



OUR LADY OF MOUNT CARMEL

CATHOLIC CHURCH & SCHOOL

300 Fulton Street, Redwood City, CA 94062

Phone: (650) 366-3802 Fax: (650) 366-1421

PARISH CENTER HOURS - Monday-Friday **now from 8:30AM-4:00PM**, break from 12PM-1PM



SEPT. 7, 2025

23rd SUNDAY IN ORDINARY TIME

"Which of you wishing to construct a tower does not first sit down and calculate the cost to see if there is enough for its completion? ... In the same way, anyone of you who does not renounce all his possessions cannot be my disciple."
- Lk 14:28, 33

23^{er} DOMINGO DEL TIEMPO ORDINARIO

"Porque, ¿quién de ustedes, si quiere construir una torre, no se pone primero a calcular el costo, para ver si tiene con qué terminarla?"

Así pues, cualquiera de ustedes que no renuncie a todos sus bienes, no puede ser mi discípulo". - Lc 14, 28. 33

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. | Leccionario II © 1987 Comisión Episcopal de Pastoral Litúrgica de la Conferencia del Episcopado Mexicano. ©LPI



New young saints canonized today
Saints Carlo Acutis & Pier Giorgio Frassati



Happy birthday
SEPTEMBER 8th



Happy Grandparents Day!

SEPTEMBER 7th

PARISH MASSES & LITURGIES

DAILY MASS:	Monday - Saturday, 8:15 AM
SATURDAY VIGIL MASS:	5:00 PM - English
SUNDAY MASSES:	8:00 AM, 10:00 AM - English; 12:00 PM - Español
1st FRIDAY Devotion:	Eucharistic Adoration follows the 8:15 AM Mass
CONFESSIONS:	Saturdays, 3:30 PM - 4:30 PM
BAPTISM - Monthly:	Second Saturday: 10:00 AM - English El cuarto sábado: 10:00 AM - Español
ANOINTING OF THE SICK:	Please call the Parish Center to speak with a priest.
FUNERAL SERVICES:	Please call the Parish Center to speak with a priest.
QUINCEAÑERA MASS:	Saturdays at 12 noon. Subject to availability. Please call at least 5 months prior to the approved date of the Mass. Suggested donation is \$500. Stipend for a musician is a separate fee and it depends on availability. Initial deposit required to reserve the date. Our Hall is not available for receptions.
MARRIAGE:	Saturdays at 12 noon. Subject to availability. Please call at least 6 months prior to the approved date of the wedding. Suggested donation is \$700. Stipend for a musician is a separate fee and it depends on availability. Initial deposit required to reserve the date. Our Hall is not available for receptions.

CLERGY

Pastor: <i>Rev. Msgr. Romulo Vergara</i>	rvergara@mountcarmel.org
Parochial Vicar: <i>Rev. Fr. Andy De Guzman</i>	adeguzman@mountcarmel.org
Hospital Chaplain: <i>Rev. Fr. Ernie Jandonero</i>	frerniej@yahoo.com
Deacon: <i>Rev. Mr. Thomas Boyle</i>	tboyle@mountcarmel.org
Deacon: <i>Rev. Mr. Raymond Smith</i>	rsmith@mountcarmel.org
Deacon: <i>Rev. Ricardo Escobar</i>	rescobar@mountcarmel.org

LAY STAFF

Parish Office: <i>Luke Mulhall</i>	lmulhall@mountcarmel.org	(650) 366-3802
Director, Religious Ed: <i>Magdalena Hernandez</i>	mhernandez@mountcarmel.org	(650) 368-8237
Music Cantors: <i>Kristen Lapinig & Leodan Guerra</i>		
Confirmation: <i>Johanna Rasmussen</i>	jasmussen@mountcarmel.org	(650) 366-3802
OCIA: <i>Rev. Mr. Raymond Smith</i>	rsmith@mountcarmel.org	(650) 366-3802
School Principal: <i>Jennifer Bruzzone</i>	jbruzzone@mountcarmel.org	(650) 366-6127



Pray for our departed parishioners
May they rest in peace
AMEN.



Adoration Chapel
Open Sundays through Saturdays
from 9am to 9pm



In today's Gospel Jesus insists on the conditions for being his disciples: preferring nothing to the love of Christ, carrying one's cross and following him. Many people in fact drew near to Jesus, they wanted to be included among his followers; and this would happen especially after some miraculous sign which accredited him as the Messiah, the King of Israel. However Jesus did not want to disappoint anyone. He knew well what awaited him in Jerusalem and which path the Father was asking him to take: it was the Way of the Cross, the way of sacrificing himself for the forgiveness of our sins. Following Jesus does not mean taking part in a triumphal procession! It means sharing his merciful love, entering his great work of mercy for each and every man and for all men. The work of Jesus is, precisely, a work of mercy, a work of forgiveness and of love! Jesus is so full of mercy! And this universal pardon, this mercy, passes through the Cross. Jesus, however, does not want to do this work alone: he wants to involve us too in the mission that the Father entrusted to him. After the Resurrection he was to say to his disciples: "As the Father has sent me, even so I send you"... if you forgive the sins of any, they are forgiven" (Jn 20:21-22). Jesus' disciple renounces all his possessions because in Jesus he has found the greatest Good in which every other good receives its full value and meaning: family ties, other relationships, work, cultural and economic goods and so forth.... The Christian detaches him or herself from all things and rediscovers all things in the logic of the Gospel, the logic of love and of service.

Pope Francis

Excerpt from the Angelus Address

Sept. 8, 2013

En el Evangelio de hoy Jesús insiste acerca de las condiciones para ser sus discípulos: no anteponer nada al amor por Él, cargar la propia cruz y seguirle. En efecto, mucha gente se acercaba a Jesús, quería estar entre sus seguidores; y esto sucedía especialmente tras algún signo prodigioso, que le acreditaba como el Mesías, el Rey de Israel. Pero Jesús no quiere engañar a nadie. Él sabe bien lo que le espera en Jerusalén, cuál es el camino que el Padre le pide que recorra: es el camino de la cruz, del sacrificio de sí mismo para el perdón de nuestros pecados. Seguir a Jesús no significa participar en un cortejo triunfal. Significa compartir su amor misericordioso, entrar en su gran obra de misericordia por cada hombre y por todos los hombres. La obra de Jesús es precisamente una obra de misericordia, de perdón, de amor. ¡Es tan misericordioso Jesús! Y este perdón universal, esta misericordia, pasa a través de la cruz. Pero Jesús no quiere realizar esta obra solo: quiere implicarnos también a nosotros en la misión que el Padre le ha confiado. Después de la resurrección dirá a sus discípulos: «Como el Padre me ha enviado, así también os envío yo... A quienes perdonéis los pecados, les quedan perdonados» (Jn 20, 21.23). El discípulo de Jesús renuncia a todos los bienes porque ha encontrado en Él el Bien más grande, en el que cualquier bien recibe su pleno valor y significado: los vínculos familiares, las demás relaciones, el trabajo, los bienes culturales y económicos, y así sucesivamente. El cristiano se desprende de todo y reencuentra todo en la lógica del Evangelio, la lógica del amor y del servicio.



LAY ORGANIZATIONS

- Mental Health Ministry
- Good Grief Ministry
- Legion of Mary (Eng & Sp)
- Rosary Group
- The Prayer Warriors
- Society of St. Vincent de Paul
- Pro Life 40 days for Life Group
- Sto. Niño Group
- El Grupo Guadalupano
- Lazos de Maria
- El Grupo de Oracion: Aliento de Oracion
- OCIA – Catechists
- Bible Study Group
- Men's Club
- Women's Club

Liturgical ministries:

- Altar servers
- Lectors and Holy Communion ministers
- Hospitality: Ushers and Greeters
- Music Ministry
- Liturgical Environment

Descriptions of each group are found in our website: <https://www.mountcarmelrc.org/>

MASS INTENTIONS FOR THE WEEK

Sat., Sept. 6

8:15 AM

† Joan Marchaterre

5:00 PM

† Gertrude Sullivan

Sun., Sept. 7

8:00 AM

† Antonio & Doloras Morales

10:00 AM

† Mario Kucich

12:00 PM

† Matilde Aguilera

Daily Masses - 8:15 AM

Mon., Sept. 8

† Marie Therese Dieu &
Antoine Chan

Tues., Sept. 9

† Victoria Rodriguez

Wed., Sept. 10

† Mary Louise Liberati

Thurs., Sept. 11

† Christy Bacon

Fri., Sept. 12

The Trans (living & deceased)

Sat., Sept. 13

8:15 AM

Jahane Jones

5:00 PM

† Henry K. Szczap

Sun., Sept. 14

8:00 AM

† Elizabeth Frykberg

10:00 AM

† Mario Kucich

12:00 PM

† Kenia Beraney & Gaitan Lazo

Prayer List: Our prayer list clears at the end of each month. Please submit your entries for the prayer list by calling 650-366-3802.

2nd Collection: Sept. 7 - Mission Appeal
Sept. 13 - Religious Education

Sept. 21 - Liturgy Fund
Sept. 28 – Parish Facilities

Registration: If you are new in our community, welcome! Register at: mountcarmelrc.org/registration
Registered parishioners may also update their information on the website.

FORMED: Sign up to our free **FORMED** subscription for thousands of books, audio talks, movies, documentaries and studies to help you and your family nurture your faith in the Catholic tradition. Go to formed.org then enter **Our Lady of Mt. Carmel Church, Redwood City** or our zip code: **94062**

GO PAPERLESS! Our weekly bulletin is also available online @
<https://parishesonline.com/organization/our-lady-of-mount-carmel-church-94062>
<https://www.mountcarmelrc.org/>

The 2nd collection this Sunday is for the **Missionary Sisters of Mary Immaculate**

Thank you very much for your generosity.



SAINTS of the Week

St. Peter Claver (Sept. 9)

He was a Spanish Jesuit priest.

When Peter, ordained in 1616, made his final profession as a Jesuit in 1622, he signed his vows, "Peter Claver, the slave of the Africans forever."

For forty years, Peter descended into the slave ships. He preached, too: to slave traders, criminals and the well-to-do, inviting all to a conversion of heart.

(www.vaticannews.va)

St. John Chrysostom (Sept. 13)

John was born in 347 in Antioch and was baptized there more than twenty years later.

With his gift with words and purified by years of silent meditation on God's Word, John, ordained a priest, began to preach in Antioch's cathedral. People came and the word began to spread: this preacher is "Chrysostom," golden-mouthed. His words were not easy, but they were like gold: clear and full of God's light.

In 397, against his will and knowledge, the golden-mouthed preacher was nominated archbishop, or Patriarch, of Constantinople, the capital of the Empire.

(www.vaticannews.va)

RELIGIOUS EDUCATION



Catechism of the Catholic Church

THE CHURCH is CATHOLIC

830 The word "catholic" means "universal," in the sense of "according to the totality" or "in keeping with the whole." the Church is catholic in a double sense: First, the Church is catholic because Christ is present in her. "Where there is Christ Jesus, there is the Catholic Church." In her subsists the fullness of Christ's body united with its head; this implies that she receives from him "the fullness of the means of salvation" which he has willed: correct and complete confession of faith, full sacramental life, and ordained ministry in apostolic succession. the Church was, in this fundamental sense, catholic on the day of Pentecost and will always be so until the day of the Parousia.

831 Secondly, the Church is catholic because she has been sent out by Christ on a mission to the whole of the human race.

Order of Christian Initiation of Adults 2025-2026

Our OCIA program is offered to:

- * Non-baptized adults who desire to be fully initiated into the Catholic Church.
- * Baptized adult Christians who desire full communion in the Catholic Church.
- * Baptized Catholics seeking to complete their Sacraments of Initiation (First Communion and/or Confirmation).

**Enrollment is ongoing until
TODAY Sept. 7th (Sunday)**

For more information, contact Deacon Ray Smith or Magdalena Hernandez, our Rel. Ed. director at the parish office.

FIRST COMMUNION PROGRAM 2025-2026

Registration for First Holy Communion will continue in the month of September at the Parish Center Tuesday to Friday during office hours.



JUBILEE YEAR OF HOPE

Pope Francis has designated the 2025 Holy Year as a time to renew ourselves as “Pilgrims of Hope.” The Jubilee Year of Hope, also known as Jubilee 2025, concludes on January 6, 2026, which is the Solemnity of the Epiphany of the Lord. The year began with the opening of the Holy Door of St. Peter's Basilica on December 24, 2024.

The Vatican issued a decree* in May 2024 outlining the different ways that Catholics may obtain the Plenary Indulgence during the 2025 Jubilee Holy Year.

*https://www.usccb.org/resources/Indulgence_Vatican_Bollettino.pdf

Here is the link on Ways to obtain the indulgence in the Archdiocese of San Francisco:

<https://www.sfarchdiocese.org/wp-content/uploads/2025/03/Indulgence-instructions-1.pdf>

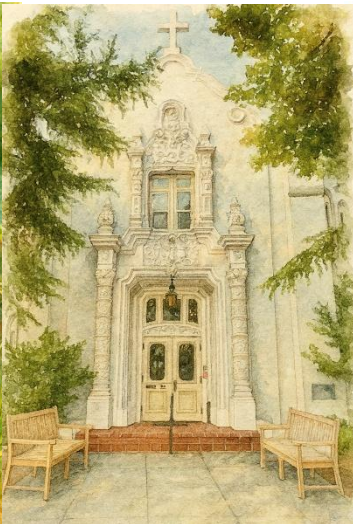
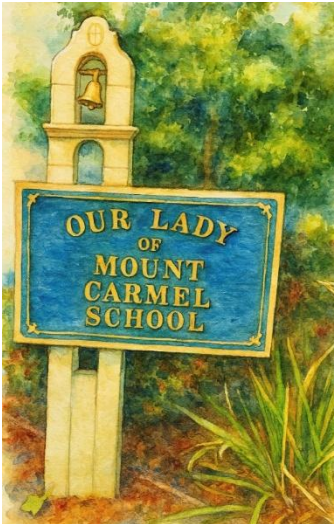
Here is the link to the pilgrim sites in the Archdiocese of San Francisco:

<https://www.sfarchdiocese.org/jubilee-year-of-hope/#LocalPilgrimageSites>

The number to call for
mental health crisis
support in San Mateo
County

(650) 579-0350


For help from local
mental health counselors
24/7 during mental health
crisis, substance use
issue, or thoughts of
suicide.




*Our school is a welcoming and diverse
community, rooted in Roman Catholic
values, where students pursue academic
excellence, grow in social awareness, and
develop a passion for living
Jesus' message.*



ENROLL NOW

 (650) 366-6127

 info@mountcarmel.org

 www.school.mountcarmel.org

 @olmcpadres

 @mountcarmelschool

Offering Preschool, TK, and
K-8 Programs.

Visit the QR Code for more
information and tour dates



Mental Health Ministry

You may call:

Maria Koenigsberg @ (650) 366-3802

Or email us at:

olmcmmentalhealthministry@gmail.com



Good Grief Ministry

You may call:

Maryann Gonzales @ (650) 366-3802

The ministry meets every 2nd & 4th

Thurs of the month 6pm at the Parish
Center.



MISSION APPEAL – Sept. 6th & 7th

Founded in Nyeri, Kenya by Bishop Filippo Perlo in 1918, the **Missionary Sisters of Mary Immaculate** is a congregation of Catholic women working throughout East Africa, Europe as well as the United States. In founding the congregation, Bishop Perlo -- an Italian missionary who himself had come to Africa in 1902 to live and work -- believed that anyone who would come to be a part of the new congregation must follow in the footsteps of our Lord Jesus Christ in caring for the poor, the needy and those who were suffering.

Today, with more than 500 Sisters actively serving in Tanzania, Zambia, Uganda, Italy, Kenya and the United States -- the Missionary Sisters continue to hold closely to the belief that it is the duty of all Christians to reach out on behalf of those who cannot care for themselves.

We are open to receive any support to continue this mission in our present times. For more information, visit our website @ www.msomi.org

Sr. Helen Murage, S.M.I Mission Director

In theatres on September 12th



Mass Intentions for 2026

Mass Intentions
may now be scheduled.

Guidelines:

* The Mass Intentions per family for the year is at most ten (10).

* For more than two or three Mass Intentions, please provide the Parish Office a written list that includes: the date and Mass time being requested, the name of the person(s) the intention is for, and whether they are deceased. If the date and Mass time you requested is already filled, we will select the closest Mass date and time that is available.

* We kindly ask for a donation at the time of the Mass Intention request.

Thank you

Archdiocese of San Francisco Catholic Charismatic Renewal 28th Annual Holy Spirit Conference

Fanning the Flame of hope
Romans 15:13



SEPTEMBER 20, 2025

Cathedral of St. Mary of the Assumption
1111 Gough St. - Patrons Hall
San Francisco, CA 94109

Doors Open 8:00 am ~ Holy Mass 4:00 pm (Vigil)



Peter Herbeck is the Executive Vice President and Director of Missions for **Renewal Ministries**. For more than thirty years, he has been actively involved in evangelization and Catholic renewal throughout the US, Canada, Asia, Africa, and Eastern Europe.

Featured Speakers

Peter Herbeck & Jesse Romero



Jesse Romero is a full-time bilingual Catholic Lay Evangelist, who is nationally acclaimed for his dynamic, upbeat Christ centered preaching. His preaching apostolate is called "On Fire Evangelization" and his website is JesseRomero.com.

TALKS IN ENGLISH, SPANISH & VIETNAMESE

Recitation of the Holy Rosary, Praise & Worship,
Exposition of the Blessed Sacrament,
Confession, Baptism in the Holy Spirit, Healing Service, Holy Mass

\$35.00 Per Person ~ Includes Lunch

Contact:

Danny Garza 650-270-8065
Sally Yeo 650-400-4825



register
SFSpirit.com

