K2K REELS 2021



OPEN-ENDED QUESTIONS

What do you think about what's happening right now?

- Help students and leaders realize that not everyone is thinking about things the same way we're thinking about things.
- Consider not mentioning the COVID-19 pandemic at all. Asking this question again & again to students in your group may lead to a variety of answers which is expected.
- Can help give you a sense of what your students thinks or knows about what's happening around them right now.
- We encourage you to be honest about what you don't know.

How do you think your friends are dealing with everything? How do you think your friends / family are feeling about the coronavirus?

- Presenting this as a GROUP conversation takes the heat off of one student
- Especially helpful when student doesn't / isn't able to talk about themselves as easily

I'm feeling (insert your adjective here). How about you?

- Although we don't want to project our fears and feelings onto students this question / statement can help lead your student
- Can help normalize the fact that people are coping with a lot of different feelings right now
- Keep it age & developmentally appropriate

What's got you excited right now? What are you really loving?

- Helps give leader sense of how students are coping right now
- If a change seems obvious the next time you meet, this content can give you something to refer back to
- Another way to ask might be, What gives you energy? What makes you happy?