

Trust God With Your Future

BIG IDEA

**God cares about your future,
and you can trust Him
with your dreams.**

LEADER GOAL

Help students understand that God cares about the hopes and dreams they carry. Encourage them to bring their future to God in prayer, trusting that He loves them and will guide them, even when life does not go exactly as they planned.

WELCOME + CONNECT

LEADER SAYS

"Welcome back, everyone!"

Last week we challenged everyone to spend some time talking with God.

Did anyone give prayer a try this week? What was that experience like?"

(Allow students to share. Celebrate every attempt, even if they simply say it felt strange.)

"Let's talk a little about school too. What's a subject you really enjoy? Or is there something you think you'd like to do when you're older?"

(Allow students to share about interests, careers, hobbies, or future dreams.)

LIVE SPARK

TRUSTING GOD WITH MY FUTURE

GRAB

A folded road map with part of it covered or torn away.

IDEA

We can make plans for the future without being able to see the entire road ahead.

SPARK

I can trust God with my future.

DO/SAY

[Open the map and study it.]

"Okay. I'm trying to figure out how to get from here...

[Point.]

...to here."

[Point to another spot, then notice the missing section.]

"Oh. There's a problem. Part of my map is missing. So... what am I supposed to do now?"

[Take a couple of responses.]

"That's a little bit like our future, isn't it?

We can see some things. We can make plans. We can have dreams about where we'd love to go or who we'd like to become. But none of us can see the whole map.

And sometimes that can feel exciting. Sometimes it can feel scary.

So here's the question: What do I do when I don't know what comes next?

That's what we're going to explore today. Because your dreams matter to God. But you don't have to have your whole life figured out.

Our Spark this week is: I can trust God with my future.

I can dream. I can pray. I can take the next wise step... even when I can't see the whole map. Let's get started."

THEN

Move directly into Ariel's Grotto — God Cares About the Dreams Inside You.



STORY CONNECTION

ARIEL'S GROTTO — GOD CARES ABOUT THE DREAMS INSIDE YOU

LEADER SAYS

"When we visit Ariel's grotto, we discover something about her. She's been collecting human treasures for a long time. Every object reminds us of the same thing: Ariel dreams about life above the sea."

It's more than just curiosity now. It's become the desire of her heart.

We all have dreams too. Maybe you dream about becoming a teacher, a firefighter, an artist, an athlete, or a scientist. Maybe you dream about travelling somewhere amazing. Or maybe you're not even sure what your future will look like yet. That's okay too.

Thinking about the future can be exciting. It can also feel overwhelming sometimes.

One of the wonderful things the Bible teaches is that God cares about our future. He isn't surprised by what's ahead. He already knows us completely and walks with us wherever life takes us.

JEREMIAH 29:11

"For I know the plans I have for you"—this is the Lord's declaration—"plans for your well-being, not for disaster, to give you a future and a hope."

This doesn't mean life will always be easy or that we'll always get exactly what we want.

It means God is good, He is faithful, and we can trust Him with our future.

As we grow, our dreams may even change. Sometimes God opens doors we never expected. Sometimes He leads us in ways we couldn't have imagined.

No matter what happens, we can trust that God is with us and wants what is ultimately good for us."

DISCUSSION QUESTIONS

“Let’s talk together.”

1

What does a future filled with hope look like to you?

2

Why do you think God cares about our future?

3

What do you think it means to trust God with your future?

4

Do you think following God might shape or change some of your dreams? Why or why not?



SPIRITUAL PRACTICE

PRAYER — FOUR WAYS TO SPEND TIME WITH GOD

LEADER SAYS

"Last week we learned something simple but important: Prayer is talking with God. Today we're going to discover that prayer can happen in different ways. Just like healthy friendships include talking, listening, and simply spending time together, our relationship with God grows in different ways too."

1. TALKING TO GOD

"Sometimes we pray using words that someone else has written. The Psalms are full of beautiful prayers. Many churches also use written prayers or songs that help us express our hearts to God.

Sometimes someone else's words help us pray when we don't know what to say."

2. TALKING WITH GOD

"Most of the time, prayer is simply having a conversation with God.

We can thank Him for good things. We can tell Him when we're hurting. We can ask Him for help. We can pray for other people.

Nothing is too small or too big to bring to God. He loves hearing about every part of our lives."



SPIRITUAL PRACTICE

PRAYER — FOUR WAYS TO SPEND TIME WITH GOD (CONT.)

3. LISTENING TO GOD

“Prayer isn’t only about us talking. It’s also about learning to listen.

Most people don’t hear God with an audible voice. Instead, God often speaks through the Bible, through the guidance of the Holy Spirit, through wise Christian mentors, or by bringing truth and peace to our hearts that aligns with His Word.

Sometimes listening simply means sitting quietly before God and asking Him to teach us as we read Scripture or spend time with Him.”

4. BEING WITH GOD

“Sometimes we don’t need lots of words at all.

Think about sitting with someone you love. You don’t always have to be talking. Sometimes it’s enough just to be together.

We can spend quiet moments resting in God’s love, remembering that He is with us and that He delights in us. Those peaceful moments are also prayer.”

LEADER SAYS

“At first these ways of praying might feel unfamiliar. That’s okay. Every friendship grows over time. As we continue talking with God, listening to Him, and spending time with Him, our relationship with Him grows too.”

STUDENT REFLECTION

“Let’s reflect on today’s conversation.”

PROMPT: What’s the difference between asking God to give us what we want and trusting God with our future?

THIS WEEK — YOUR CHALLENGE!

“This week, try all four approaches to prayer. Spend time talking to God. Have an honest conversation with God. Spend a few quiet moments listening. Simply rest for a minute or two being with God. As you do, talk to God about your hopes, dreams, and future. Remember, you don’t have to know exactly what your future holds. You can trust the God who does.”

CLOSING PRAYER

Dear God,
Thank You for caring about every part of our lives, including our hopes and dreams for the future.
Sometimes the future feels exciting, and sometimes it feels uncertain, but thank You that we never have to face it alone.
Help us learn to trust You more each day and to bring every part of our lives to You in prayer. Teach us to talk with You honestly, to listen for Your guidance through Your Word and Your Spirit, and to rest in the peace of knowing that You are always with us.
Thank You for K2K and for each person here today.
Amen.”

Connection Activities



SUPPLIES

Bookmark templates; Blank sheets of paper; Drawing/colouring utensils; Scissors



ACTIVITY 1 | FOUR CORNERS OF PRAYER

Label each corner:

- Talk To God
- Talk With God
- Listen To God
- Be With God

Read different scenarios:

- "You want to thank God for something." Students move to the corner they think best fits.
- Examples: "You're worried about a test." "You're reading a Bible verse and reflecting." "You're sitting quietly in worship."
- Discuss why they chose each corner.



ACTIVITY 2 | CREATE A BOOKMARK

Supplies: template sheets, blank sheets of paper, drawing/colouring utensils, scissors

- Have students choose if they want to make their own bookmark or use the template provided.
- Have them cut out/create their own bookmark including the 4 different types of prayer.