



# OUR LADY OF MOUNT CARMEL

## CATHOLIC CHURCH & SCHOOL

300 Fulton Street, Redwood City, CA 94062

Phone: (650) 366-3802 Fax: (650) 366-1421

PARISH CENTER HOURS - Monday-Friday **now from 8:30AM-4:00PM**, break from 12PM-1PM



OCT. 26, 2025

### Archdiocesan Annual Appeal

Parish GOAL: \$72,983

Collected donations: \$36,285  
(As of 10/20/25)

Balance due (until December):  
**\$36,698**

Donation envelopes are in the vestibule.  
If you wish to make donations online,  
please use this website:

<https://sfarchdiocese.org/aaa/#aaa-donate-form>

### 30<sup>TH</sup> SUNDAY IN ORDINARY TIME

"But the tax collector stood off at a distance...and prayed, 'O God, be merciful to me a sinner.' I tell you, the latter went home justified, not the former; for whoever exalts himself will be humbled, and the one who humbles himself will be exalted." - Lk 18:13a, 13c-14

"El publicano, en cambio, se quedó lejos...diciendo: 'Dios mío, apiádate de mí, que soy un pecador'.

Pues bien, yo les aseguro que éste bajó a su casa justificado y aquél no; porque todo el que se enaltece será humillado y el que se humilla será enaltecido". - Lc 18, 13. 14

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. Leccionario II © 1987 Comisión Episcopal de Pastoral Litúrgica de la Conferencia del Episcopado Mexicano.

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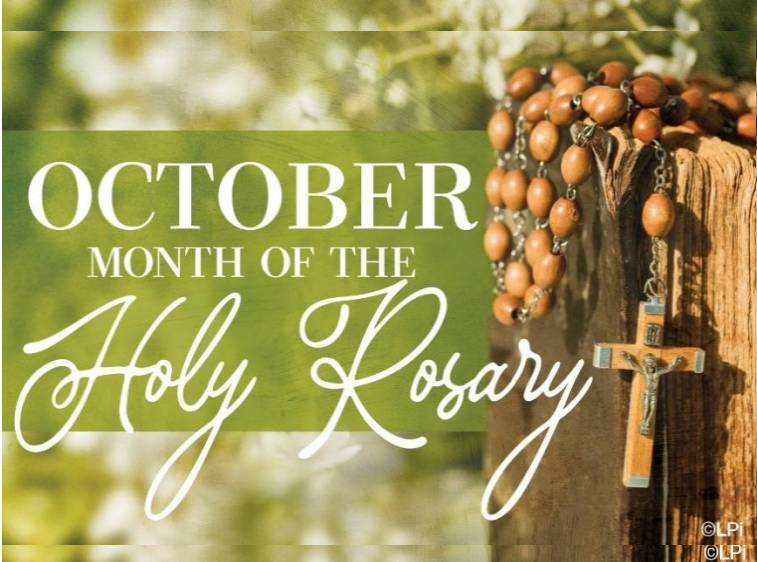
### Remembering our departed

#### LOVED ONES & PARISHIONERS

The names of our departed parishioners (from Nov. 2024-Oct. 2025) will be in the bulletin for the whole month of November.

A memorial table will also be set up for the whole month. You may place a small photo of your departed loved ones on it as the community remembers and prays for them.

The Good Grief Ministry invites all families and friends of our deceased, to a reception after the 8am Mass on Sunday, Nov. 2<sup>nd</sup> at the Parish Center Small Hall for pastries, coffee and juice.



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## PARISH MASSES & LITURGIES

<b>DAILY MASS:</b>	Monday - Saturday, 8:15 AM
<b>SATURDAY VIGIL MASS:</b>	5:00 PM - English
<b>SUNDAY MASSES:</b>	8:00 AM, 10:00 AM - English; 12:00 PM - Español
<b>1<sup>st</sup> FRIDAY Devotion:</b>	Eucharistic Adoration follows the 8:15 AM Mass
<b>CONFESSIONS:</b>	Saturdays, 3:30 PM - 4:30 PM
<b>ANOINTING OF THE SICK, FUNERAL SERVICES or HOUSE BLESSING:</b>	Please call the Parish Center to set appointment.
<b>BAPTISM - Monthly:</b>	Second Saturday: 10:00 AM - English El cuarto sábado: 10:00 AM - Español <b>Please call at least 2 months prior to the approved date of baptism.</b>
<b>QUINCEAÑERA MASS:</b>	Saturdays at 12 noon. Subject to availability. <b>Please call at least 5 months prior to the approved date of the Mass.</b> Suggested donation is \$500. Stipend for a musician is a separate fee and it depends on availability. Initial deposit required to reserve the date. Our Hall is not available for receptions.
<b>MARRIAGE:</b>	Saturdays at 12 noon. Subject to availability. <b>Please call at least 6 months prior to the approved date of the wedding.</b> Suggested donation is \$700. Stipend for a musician is a separate fee and it depends on availability. Initial deposit required to reserve the date. Our Hall is not available for receptions.

## CLERGY

<b>Pastor:</b> <i>Rev. Msgr. Romulo Vergara</i>	<a href="mailto:rvergara@mountcarmel.org">rvergara@mountcarmel.org</a>
<b>Parochial Vicar:</b> <i>Rev. Fr. Andy De Guzman</i>	<a href="mailto:adeguzman@mountcarmel.org">adeguzman@mountcarmel.org</a>
<b>Hospital Chaplain:</b> <i>Rev. Fr. Ernie Jandonero</i>	<a href="mailto:frerniej@gmail.com">frerniej@gmail.com</a>
<b>Deacon:</b> <i>Rev. Mr. Raymond Smith</i>	<a href="mailto:rsmith@mountcarmel.org">rsmith@mountcarmel.org</a>
<b>Deacon:</b> <i>Rev. Mr. Ricardo Escobar</i>	<a href="mailto:rescobar@mountcarmel.org">rescobar@mountcarmel.org</a>

## LAY STAFF

<b>Parish Office:</b> <i>Luke Mulhall</i>	<a href="mailto:lmulhall@mountcarmel.org">lmulhall@mountcarmel.org</a>	(650) 366-3802
<b>Director, Religious Ed:</b> <i>Magdalena Hernandez</i>	<a href="mailto:mhernandez@mountcarmel.org">mhernandez@mountcarmel.org</a>	(650) 368-8237
<b>Music Cantors:</b> <i>Kristen Lapinig &amp; Leodan Guerra</i>		
<b>Confirmation:</b> <i>Johanna Rasmussen</i>	<a href="mailto:jrasmussen@mountcarmel.org">jrasmussen@mountcarmel.org</a>	(650) 366-3802
<b>OCIA:</b> <i>Rev. Mr. Raymond Smith</i>	<a href="mailto:rsmith@mountcarmel.org">rsmith@mountcarmel.org</a>	(650) 366-3802
<b>School Principal:</b> <i>Jennifer Bruzzone</i>	<a href="mailto:jbruzzone@mountcarmel.org">jbruzzone@mountcarmel.org</a>	(650) 366-6127



Pray for our departed parishioners  
**May they rest in peace**  
**AMEN.**



**Adoration Chapel**  
*Open Sundays through Saturdays*  
*from 9am to 9pm*

For the soul of Sr. Barbara Ann Kavanaugh, SNDN  
For all the sick including our pastor, Msgr. Loi Vergara



## Gospel Message

The Gospel of today's Liturgy presents us a parable with two protagonists, a pharisee and a publican (cf. *Lk.* 18:9-14). The parable lies between two movements, expressed by two verbs: *to ascend* and *to descend*.

The first movement is *to ascend*. Indeed, the text begins by saying: "Two people went up into the temple to pray" (v. 10). This aspect recalls many episodes in the Bible, where in order to encounter the Lord, one goes up to the mountain of his presence: Abraham goes up on the mountain to offer the sacrifice; Moses goes up Mount Sinai to receive the Commandments; Jesus goes up the mountain where he is transfigured. To "go up", therefore, expresses the heart's need to detach itself from a dull life in order to go towards the Lord; to lift oneself up from the plateaus of our ego, to ascend towards God, freeing oneself of one's own "I"; to gather what we live in the valley, so as to bring it before the Lord. This is "ascending", and when we pray, we ascend.

But in order to live the encounter with him and be transformed by prayer, to rise up to God, a second movement is necessary: *to descend*. Why? What does this mean? In order to ascend towards him, we must descend within ourselves: to cultivate the sincerity and humility of the heart that give us an honest outlook on our frailties and our inner poverty. Indeed, in humility, we become capable of bringing what we really are to God without pretense: the limitations, the wounds, the sins and the miseries that weigh down our hearts, and [capable] of invoking his mercy so that he may restore us, heal us, and raise us up. It will be he who raises us up, not us. The more we descend with humility, the more God raises us up.

### Pope Francis

(Excerpt from *Angelus Address*, Oct. 2022)

El Evangelio de la liturgia de hoy nos presenta una parábola que tiene dos protagonistas, un fariseo y un publicano (cf. *Lc.* 18,9-14). La parábola se encuentra entre dos movimientos, expresados por dos verbos: *subir* y *bajar*.

El primer movimiento es *subir*. De hecho, el texto comienza diciendo: «Dos hombres subieron al Templo a orar» (v. 10). Este aspecto recuerda muchos episodios de la Biblia, en los que para encontrar al Señor se sube a la montaña de su presencia: Abraham sube a la montaña para ofrecer el sacrificio; Moisés sube al Sinaí para recibir los mandamientos; Jesús sube a la montaña, donde se transfigura. Subir, por tanto, expresa la necesidad del corazón de desprenderse de una vida mediocre para encontrarse con el Señor; de elevarse de las llanuras de nuestro ego para ascender hacia Dios — deshacerse del propio yo—; de recoger lo que vivimos en el valle para llevarlo ante el Señor. Esto es "subir", y cuando rezamos subimos.

Pero para experimentar el encuentro con Él y ser transformados por la oración, para elevarnos a Dios, necesitamos el segundo movimiento: *bajar*. ¿Por qué? ¿Qué significa esto? Para ascender hacia Él debemos descender dentro de nosotros mismos: cultivar la sinceridad y la humildad de corazón, que nos permiten mirar con honestidad nuestras fragilidades y nuestra pobreza interior. En efecto, en la humildad nos hacemos capaces de llevar a Dios, sin fingir, lo que realmente somos, las limitaciones y las heridas, los pecados y las miserias que pesan en nuestro corazón, y de invocar su misericordia para que nos cure y nos levante. Él será quien nos levante, no nosotros. Cuanto más descendemos en humildad, más nos eleva Dios.



## LAY ORGANIZATIONS

- Mental Health Ministry
- Good Grief Ministry
- Legion of Mary (Eng & Sp)
- Rosary Group
- The Prayer Warriors
- Society of St. Vincent de Paul
- Pro Life 40 days for Life Group
- Sto. Niño Group
- El Grupo Guadalupano
- Lazos de Amor Mariano
- El Grupo de Oracion: Aliento de Oracion
- OCIA – Catechists
- Bible Study Group
- Men’s Club
- Women’s Club

### Liturgical ministries:

- Altar servers
- Lectors and Holy Communion ministers
- Hospitality: Ushers and Greeters
- Music Ministry
- Liturgical Environment

*Descriptions of each group are found in our website: <https://www.mountcarmelrc.org/>*

## MASS INTENTIONS FOR THE WEEK

*Sat., Oct. 25*

8:15 AM † Socorro T. Soriano

5:00 PM † Steve Britschgi

*Sun., Oct. 26*

8:00 AM † Mario Kucich

10:00 AM † Fidel Gallego

12:00 PM † Carmen Erazo

Weekday 8:15 AM

*Mon., Oct. 27* † Mary Waters

*Tues., Oct. 28* † Angel Rosado

*Wed., Oct. 29* † Muscat Family

*Thurs., Oct. 30* † Sr. Barbara Ann, SNDN

*Fri., Oct. 31* † Rafael Antonio Gomez

*Sat., Nov. 1*

8:15 AM Mary & Sean Hale

5:00 PM Mark McNally

*Sun., Nov. 2*

8:00 AM † Mario Kucich

10:00 AM † Sandrini & Matteucci Families

12:00 PM Legion of Mary

**Prayer List:** Our prayer list clears at the end of each month. Please submit your entries for the prayer list by calling 650-366-3802.

**2<sup>nd</sup> Collection:** Oct. 5 - Facility Repair & Improvements    Oct. 19 - World Mission Sunday  
Oct. 12 - Religious Education    Oct. 26 - Liturgy Fund

**Registration:** If you are new in our community, welcome! Register at: [mountcarmelrc.org/registration](https://www.mountcarmelrc.org/registration)  
Registered parishioners may also update their information on the website.

**FORMED:** Sign up to our free **FORMED** subscription for thousands of books, audio talks, movies, documentaries and studies to help you and your family nurture your faith in the Catholic tradition. Go to [formed.org](https://www.formed.org) then enter **Our Lady of Mt. Carmel Church, Redwood City** or our zip code: **94062**

**GO PAPERLESS!** Our weekly bulletin is also available online @  
<https://parishesonline.com/organization/our-lady-of-mount-carmel-church-94062>  
<https://www.mountcarmelrc.org/>

The 2nd collection this Sunday is for **Liturgy Fund**

*Thank you very much for your generosity.*



## FEASTS of the Week\*

### Sts. Simon & Jude, apostles (Oct. 28)

Simon called the “Canaanite” and the “Zealot” possibly preached in Egypt and Persia.

Jude or Thaddeus may have preached in Palestine and Persia. Patron of those in despair or in hopeless situations.

### ALL SAINTS (Nov. 1)

Let us rejoice in all the men and women, blest in the eyes of the Lord, who celebrate the heavenly liturgy. They stand in God’s holy place and sing of the love the Father has bestowed upon them through the blood of the Lamb.

\*Taken from ORDO

**כַּרְמֶל** **kar-MEL** – A Hebrew noun (§3759) that denotes the richest, most fruitful part of a cultivated field, orchard, or garden-land. It speaks of produce at its peak—ears of grain full, moist, and ready to be roasted or ground, or land so well-watered and tended that it yields abundance without stint. (Hebrew lexicon)

### A saint for the children and youth



*Oh God, Our Father, thank you for giving us **St. Carlo Acutis**, a life example for the young and a message of love for everyone. You made him become enamored with*

*Your Son Jesus, Making of the Eucharist his “Highway to Heaven”. You gave him Mary, as a most loving Mother, and, with the Rosary, you made him a poet of her tenderness. Receive his prayer for us. Above all, gaze upon the poor, whom he loved and helped.*

*Grant for me too, by his intercession, the grace that I need ...*

*I ask this through Christ Our Lord. Amen*

*(“Our Father”, “Hail Mary”, “Glory be...”)*

<https://www.carloacutis.com/en/association/preghiera-ufficiale>

### *Catechism of the Catholic Church* *The Sacred Scripture*

**134** "All Sacred Scripture is but one book, and that one book is Christ, because all divine Scripture speaks of Christ, and all divine Scripture is fulfilled in Christ."

**136** God is the author of Sacred Scripture because he inspired its human authors; he acts in them and by means of them. He thus gives assurance that their writings teach without error his saving truth (cf DV 11).

**137** Interpretation of the inspired Scripture must be attentive above all to what God wants to reveal through the sacred authors for our salvation.

**138** The Church accepts and venerates as inspired the 46 books of the Old Testament and the 27 books of the New.

**139** The four Gospels occupy a central place because Christ Jesus is their center.

**140** The unity of the two Testaments proceeds from the unity of God's plan and his Revelation. the Old Testament prepares for the New and the New Testament fulfils the Old; the two shed light on each other; both are true Word of God.



## NEW CANONIZED SAINTS

During Mass at St. Peter's Square on Oct. 19th, Pope Leo XVI proclaimed these seven holy men and women to be canonized Saints in the Catholic Church (*see portrait on the right - above left to right then below left to right*):

Vincenza Maria Poloni  
Ignatius Choukrallah Maloyan  
Maria Troncatti  
Bartolo Longo  
Peter To Rot

Maria del Monte Carmelo Rendiles Martínez  
José Gregorio Hernández Cisneros

For more information about the new saints, go to the link below:

<https://www.catholicnewsagency.com/news/267195/meet-the-7-saints-pope-leo-xiv-will-canonize-on-oct-19>



### St. Bartolo Longo (1841–1926)

Bartolo Longo underwent one of the most dramatic conversions in recent Church history. He grew up in a Catholic household, but after studying law at a university in Naples, Italy, he went from being a practicing Catholic to taking part in anti-papal demonstrations to becoming an atheist, then a Satanist, and eventually being “ordained” to the Satanist priesthood.

Through the prayers of his family and the influence of devout friends, particularly Professor Vincenzo Pepe and Dominican priest Father Alberto Radente, Longo experienced a profound conversion, renouncing his past and returning wholeheartedly to the Catholic Church.

Following his conversion, Longo dedicated his life to promoting the rosary and the message of mercy and hope through the Virgin Mary. He settled in the poverty-stricken town of Pompeii where he began restoring a dilapidated church and tirelessly worked to build a Marian shrine dedicated to Our Lady of the Rosary. With support from benefactors and the local community, he transformed Pompeii into a thriving center of Catholic devotion. His efforts culminated in the construction of the Shrine of Our Lady of the Rosary of Pompeii, which continues to be a major pilgrimage site to this day.

In addition to his religious work, Longo was a tireless advocate for social justice. He founded schools, orphanages, and charitable institutions, especially for the children of prisoners, believing in the power of education and mercy to transform lives.

For the last 20 years of his life, Longo had constant health issues. He died on Oct. 5, 1926, and in 1980 was beatified by Pope John Paul II, who called him the “Apostle of the Rosary.” ([www.catholicnewsagency.com](http://www.catholicnewsagency.com))



ALL YOU HOLY MEN AND WOMEN,  
**PRAY FOR US**





## Diaconate Formation Informational Evenings

The Office of Formation for the Permanent Diaconate will hold Informational Evenings for men considering the possibility of serving the Church as Permanent Deacons. The evening will include discussion of the ministry of the Deacon in the Church, the Formation program and the application process. Please join us.

Deacon Fred Totah, Director of Diaconate Formation  
Deacon Arthur Sanchez, Director of Permanent Diaconate

### Who should attend?

Single and married men between the ages of 30 and 60 may apply for the program and are invited to the evening. However, married applicants must be married at least five years. All married applicants need the complete support of their wives in order to pursue the program; therefore, wives are encouraged to attend.

### Dates:

Wednesday, January 07, 2026  
St. Raphael Church  
1104 5<sup>th</sup> Avenue  
San Rafael, CA 94901

Wednesday, January 14, 2026  
Archdioceses of San Francisco  
One Peter Yorke Way  
San Francisco, CA 94109

Wednesday, January 21, 2026  
St. Mark Catholic Church  
325 Marine View Avenue  
Belmont, CA 94002

### Time:

7:00 PM to 9:00 PM

### Diaconate Formation Office

Deacon Fred Totah, Director of Diaconate Formation  
Phone: 415-614-5615  
Email: [totah.fred@sfarch.org](mailto:totah.fred@sfarch.org)

Our Lady of  
Mount Carmel School

**A Perfect Blend:  
Faith, Academic  
Excellence, and  
Community**

A SPECIAL  
WINE  
TASTING  
EVENT



Join us for an evening of wine, community, and discovery! Meet our Preschool, TK, and Kindergarten teachers and see why Our Lady of Mount Carmel School is a place of learning, love, and belonging for your child in 2026–2027.

**Date** Tuesday, November 18, 2025  
**Time** 6:00 pm – 7:30 pm  
**Location** 301 Grand St., Redwood City

[REGISTER NOW](#)



The first 10 families to register for the event, attend the event, and submit a completed application will receive a special gift.



## WOMENS' CLUB

*Women's Club Thanksgiving Celebration  
Thursday November 6th  
Small Hall – Doors Open at 6:00 pm  
Dinner served by 7:00 pm  
Come for a delicious Thanksgiving menu!  
Includes drinks and desserts.  
Raffle!*

*Women over 21 are invited. \$20  
Always a great evening  
of fellowship and fun!  
Bring a friend...first timers are free.*

*Hope to see you there!*



**LIFE**  
*Our Sign  
of Hope*



**RESPECT LIFE MONTH**

October 2025  
[respectlife.org/celebrate](http://respectlife.org/celebrate)

