

Jesus Knows You and Loves You

BIG IDEA

Jesus knows you, loves you, and gave His life so you can know God.

LEADER GOAL

Help students understand that Jesus is fully God and fully human, that He came because of God's love for us, and that through His life, death, and resurrection we can have a relationship with God. Encourage students to see that Jesus knows them personally and loves them completely.

WELCOME + CONNECT

LEADER SAYS

"Welcome back, everyone!"

How's everyone going with reading the script? Has anyone found a character they're starting to relate to or are interested in playing? Why do you think that character stands out to you?"

(Allow students to share.)

"If you haven't met everyone yet, don't worry—we're still getting to know one another! Let's quickly go around again with our names so everyone feels comfortable."

(Reintroduce yourself and invite students to say their names.)

"We're really glad you're here, and we're excited to keep getting to know each of you throughout the year."

LIVE SPARK

JESUS KNOWS ME AND LOVES ME

GRAB

Attendance / roll-call sheet

IDEA

Having someone's name on a list isn't the same as truly knowing them.

SPARK

Jesus knows me and loves me.

DO/SAY

[Look at the attendance sheet.]

"Okay... let's see.

[Read two or three students' names.]

You're here. You're here. You're here.

Great!

Apparently, I know everybody."

[Pause for reaction.]

"No?

But I know your names!

Okay... maybe knowing someone's name isn't the same as actually knowing them.

This list doesn't tell me what makes you laugh.

It doesn't tell me what you're really good at.

It doesn't tell me what you're worried about—or what you're hoping for.

It tells me you're here.

But it doesn't tell me your story.

And here's what we're going to discover today:

Jesus doesn't just know your name. He knows you.

The real you. Your whole story.

And our Spark this week is:

Jesus knows me and loves me.

So here's something to think about:

What's the difference between somebody knowing your name... and somebody really knowing you?

THEN

Move directly into the Daughters of Triton — Known and Loved Story Connection.



STORY CONNECTION

THE DAUGHTERS OF TRITON – KNOWN AND LOVED

LEADER SAYS

“Early in The Little Mermaid, we meet King Triton and his seven daughters.

Seven daughters!

That’s a pretty big family. Even though there are so many of them, Triton knows each of his daughters and cares deeply about them.

Now think about something even more amazing. How many people do you think are alive in the world today?”

(Allow guesses.)

“There are more than 8 billion people on Earth. That’s almost impossible to imagine. Yet the Bible tells us that God knows every single person. Not just their name. Not just what they look like. He knows everything about them.”

LUKE 12:7

“Indeed, the very hairs of your head are all numbered. Don’t be afraid; you are worth more than many sparrows.”

“Think about that. God knows something as small as how many hairs are on your head. That’s not because He’s keeping score. It’s because He knows you completely.”

STORY CONNECTION

KNOWN AND LOVED (CONT.)

“He knows your personality. Your gifts. Your fears. Your dreams. The things that make you laugh. The things that make you cry.

And here’s the incredible part.

He knows everything about you... and He loves you completely.

Sometimes we wonder if anyone really sees us. Maybe we’ve felt left out. Forgotten. Or misunderstood. But God never overlooks us.

Every single person matters to Him. That means you matter to Him. And the person sitting next to you matters just as much.

Knowing that changes the way we treat other people too. If every person is deeply loved by God, then every person deserves to be treated with kindness, dignity, and respect.”

DISCUSSION QUESTIONS

1 How does it make you feel knowing God knows everything about you and still loves you?

2 Why do you think so many people sometimes feel unseen or unimportant?

3 Why is it important to remember that God cares about every person equally?

4 How should knowing that God values everyone change the way we treat other people?

AUDITION CONNECTION

“Auditions are coming up soon, and some of us might already be thinking about what part we’d love to get.

It’s exciting to dream about different roles, but it’s also important to remember something.

At K2K, your value isn’t determined by the role you receive.

Whether you get the part you were hoping for, a different role, or you’re part of the ensemble, you are just as important.

Every role helps tell the story. Every person matters.

The same is true here at K2K.

You are valuable because of who you are—not because of the part you play.”

SPIRITUAL PRACTICE

WHO IS JESUS?

“Last week we spent time learning about God the Father. Today we’re going to learn more about Jesus.

Jesus is at the centre of the Christian faith.

One of the amazing things Christians believe is that Jesus is fully God and fully human. That’s a mystery we can’t completely explain, but it’s what the Bible teaches.”



SPIRITUAL PRACTICE

WHO IS JESUS? (CONT.)

“Jesus didn’t just appear on Earth as an adult. He was born as a baby to Mary, with Joseph raising Him as His earthly father.

He grew up. He learned. He experienced life just like we do. He knew what it was like to be tired, hungry, joyful, and sad. Because Jesus became human, He understands what it’s like to live in our world.

When Jesus was about thirty years old, He began travelling all over, teaching people about God’s Kingdom.

He welcomed people who felt forgotten. He healed people who were sick. He forgave people who had made mistakes. He performed miracles that showed God’s power and love.

He invited ordinary people to follow Him, and twelve close followers, called disciples, travelled with Him and learned from Him. Some of those disciples later wrote books that are now part of the New Testament.

Not everyone welcomed Jesus. Some religious leaders became angry because Jesus claimed to be God’s Son and because His teaching challenged them.

Eventually, Jesus was arrested.”

SPIRITUAL PRACTICE

WHO IS JESUS? (CONT.)

“Even though He had never sinned or done anything wrong, He was beaten, mocked, and sentenced to die on a cross.

Jesus willingly gave His life for us.

He took the punishment for our sin so we could be forgiven and have a relationship with God.

But the story didn’t end there.

Three days later, Jesus rose from the dead.

By rising again, He defeated sin and death and made a way for everyone who trusts Him to receive eternal life.

That’s why followers of Jesus have so much hope.

Jesus is alive. He knows us. He loves us. And He invites each one of us into a relationship with Him.”

STUDENT REFLECTION

“We’ve talked about a lot today. It’s okay if you still have questions. In fact, asking questions is one of the best ways to learn.”

PROMPT

If God already knows everything about us, why do you think He still wants a relationship with us?

THIS WEEK - YOUR CHALLENGE!

"This week, continue getting familiar with your script and keep noticing characters you relate to.

As you go through your week, look for one opportunity to show someone the kind of love Jesus showed people.

Maybe that's including someone who feels left out. Helping someone without being asked. Encouraging a friend. Or simply being kind when it's difficult.

Little acts of love can make a big difference."

CLOSING PRAYER

"Let's pray together.

Dear God,
Thank You for Jesus.

Thank You that He knows each one of us completely and loves us more than we could ever imagine.

Thank You that Jesus came to live among us, to show us what You are like, and to give His life so we could have a relationship with You.

Help us to remember that we are deeply loved by You, and help us share that same love with the people around us this week.

Thank You for K2K, for our friendships, and for this place where we can continue growing together.

Amen."

Connection Activities



SUPPLIES

Shell/plush/prop • Phone/speaker with music



PASS THE SHELL

SUPPLIES: Shell/plush/prop, phone or speaker with music.

- Play music while students quickly pass the shell around the circle.
- When the music stops, whoever has the shell must answer a question. (Pass option is available.)

Question Examples

- If you could have any underwater pet, what would it be?
- What sea creature matches your personality?
- If you had a superpower what would it be?
- What is your theme song?
- What's something that makes a good friend?
- What's something you're looking forward to about K2K?



GAME: CROSS THE OCEAN

Students stand in a line on one side of the room.

How to Play

- Leader says, "Cross the ocean if..."
- If yes, students take one step towards the other side of the room.
- Go until all the students have reached the other side.
- If a student makes it to the other side first, they can help the leader think of another question.

Examples

- You sing in the shower
- You love Disney movies
- Kindness has made a difference in your life
- You've ever helped someone without them knowing
- You've ever walked into the wrong classroom
- You've ever fake laughed because you didn't know what someone said