



OUR LADY OF MOUNT CARMEL

CATHOLIC CHURCH & SCHOOL

300 Fulton Street, Redwood City, CA 94062

Phone: (650) 366-3802 Fax: (650) 366-1421

PARISH CENTER HOURS - Monday-Friday **now from 8:30AM-4:00PM**, break from 12PM-1PM

SEPT. 14, 2025



THE EXALTATION OF THE HOLY CROSS

For God did not send his Son into the world to condemn the world, but that the world might be saved through him. - Jn 3:17

LA EXALTACIÓN DE LA SANTA CRUZ

Porque Dios no envió a su Hijo para condenar al mundo, sino para que el mundo se salvara por él. - Jn 3, 17

Excerpts from the Lectionary for Mass (2001, 1968, 1970 CCD. Leccionario II © 1987 Comisión Episcopal de Pastoral Litúrgica de la Conferencia del Episcopado Mexicano. ©LPI)

On 13 September 335, the Church of the Holy Sepulcher (also called the Church of the Resurrection) was dedicated. The following day, the cross that Empress Helena had discovered on 14 September 320, was venerated in a solemn ceremony. In 614, the Persian King, Chosroes II, waged war on the Romans. After conquering Jerusalem, he confiscated many treasures, among which was the Cross of Jesus. The Byzantine emperor Heraclius initiated peace negotiations, but was rejected. He then waged war and won near Nineveh, asking for the restitution of the Cross, which then returned to Jerusalem. (from Vatican News)

The cross is a symbol inseparable with Jesus. When we think of the cross, we think of Jesus who made the sacrificial gesture of love to save humanity from sin and eternal damnation.

For God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life. For God did not send his Son into the world to condemn the world, but that the world might be saved through him. (Jn. 3:16-17)

The cross is not a sign of defeat or humiliation but victory; victory over sin and death.

The message of the cross is redemption. At the Stations of the Cross, we say:

We adore You, O Christ, and we praise You. Because, by Your holy cross, You have redeemed the world.

The cross speaks of the power of God.

The message of the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. (1 Cor. 1:18)

El 13 de septiembre de 335, se dedicó la Iglesia del Santo Sepulcro (también llamada Iglesia de la Resurrección). Al día siguiente, la cruz que la emperatriz Helena había descubierto el 14 de septiembre de 320, fue venerada en una ceremonia solemne. En 614, el rey persa, Cosroes II, hizo la guerra a los romanos. Después de conquistar Jerusalén, confiscó muchos tesoros, entre los cuales estaba la Cruz de Jesús. El emperador bizantino Heraclio inició negociaciones de paz, pero fue rechazado. Luego hizo la guerra y ganó cerca de Nínive, pidiendo la restitución de la Cruz, que luego regresó a Jerusalén. (de Noticias del Vaticano)

La cruz es un símbolo inseparable con Jesús. Cuando pensamos en la cruz, pensamos en Jesús que hizo el gesto sacrificial de amor para salvar a la humanidad del pecado y la condenación eterna. (cf. Jn. 3:16-17). La cruz no es un signo de derrota o humillación, sino de victoria, victoria sobre el pecado y la muerte.

El mensaje de la cruz es la redención. En el Vía Crucis, decimos:

Te adoramos, oh Cristo, y te alabamos. Porque, por Tu santa cruz, has redimido al mundo.

La cruz habla del poder de Dios. (cf. 1 Cor. 1:18)

- Fr. Andy

TODAY IS THE BIRTHDAY OF OUR HOLY FATHER POPE LEO XVI

PARISH MASSES & LITURGIES

DAILY MASS:	Monday - Saturday, 8:15 AM
SATURDAY VIGIL MASS:	5:00 PM - English
SUNDAY MASSES:	8:00 AM, 10:00 AM - English; 12:00 PM - Español
1st FRIDAY Devotion:	Eucharistic Adoration follows the 8:15 AM Mass
CONFESSIONS:	Saturdays, 3:30 PM - 4:30 PM
BAPTISM - Monthly:	Second Saturday: 10:00 AM - English El cuarto sábado: 10:00 AM - Español
ANOINTING OF THE SICK, FUNERAL SERVICES or HOUSE BLESSING:	Please call the Parish Center to set appointment.

QUINCEAÑERA MASS: Saturdays at 12 noon. Subject to availability. Please call at least 5 months prior to the approved date of the Mass. Suggested donation is \$500. Stipend for a musician is a separate fee and it depends on availability. Initial deposit required to reserve the date. Our Hall is not available for receptions.

MARRIAGE: Saturdays at 12 noon. Subject to availability. Please call at least 6 months prior to the approved date of the wedding. Suggested donation is \$700. Stipend for a musician is a separate fee and it depends on availability. Initial deposit required to reserve the date. Our Hall is not available for receptions.

CLERGY

Pastor: <i>Rev. Msgr. Romulo Vergara</i>	rvergara@mountcarmel.org
Parochial Vicar: <i>Rev. Fr. Andy De Guzman</i>	adeguzman@mountcarmel.org
Hospital Chaplain: <i>Rev. Fr. Ernie Jandonero</i>	frerniej@gmail.com
Deacon: <i>Rev. Mr. Thomas Boyle</i>	tboyle@mountcarmel.org
Deacon: <i>Rev. Mr. Raymond Smith</i>	rsmith@mountcarmel.org
Deacon: <i>Rev. Ricardo Escobar</i>	rescobar@mountcarmel.org

LAY STAFF

Parish Office: <i>Luke Mulhall</i>	lmulhall@mountcarmel.org	(650) 366-3802
Director, Religious Ed: <i>Magdalena Hernandez</i>	mhernandez@mountcarmel.org	(650) 368-8237
Music Cantors: <i>Kristen Lapinig & Leodan Guerra</i>		
Confirmation: <i>Johanna Rasmussen</i>	jasmussen@mountcarmel.org	(650) 366-3802
OCIA: <i>Rev. Mr. Raymond Smith</i>	rsmith@mountcarmel.org	(650) 366-3802
School Principal: <i>Jennifer Bruzzone</i>	jbruzzone@mountcarmel.org	(650) 366-6127



Pray for our departed parishioners
May they rest in peace
AMEN.



Adoration Chapel
Open Sundays through Saturdays
from 9am to 9pm



An article from ewtnvatican.com Nov. 13, 2023

A special interview of Montse Alvarado of EWTN with St. Carlo's mother, Antonia Salzano:

"Carlos was not afraid of death, nor suffering, because he knew that everything in God has a meaning." More fundamentally, he understood, "It is for our salvation and if you offer yourself it is also for the salvation of many people. And it was customary for Carlos to be in the school of the Eucharist. Everything, for Carlo, found its center in the Eucharist. And so, Carlo made his first Holy Communion when he was 7 years old."

According to his mother, Blessed Carlo's motto regarding the Eucharist was, *"To be always united with God, this is my life program."* His mother said, *"He started to go to Mass each day, to attend Eucharistic adoration each day, the daily Rosary, and also, the Bible. For Carlo, the Bible was like a compass."*

You mention that he made his first communion very young. He also started teaching catechism at age 11. What was that like?

Because he was, probably, a little bit a genius, especially for the computer, because when he was nine years old, he started to read and to study the book that we were going to buy at the Faculty of Engineers of Milan and at the Faculty of Computer Engineers. He had this gift, these kinds of skills, but he didn't use them because he wanted to be rich of doing app or what so ever. He wanted to use it because he understood the importance of the Internet, which has a fantastic evangelization potential. And the Internet had just started to and so he wanted, really, to be able with the skills to do things for the Church. And one of the things he did was a summa exhibition that are going all over the world, especially the one on Eucharistic Miracle, that is going to all the continents, like China, that was translated in 21 languages, Japan, Africa, India, Latin America, Australia, Brazil, Europe, United States, many, many countries. We can see with one click, everywhere.

What was his life growing up like? I know, when we think about Saints; lives, we think of perfect lives. Were there difficulties for him?

Basically, of course, Carlo had a pure heart. So, he had no difficulties with his class, with his friends, because they respected him. He didn't have a critical behavior. He was very kind, very humble. And then, everybody else adored him, because he didn't really create difficult situations. Of course, the difficulty that each one of us had to face, the studies, the normal difficulties. But Carlo always faced this with Christ at the center.

Two years ago, in an interview, you told me that Carlos was your little savior. How did he affect your faith? Was it a moment when you had no faith?

With the birth of Carlo, everything changed. Carlo was very advanced. Three months, he was speaking. At age four, he was writing and reading. And I always said that he was running in front of time.

He was three years old and he wanted to be in front of the tabernacle, in front of the cross. And Carlo, why did I say that he was my savior? Because through Carlo, I understood that Jesus is present in the Blessed Sacrament, and in the sacrament. That the sacrament is the way by which the Trinity gives us grace. And Carlo, through Carlo, I have understood that the Eucharist is really so important.

And Carlo was the one who made me understand this. And I've always said that to understand that in the Blessed Sacrament, there is the real Presence, this was the discovery of my life.



**SAINT
CARLO ACUTIS**
Pray for us



LAY ORGANIZATIONS

- Mental Health Ministry
- Good Grief Ministry
- Legion of Mary (Eng & Sp)
- Rosary Group
- The Prayer Warriors
- Society of St. Vincent de Paul
- Pro Life 40 days for Life Group
- Sto. Niño Group
- El Grupo Guadalupano
- Lazos de Maria
- El Grupo de Oracion: Aliento de Oracion
- OCIA – Catechists
- Bible Study Group
- Men's Club
- Women's Club

Liturgical ministries:

- Altar servers
- Lectors and Holy Communion ministers
- Hospitality: Ushers and Greeters
- Music Ministry
- Liturgical Environment

Descriptions of each group are found in our website: <https://www.mountcarmelrc.org/>

MASS INTENTIONS FOR THE WEEK

Sat., Sept. 13

8:15 AM

Jehane Jones

5:00 PM

† Henry K. Szczap

Sun., Sept. 14

8:00 AM

† Elizabeth Frykberg

10:00 AM

† Mario Kucich

12:00 PM

† Kenia Beraney & Gaitan Lazo

Daily Masses - 8:15 AM

Mon., Sept. 15

† Cecilia Corman

Tues., Sept. 16

† Robert D. O'Leary

Wed., Sept. 17

† Edmund Mulhall

Thurs., Sept. 18

† Joe Chinh Pham

Fri., Sept. 19

† Jayakoddy Family (*Deceased members*)

Sat., Sept. 20

8:15 AM

† Peter Uccelli

5:00 PM

† Denis A. O'Leary &
Paul O'Leary

Sun., Sept. 21

8:00 AM

† Nilda Verzosa

10:00 AM

† Jose Gerardo

12:00 PM

† Adan Orozco & Nelida Hurtadd

Prayer List: Our prayer list clears at the end of each month. Please submit your entries for the prayer list by calling 650-366-3802.

2nd Collection: Sept. 7 - Mission Appeal
Sept. 14 - Religious Education

Sept. 21 - Liturgy Fund
Sept. 28 – Parish Facilities

Registration: If you are new in our community, welcome! Register at: mountcarmelrc.org/registration
Registered parishioners may also update their information on the website.

FORMED: Sign up to our free **FORMED** subscription for thousands of books, audio talks, movies, documentaries and studies to help you and your family nurture your faith in the Catholic tradition. Go to formed.org then enter **Our Lady of Mt. Carmel Church, Redwood City** or our zip code: **94062**

GO PAPERLESS! Our weekly bulletin is also available online @
<https://parishesonline.com/organization/our-lady-of-mount-carmel-church-94062>
<https://www.mountcarmelrc.org/>

The 2nd collection this Sunday is for our ***Religious Education Program***

Thank you very much for your generosity.



FEASTS of the Week

St. Cornelius & Cyprian (Sept. 16)

St. Cornelius was elected bishop of Rome in 251. As pope, he fought against various heresies and, with the help of the bishop Cyprian, he also worked to enforce the papal authority.

After his conversion to Christianity, St. Cyprian was ordained and became bishop of Carthage in 249.

(www.aleteia.org)

St. Andrew Kim Taegon & companion martyrs (Sept. 20)

The first native Korean priest, Andrew Kim Taegon was the son of Christian converts.

Besides Andrew Kim Taegon and Paul, Pope John Paul II canonized 98 Koreans and three French missionaries who had been martyred between 1839 and 1867.

(www.franciscanmedia.org)

Our Lady of Sorrows (Sept. 15)

The devotion to the Sorrowful Mother, extremely popular above all in areas around the Mediterranean, developed around the end of the 11th century. In 1692, Pope Innocent XII authorized the celebration of a Feast in honor of Our Lady of Sorrows on the third Sunday of September. This proved only to be temporary because later, on 18 August 1714, the feast was transferred to the Friday before Palm Sunday. On 18 September 1814, Pope Pius VII extended the liturgical feast to the entire Latin Church, transferring it to the third Sunday of September. Pope Pius X fixed the date of the feast on 15 September, the day after the Feast of the Exaltation of the Holy Cross. It would no longer be known as the "Seven Sorrows of Mary", but "Our Lady of Sorrows".

(www.vaticannews.va)

RELIGIOUS EDUCATION

Order of Christian Initiation for Adults

Our OCIA program is offered to:

- * Non-baptized individuals who desire to be fully initiated into the Catholic Church.
- * Baptized Christians who desire full communion in the Catholic Church.
- * Baptized Catholics seeking to complete their Sacraments of Initiation (First Communion and/or Confirmation).

Registration for **First Holy Communion Program** will continue in the month of September at the Parish Center Tuesday to Friday during office hours.

For more information, contact Magdalena Hernandez, our Rel. Ed. director at the parish office.

Catechism of the Catholic Church

THE CHURCH is APOSTOLIC



857 *The Church is apostolic because she is founded on the apostles, in three ways:*

- *she was and remains built on "the foundation of the Apostles," The witnesses chosen and sent on mission by Christ himself;*
- *with the help of the Spirit dwelling in her, the Church keeps and hands on the teaching, The "good deposit," the salutary words she has heard from the apostles;*
- *she continues to be taught, sanctified, and guided by the apostles until Christ's return, through their successors in pastoral office: the college of bishops, "assisted by priests, in union with the successor of Peter, the Church's supreme pastor".*



MASS OF HEALING

Mass of Healing for Separation and Divorce

Saturday, Oct. 18, 11:00am

St. Pius Parish – 1100 Woodside Road, Redwood City

Contact: Donna Nathanson | 415-205-5998

| dhaasnathan97@gmail.com

The journey through separation or divorce can be filled with grief, change, and a longing for peace. No one should walk this road alone. You are warmly invited to a Mass of Healing for all who have experienced separation or divorce—regardless of faith tradition. Together, seek comfort, strength, and renewal in the presence of God's love. Come as you are—bring your prayers, your struggles, your longing for healing, and allow God's grace to meet you in this moment. Please RSVP to Donna Nathanson.

The number to call for
mental health crisis
support in San Mateo
County

(650) 579-0350

For help from local
mental health counselors
24/7 during mental health
crisis, substance use
issue, or thoughts of
suicide.

Mental Health Ministry

You may call:

Maria Koenigsberg @ (650) 366-3802

Or email us at:

olmcmentalhealthministry@gmail.com



Good Grief Ministry

You may call:

Maryann Gonzales @ (650) 366-3802

The ministry meets every 2nd & 4th

Thurs of the month 6pm at the Parish
Center.



*Our school is a welcoming and diverse
community, rooted in Roman Catholic
values, where students pursue academic
excellence, grow in social awareness, and
develop a passion for living
Jesus' message.*



ENROLL NOW

(650) 366-6127

info@mountcarmel.org

www.school.mountcarmel.org

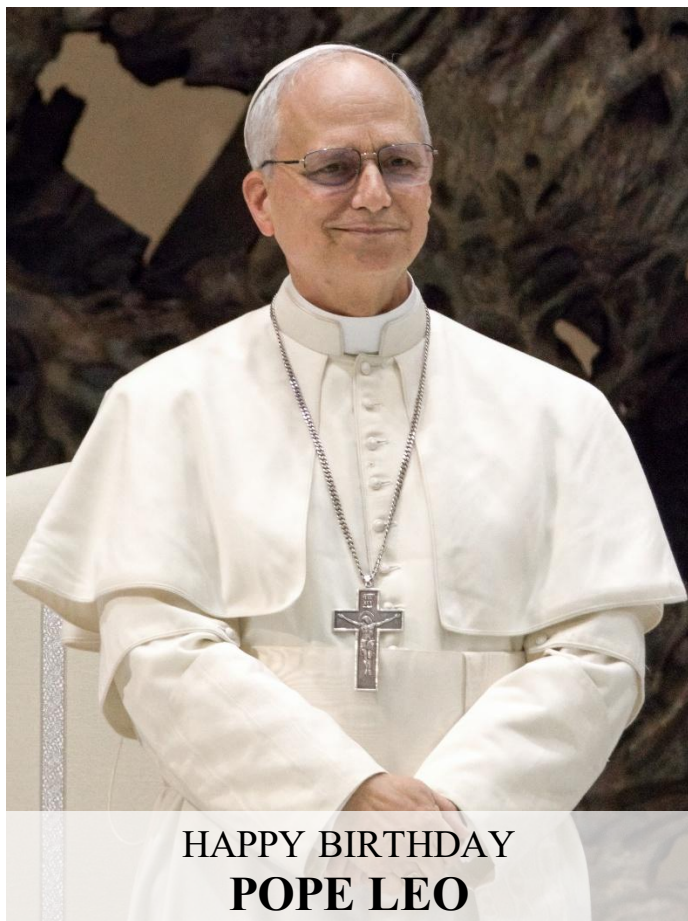
@olmcpadres

@mountcarmelschool

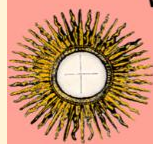
Offering Preschool, TK, and
K-8 Programs.

Visit the QR Code for more
information and tour dates





**HAPPY BIRTHDAY
POPE LEO**



Women's Silent Retreats
September 5-7, 2025
September 19-21, 2025

**Meditations on
The Last Discourse of Jesus**

For more information
call
(831) 4238093

Or go to their website:
www.stclaresretreat.org

40 Days for Life members pray in front of planned parenthood in Redwood City, Monday – Friday, 8:30 – 11:30 AM. The more people who physically show up to pray, the more graces God gives us to save babies and mothers!
A Spanish-speaking counselor is needed as well. For inquiries, please email Erika Hathaway (erikashathaway@gmail.com).



ARCHDIOCESE OF SAN FRANCISCO RESPECT LIFE CONFERENCE

THE ABORTION PILL: DANGERS, REMEDIES, AND LEGAL CHALLENGES

Chemical abortion is now the most common method of abortion in the U.S., often carried out with little or no medical oversight or patient care. Learn from top experts in medicine and law about the current landscape in California and across the nation.

Our Speakers:



Dr. GEORGE DELGADO
Founder of the
Abortion Pill Reversal
Program; Medical
Director, Culture of
Life Family Services



TAMMY MAHANEY
Doctor of Nursing
Practice; Family
Nurse Practitioner,
Real Options & Bella
Primary Care



PETER BREEN
Executive Vice
President and Head
of Litigation,
Thomas More
Society

SEPTEMBER 27, 2025
8:30 AM - 2 PM

STAR OF THE SEA PARISH
4420 GEARY BLVD
SAN FRANCISCO, CA 94118

For questions, contact us at
lifeanddignity@sfarch.org
or call 415-614-5571.

To RSVP, visit:
sfarchdiocese.org/event/sf-respect-life-conference/



ARCHDIOCESE OF
SAN FRANCISCO

Office of
Human Life & Dignity

Archdiocese of San Francisco Catholic Charismatic Renewal 28th Annual Holy Spirit Conference

*Fanning the Flame of
hope*
Romans 15:13



SEPTEMBER 20, 2025

Cathedral of St. Mary of the Assumption
1111 Gough St. - Patrons Hall
San Francisco, CA 94109

Doors Open 8:00 am ~ Holy Mass 4:00 pm (Vigil)



Featured Speakers

Peter Herbeck & Jesse Romero



Peter Herbeck is the Executive Vice President and Director of Missions for Renewal Ministries. For more than thirty years, he has been actively involved in evangelization and Catholic renewal throughout the US, Canada, Asia, Africa, and Eastern Europe.

Jesse Romero is a full-time bilingual Catholic Lay Evangelist, who is nationally acclaimed for his dynamic, upbeat Christ centered preaching. His preaching apostolate is called "On Fire Evangelization" and his website is JesseRomero.com.

TALKS IN ENGLISH, SPANISH & VIETNAMESE

Recitation of the Holy Rosary, Praise & Worship,
Exposition of the Blessed Sacrament,
Confession, Baptism in the Holy Spirit, Healing Service, Holy Mass

\$35.00 Per Person ~ Includes Lunch

Contact:

Danny Garza 650-270-8065
Sally Yeo 650-400-4825



register
SFSpirit.com