

## IDENTITY & SELF ACCEPTANCE | WEEK 13

### LEADERS GOAL

To help students know they are more capable than they know

### SCRIPTURES

Numbers 13  
Proverbs 23:7  
Matthew 19:26

### ACTIVITIES

Mission Impossible

### PRAY

### SUPPLIES

- It's Possible Part 1 song clip
- 2 balloons, 2 pool noodles, 8 plastic cups, 20 pieces of paper, 20 paper plates (per small group) for the Mission Impossible Activity
- Painter's tape to mark the starting and finish lines, for the Mission Impossible Activity
- Bible marked and open to Numbers 13, Proverbs 23:7, Matthew 19:26

### BOTTOM LINE

We can use our imagination to help us achieve our goals

## AS STUDENTS ARRIVE

How did it go this past week working toward a goal you have? Who is getting closer or achieved it? Who is using their imagination to see their goal already accomplished?

Do you like using your imagination?

## STORY CONNECTION

I know of someone in our story who likes using his imagination. JoJo loves to think especially in his bathtub. Anything is possible when he thinks!

Listen to It's Possible Part 1 song

## OUR STORIES

- What kind of things do you imagine or daydream about?
- What's the coolest thing you've imagined lately?
- Do you use all of your senses when you imagine? Can you taste, smell, see, hear, touch the thing you are imagining?



## TRUTH & TREASURE

Your thoughts and imaginations are important!

### The Spies Report – Numbers 13

There's a story from the Bible of men who used their imaginations, but in a way that kept them from God's dreams and plans.

Students act out story as Small Group Leader narrates.

Roles: Moses, Joshua, Caleb, Spies

Moses sent twelve men to spy out the land called Canaan. Moses told them, "See what the land is like and whether the people there are strong or weak, few or many. Is the land good or bad? What do they live in? Is their city protected by a wall around it?"

Joshua and Caleb took the spies and went up and explored the land of Canaan. They brought fruits like pomegranates and figs back with them. They brought a cluster of grapes so large, they carried it on a pole between two men. They told Moses the land flowed with milk and honey.

"Except!" they said, "We cannot go live there because the people are giants and will devour us. We seem like grasshoppers compared to their size."

Lovely work, everyone!

Can you imagine giants and tiny grasshoppers standing side by side? They could, and everyone believed them. They should have imagined themselves as strong and courageous to move into their promised land. Instead, they didn't go to the promised land of Canaan until forty years later!

If your students want to hear more about the story, they can watch this Video Link:

[Click Here for Video](#)

## DISCOVERY TIME

### ACTIVITY: MISSION IMPOSSIBLE

Split students into two teams. They must work as a team to complete these "impossible" physical challenges using creativity, perseverance, and teamwork. Mark a starting and a finish line with Painter's tape. Team who finishes the most first, wins.



- Transport a pool noodle without using hands while hopping. If the noodle falls, start again.
- Move across the room standing on paper plates — feet must stay on plates the entire time.
- Transport a balloon from one end to the other without standing or walking. If the balloon falls, start again.
- Using only one finger each, move a stack of four cups from one side of the room to the other without dropping them. If they fall, start again.
- Students are given a stack of paper and lay out a path across the floor and must work as a team to get across the papers. If any member steps off a paper, the whole team must restart.
- Each team must hop on one foot from point A to B — but they can “link up” with others for balance. If anyone falls over, start again.
- Teams must crawl or army-crawl across the space — but every 10 seconds, the leader shouts “freeze!” and they must hold position.

## **PRAYER**

Dear God, thank you nothing is impossible for you! You see the full picture for our hopes and dreams and you know how to make them happen. You are ready to help us make them happen. Would you help us use our imaginations to see it as you see it, already being true? We choose faith to believe that our hopes and dreams are possible with you. Help us this week to be faithful to do 1-2 things toward our hopes and dreams. Amen.

## **WEEKLY CHALLENGE**

Watch your imaginations! Watch the words you say and the things you think about. Use your imaginations to picture your goals and dreams as being true.

Then do your part to work toward it, and let God take care of the rest.

With man this is impossible, but with God all things are possible. Matthew  
19:26 NIV

Remember your Dream Cards. Use your imagination this week to picture it as being true.

Small Group Leaders continue to pray for students and their goals and dreams throughout the week.

