

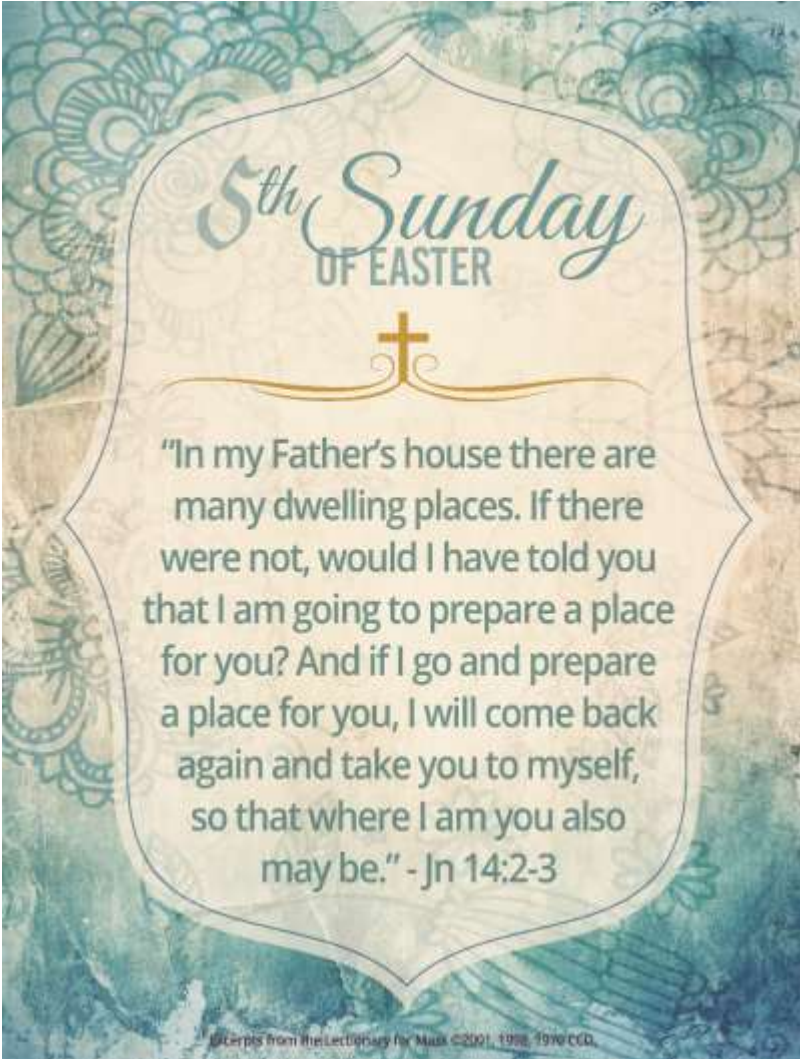


OUR LADY OF MOUNT CARMEL

CATHOLIC CHURCH & SCHOOL

300 Fulton Street, Redwood City, CA 94062

Phone: (650) 366-3802



May 3, 2026

Archdiocesan Annual Appeal 2026

Goal: \$72,794

Collected donations:

(As of 04/28/26)

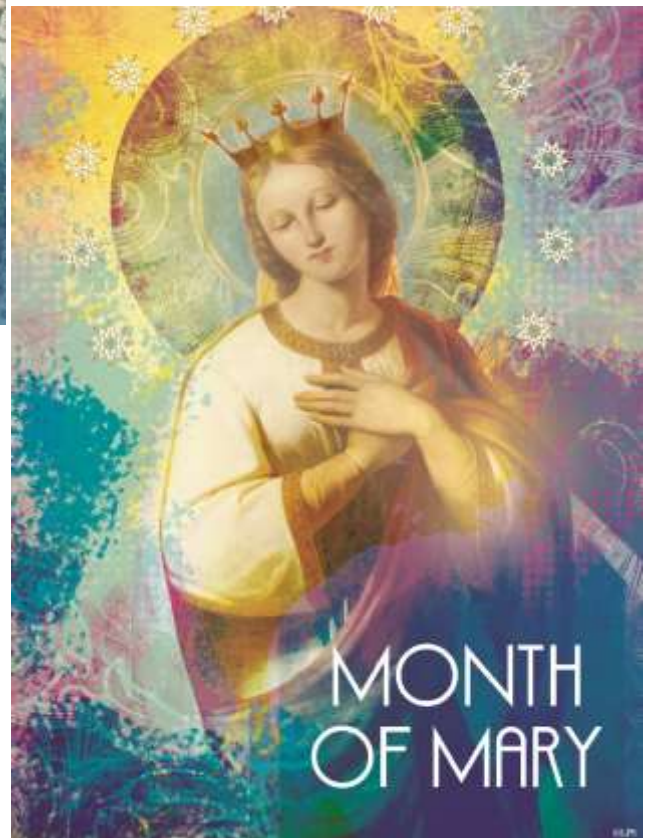
\$14,385

Easter Flowers
We accept **white flowers** for our sanctuary decoration during the Easter Season. Thank you very much.



Consider giving your child **the gift of Catholic education** - rich in faith formation, tradition and rigorous academics, supported by a close-knit community of faculty, parents and parish.

At OLMC school, your child will not only be encouraged to achieve academic excellence but also to embrace diversity and follow in the footsteps of Jesus. For further information on the Admissions process for the 2026/2027 academic year, please contact our school office.



PARISH MASSES & LITURGIES

DAILY MASS:	Monday - Saturday, 8:15 AM
SATURDAY VIGIL MASS:	5:00 PM - English
SUNDAY MASSES:	8:00 AM, 10:00 AM - English; 12:00 PM - Español
1st FRIDAY Devotion:	Eucharistic Adoration follows the 8:15 AM Mass
CONFESSIONS:	Saturdays, 3:30 PM - 4:30 PM (2 nd & 4 th Saturdays are in English only)
ANOINTING OF THE SICK, FUNERAL SERVICES or HOUSE BLESSING:	Please call the Parish Center to set an appointment.
BAPTISM - Monthly:	Second Saturday: 10:00 AM - English El cuarto sábado: 10:00 AM - Español Please call at least 2 months prior to the approved date of baptism.
QUINCEAÑERA MASS:	Saturdays at 12 noon. Subject to availability. Please call at least 5 months prior to the approved date of the Mass.
MARRIAGE:	Saturdays at 12 noon. Subject to availability. Please call at least 6 months prior to the approved date of the wedding.

PARISH CENTER HOURS - Monday-Friday 8:30AM-4:00PM, break from 12PM-1PM

CLERGY

Administrator: <i>Rev. Fr. Andy De Guzman</i>	adeguzman@mountcarmel.org
Parochial Vicar: <i>Rev. Fr. Patrick Okoye</i>	okoye.patrick@sfarch.org
Hospital Chaplain: <i>Rev. Fr. Ernie Jandonero</i>	frniej@sfhealingandprayer.org
Deacon: <i>Rev. Mr. Raymond Smith</i>	rsmith@mountcarmel.org
Deacon: <i>Rev. Mr. Ricardo Escobar</i>	rescobar@mountcarmel.org

STAFF

Parish Secretary: <i>Luke Mulhall</i>	lmulhall@mountcarmel.org	(650) 366-3802
Director, Liturgy: <i>Maria Cornell</i>	mcornell@mountcarmel.org	(650) 446-5802
Director, Religious Ed: <i>Magdalena Hernandez</i>	mhernandez@mountcarmel.org	(650) 368-8237
OCIA: <i>Rev. Mr. Raymond Smith w/ Bill Haack</i>	rsmith@mountcarmel.org	(650) 366-3802
Confirmation: <i>Johanna Rasmussen</i>	jrasmussen@mountcarmel.org	(650) 366-3802
Music Cantors: <i>Kristen Lapinig & Leodan Guerra</i>		
School Principal: <i>Jennifer Bruzzone</i>	jbruzzone@mountcarmel.org	(650) 366-6127



Pray for our departed parishioners
May they rest in peace
AMEN.



Adoration Chapel
Open Sundays through Saturdays
from 9am to 9pm

Community prayer for all the sick at the Church every 2nd Tues of the month at 7pm.

Gospel Message

The Gospel of today (Jn 14:1-12) is taken from the Last Supper story. The disciples' hearts were troubled. The Lord invited them: "*do not be afraid.*"

How do we conquer fear? By having faith in God; by having faith in Jesus.

The catechism says:

161 Believing in Jesus Christ and in the One who sent him for our salvation is necessary for obtaining that salvation. "Since "without faith it is impossible to please (God) " and to attain to the fellowship of his sons, therefore without faith no one has ever attained justification, nor will anyone obtain eternal life "But he who endures to the end."

The Letter to the Hebrews chapter 11 tells what it means to have faith in God.

Secondly, the Lord assured his disciples that he is not abandoning them, but is going to prepare a place for them and to guide them towards that destination.

Jesus used the familiar image of home. In the Father's house we are welcome; we have a home; we have room – something that is ours permanently. His passion, death and resurrection prepared that for us.

The Lord invites us to desire that home. He invites us to make it our goal to reach that home.

He also tells us how to get there – through Him because He is the Way. He tells us what to do to get there because He is the Truth. He tells us that we have life that we long for because is the Life.

Life means participation in the very life of God. In the Gospel last Sunday, Jesus says, "*I came that they may have life, and have it abundantly*" (Jn. 10:10). Life, in the gospel according to John, is not simply having another form of life after death; it is rather a communion with the Father through the Son, beginning now and fulfilled beyond death. When we come to Jesus, we do not only find the direction to our home, we are also drawn into divine life itself.

Fr. Andy

El Evangelio de hoy (Jn 14, 1-12) está tomado de la historia de la Última Cena. Los corazones de los discípulos estaban turbados. El Señor los invitó: "*No tengan miedo*".

¿Cómo vencemos el miedo? Por tener la fe en Dios; por tener la fe en Jesús.

El Catecismo dice:

161 Creer en Cristo Jesús y en Aquel que lo envió para salvarnos es necesario para obtener esa salvación (cf. *Mc* 16,16; *Jn* 3,36; 6,40 e.a.). «Puesto que "sin la fe... es imposible agradar a Dios" (*Hb* 11,6) y llegar a participar en la condición de sus hijos, nadie es justificado sin ella, y nadie, a no ser que "haya perseverado en ella hasta el fin" (*Mt* 10,22; 24,13), obtendrá la vida eterna»

La Carta a los Hebreos capítulo 11 dice lo que significa tener fe en Dios.

En segundo lugar, el Señor aseguró a sus discípulos que Él no los abandona, sino que va a preparar un lugar para ellos y guiarlos hacia ese destino.

Jesús usó la imagen familiar del hogar. En la casa del Padre somos bienvenidos; tenemos un hogar; tenemos espacio, algo que es nuestro permanentemente. Su pasión, muerte y resurrección prepararon eso para nosotros.

El Señor nos invita a desear ese hogar. Él nos invita a hacer nuestro objetivo llegar a ese hogar.

También nos dice cómo llegar allí – a través de Él, porque Él es el Camino. Él nos dice qué hacer para llegar allí porque Él es la Verdad. Él nos dice que tenemos vida que anhelamos porque El es la vida.

La vida significa participación en la vida misma de Dios. En el Evangelio del domingo pasado, Jesús dice: "Yo he venido para que tengan vida y la tengan en abundancia" (Juan 10:10). La vida, en el evangelio según San Juan, no es simplemente tener otra forma de vida después de la muerte; es más bien una comunión con el Padre a través del Hijo, que comienza ahora y se cumple más allá de la muerte.

LAY ORGANIZATIONS

- Mental Health Ministry
- Good Grief Ministry
- Legion of Mary (Eng & Sp)
- Rosary Group
- The Prayer Warriors
- Society of St. Vincent de Paul
- Pro Life 40 days for Life Group
- The Sto. Niño Group
- El Grupo Guadalupano
- Lazos de Amor Mariano
- El Grupo Aliento de Oracion
- OCIA – Catechists
- Bible Study Group
- Men’s Club
- Women’s Club
- Social Media (**new**)

Liturgical ministries:

- Altar servers
- Lectors & Holy Communion ministers
- Hospitality: Ushers and Greeters
- Music Ministry
- Liturgical Environment

MASS INTENTIONS FOR THE WEEK

Sat., May 2

5:00 PM

† Tom Huff

Sun., May 3

8:00 AM

Parishioners

10:00 AM

† Latu Tangitau & Pelepetua Etu

12:00 PM

† Adolpo & Elisa Lucas

Weekdays at 8:15 AM

Mon., May 4

† Ed Huber

Tues., May 5

† John E. Sullivan

Wed., May 6

† Tanti Family

Thurs., May 7

† Margie Panetti

Fri., May 8

† Mary Louise Liberati

Sat., May 9

† Hami Vahdatpour

2nd Collection: May 3 – Facility Repair & Improvement May 10 – Religious Education
 May 17 – Liturgy Fund May 24 – Catholic Charities May 31 – SSVdPaul

Registration: If you are new in our community, welcome! Register at: mountcarmelrc.org/registration
 Registered parishioners may also update their information on the website.

Society of St. Vincent de Paul's (SSVdP) mission remains focused on providing food, clothing, rent assistance, and—most importantly—a compassionate hand to the most vulnerable in our parish. Over the past year, we are proud to have **served more than 1,200 families** in our local area. Thank you for your generosity.

Mental Health Ministry

Call: Maria Koenigsberg @
 (650) 366-3802
 Or email us at:
olmcmmentalhealthministry@gmail.com



Good Grief Ministry

Call: Maryann Gonzales @
 (650) 366-3802
 The ministry meets every 2nd & 4th Thurs
 of the month 6pm at the Parish Center.

The number to call
 for mental health
 crisis support in
 San Mateo County

(650) 579-0350

For help from local mental health
 counselors 24/7 during mental
 health crisis, substance use issue,
 or thoughts of suicide.

Saint of the Week

(May 3) St. Athanasius, bishop and doctor of the Church.

Prayer to Our Lady

“O Most beautiful flower of Mount Carmel, beautiful vine, splendor of heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in this my necessity... O Star of the Sea, help me and show me herein you are my mother.

O Holy Mary, Mother of God, Queen of heaven and earth, I humbly beseech you from the bottom of my heart, to succor me in this my necessity; there are none that can withstand your power.

O show me herein you are my Mother. O Mary, conceived without sin, pray for us who have recourse. Sweet Mother, I place this cause in your hands.”

Divine Mercy Chaplet

(Say the Lord's Prayer, Hail Mary and the Creed) Then...

*On each "Our Father" bead of the rosary, pray:
V. Eternal Father, I offer you the Body and Blood, soul and divinity of your dearly beloved Son, our Lord Jesus Christ,
R. in atonement for our sins and those of the whole world.*

*On each of the 10 "Hail Mary" beads, pray:
V. For the sake of his sorrowful Passion,
R. have mercy on us and on the whole world.*

Repeat three times:

Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.

διάκονος, di-ákonos

designates one who renders active, often personal, service to another. Its New Testament usage moves from ordinary table-service (John 2:5, 9) to the highest expressions of Gospel ministry (Colossians 1:25). In every setting the term underscores humble, task-oriented devotion rather than status or rank. (Greek lexicon)



Catechism of the Catholic Church

"I believe in the RESURRECTION OF THE BODY"

II. Dying in Christ Jesus

1005 To rise with Christ, we must die with Christ: we must "be away from the body and at home with the Lord." In that "departure" which is death the soul is separated from the body. It will be reunited with the body on the day of resurrection of the dead.

1007 Death is the end of earthly life. Our lives are measured by time, in the course of which we change, grow old and, as with all living beings on earth, death seems like the normal end of life. That aspect of death lends urgency to our lives: remembering our mortality helps us realize that we have only a limited time in which to bring our lives to fulfillment.

1008 Death is a consequence of sin. the Church's Magisterium, as authentic interpreter of the affirmations of Scripture and Tradition, teaches that death entered the world on account of man's sin. Even though man's nature is mortal God had destined him not to die. Death was therefore contrary to the plans of God the Creator and entered the world as a consequence of sin. "Bodily death, from which man would have been immune had he not sinned" is thus "the last enemy" of man left to be conquered.

1009 Death is transformed by Christ. Jesus, the Son of God, also himself suffered the death that is part of the human condition. Yet, despite his anguish as he faced death, he accepted it in an act of complete and free submission to his Father's will. The obedience of Jesus has transformed the curse of death into a blessing.

You are "a chosen race, a royal priesthood, a holy nation, a people of his own, so that you may announce the praises" of him who called you out of darkness into his wonderful light. (1 Pt. 2:9)



Our Lady of
Mount Carmel School
PS, TK, K-8

A Standard of
Excellence.

ENROLLING FOR
THE 2026-2027
SCHOOL YEAR




La Sociedad Guadalupeana
los invita a su
Cena-baile

Celebrando a Mamá

Ven a disfrutar de una
rica cena y a celebrar
juntos el día
de la Madre.

Te esperamos este
Sábado 9 de Mayo,
2026
7:00 p.m. - 12:00 a.m.
Salón Grande
Iglesia Monte Carmel

Ameniza DJ Bravo

Los fondos recaudados serán para la
Celebración de la Virgen de Guadalupe.

Iglesia Monte Carmel
300 Fulton St,
Redwood City, Ca.

Adultos
\$45.00

Menores
12 años
\$20.00

Restorative Justice Ministry

Mission Statement

The **Archdiocese of San Francisco Restorative Justice Ministry** is a ministry of presence, healing, and hope, rooted in the Catholic belief in mercy and the dignity of every human person.

We accompany individuals and families affected by crime, incarceration, and violence—walking with victims, offenders, and communities to foster reconciliation, transformation, and peace.

Through prayer, compassionate outreach, restorative practices, and advocacy, we work to restore relationships, support healing, and build a more just and compassionate society.

Support people in PRISON

We offer services to enhance the reintegration prospects of former inmates into society. Provide resources, such as bibles and reading materials.

We train volunteers and support clergy in addressing the spiritual needs of those in jails and prisons.

For more information on how to volunteer, please call or send email to:

Julio Escobar
(415) 6145572
escobarj@sfarch.org



Office of
Human Life & Dignity



UNIVERSITY OF
SAN FRANCISCO

La Misa por los inmigrantes

Sunday, June 7, 12nn

Resources & Free Immigration Consultations

Sunday, June 7, 1:30p-3:30p

Join us for this special immigrant event. Free immigration consultations will be offered by USF Law Immigration and Deportation Defense Clinic.

Community members will have the opportunity to ask questions privately and receive assistance reviewing important immigration documents.

Catholic Charities San Francisco (CCSF) create lasting solutions to the most pressing challenges in our community – homelessness, inequality, aging in isolation, generational poverty, HIV/AIDS, and immigration to name a few.

CCSF does not charge fees over the phone or through online ads. Please call our office directly at **(415) 972-1200** for more information or to request a consultation.

The second collection for Catholic Charities is an opportunity for parishioners in the Archdiocese of San Francisco to support families and individuals in San Francisco, San Mateo, and Marin counties. Every day, Catholic Charities serves the most vulnerable members of our community — our brothers and sisters in Christ — often through the most difficult times in their lives. Your gift provides hope and can keep families housed and off the streets, provide kids with opportunities to learn and grow, aid immigrants through the legal system, and help seniors to age with dignity. Help support the merciful works done by Catholic Charities on May 23-24.

Women's Club Invitation



Cinco de Mayo Celebration
Thursday, May 7th.

Small Hall - Doors Open at 6:00 pm
Dinner, raffle, and fun!

A great evening of fellowship
Women over 21 are invited. \$20
Proceeds to benefit OLMC Parish
Bring a friend...First timers are free!
Hope to see you there!

SOCIETY OF ST. VINCENT DE PAUL

In the spirit of love and justice, the Society of St. Vincent de Paul of San Mateo County provides person-to-person services of time, talent and resources to help our neighbors in need. SVdP respects the dignity of every person. We provide Safety-Net services for families and individuals in our community who are often suffering, forgotten and deprived — **the working poor, the homeless, the incarcerated, and all people living on the margins.**

Check out their website for more details:

<https://svdpsm.org/>

Society of St. Vincent de Paul of San Mateo County
50 North B Street

San Mateo, CA 94401

Help Line: 650-343-4403

Phone: 650-373-0622

More announcement

1. The NEW Bible Timeline class for parishioners is every Wednesday at 7pm at the parish center.
2. Confessions on May 9th will be in **ENGLISH only**.

Please read **the advertisements on the bulletin board** at the vestibule.