giggle, or open their eyes, ask them to quietly sit. The last few standing are your “Faith Focus Finishers.”

Debrief:

- Was it easy or hard to stay still?
- What helps you stay calm or focused when life feels noisy?
- Faith isn’t just about action — it’s also about learning to be still and trust that God’s got it.

Activity: Faith in Motion: Sculpting Faithfulness

- Divide students into small groups (3-4 students)
- Call out a word or phrase that connects to faithfulness (e.g., “trust,” “obedience,” “steady,” “follow through,” “perseverance,” “faith in action”).
- Give each group 15–20 seconds to create a frozen tableau (a human sculpture) showing what that word looks like in action — not just belief, but doing.
- When time’s up, groups hold their pose while everyone guesses what quality they’re showing.
- Have a few groups explain the meaning behind their sculpture.

Faith isn’t just something we feel — it’s something we practice and grow in, one small act at a time.

## PRAYER

Dear God, thank you for these steps we can take toward seeing our dreams and goals come true. We believe that nothing is impossible for you! You are ready to help us make them happen. We choose faith to believe that our goals and dreams are possible. Help us to stay faithful as we work toward them and help us to keep believing. Amen.

### WEEKLY CHALLENGE

Will you stay faithful and keep believing until your hopes, dreams, and goals come true?

Take the footsteps journal page home and keep going after your goals and dreams.



1.PLAN

2.GO FOR IT!

3.TRY AGAIN

4.WAIT

5.ASK

6.KEEP

BELIEVING

7.IT'S POSSIBLE

We live (or  
walk) by faith,  
not by sight.  
Corinthians 5:7

Ta da!  
It's here!  
It really  
happened! Enjoy  
your dream or  
goal,  
and thank God for  
all He has  
done.

**7. IT'S  
POSSIBLE**

Keep believing and  
keep imagining as  
you work toward  
your dream or goal.  
Say, "I choose to  
trust that all things  
are possible with  
God. One day,  
it will come  
true.

Mark 9:23

**6. KEEP  
BELIEVING**

Ask for help from  
parents, teachers,  
coaches. Ask God  
for help.

Matthew 7:7 NIV

**5. ASK**

Sometimes, big  
dreams happen  
quickly and other  
times they take time  
and patience. We  
might have to wait as  
it's a one day dream,  
not a today dream.

Isaiah 40:31

**4. WAIT**

Sometimes we  
fall down, make  
mistakes, or fail.  
That's OK! It's OK  
to cry, feel sad or  
discouraged. Those  
feelings are real!  
But don't give up.  
Get back up  
and try again.

**3. TRY  
AGAIN**

Step out and go for it!  
Keep doing 1-2 things  
each week toward  
your goals or dreams.

**2.GO FOR  
IT!**

What can you do to  
make your goal or  
dream happen?

**1. PLAN**

What can you do to make your goal or dream happen?

**1. PLAN**

Step out and go for it! Keep doing 1-2 things each week toward your goals or dreams.

**2. GO FOR IT!**

Sometimes we fall down, make mistakes, or fail. That's OK! It's OK to cry, feel sad or discouraged. Those feelings are real! But don't give up. Get back up and try again.

**3. TRY AGAIN**

Sometimes, big dreams happen quickly and other times they take time and patience. We might have to wait as it's a one day dream, not a today dream.

Isaiah 40:31  
NIV

**4. WAIT**

Ask for help from parents, teachers, coaches. Ask God for help.

Matthew 7:7  
NIV

**5. ASK**

Keep believing and keep imagining as you work toward your dream or goal. Say, "I choose to trust that all things are possible with God. One day, it will come true."

Mark 9:23 NIV

**6. KEEP BELIEVING**

Ta da! It's here! It really happened! Enjoy your dream or goal, and thank God for all He has done.

**7. IT'S POSSIBLE**

1. PLAN  
2. GO FOR IT!  
3. TRY AGAIN  
4. WAIT  
5. ASK  
6. KEEP BELIEVING  
7. IT'S POSSIBLE

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