

IDENTITY & SELF-ACCEPTANCE | WEEK 10

SECOND CHANCES & GROWTH THROUGH STORY

LEADERS GOAL

Students offer second chances, for themselves and others.

SCRIPTURES

Proverbs 24:16

ACTIVITIES

The Redo Challenge
Golden Reminder

PRAY

SUPPLIES

- White paper (x3pc per student)
- Markers
- Stones (one per student)
- Pencils
- Gold Paint
- Paintbrushes (one per student)
- Bible marked and open to Proverbs 24:16

BOTTOM LINE

Second chances- messing up isn't the end

AS STUDENTS ARRIVE

These next few weeks, we'll talk about second chances and how we grow when we give ourselves and others second chances.

What does a second chance mean to you?

STORY CONNECTION

In Freaky Friday, Ellie and Katherine are thrown into a situation they didn't choose. At first, it's frustrating, embarrassing, and full of mistakes. They argue and feel overwhelmed. But through the chaos, they begin to grow.

Ellie learns responsibility and Katherine learns empathy. The growth is slow, sometimes uncomfortable, but ultimately beautiful as they learn to give each other second chances. That's the theme for our next few weeks.

We started Small Group time by talking about what a second chance means to you.

This makes me think of Ms. Meyers, in gym class, who said, "But the lesson that you learn is worth the burn 'cause life is hard and that's a fact. So, you better watch your back." (Script, p57)

What does she mean by "life is hard" and "better watch your back"?

What does Ms. Meyers think about giving second chances to her gym students?(She made the whole class do twenty push-ups because Ellie brought her device into gym class. Script, p53)



OUR STORIES

- Can you think of a time when you needed a second chance?
- Everyone messes up, but does that mean everyone deserves a second chance?
- How easy is it for you to give someone a second chance or do you tend to hold offense against them?

TRUTH & TREASURE

The Bible tells of a man who received a second chance.

Peter Denies Jesus – Matthew 26:33-35 and 26:69-75; John 21:15-25

Peter was one of Jesus' closest friends and followers. He believed he would always be loyal, but when Jesus was arrested, Peter got scared. People asked if he knew Jesus, and three times, he said no. Later, Peter felt ashamed and heartbroken about what he did. After Jesus came back to life, He gently talked to Peter, asking, "Do you love me?" three times – one for each time Peter denied Him. Jesus gave Peter a second chance and trusted him to tell others about Jesus. Even when we fail, God gives us new chances to grow and try again.

Suggested Video: <https://youtu.be/KEZhhdRqheU>

The Bible says, Though the righteous fall seven times, they rise again. Proverbs 24:16 NIV

This verse reminds us that everyone messes up, but you can get back up. That's how you grow. Messing up isn't the end – it's the beginning of figuring out who you really are.

DISCOVERY TIME

Activity | The Redo Challenge

Students are given a quick, timed creative challenge (e.g., draw a symbol of hope, build a paper tower, write a haiku). After the first round, they get one redo – 60 more seconds to improve or completely restart.

Debrief:

- How did it feel to get a second chance?
- What did you change the second time?
- How can grace and reflection help us "redo" moments in life differently?

Craft | Golden Reminder

Kintsugi is a Japanese art form where broken pottery is carefully repaired using gold lacquer instead of hiding the cracks. Instead of throwing the piece away, the artist highlights its broken places with beauty and care.

In the same way, God doesn't hide our brokenness—He restores it, making us stronger and more beautiful than before. Our scars and second chances become part of our story, showing His grace at work.

- Give each student one stone to represent their life journey.
- Invite them to think about moments when they felt “cracked” — hurt, disappointed, or in need of a second chance.
- Have them draw a few light “cracks” or lines on the stone using a pencil.
- Trace those cracks in gold paint or metallic marker to show how something broken can become beautiful again.
- On one side, they can write a word or short phrase representing what God has restored or is helping them grow through (e.g., trust, hope, forgiveness).

Weekly Challenge

Remember, everyone messes up. It's how we grow. Failure isn't the end. It's the beginning of figuring out who we really are.

Offer someone a second chance this week through kindness, forgiveness, a listening ear, or a fresh start.

PRAYER

God, thank you for giving us second chances. When we mess up, help us remember that we're still loved and still growing. Because you give us second chances, help us offer that same grace and forgiveness to others. Amen.