



# OUR LADY OF MOUNT CARMEL

## CATHOLIC CHURCH & SCHOOL

300 Fulton Street, Redwood City, CA 94062

Phone: (650) 366-3802

May 10, 2026

**Archdiocesan Annual Appeal 2026**

*Goal: \$72,794*

Collected donations:

*(As of 05/05/26)*

**\$14,485**

**Holy Mass for the Sick  
and Anointing**

*Friday May 15<sup>th</sup>*

at 6pm



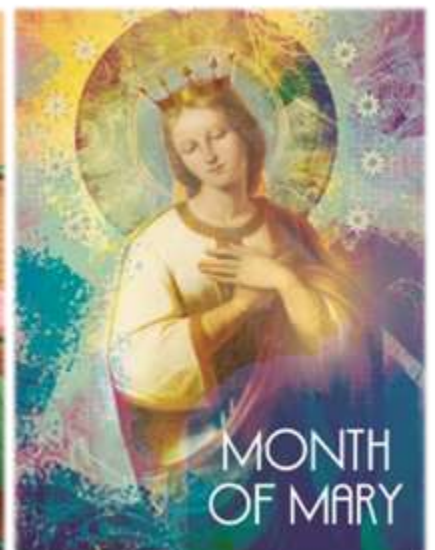
*6<sup>th</sup> Sunday*  
OF EASTER



"If you love me, you will keep my commandments. And I will ask the Father, and he will give you another Advocate to be with you always, the Spirit of truth, whom the world cannot accept, because it neither sees nor knows him. But you know him, because he remains with you, and will be in you."

- Jn 14:15-17

Exepts from the Lectionary for Mass ©2001, 1998, 1970 CCC.



# PARISH MASSES & LITURGIES

- DAILY MASS:** Monday - Saturday, 8:15 AM
- SATURDAY VIGIL MASS:** 5:00 PM - English
- SUNDAY MASSES:** 8:00 AM, 10:00 AM - English; 12:00 PM - Español
- 1<sup>st</sup> FRIDAY Devotion:** Eucharistic Adoration follows the 8:15 AM Mass
- CONFESSIONS:** Saturdays, 3:30 PM - 4:30 PM (2<sup>nd</sup> & 4<sup>th</sup> Saturdays are in English only)
- ANOINTING OF THE SICK, FUNERAL SERVICES or HOUSE BLESSING:** Please call the Parish Center to set an appointment.
- BAPTISM - Monthly:** Second Saturday: 10:00 AM - English  
El cuarto sábado: 10:00 AM - Español  
Please call at least 2 months prior to the approved date of baptism.
- QUINCEAÑERA MASS:** Saturdays at 12 noon. Subject to availability. Please call at least 5 months prior to the approved date of the Mass.
- MARRIAGE:** Saturdays at 12 noon. Subject to availability. Please call at least 6 months prior to the approved date of the wedding.

PARISH CENTER HOURS - Monday-Friday 8:30AM-4:00PM, break from 12PM-1PM

## CLERGY

- Administrator:** Rev. Fr. Andy De Guzman [adeguzman@mountcarmel.org](mailto:adeguzman@mountcarmel.org)
- Parochial Vicar:** Rev. Fr. Patrick Okoye [okoye.patrick@sfarch.org](mailto:okoye.patrick@sfarch.org)
- Hospital Chaplain:** Rev. Fr. Ernie Jandonero [frerniej@sfhealingandprayer.org](mailto:frerniej@sfhealingandprayer.org)
- Deacon:** Rev. Mr. Raymond Smith [rsmith@mountcarmel.org](mailto:rsmith@mountcarmel.org)
- Deacon:** Rev. Mr. Ricardo Escobar [rescobar@mountcarmel.org](mailto:rescobar@mountcarmel.org)

## STAFF

- Parish Secretary:** Luke Mulhall [lmulhall@mountcarmel.org](mailto:lmulhall@mountcarmel.org) (650) 366-3802
- Director, Liturgy:** Maria Cornell [mcornell@mountcarmel.org](mailto:mcornell@mountcarmel.org) (650) 446-5802
- Director, Religious Ed:** Magdalena Hernandez [mhernandez@mountcarmel.org](mailto:mhernandez@mountcarmel.org) (650) 368-8237
- OCIA:** Rev. Mr. Raymond Smith w/ Bill Haack [rsmith@mountcarmel.org](mailto:rsmith@mountcarmel.org) (650) 366-3802
- Confirmation:** Johanna Rasmussen [jrasmussen@mountcarmel.org](mailto:jrasmussen@mountcarmel.org) (650) 366-3802
- Music Cantors:** Kristen Lapinig & Leodan Guerra
- School Principal:** Jennifer Bruzzone [jbuzzone@mountcarmel.org](mailto:jbuzzone@mountcarmel.org) (650) 366-6127



Pray for our departed parishioners  
**May they rest in peace**  
**AMEN.**



**Adoration Chapel**  
*Open Sundays through Saturdays*  
*from 9am to 9pm*

*Beloved: Sanctify Christ as Lord in your hearts. Always be ready to give an explanation to anyone who asks you for a reason for your hope (1 Pt. 3:15)*

## Clergy Message

“He Lives in You –The Advocate, the Spirit of Truth” - stay in touch with the Holy Spirit.

“I will ask the Father, and He will give you another Advocate to be with you always, the Spirit of truth.”  
(John 14:16–17)

Dear friends, as we draw closer to Pentecost, the Church invites us to become more aware of the precious gift Jesus promised at the Last Supper: The Holy Spirit, the Advocate who dwells within us.

In today’s Gospel, Jesus speaks tenderly to His disciples. He knows they are afraid of losing Him, so He assures them that His presence will continue in a new and powerful way. The Father will send the Holy Spirit—not just to visit them, but to live in them. This promise was fulfilled on Pentecost, when the apostles, once fearful and uncertain, were transformed into bold witnesses of the risen Lord (Acts 2).

But this outpouring of the Spirit did not end in the upper room. In the first reading today, Peter and John lay hands on the new believers in Samaria, and they too receive the Holy Spirit (Acts 8:14–17). God continues this same work in every generation. Through Baptism and Confirmation, the Holy Spirit is poured into our hearts, making us temples of His presence (1 Corinthians 6:19).

Every baptized and confirmed Christian carries within them the same Spirit who empowered the apostles. The Spirit teaches, strengthens, guides, and sends us out to love as Jesus loved. But for this gift to bear fruit, we must live with a deep awareness of His presence.

So how do we stay in communion with the Holy Spirit?

- Through daily prayer, especially quiet listening, allowing the Spirit to speak within our hearts (Romans 8:26).
- Through the Word of God, where the Spirit continues to speak and reveal Christ to us, and shape our minds (John 16:13).
- Through the sacraments, which renew and strengthen our new life in the Holy Spirit.
- Through acts of love, because the Spirit moves most freely in a heart that loves (Galatians 5:22).

Dear friends, if you are baptized and confirmed, then the Advocate already lives in you. Stay in touch with Him. Speak to Him. Listen to Him. Let Him guide your decisions, strengthen your witness, and fill your life with the joy of the Gospel.

When we live this way, our lives become a continuation of the Acts of the Apostles—the ongoing story of the Church, written through ordinary believers empowered by the Spirit of truth.

May we welcome Him anew this Easter season, and may His presence in us shine brightly for the world.  
Amen.

**Fr. Patrick**

## LAY ORGANIZATIONS

- Mental Health Ministry
- Good Grief Ministry
- Legion of Mary (Eng & Sp)
- Rosary Group
- The Prayer Warriors
- Society of St. Vincent de Paul
- Pro Life 40 days for Life Group
- The Sto. Niño Group
- El Grupo Guadalupano
- Lazos de Amor Mariano
- El Grupo Aliento de Oracion
- OCIA – Catechists
- Bible Study Group
- Men’s Club
- Women’s Club
- Social Media (**new**)

### Liturgical ministries:

- Altar servers
- Lectors & Holy Communion ministers
- Hospitality: Ushers and Greeters
- Music Ministry
- Liturgical Environment

## MASS INTENTIONS FOR THE WEEK

*Sat., May 9*

5:00 PM

Jayakoddy Family

*Sun., May 10*

8:00 AM

† Seala Gan

10:00 AM

† Andreina Sandrini

12:00 PM

La Familia de David Chavez

Weekdays at 8:15 AM

*Mon., May 11*

Muscat Family

*Tues., May 12*

† Norma Jackson

*Wed., May 13*

† Rose O’Leary

*Thurs., May 14*

† Norma Stuckert

*Fri., May 15*

† Robert J. O’Leary

*Sat., May 16*

† Therese Huong

**2<sup>nd</sup> Collection:** May 3 – Facility Repair & Improvement

May 10 – Religious Education

May 17 – Liturgy Fund

May 24 – Catholic Charities

May 31 – SSVdPaul

**Registration:** If you are new in our community, welcome! Register at: [mountcarmelrc.org/registration](http://mountcarmelrc.org/registration)

Registered parishioners may also update their information on the website.

**Society of St. Vincent de Paul’s** (SSVdP) mission remains focused on providing food, clothing, rent assistance, and—most importantly—a compassionate hand to the most vulnerable in our parish. Over the past year, we are proud to have **served more than 1,200 families** in our local area. Thank you for your generosity.

## Mental Health Ministry

Call: Maria Koenigsberg @

(650) 366-3802

Or email us at:

[olmmentalhealthministry@gmail.com](mailto:olmmentalhealthministry@gmail.com)



## Good Grief Ministry

Call: Maryann Gonzales @

(650) 366-3802

The ministry meets every 2<sup>nd</sup> & 4<sup>th</sup> Thurs of the month 6pm at the Parish Center.

The number to call for mental health crisis support in San Mateo County

**(650) 579-0350**

For help from local mental health counselors 24/7 during mental health crisis, substance use issue, or thoughts of suicide.

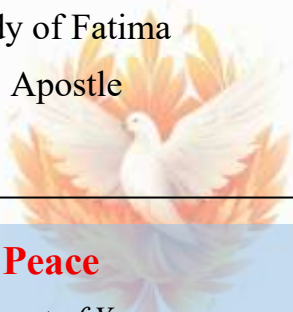
## Saints of the Week

(12<sup>th</sup>) Sts. Nereus, Achilleus, & Pancras, Martyrs

(13<sup>th</sup>) Memorial of Our Lady of Fatima

(14<sup>th</sup>) Feast of St. Matthias, Apostle

(15<sup>th</sup>) St. Isidore, farmer



### Prayer for Peace

*Lord, make me an instrument of Your peace;*

*Where there is hatred, let me sow love;*

*Where there is injury, pardon;*

*Where there is discord, harmony;*

*Where there is error, truth;*

*Where there is doubt, faith;*

*Where there is despair, hope;*

*Where there is darkness, light;*

*And where there is sadness, joy.*

*O Divine Master, Grant that I may no so much seek*

*To be consoled as to console;*

*To be understood as to understand;*

*To be loved as to love.*

*For it is in giving that we receive;*

*It is in pardoning that we are pardoned;*

*And it is in dying that we are born into eternal life.*

*- Attributed to St. Francis of Assisi*

### Divine Mercy Chaplet

*(Say the Lord's Prayer, Hail Mary and the Creed)*

*Then...*

*On each "Our Father" bead of the rosary, pray:*

*V. Eternal Father, I offer you the Body and Blood,  
soul and divinity of your dearly beloved Son, our  
Lord Jesus Christ,*

*R. in atonement for our sins and those of the whole  
world.*

*On each of the 10 "Hail Mary" beads, pray:*

*V. For the sake of his sorrowful Passion,  
R. have mercy on us and on the whole world.*

*Repeat three times:*

*Holy God, Holy Mighty One, Holy Immortal One,  
have mercy on us and on the whole world.*



### Catechism of the Catholic Church

#### The meaning of Christian death

1010 Because of Christ, Christian death has a positive meaning: "For to me to live is Christ, and to die is gain." "The saying is sure: if we have died with him, we will also live with him. What is essentially new about Christian death is this: through Baptism, the Christian has already "died with Christ" sacramentally, in order to live a new life; and if we die in Christ's grace, physical death completes this "dying with Christ" and so completes our incorporation into him in his redeeming act.

1011 In death, God calls man to himself. Therefore, the Christian can experience a desire for death like St. Paul's: "My desire is to depart and be with Christ." He can transform his own death into an act of obedience and love towards the Father, after the example of Christ

1013 Death is the end of man's earthly pilgrimage, of the time of grace and mercy which God offers him so as to work out his earthly life in keeping with the divine plan, and to decide his ultimate destiny. When "the single course of our earthly life" is completed, we shall not return to other earthly lives: "It is appointed for men to die once." There is no "reincarnation" after death.

1014 The Church encourages us to prepare ourselves for the hour of our death. In the litany of the saints, for instance, she has us pray: "From a sudden and unforeseen death, deliver us, O Lord"; to ask the Mother of God to intercede for us "at the hour of our death" in the Hail Mary; and to entrust ourselves to St. Joseph, the patron of a happy death.

**Archdiocese of San Francisco  
Restorative Justice Ministry**

**Support people in PRISON**

We offer services to enhance the reintegration prospects of former inmates into society.

Provide resources, such as bibles and reading materials.

We train volunteers and support clergy in addressing the spiritual needs of those in jails and prisons.

*For more information on how to volunteer, please call or send email to:*

**Julio Escobar**  
(415) 6145572  
[escobarj@sfarch.org](mailto:escobarj@sfarch.org)

**“An Evening for the  
Divorced or Separated”  
Webinar**

Tuesday, May 19, 2026 – 5:00p;  
Thursday, May 21 – 7:00p

**ZOOM Seminars**

Contact: Ed Hopfner | 415-614-5574 | [hopfnere@sfarch.org](mailto:hopfnere@sfarch.org)


Registration for May 19:

<https://www.aboundingjoyministry.com/event-details/an-evening-for-the-separated-divorced-east-coast>

Registration for May 21:




<https://www.aboundingjoyministry.com/event-details/an-evening-for-the-separated-divorced-west-coast-2>

The Divorce Care ministry of the Archdiocese of San Francisco is partnering with Carolyn Klika/Abounding Joy Ministry to offer this webinar. If you are struggling with the pain of marital strife, separation or divorce, this evening is for you. Whether you feel disconnected from the Church or are deeply engaged—you are welcome here. You belong. See above links for more information and registration.



**MISA POR INMIGRANTES Y REFUGIADOS**

Acompáñenos en oración y solidaridad mientras nos unimos para apoyar y fortalecer a nuestras comunidades inmigrantes y refugiadas.


 <b>CUÁNDO</b> <b>DOMINGO, 7 DE JUNIO</b> 12:00 PM Misa en español 1:30 PM – 3:30 PM Evento de servicio comunitario	 <b>DÓNDE</b> <b>PARROQUIA OUR LADY OF MOUNT CARMEL GIMNASIO DE LA ESCUELA</b> 300 Fulton St, Redwood City, CA 94062	 <b>HORA</b> 12:00 PM Misa en español 1:30 PM – 3:30 PM Evento de servicio comunitario
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Taller “Conozca Sus Derechos” ofrecido por un abogado de inmigración de Catholic Charities. El abogado presentará información importante sobre sus derechos al interactuar con inmigración o las autoridades. Al final, responderá preguntas generales del público y explicará cómo los asistentes pueden programar una consulta con Catholic Charities.

*Nuestra Señora de Guadalupe, ruega por nosotros.*




ARCHIDIÓCESIS DE SAN FRANCISCO | OFICINA DE VIDA Y DIGNIDAD HUMANA | Catholic Charities (MARIN • SAN FRANCISCO • SAN MATEO)

Para más información, escriba a: [Immigration@sfarch.org](mailto:Immigration@sfarch.org) o llame al (415) 614-5616



**MASS FOR IMMIGRANTS & REFUGEES**

Join us in prayer and solidarity as we come together to support and uplift our immigrant and refugee communities.

 <b>WHEN</b> <b>SUNDAY, JUNE 7</b> 12:00 PM Spanish-language Mass 1:30 PM – 3:30 PM Community service event	 <b>WHERE</b> <b>OUR LADY OF MOUNT CARMEL PARISH SCHOOL GYM</b> 300 Fulton St, Redwood City, CA 94062	 <b>TIME</b> 12:00 PM Spanish-language Mass 1:30 PM – 3:30 PM Community service event
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A Know Your Rights Workshop will be offered by an immigration attorney from Catholic Charities. The attorney will provide important information about your rights when interacting with immigration or law enforcement. At the end, the attorney will answer general questions from the audience and guide attendees on how to schedule a consultation with Catholic Charities.

*Our Lady of Guadalupe, pray for us.*

ARCHIDIÓCESIS DE SAN FRANCISCO | OFICINA DE VIDA Y DIGNIDAD HUMANA | Catholic Charities (MARIN • SAN FRANCISCO • SAN MATEO)

For More Information, email: [Immigration@sfarch.org](mailto:Immigration@sfarch.org) or call (415) 614-5616



PS, TK, K-8

A Standard of Excellence.

ENROLLING FOR THE 2026-2027 SCHOOL YEAR



## Men's Club Invitation

*Come join our annual BBQ and car show!  
We'll be bringing out the smokers and grills to host the last dinner of the year.  
Bring your ride, show off those new air filters and maybe you'll impress the judges enough to win a trophy.  
All men and dads of the community are invited to join us in the school yard at **6pm on Thursday, May 14th from 6-9pm.***

*We hope to see you there!*



## SOCIETY OF ST. VINCENT DE PAUL

In the spirit of love and justice, the Society of St. Vincent de Paul of San Mateo County provides person-to-person services of time, talent and resources to help our neighbors in need. SVdP respects the dignity of every person. We provide Safety-Net services for families and individuals in our community who are often suffering, forgotten and deprived — **the working poor, the homeless, the incarcerated, and all people living on the margins.**

Check out their website for more details:

<https://svdpsm.org/>

Society of St. Vincent de Paul of San Mateo County  
50 North B Street  
San Mateo, CA 94401  
**Help Line: 650-343-4403**

**Catholic Charities San Francisco (CCSF)** create lasting solutions to the most pressing challenges in our community – homelessness, inequality, aging in isolation, generational poverty, HIV/AIDS, and immigration to name a few.

CCSF does not charge fees over the phone or through online ads. Please call our office directly at **(415) 972-1200** for more information or to request a consultation.



Get updates through email and text messages as they happen within our parish and school community. The Sunday bulletins are available too ahead of each Sunday.

To sign up, text "RWC" to 84576, or click on the Flocknote sheep on the Parish website.

## More announcement

1. Community prayer for all the sick at the Church this Tuesday, May 12<sup>th</sup> at 6:15pm.
2. For Retreats please call: Vallombrosa Retreat Center (650-325-5614), the Jesuit Retreat Center (650-917-4024) and St. Clare's (831-423-8093).

Please read **the advertisements on the bulletin board** at the vestibule.