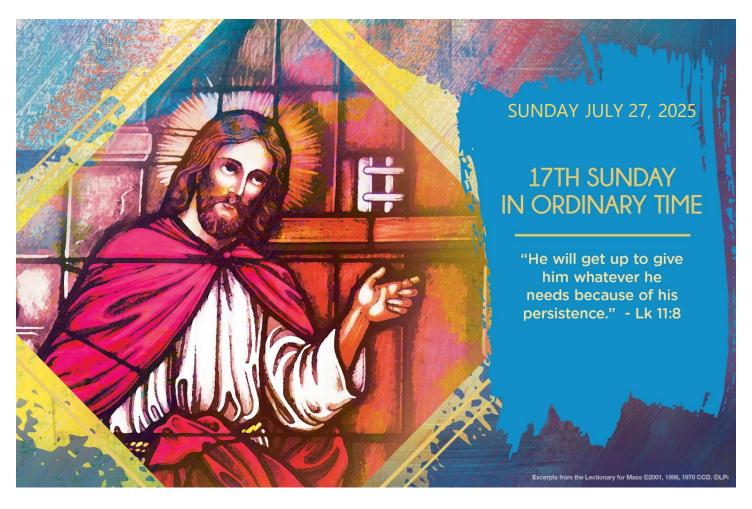


OUR LADY OF MOUNT CARMEL

CATHOLIC CHURCH & SCHOOL

300 Fulton Street, Redwood City, CA 94062

Phone: (650) 366-3802 Fax: (650) 366-1421



Mission Statement

Our Lady of Mt. Carmel Parish is a Christcentered community in the Roman Catholic tradition. We try to share the Good News of salvation with others. As a diverse community, we value and respect individual differences.

As God's people, we gather in the Spirit to pray, to celebrate the sacraments, to teach, to learn, to minister, and to renew our faith with one another.

Prayer to Our Lady

"O Most beautiful flower of Mount Carmel, beautiful vine, splendor of heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in this my necessity... O Star of the Sea, help me and show me herein you are my mother.

O Holy Mary, Mother of God, Queen of heaven and earth, I humbly beseech you from the bottom of my heart, to succor me in this my necessity; there are none that can withstand your power.

O show me herein you are my Mother. O Mary, conceived without sin, pray for us who have recourse. Sweet Mother, I place this cause in your hands."

PARISH MASSES & LITURGIES

DAILY MASS: Monday – Saturday, 8:15 AM

SATURDAY VIGIL MASS: 5:00 PM - English

SUNDAY MASSES: 8:00 AM, 10:00 AM – English

12:00 PM - Español

CONFESSIONS: Saturday, 3:30 PM - 4:30 PM

EUCHARISTIC ADORATION: Every First Friday: After 8:15 AM Mass **BAPTISM - Monthly:** Second Saturday: 10:00 AM - English

El cuarto sábado: 10:00 AM - Español

ANOINTING OF THE SICK: Please call the Parish Center to speak with a priest. **FUNERAL SERVICES:** Please call the Parish Center to speak with a priest.

QUINCEAÑERA MASS: Saturdays at 12 noon. Subject to availability. Please call no sooner than 5

months prior to the date of the Mass. Cost is \$500. Cost of a Mt. Carmel Musician is a separate fee and it depends on availability. Initial deposit required to reserve the date. Our Hall is not available for quinceañera

receptions.

MARRIAGE: Saturdays at 12 noon. Subject to availability. Couples must call at least 6

months prior to be prepared by a priest. Cost is \$800. Initial deposit required to reserve the date. Cost of a Mt. Carmel Musician is a separate fee and it depends on availability. Our Hall is not available for wedding

receptions.

CLERGY

Pastor: Rev. Msgr. Romulo Vergara rvergara@mountcarmel.org

<u>Parochial Vicar</u>: Rev. Fr. Andy De Guzman adeguzman@mountcarmel.org

Hospital Chaplain: Rev. Fr. Ernie Jandonero frerniej@yahoo.com

Deacon: Rev. Mr. Thomas Boyletboyle@mountcarmel.orgDeacon: Rev. Mr. Raymond Smithrsmith@mountcarmel.orgDeacon: Rev. Ricardo Escobarrescobar@mountcarmel.org

LAY STAFF

<u>Parish Office</u>: Luke Mulhall Imulhall@mountcarmel.org (650) 366-3802 <u>Director, Religious Ed:</u> Magdalena Hernandez mhernandez@mountcarmel.org (650) 368-8237

Music Cantors: Kristen Lapinig & Leodan Guerra

Confirmation:Johanna Rasmussenjrasmussen@mountcarmel.org(650) 366-3802Adult Faith Formation/OCIA:John Spotornojohnspotorno@gmail.com(650) 303-6292School Principal:Jennifer Bruzzonejbruzzone@mountcarmel.org(650) 366-6127

PARISH CENTER HOURS - MONDAY-FRIDAY from 9AM-3PM, CLOSED FROM 12PM-1PM



In our 1st reading from Genesis, we witness Abraham's remarkable persistence in prayer. Knowing that his nephew Lot lives in Sodom, Abraham pleads with God not to destroy the city. God replies, "For the sake of those ten, I will not destroy it." This powerful dialogue reveals a profound truth: God listens when we earnestly call upon Him.

In his letter to the Colossians, St. Paul offers hope to the early Christian community. Through baptism, he explains, our sins are forgiven, and we are raised with Christ into new life. This reminds us of the transformative power of grace.

In the Gospel of Luke, Jesus teaches His disciples how to pray. He begins with the words we cherish: "Our Father, hallowed by Your name." Then, using examples from everyday life, He assures them that persistence in prayer bears fruit: "Seek and you will find; knock and the door will be opened to you." Jesus invites us into a relationship of confident trust with the Father — one rooted in continual prayer and faith.

Each of these readings reveals the heart of our merciful God: His desire is that we live in the Spirit, journeying toward eternal life with Him. In today's world – a culture not unlike Sodom – we are often surrounded by moral confusion and spiritual complacency. It's tempting to blend in. But we, the baptized, are called to stand firm in faith, hope and love, regardless of the pressures around us. The story of Sodom reminds us that the righteous will not be forgotten, even when evil abounds.

The readings remind us that God hears us. He is kind, strong, and near. When we pray, we can trust the He is listening. Let us pray for the strength to walk in His ways, even when the road is steep and the world pulls us off course. May we have the courage of Abraham, the hope of Paul, and the trust of those who followed Jesus.

We ask this through Christ, our Lord. Amen.

En nuestra primera lectura del Génesis, somos testigos de la notable persistencia de Abraham en la oración. Sabiendo que su sobrino Lot vive en Sodoma, Abraham le ruega a Dios que no destruye la ciudad. Dios responde, Por el bien de esos diez, no lo destruiré. Este poderoso diálogo revela una verdad profunda: Dios escucha cuando lo invocamos sinceramente.

En su carta a los Colosenses, San Pablo ofrece esperanza a la comunidad cristiana primitiva. A través del Bautismo, explica, nuestros pecados son perdonados y somos resucitados con Cristo a una Nueva Vida. Esto nos recuerda el poder transformador de la Gracia.

En el Evangelio de Lucas, Jesús enseña a sus discípulos a orar. Comienza con las palabras que apreciamos: Padre nuestro, santificado sea Tu Nombre. Luego, usando ejemplos de la vida diaria, les asegura que la persistencia en la oración da fruto: Pidan y se les dará, busquen y encontrarán, toquen y se les abrirá la puerta. Jesús nos invita a una relación de confianza, confiada con el Padre, con raíz en la Oración y la Fe continua.

Cada una de estas lecturas revela El Corazón de Nuestro Dios Misericordioso: Su deseo es que vivamos en el Espíritu, caminando hacia la vida eterna con Él. Hoy, el mundo de hoy es una cultura no muy diferente a Sodoma, a menudo estamos rodeados de confusión moral y complacencia espiritual. Hay una tentación de ser como los demás. Pero nosotros, los Bautizados, estamos llamados a mantenernos firmes en la Fe, la Esperanza y el Amor, independientemente de las presiones que nos rodean. La historia de Sodoma nos recuerda que los justos no serán olvidados, incluso cuando el mal abunda.

Las lecturas nos recuerdan que Dios nos escucha. Es Amable, Fuerte y Cercano. Cuando oramos, podemos confiar en que Él está escuchando. Oremos por la fortaleza para caminar en Sus caminos, incluso cuando el camino es inclinado y el mundo nos extravía del camino. Que tengamos el valor de Abraham, la esperanza de Pablo y la confianza de aquellos que siguieron a Jesús.

Te lo pedimos por Cristo nuestro Señor. Amen



LAY ORGANIZATIONS

- Mental Health Ministry
- Grief Support Group
- Legion of Mary (Eng & Sp)
- Rosary Group
- The Prayer Warriors
- Society of St. Vincent de Paul
- Pro Life 40 days for Life Group
- Sto. Niño Group
- Sociedad Guadalupana
- Lazos de Maria
- El Grupo de Oracion: Aliento de Oracion
- OCIA Catechists
- Bible Study Group
- Men's Club
- Women's Club

<u>Liturgical ministries:</u>

- Altar servers
- Lectors and Holy Communion ministers
- Hospitality: Ushers and Greeters
- Music Ministry
- Liturgical Environment

Descriptions of each group are found in our website: https://www.mountcarmelrc.org/

MASS INTENTIONS FOR THE WEEK

Sat., July 26, 2025

8:15 AM † Sue

5:00 PM † Virginia Guillermo

Sun., July 27, 2025

8:00 AM Miguel P. 10:00 AM † Eric Rae

12:00 PM † Armando Martinez

Daily Masses - 8:15 AM

Mon., July 28 † Carmen Bueno
Tues., July 29 † Michael Queen
Wed., July 30 † The Phans
Thurs., July 31 † Ray Torres
Fri., Aug. 1 † Ivan DeRossi

Sat., Aug. 2, 2025

8:15 AM † Alfred Absi 5:00 PM † Marnie Huber

Sun., Aug. 3, 2025

8:00 AM † Juanito Soriano

10:00 AM † Jose & Asteria Tordilla

12:00 PM † Raquel Sandoval

Prayer List: Our prayer list clears at the end of each month. Please submit your entries for the prayer list by

calling 650-366-3802.

2nd Collection: Aug. 3 - Parish Facilities Aug. 17 - Religious Education

Aug. 10 - Liturgy Fund Aug. 23 - Annual Appeal

Aug. 31 – Society of St. Vincent de Paul

Register: Want to join our Parish? Has it been a while since you have updated your information! It's easy!

Just Register / Update at: mountcarmelrc.org/registration

FORMED: Sign up to our free **FORMED** subscription for thousands of books, audio talks, movies, documentaries and studies to help you and your family nurture your faith in the Catholic tradition. Go to **formed.org** then enter **Our Lady of Mt. Carmel Church, Redwood City** or our zip code: **94062**

GO PAPERLESS! Our weekly bulletin is also available online and can be downloaded. Go to: https://parishesonline.com/organization/our-lady-of-mount-carmel-church-94062

If there is any announcement you would like be included in the weekly bulletin, please contact Fr. Andy. Bulletin for the coming weekend is usually submitted to the printer on Tuesday evenings.



SAINTS of the Week

Sts. Martha, Mary and Lazarus (July 29)

Martha, Mary, and their brother Lazarus were evidently close friends of Jesus. He came to their home simply as a welcomed guest. The sisters felt free to call on Jesus at their brother's death, even though a return to Judea at that time seemed to spell almost certain death. Martha's great glory is her simple and strong statement of faith in Jesus after her brother's death. (cf. Jn. 11:25-27). The Lord recognizes that Martha is "worried about many things," also noting that Mary, who has spent the preparation time at Jesus' feet listening to his words "has chosen the better part." (cf. Lk. 10:38-42). John 12:1-8 describes Mary's anointing of Jesus' feet at Bethany, an act which he praised highly.

St. Ignatius of Loyola (July 31)

The founder of the Jesuits was on his way to military fame and fortune when a cannon ball shattered his leg. Because there were no books of romance on hand during his convalescence, Ignatius whiled away the time reading a life of Christ and lives of the saints. His conscience was deeply touched, and a long, painful turning to Christ began. Having seen the Mother of God in a vision, he made a pilgrimage to her shrine at Montserrat near Barcelona. He remained for almost a year at nearby Manresa, sometimes with the Dominicans, sometimes in a pauper's hospice, often in a cave in the hills praying. After a period of great peace of mind, he went through a harrowing trial of scruples. There was no comfort in anything—prayer, fasting, sacraments, penance. At length, his peace of mind returned.

It was during this year of conversion that Ignatius began to write down material that later became his greatest work, the *Spiritual Exercises*.

In 1534, at the age of 43, he and six others—one of whom was Saint Francis Xavier—vowed to live in poverty and chastity and to go to the Holy Land. If this became impossible, they vowed to offer themselves to the apostolic service of the pope. The latter became the only choice. Four years later Ignatius made the association permanent. The new Society of Jesus was approved by Pope Paul III, and Ignatius was elected to serve as the first general.

St. Alphonsus Liguori (August 1)

In his day, Alphonsus fought for the liberation of moral theology from the rigidity of Jansenism. At the University of Naples, Alphonsus received a doctorate in both canon and civil law by acclamation, at the age of 16, but he soon gave up the practice of law for apostolic activity. He was ordained a priest, and concentrated his pastoral efforts on popular parish missions, hearing confessions, and forming Christian groups.

He founded the Redemptorist congregation in 1732. It was an association of priests and brothers living a common life, dedicated to the imitation of Christ, and working mainly in popular missions for peasants in rural areas.

He was made bishop at age 66 after trying to reject the honor, and at once instituted a thorough reform of his diocese.

Alphonsus is best known for his moral theology, but he also wrote well in the field of spiritual and dogmatic theology. His *Glories of Mary* is one of the great works on that subject, and his book *Visits to the Blessed Sacrament* went through 40 editions in his lifetime, greatly influencing the practice of this devotion in the Church.

Source: https://www.franciscanmedia.org



RELIGIOUS EDUCATION

First Communion Program 2025-2026

Registration for 1st communion will continue on Sundays of August from 9am to 1:30pm, at the porch of the Church. We will accept registrations in the Parish Center from Tuesday through Friday from 9:30a to 12nn and from 1pm to 4pm.

Classes will begin in September.

Classes in English will be held on Sundays from 8:45am to 9:45am, followed by 10am Mass.

Calendar of activities and more information will be in the Registration package.

For more information, you can contact Magdalena Hernandez via email:

mhernandez@mountcarmel.org.

Programa de Primera Comunión 2025-2026

La inscripción continuara los domingos de Agosto, de 9am a 1:30pm, en el porche de la Iglesia. Además, aceptaremos inscripciones en el Centro Parroquial de martes a viernes de 9:30am a 12md y de 1pm a 4pm. Las clases comenzarán en Septiembre.

Las clases en español se llevarán a cabo los miércoles y jueves de 6:30 pm a 7:30 pm.

El calendario de actividades y más información estarán en el paquete de registro.

Para más información, puede comunicarse con Magdalena Hernández por email: mhernandez@mountcarmel.org.

Confirmation Program 2025-2026

Online Registration begins: August 1, 2025

Program Fee: \$150.00

Required documents: Baptism Certificate & Online

registration form

Program duration: September 2025 – April 2026

*Class Schedule: Twice a month on Sunday evenings,

5:00-6:30 PM

*Mandatory Events: Parent & Student Orientation, Saint Project, Social Justice Service Project, Confirmation Retreat, Sponsor Night, Reconciliation Service, Conformation Rehearsal and Confirmation Mass

*Exact dates will be provided at the time of registration

*Online Registration links (active on Aug. 1st):

English:

https://forms.gle/2EGf6M4pUx3nmRUR6 Spanish: https://forms.gle/C51Nu4F2mZtvYai17

Note: Limited admission to 30 participants and fills up quickly – typically within 5-7 days. Registration will remain open until all spaces are filled.

Order of Christian Initiation of Adults

(for non-baptized)

Rooted from the very beginning of Church tradition, the Order of Christian Initiation of Adults is the path for welcoming new inquirers into our community of believers. If you, or someone close to you, are considering becoming a part of the Catholic community here at Our Lady of Mount Carmel then please accept our invitation to join with us for our weekly session on Sundays, following the 8:00 am Mass in the Parish Center. We use these Sundays to discuss the sacred scripture readings, questions regarding the Church as well as what we believe as Catholic Christians.

The Church uses the Order for those seeking any or all of the sacraments of Baptism, Confirmation, and First Eucharist. We also encourage those, already members of the community, to join us on Sunday as well to deepen their faith and to consider assisting in the formation of the inquirers as sponsors.

For further information, contact the parish office or John Spotorno at (650) 303-6292.



JUBILEE YEAR OF HOPE

Pope Francis has designated the 2025 Holy Year as a time to renew ourselves as "Pilgrims of Hope." The Jubilee Year of Hope, also known as Jubilee 2025, concludes on January 6, 2026, which is the Solemnity of the Epiphany of the Lord. The year began with the opening of the Holy Door of St. Peter's Basilica on December 24, 2024.

The Vatican issued a decree* in May 2024 outlining the different ways that Catholics may obtain the Plenary Indulgence during the 2025 Jubilee Holy Year.

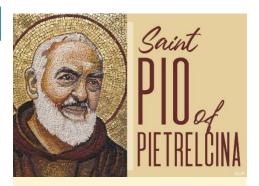
*https://www.usccb.org/resources/Indulgence_Vatican_Bollettino.pdf

An indulgence is a remission before God of the temporal punishment due to sins whose guilt has already been forgiven, which the faithful Christian who is duly disposed gains under certain prescribed conditions through the action of the Church, which as the minister of redemption, dispenses and applies with authority the treasury of the satisfactions of Christ and the saints. (CCC 1471).

Here it the link on Ways to obtain the indulgence in the Archdiocese of San Francisco:

https://www.sfarchdiocese.org/wp-content/uploads/2025/03/Indulgence-instructions-1.pdf

Here is the link to the pilgrim sites in the Archdiocese of San Francisco: https://www.sfarchdiocese.org/jubilee-year-of-hope/#LocalPilgrimageSites



We invite volunteers to the Padre Pio relics visit on August 15th & 16th.

There will be one-hour shift for: Greeters/ushers and Volunteers at the store to sell Padre Pio items.

Contact the OLMC Padre Pio Committee at: olmcpadrepiorc@gmail.com

HOLY DAY OF OBLIGATION

La Solemnidad de La Asunción de la Virgen es un día de obligación.

Agosto 14 (jueves) a las 6:30 de la tarde La Misa Vigilia en español.

The Solemnity of the Assumption of the Blessed Virgin Mary is a Holy Day of Obligation.

August 15th (Friday)

English Masses at 8:15am and 6pm.

The 6pm Mass will also be a healing Mass to be presided by Fr. Ernie.

The relics of St. Padre Pio will be with us from Aug. 15th until the 16th.

The Guadalupanos and The Prayer Warriors

invite you to join
a communal prayer
for healing
for Msgr. Loi and all the sick in our
parish community
5 Tuesdays (July 29th – Aug. 26th)
7pm in the Church

los invitan a unirse a una oración comunitaria por la curación de Mons. Loi y de todos los enfermos de nuestra comunidad parroquial 5 los martes (29 de Julio – 26 de Agosto) a las 7 de la tarde en la iglesia

