

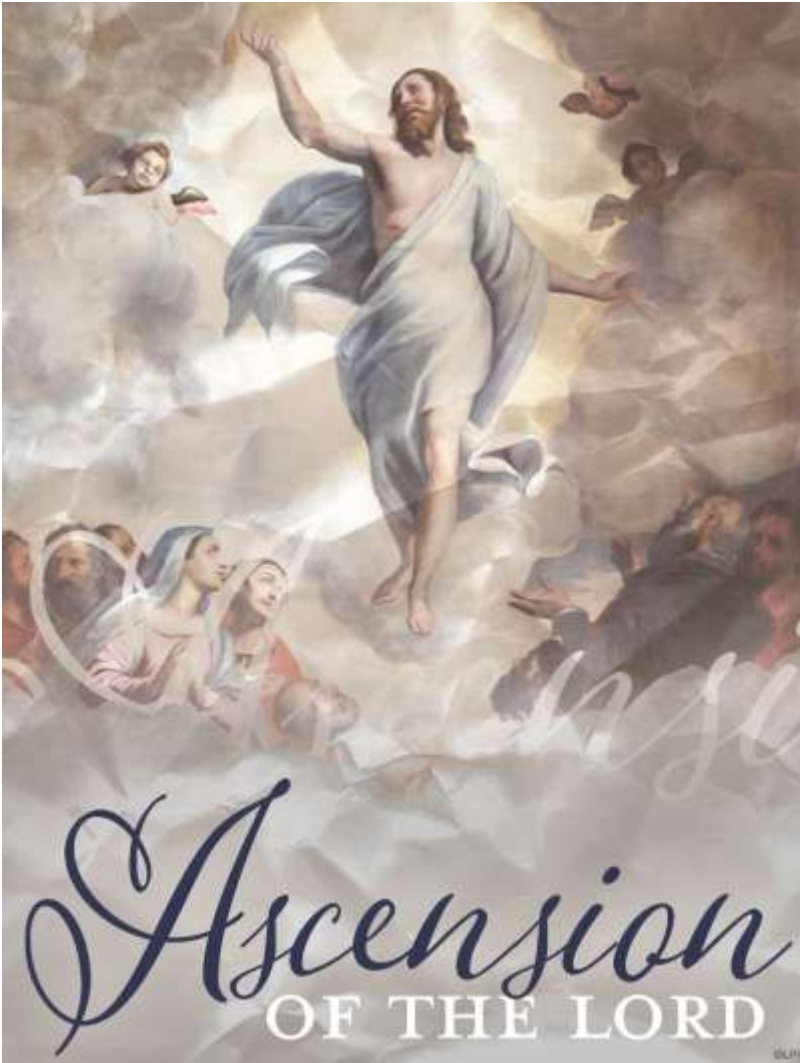


# OUR LADY OF MOUNT CARMEL

## CATHOLIC CHURCH & SCHOOL

300 Fulton Street, Redwood City, CA 94062

Phone: (650) 366-3802



May 17, 2026

**Archdiocesan Annual Appeal 2026**

*Goal: \$72,794*

Collected donations:

*(As of 05/12/26)*

**\$14,735**



Get updates through email and text messages as they happen within our parish and school community. The Sunday bulletins are available too ahead of each Sunday.

To sign up, text "RWC" to 84576, or click on the Flocknote sheep on the Parish website.

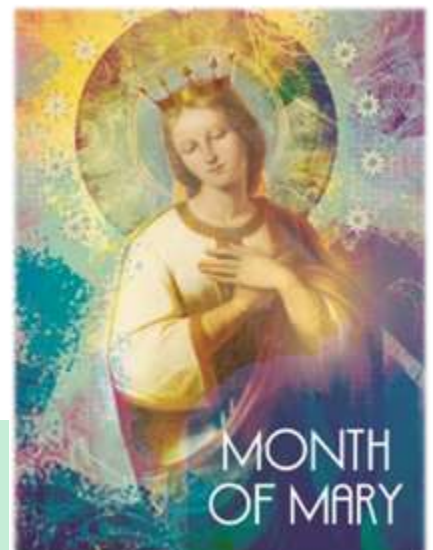


Consider giving your child the gift of Catholic education - rich in faith formation, tradition and rigorous academics, supported by a close-knit community of faculty, parents and parish.

At OLMC school, your child will not only be encouraged to achieve academic excellence but also to embrace diversity and follow in the footsteps of Jesus. For further information on the Admissions process for the 2026/2027 academic year, please contact our school office.

*Greetings and Prayers*

Birthday & Wedding Anniversary celebrants this week



## PARISH MASSES & LITURGIES

<b>DAILY MASS:</b>	Monday - Saturday, 8:15 AM
<b>SATURDAY VIGIL MASS:</b>	5:00 PM - English
<b>SUNDAY MASSES:</b>	8:00 AM, 10:00 AM - English; 12:00 PM - Español
<b>1<sup>st</sup> FRIDAY Devotion:</b>	Eucharistic Adoration follows the 8:15 AM Mass
<b>CONFESSIONS:</b>	Saturdays, 3:30 PM - 4:30 PM (2 <sup>nd</sup> & 4 <sup>th</sup> Saturdays are in English only)
<b>ANOINTING OF THE SICK, FUNERAL SERVICES or HOUSE BLESSING:</b>	Please call the Parish Center to set an appointment.
<b>BAPTISM - Monthly:</b>	Second Saturday: 10:00 AM - English El cuarto sábado: 10:00 AM - Español Please call at least 2 months prior to the approved date of baptism.
<b>QUINCEAÑERA MASS:</b>	Saturdays at 12 noon. Subject to availability. Please call at least 5 months prior to the approved date of the Mass.
<b>MARRIAGE:</b>	Saturdays at 12 noon. Subject to availability. Please call at least 6 months prior to the approved date of the wedding.

PARISH CENTER HOURS - Monday-Friday 8:30AM-4:00PM, break from 12PM-1PM

### CLERGY

<b>Administrator:</b> <i>Rev. Fr. Andy De Guzman</i>	<a href="mailto:adeguzman@mountcarmel.org">adeguzman@mountcarmel.org</a>
<b>Parochial Vicar:</b> <i>Rev. Fr. Patrick Okoye</i>	<a href="mailto:okoye.patrick@sfarch.org">okoye.patrick@sfarch.org</a>
<b>Hospital Chaplain:</b> <i>Rev. Fr. Ernie Jandonero</i>	<a href="mailto:frerniej@sfhealingandprayer.org">frerniej@sfhealingandprayer.org</a>
<b>Deacon:</b> <i>Rev. Mr. Raymond Smith</i>	<a href="mailto:rsmith@mountcarmel.org">rsmith@mountcarmel.org</a>
<b>Deacon:</b> <i>Rev. Mr. Ricardo Escobar</i>	<a href="mailto:rescobar@mountcarmel.org">rescobar@mountcarmel.org</a>

### STAFF

<b>Parish Secretary:</b> <i>Luke Mulhall</i>	<a href="mailto:lmulhall@mountcarmel.org">lmulhall@mountcarmel.org</a>	(650) 366-3802
<b>Director, Liturgy:</b> <i>Maria Cornell</i>	<a href="mailto:mcornell@mountcarmel.org">mcornell@mountcarmel.org</a>	(650) 446-5802
<b>Director, Religious Ed:</b> <i>Magdalena Hernandez</i>	<a href="mailto:mhernandez@mountcarmel.org">mhernandez@mountcarmel.org</a>	(650) 368-8237
<b>OCIA:</b> <i>Rev. Mr. Raymond Smith w/ Bill Haack</i>	<a href="mailto:rsmith@mountcarmel.org">rsmith@mountcarmel.org</a>	(650) 366-3802
<b>Confirmation:</b> <i>Johanna Rasmussen</i>	<a href="mailto:jrasmussen@mountcarmel.org">jrasmussen@mountcarmel.org</a>	(650) 366-3802
<b>Music Cantors:</b> <i>Kristen Lapinig &amp; Leodan Guerra</i>		
<b>School Principal:</b> <i>Jennifer Bruzzone</i>	<a href="mailto:jbruzzone@mountcarmel.org">jbruzzone@mountcarmel.org</a>	(650) 366-6127



Pray for our departed parishioners  
**May they rest in peace**  
**AMEN.**



**Adoration Chapel**  
*Open Sundays through Saturdays*  
*from 9am to 9pm*

*You will receive power when the holy Spirit comes upon you, and you will be my witnesses in Jerusalem, throughout Judea and Samaria, and to the ends of the earth." (Acts 1:8)*

## Clergy Message

In our first reading from the Acts of the Apostles, we hear witness to the very season we are now celebrating. For forty days after the Resurrection, Jesus appeared to His disciples, speaking to them about the Kingdom of God. He instructed them to remain in Jerusalem and wait for the promised Advocate. Jesus reminds them that they will receive power when the Holy Spirit comes upon them.

In the Letter to the Ephesians, this message deepens. Saint Paul prays that Christ will give the believers a Spirit of wisdom and revelation, so that they may come to know Him more fully. Paul also reminds them that Christ is the head of the Church, and we—His people—are His Body.

In the Gospel from Matthew, we hear the final words of Jesus before His Ascension. In the last verse of the last chapter, He gives us the Great Commission: “Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, and teaching them to observe all that I have commanded you.”

Through our own Baptism, we have already entered into the first part of this command. The ongoing challenge of our Christian life is to hand on the faith—to form ourselves, to grow in understanding, and to be ready to proclaim the Good News to others. Through our Confirmation, we too have received the power of the Holy Spirit, who grants wisdom, revelation, and knowledge.

Let us pray that we may always live with this power alive in us, and that our lives may draw others to the light of Christ. Amen.

### Deacon Ray

En la primera lectura de los Hechos de los Apóstoles, escuchamos testimonio de la misma temporada que ahora celebramos. Durante cuarenta días después de la Resurrección, Jesús se apareció a sus discípulos, hablando con ellos sobre del Reino de Dios. Él les instruyó que permanecieran en Jerusalén y esperaran al Abogado Prometido. Jesús les recuerda que recibirán poder cuando el Espíritu Santo venga sobre ellos.

En la Carta a los Efesios, este mensaje se profundiza. San Pablo reza para que Cristo dé a los creyentes un Espíritu de sabiduría y revelación, para que puedan conocerle más plenamente. San Pablo también les recuerda que Cristo es la cabeza de la Iglesia, y que nosotros—su pueblo—somos Su Cuerpo.

En el Evangelio de Mateo, escuchamos las palabras finales de Jesús antes de Su Ascensión. En el último versículo del último capítulo, Él nos da la Gran Comisión: «Vayan, pues, y hagan discípulos a todas las naciones, bautizándolos en el nombre del Padre, y del Hijo, y del Espíritu Santo, y enseñándoles a observar todo lo que yo los he mandado».

A través de nuestro propio bautismo, ya hemos entrado en la primera parte de este mandamiento. El desafío continuo de nuestra vida cristiana es transmitir la fe, formarnos a nosotros mismos, crecer en el entendimiento y estar listos para proclamar la Buena Noticia a los demás. A través de nuestra Confirmación, nosotros también hemos recibido el poder del Espíritu Santo, que otorga sabiduría, revelación y conocimiento.

Oremos para que siempre podamos vivir con este poder vivo en nosotros, y para que nuestras vidas puedan atraer a otros a la luz de Cristo. Amén.



## LAY ORGANIZATIONS

- Mental Health Ministry
- Good Grief Ministry
- Legion of Mary (Eng & Sp)
- Rosary Group
- The Prayer Warriors
- Society of St. Vincent de Paul
- Pro Life 40 days for Life Group
- The Sto. Niño Group
- El Grupo Guadalupano
- Lazos de Amor Mariano
- El Grupo Aliento de Oracion
- OCIA – Catechists
- Bible Study Group
- Men’s Club
- Women’s Club
- Social Media (**new**)

### Liturgical ministries:

- Altar servers
- Lectors & Holy Communion ministers
- Hospitality: Ushers and Greeters
- Music Ministry
- Liturgical Environment

## MASS INTENTIONS FOR THE WEEK

*Sat., May 16*

5:00 PM

† Tom Warren

*Sun., May 17*

8:00 AM

† Mike Mullany

10:00 AM

For parishioners

12:00 PM

† Raymundo Garcia &

† Cristina Revuelta

Weekdays at 8:15 AM

*Mon., May 18*

† Cecilia Harris

*Tues., May 19*

† Ivan Dei Rossi

*Wed., May 20*

† Leopoldo Herrera

*Thurs., May 21*

† Denis A. O’Leary

*Fri., May 22*

† Leena Cheung

*Sat., May 23*

† Margaret Stafford

**2<sup>nd</sup> Collection:** May 3 – Facility Repair & Improvement

May 10 – Religious Education

May 17 – Liturgy Fund

May 24 – Catholic Charities

May 31 – SSVdPaul

**Registration:** If you are new in our community, welcome! Register at: [mountcarmelrc.org/registration](http://mountcarmelrc.org/registration)

Registered parishioners may also update their information on the website.

**Society of St. Vincent de Paul’s** (SSVdP) mission remains focused on providing food, clothing, rent assistance, and—most importantly—a compassionate hand to the most vulnerable in our parish. Over the past year, we are proud to have **served more than 1,200 families** in our local area. Thank you for your generosity.

## Mental Health Ministry

Call: Maria Koenigsberg @

(650) 366-3802

Or email us at:

olmmentalhealthministry@gmail.com



## Good Grief Ministry

Call: Maryann Gonzales @

(650) 366-3802

The ministry meets every 2<sup>nd</sup> & 4<sup>th</sup> Thurs of the month 6pm at the Parish Center.

The number to call for mental health crisis support in San Mateo County

**(650) 579-0350**

For help from local mental health counselors 24/7 during mental health crisis, substance use issue, or thoughts of suicide.

## Saints of the Week

(18<sup>th</sup>) St. John I, Pope, Martyr

(20<sup>th</sup>) St. Bernardine of Siena, Priest

(21<sup>st</sup>) St. Christopher Magallanes, Priest & companion Martyrs

(22<sup>nd</sup>) St. Rita of Cascia, Religious



### Prayer for Generosity

*Dear Lord teach me to be generous;  
teach me to serve you as you deserve,  
to give and not to count the cost,  
to fight and not to heed the wounds,  
to toil and not to seek for rest,  
to labor and not to ask for reward,  
save that of knowing that I do your will.  
Amen.*

*- St. Ignatius of Loyola*

### Serenity Prayer

*God, grant me the serenity  
to accept the things I cannot change  
the courage to change the things I can  
and the wisdom to know the difference.*

*Living one day at a time,  
enjoying one moment at a time.  
Accepting hardships as the pathway to peace.  
Taking, as he did, the sinful world as it is,  
not as I would have it.  
Trusting that he will make all things right  
if I surrender to His will;  
that I may be reasonably happy in this life,  
and supremely happy with Him forever.*

*—Reinhold Niebuhr, 1892-1971*

*“Jesus approached and said to them, “All power in heaven and on earth has been given to me.*

*Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all that I have commanded you.*

*And behold, I am with you always, until the end of the age.” (Mt. 28:18-20)*

### Catechism of the Catholic Church

#### **He ascended into heaven and is seated at the right hand of the Father**

663 Henceforth Christ is seated at the right hand of the Father: "By 'the Father's right hand' we understand the glory and honor of divinity, where he who exists as Son of God before all ages, indeed as God, of one being with the Father, is seated bodily after he became incarnate and his flesh was glorified."

664 Being seated at the Father's right hand signifies the inauguration of the Messiah's kingdom, the fulfilment of the prophet Daniel's vision concerning the Son of man: "To him was given dominion and glory and kingdom, that all peoples, nations, and languages should serve him; his dominion is an everlasting dominion, which shall not pass away, and his kingdom one that shall not be destroyed." After this event the apostles became witnesses of the "kingdom [that] will have no end".

665 Christ's Ascension marks the definitive entrance of Jesus' humanity into God's heavenly domain, whence he will come again (cf Acts 1:11); this humanity in the meantime hides him from the eyes of men (cf Col 3:3).

666 Jesus Christ, the head of the Church, precedes us into the Father's glorious kingdom so that we, the members of his Body, may live in the hope of one day being with him forever.

667 Jesus Christ, having entered the sanctuary of heaven once and for all, intercedes constantly for us as the mediator who assures us of the permanent outpouring of the Holy Spirit.

**Archdiocese of San Francisco  
Restorative Justice Ministry**

**Support people in PRISON**

We offer services to enhance the reintegration prospects of former inmates into society.

Provide resources, such as bibles and reading materials.

We train volunteers and support clergy in addressing the spiritual needs of those in jails and prisons.

*For more information on how to volunteer, please call or send email to:*

**Julio Escobar**  
(415) 6145572  
escobarj@sfarch.org

**“An Evening for the  
Divorced or Separated”  
Webinar**

Tuesday, May 19, 2026 – 5:00p;  
Thursday, May 21 – 7:00p

**ZOOM Seminars**

Contact: Ed Hopfner | 415-614-5574 | hopfnere@sfarch.org

Registration for May 19:

<https://www.aboundingjoyministry.com/event-details/an-evening-for-the-separated-divorced-east-coast>

Registration for May 21:

<https://www.aboundingjoyministry.com/event-details/an-evening-for-the-separated-divorced-west-coast-2>

The Divorce Care ministry of the Archdiocese of San Francisco is partnering with Carolyn Klika/Abounding Joy Ministry to offer this webinar. If you are struggling with the pain of marital strife, separation or divorce, this evening is for you. Whether you feel disconnected from the Church or are deeply engaged—you are welcome here. You belong. See above links for more information and registration.



**MISA POR INMIGRANTES Y REFUGIADOS**

Acompáñenos en oración y solidaridad mientras nos unimos para apoyar y fortalecer a nuestras comunidades inmigrantes y refugiadas.

 <b>CUÁNDO</b> <b>DOMINGO, 7 DE JUNIO</b> 12:00 PM Misa en español 1:30 PM – 3:30 PM Evento de servicio comunitario	 <b>DÓNDE</b> <b>PARROQUIA OUR LADY OF MOUNT CARMEL GIMNASIO DE LA ESCUELA</b> 300 Fulton St, Redwood City, CA 94062	 <b>HORA</b> 12:00 PM Misa en español 1:30 PM – 3:30 PM Evento de servicio comunitario
---	--	---

Taller “Conozca Sus Derechos” ofrecido por un abogado de inmigración de Catholic Charities. El abogado presentará información importante sobre sus derechos al interactuar con inmigración o las autoridades. Al final, responderá preguntas generales del público y explicará cómo los asistentes pueden programar una consulta con Catholic Charities.

*Nuestra Señora de Guadalupe, ruega por nosotros.*

ARCHIDIÓCESIS DE SAN FRANCISCO | OFICINA DE VIDA Y DIGNIDAD HUMANA | Catholic Charities (MARIN • SAN FRANCISCO • SAN MATEO)

Para más información, escriba a: [Immigration@sfarch.org](mailto:Immigration@sfarch.org) o llame al (415) 614-5616



**MASS FOR IMMIGRANTS & REFUGEES**

Join us in prayer and solidarity as we come together to support and uplift our immigrant and refugee communities.

 <b>WHEN</b> <b>SUNDAY, JUNE 7</b> 12:00 PM Spanish-language Mass 1:30 PM – 3:30 PM Community service event	 <b>WHERE</b> <b>OUR LADY OF MOUNT CARMEL PARISH SCHOOL GYM</b> 300 Fulton St, Redwood City, CA 94062	 <b>TIME</b> 12:00 PM Spanish-language Mass 1:30 PM – 3:30 PM Community service event
---	---	--

A Know Your Rights Workshop will be offered by an immigration attorney from Catholic Charities. The attorney will provide important information about your rights when interacting with immigration or law enforcement. At the end, the attorney will answer general questions from the audience and guide attendees on how to schedule a consultation with Catholic Charities.

*Our Lady of Guadalupe, pray for us.*

ARCHIDIÓCESIS DE SAN FRANCISCO | OFICINA DE VIDA Y DIGNIDAD HUMANA | Catholic Charities (MARIN • SAN FRANCISCO • SAN MATEO)

For More Information, email: [Immigration@sfarch.org](mailto:Immigration@sfarch.org) or call (415) 614-5616

A Standard of  
Excellence.

ENROLLING FOR  
THE 2026-2027  
SCHOOL YEAR



*Left to Right:*

(1<sup>st</sup>) **Maria Miranda**, 25 yrs. service &  
(4<sup>th</sup>) **Albertina Escobar** 15 yrs. – Catechists  
St. Pius X Awardees (May 7, 2026)

**Catholic Charities San Francisco (CCSF)** create lasting solutions to the most pressing challenges in our community – homelessness, inequality, aging in isolation, generational poverty, HIV/AIDS, and immigration to name a few.

CCSF does not charge fees over the phone or through online ads. Please call our office directly at **(415) 972-1200** for more information or to request a consultation.

**The second collection for Catholic Charities** is an opportunity for parishioners in the Archdiocese of San Francisco to support families and individuals in San Francisco, San Mateo, and Marin counties. Every day, Catholic Charities serves the most vulnerable members of our community — our brothers and sisters in Christ — often through the most difficult times in their lives. Your gift provides hope and can keep families housed and off the streets, provide kids with opportunities to learn and grow, aid immigrants through the legal system, and help seniors to age with dignity. Help support the merciful works done by Catholic Charities on **May 23-24**.

## **SOCIETY OF ST. VINCENT DE PAUL**

In the spirit of love and justice, the Society of St. Vincent de Paul of San Mateo County provides person-to-person services of time, talent and resources to help our neighbors in need. SVdP respects the dignity of every person. We provide Safety-Net services for families and individuals in our community who are often suffering, forgotten and deprived — **the working poor, the homeless, the incarcerated, and all people living on the margins.**

Check out their website for more details:

<https://svdpsm.org/>

Society of St. Vincent de Paul of San Mateo County  
50 North B Street  
San Mateo, CA 94401  
**Help Line: 650-343-4403**

## **More announcement**

1. For Retreats please call: Vallombrosa Retreat Center (650-325-5614), the Jesuit Retreat Center (650-917-4024) and St. Clare's (831-423-8093).

Please read **the advertisements on the bulletin board** at the vestibule.