

IDENTITY & SELF-ACCEPTANCE | WEEK 11

SECOND CHANCES & GROWTH THROUGH STORY

LEADERS GOAL

Students consider offering second chances, for themselves and others.

SUPPLIES

- Puzzle (one per small group)
- Bible marked and open to I John 1:9, Proverbs 24:16, Lamentations 3:22-23

SCRIPTURES

I John 1:9
Proverbs 24:16
Lamentations 3:22-23

ACTIVITIES

Redo the image
Copy cat dance moves

PRAY

BOTTOM LINE

Second chances help us live
like Jesus

AS STUDENTS ARRIVE

Ask, "How did you offer someone a second chance this week through kindness, forgiveness, a listening ear, or a fresh start?"

Did you give yourself a second chance this week?

Last week, we talked about how everyone messes up and that's OK. It's how we grow. Messing up isn't the end. It's the beginning of figuring out who we really are.

STORY CONNECTION

Katherine is trying hard not to mess up but impress Down the Aisle magazine so that her catering business grows. She says, "Just one day, that's all we get. Just one day to show my skills...To show what I can do and say what I can say." (Script, p11) Choose a reader for Katherine.

OUR STORIES

- Has there been a time when you felt like you only had one chance?
- Might there still be an opportunity to have a second chance with that? (based on what they shared above)
- In Freaky Friday, does Katherine get a second chance to prove her catering skills?
- Who else in our story gives or receives a second chance? How does it change the relationship?
- Why is it often easier to give others a second chance than to give one to ourselves?
- Can every situation deserve a second chance? Why or why not?
- What changes when someone believes in you after you've messed up?

TRUTH & TREASURE

The Bible tells of someone who got a second chance.

One Criminal Got a Second Chance – Luke 23:39-43

Two criminals faced the same horrible death as Jesus hanging on the cross, even though Jesus was innocent. One criminal shouted, “If you are God, save yourself and us.” The other criminal said, “We deserve the punishment for our actions, but this man has done nothing wrong. Jesus, remember me when you go to Heaven.” Jesus assured him that he would go to heaven because he believed. This shows that no mess up is beyond Jesus’ forgiveness.

If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness. I John 1:9 NIV

The Bible says, Though the righteous fall seven times, they rise again. Proverbs 24:16 NIV

This verse reminds us that everyone messes up, but you can get back up. That’s how you grow. Messing up isn’t the end – it’s the beginning of figuring out who you really are.

Because of God’s great love, we are not consumed for His compassions never fail. They are new every morning; great is your faithfulness. Lamentations 3:22-23 NIV



DISCOVERY TIME

ACTIVITY | REDO THE IMAGE

Supplies: Puzzles

Time students as they complete a puzzle. Once finished, give them a second chance to play again, trying to beat their first time. Ask them how it felt to have a 2nd opportunity to do the puzzle- what did they notice?

ACTIVITY | COPY-CAT DANCE MOVES

Small Group Leader starts by making up a set of dance moves/actions with verbal sounds or beats that students must copy. Students have three tries to get it right. The winner gets to make up the next set of dance moves/actions with sounds.

Weekly Challenge

Remember, everyone messes up. It's how we grow.

Grace means undeserved kindness or love — the goodness God gives us even when we don't earn it or deserve it.

It's like being given a second chance after you've messed up, or being forgiven before you've even said sorry. Grace reminds us that God's love isn't based on what we do, but on who He is.

If you face something hard this week, give yourself a second chance and grace. Is there an opportunity to try again? Say, "I'm loved. I get to try again."

PRAYER

God, thank you for giving us second chances. When we mess up, help us remember that we're still loved and still growing. Help us to be brave and courageous to get back up and try again. Amen.