



OUR LADY OF MOUNT CARMEL CATHOLIC CHURCH & SCHOOL

300 Fulton Street, Redwood City, CA 94062

Phone: (650) 366-3802

TWELFTH SUNDAY IN ORDINARY TIME

YOU ARE WORTH MORE THAN MANY SPARROWS.

— MATTHEW 10:31 —



Father's Day Spiritual Remembrance

Father's Day cards and Spiritual Remembrance envelopes are available at all church tables.

If you would like to honor a living or deceased father, grandfather, husband, godfather, son, uncle, or brother, please complete a Father's Day Spiritual Remembrance envelope and place it in the collection basket or return it to the Parish Office. The names submitted will be remembered in prayer.

Greetings and Prayers

Birthday & Wedding Anniversary celebrants this week.

JUNE 21, 2026

JUBILEE YEAR OF

**St. Francis
of Assisi**

JAN 10, 2026 – JAN 10, 2027



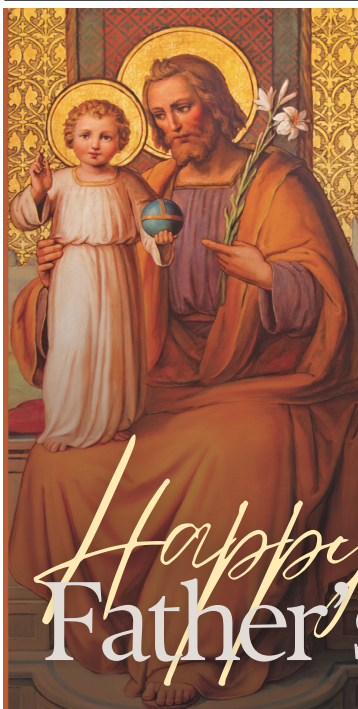
Archdiocesan Annual Appeal 2026

Goal: \$72,794

Collected donations:

(As of 06/09/2026)

\$15,395



Let's thank God
for the fathers and
father figures who
care for their
families and help
build loving
homes.

St. Joseph, pray
for us, and
especially for our
fathers!

***Remembrance envelopes will remain at
the altar throughout the month of
June.***



PARISH MASSES & LITURGIES

DAILY MASS: SATURDAY	Monday - Saturday, 8:15 AM
VIGILMASS:	5:00 PM - English
SUNDAY MASSES:	8:00 AM, 10:00 AM - English; 12:00 PM - Español
1st FRIDAY Devotion:	Eucharistic Adoration follows the 8:15 AM Mass
CONFESSIONS:	Saturdays, 3:30 PM - 4:30 PM (2 nd & 4 th Saturdays are in English only)
ANointing OF THE SICK, FUNERAL SERVICES or HOUSEBLESSING:	Please call the Parish Center to set an appointment.
BAPTISM - Monthly:	Second Saturday: 10:00 AM - English El cuarto sábado: 10:00 AM - Español Please call at least 2 months prior to the approved date of baptism.
QUINCEAÑERA MASS:	Saturdays at 12 noon. Subject to availability. Please call at least 5 months prior to the approved date of the Mass.
MARRIAGE:	Saturdays at 12 noon. Subject to availability. Please call at least 6 months prior to the approved date of the wedding.

PARISH CENTER HOURS - Monday-Friday

8:30AM - 4:00PM

break from 12PM-1PM

CLERGY

Administrator: Rev. Fr. Andy De Guzman
Parochial Vicar: Rev. Fr. Patrick Okoye
Hospital Chaplain: Rev. Fr. Ernie Jandonero
Deacon: Rev. Mr. Raymond Smith
Deacon: Rev. Mr. Ricardo Escobar

adeguzman@mountcarmel.org
 okoye.patrick@sfarch.org
 frerniej@sfhealingandprayer.org
 rsmith@mountcarmel.org
 rescobar@mountcarmel.org

STAFF

Admin. Assistant: Luke Mulhall
Director, Liturgy: Maria Cornell
Director, Religious Ed: Magdalena Hernandez
OCIA: Rev. Mr. Raymond Smith w/ Bill Haack
Confirmation: Johanna Rasmussen
Music Cantors: Kristen Lapinig & Leodan Guerra
School Principal: Jennifer Bruzzzone

lmulhall@mountcarmel.org	(650) 366-3802
mcornell@mountcarmel.org	(650) 446-5802
mhernandez@mountcarmel.org	(650) 368-8237
rsmith@mountcarmel.org	(650) 366-3802
jrasmussen@mountcarmel.org	(650) 366-3802
jbruzzzone@mountcarmel.org	(650) 366-6127



Pray for our departed parishioners
May they rest in peace
AMEN.



Adoration Chapel
Open Sundays through Saturdays
from 9am to 9pm

*But the gift is not like the transgression.
 For if by the transgression of the one the many died, how much more did the grace of
 God and the gracious gift of the one man Jesus Christ overflow for the many.*

(Rom 5:15)

CLERGY MESSAGE: 12th Sunday in Ordinary Time – Cycle A

The readings this Sunday speak directly to the experience of fear, discouragement, and the cost of discipleship. Yet woven through them is a steady message of hope: God sees us, God is with us, and God never abandons those who trust in Him.

Jeremiah gives voice to the honest struggle of remaining faithful when it feels costly. He feels the sting of betrayal and the loneliness that comes when speaking God's truth. Still, Jeremiah refuses to let fear have the final word. *"The Lord is with me, like a mighty champion."* His courage comes from knowing that God stands beside him.

Paul, in the second reading, widens the horizon. He reminds us that sin entered the world through one man, and with it came fear, division, and death. But Paul's emphasis is on the greater power of Christ. The grace of Jesus does not merely match the weight of sin; it overflows. Where sin wounds, grace heals more deeply. Where sin divides, grace reconciles. Paul wants us to understand that God's mercy is always stronger than our brokenness.

In the Gospel, Jesus speaks directly to the hearts of His disciples. He knows they will face misunderstanding, resistance, and moments of doubt. So He repeats the same command three times: *"Do not be afraid."* Jesus does not deny the reality of hardship. Instead, He roots our courage in the Father's loving care. If God watches over sparrows sold for a few coins, how much more does He watch over us? If He counts the hairs on our heads, how deeply must He know our struggles, and our hopes.

These readings remind us that discipleship today still requires courage. We face our own fears—concerns about family, health, finances, or the future. We may hesitate to speak or act from our faith when the world pushes in other directions. Yet Jesus assures us that nothing about our lives is hidden from the Father's care. Every quiet act of faithfulness matters. Every choice for goodness, mercy, or truth is seen by God.

As we enter this week, may we carry three simple truths:

- God is with us, even when fear is loud.
- God's grace is greater, even when sin or struggle feels heavy.
- God sees and values us, even when we feel small or unnoticed.

May this assurance strengthen our hearts and deepen our trust in the God who calls us by name.

Las lecturas de este domingo hablan directamente de la experiencia del miedo, el desaliento y el costo del discipulado. Sin embargo, entretejido en todas ellas encontramos un mismo mensaje de esperanza. Dios nos ve, Dios está con nosotros y Dios nunca abandona a quienes confían en Él.

Jeremías nos da voz a la lucha sincera de permanecer fiel cuando la fidelidad se siente costosa. Siente el aguijón de la traición y la soledad que acompañan el anunciar la verdad de Dios. Aun así, Jeremías se niega a dejar que el miedo tenga la última palabra. *"El Señor está conmigo como un guerrero poderoso."* Su valentía no proviene de sí mismo, sino de la presencia de Dios.

San Pablo, en la segunda lectura, amplía el panorama. Nos recuerda que el pecado entró en el mundo por un solo hombre, y con él vinieron el miedo, la división y la muerte. Pero el énfasis de San Pablo está en la gracia sobre el poder del pecado. La gracia de Dios hace mucho más que reparar lo que el pecado destruye. Donde hay heridas, la gracia sana más profundamente. Donde hay divisiones, la gracia reconcilia. San Pablo quiere que entendamos que la gracia de Dios es siempre mayor que nuestra fragilidad.

En el Evangelio, Jesús habla directamente al corazón de sus discípulos. Él conoce que enfrentarán incomprensión, resistencia y momentos de duda. Por eso repite el mismo mandato tres veces: *"No tengan miedo."* Jesús no promete que el camino será fácil. En cambio, nos anima a poner nuestra confianza en el amor del Padre por nosotros. Dios cuida de los gorriones vendidos por unas pocas monedas; ¡cuánto más cuidará de nosotros! Si Él cuenta hasta los cabellos de nuestra cabeza, ¡cuánto más nos conoce y nos valora!

Estas lecturas nos recuerdan que el discipulado hoy sigue requiriendo valentía. Enfrentamos nuestras propias preocupaciones: la familia, la salud, las finanzas o el futuro. Tal vez dudamos en hablar o actuar conforme al Evangelio cuando el mundo nos presiona a guardar silencio. Sin embargo, Jesús nos asegura que nada de nuestra vida está oculto a los ojos del Padre. Cada acto silencioso de fidelidad importa.

Mientras entramos en esta semana, llevemos con nosotros estas sencillas verdades:

- Dios está con nosotros, aun cuando el miedo sea intenso.
- La gracia de Dios es mayor que nuestro pecado y nuestras luchas.
- Dios nos ve y nos valora, aun cuando nos sintamos pequeños o pasemos desapercibidos.

Que esta certeza fortalezca nuestro corazón y profundice nuestra confianza en el Dios que nos llama por nuestro nombre.

Deacon Ray

LAY ORGANIZATIONS

- Mental Health Ministry
- Good Grief Ministry
- Legion of Mary (Eng & Sp)
- Rosary Group
- The Prayer Warriors
- Society of St. Vincent de Paul
- Pro Life 40 days for Life Group
- The Sto. Niño Group
- El Grupo Guadalupano
- Lazos de Amor Mariano
- El Grupo Aliento de Oración
- OCIA – Catechists
- Bible Study Group
- Men's Club
- Women's Club
- Social Media (new)

LITURGICAL MINISTRIES

- Altar servers
- Lectors & Holy Communion ministers
- Hospitality: Ushers and Greeters
- Music Ministry
- Liturgical Environment

MASS INTENTIONS FOR THE WEEK

Sat., Jun 20
5:00 PM † Ekarayake Family

Sun., Jun 21
8:00 AM † Barbara Carrion
10:00 AM Pro Populo
12:00 PM † Mario Gonzalez

Weekdays at 8:15 AM
Mon., Jun 22 Rafael & Maria Basques
Tues., Jun 23 Belle Ekanayake De Silva
Wed., Jun 24 † Lola Cornell
Thurs., Jun 25 † Filomena & Luigi Liberati
Fri., Jun 26 † Matthew Smith
Sat., Jun 27 † Eucharia Mulhall

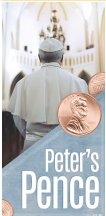
2nd Collection: June 7 – Facility Repair & Improvement

June 14 – Religious Education

June 21 – Liturgy Fund

June 28 – Peter's Pence

Registration: If you are new in our community, welcome! Register at: mountcarmelrc.org/registration
Registered parishioners may also update their information on the website.



Peter's Pence collection is a gesture of solidarity through which every member of the faithful can participate in the activity of the Pope as Pastor of the universal Church.

The faithful's offerings to the Holy Father through the Peter's Pence Collection are destined to Church needs, to humanitarian initiatives and social promotion projects, as well as to the support of the Holy See.

Mental Health Ministry

Call: Maria Koenigsberg @
(650) 366-3802
Or email us at:
olmcmentalhealthministry@gmail.com



Good Grief Ministry

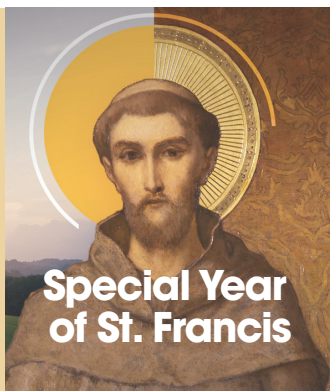
Call: Maryann Gonzales @
(650) 366-3802
The ministry meets every 2nd & 4th Thurs of
the month 6pm at the Parish Center.

The number to call
for mental health
crisis support in
San Mateo County

(650) 579-0350

For help from local mental health
counselors 24/7 during mental
health crisis, substance use issue,
or thoughts of suicide.

Pope Leo XIV has decreed that **from Jan. 10, 2026, to Jan. 10, 2027**, “a *special Year of Saint Francis*” shall be proclaimed. In honor of this special year of the occasion of the 800th anniversary of the Transitus (death) of Saint Francis, **Archbishop Cordileone has designated several locations where the faithful may make a pilgrimage and pray devoutly to fulfill the conditions for receiving a plenary indulgence***:



Designated locations to participate in this special year of St. Francis:

- *National Shrine of Saint Francis of Assisi*
- *Mission Dolores Church*
- *Saint Francis of Assisi Catholic Church in East Palo Alto*
- *Mission San Rafael*
- *Cathedral of St. Mary of the Assumption*

* To gain a plenary indulgence, in addition to excluding all attachment to sin, even venial sin, it is necessary to perform a prescribed work designated by the Church (such as praying the stations of the cross in a church or visiting one of the designated pilgrimage sites) and fulfill the following three conditions: sacramental confession, Eucharistic Communion, and prayer for the intentions of the Pope.

READY TO LIVE YOUR FAITH?

MOUNT CARMEL YOUTH MINISTRY

“For in GOD we live and move and have our being”

Acts 17:28

Pursuing your personal dreams, careers, and living the Christian life are not isolated paths of life, but different dimensions of one life.

Mount Carmel Youth Ministry is a faith based group where Youths are guided by the Holy Spirit to:

- Grow in their relationship with God and learn to serve God within the community.
- Discover and use their God-given talents to pursue meaningful goals in life.
- Explore careers/vocations and build leadership skills.
- Acquire the faith, knowledge and power to conquer the challenging pressures of the modern world.

This program integrates faith formation, talent development, career discernment, and leisure activities into one unified path.

**Come grow in Faith.
Discover and share your gifts.
Pursue your dreams.**



register here

BECOME WHO GOD CREATED YOU TO BE.



mountcarmelyouthministry.org



Email us at:
contact@mountcarmelyouthministry.org

As we celebrate the 250th Anniversary Year of the Founding of Mission Dolores, we are delighted to invite you to join us!

Sat. June 27, 2026 - 11 a.m.

Concelebrated Mass honoring the Founding of the Mission
Commemoration of the first Mass celebrated in 1776

Archbishop Salvatore J. Cordileone, celebrant
Rev. Jack Clark Robinson, OFM, homilist
Re. Francis Mark P. Garbo, pastor

Special Museum Exhibition
Mission Church, Museum & Cemetery



Mission Dolores Basilica
Mission San Francisco de Asis
Founded October 9, 1776
celebrating 250 years, 1776 - 2026
www.missiondolores.org

Siempre Adelante – Always Forward



**LORD,
IN YOUR
GREAT
LOVE,
PLEASE
ANSWER
ME.**

Psalm 69

OBSERVANCES FOR THE WEEK

(21th) *Father's Day*

(22th) St. Paulinus of Nola, Bishop; Sts. John Fisher, Bishop, and Thomas More, Martyrs

(24th) The Nativity of St. John the Baptist

(27th) St. Cyril of Alexandria, Bishop and Doctor of the Church

Religious Freedom Week 2026

Religious freedom allows the Church, and all religious communities, to live out their faith in public and to serve the good of all. Beginning June 22, the feast of [Sts. Thomas More and John Fisher](#), the USCCB invites Catholics to **pray**, **reflect**, and **act** to promote religious freedom.

Learn more [here](#)



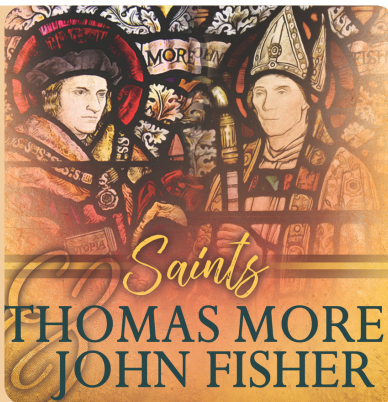
RELIGIOUS
FREEDOM
WEEK



June 22

Patrons of religious freedom and conscience.

Their witness reminds us that our first loyalty belongs to God. They gave their lives defending the freedom of the Church and the right to follow one's conscience according to God's truth.



They chose Christ over the king.

Executed in 1535 because they refused to recognize King Henry VIII as the head of the Church in England. They remained faithful to Christ and the Catholic Church until death.

They served both Church and country with integrity.

Thomas More was a husband, father, lawyer, and Chancellor of England. John Fisher was a devoted bishop known for his faithful preaching and humble service to his diocese. Both showed that holiness can be lived through faithful service in public life.

"I die the King's good servant, but God's first."

— St. Thomas More

For **Retreats** please call:

Vallombrosa Retreat Center (650) 325-5614

The Jesuit Retreat Center (650) 917-4024

St. Clare's (831) 423-8093

WORTHY

"Do not be afraid."

MATTHEW 10:31

Catechism of the Catholic Church

God knows you, and cares for every detail of your life.

305 Jesus asks for childlike abandonment to the providence of our heavenly Father who takes care of his children's smallest needs: "Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' Your heavenly Father knows that you need them all. But seek first his kingdom and his righteousness, and all these things shall be yours as well."

1817 Hope is the theological virtue by which we desire the kingdom of heaven and eternal life as our happiness, placing our trust in Christ's promises and relying not on our own strength, but on the help of the grace of the Holy Spirit. "Let us hold fast the confession of our hope without wavering, for he who promised is faithful."⁸⁴ "The Holy Spirit . . . he poured out upon us richly through Jesus Christ our Savior, so that we might be justified by his grace and become heirs in hope of eternal life."

1816 The disciple of Christ must not only keep the faith and live on it, but also profess it, confidently bear witness to it, and spread it: "All however must be prepared to confess Christ before men and to follow him along the way of the Cross, amidst the persecutions which the Church never lacks." Service of and witness to the faith are necessary for salvation: "So every one who acknowledges me before men, I also will acknowledge before my Father who is in heaven; but whoever denies me before men, I also will deny before my Father who is in heaven."



Trust in God.

Do not be afraid.

Bear witness to Christ.

ACADEMIC
EXCELLENCE.
FAITH.
COMMUNITY.
THIS IS OLMC.

Limited spots are still available for
the 2026-2027 School Year.

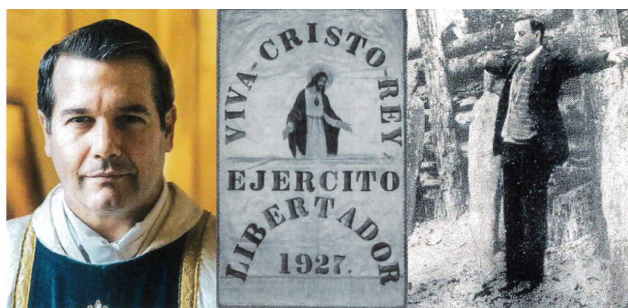
LEARN MORE

(650) 366-6127
info@mountcarmel.org
www.school.mountcarmel.org
Offering Preschool, TK, and K-8 Programs.



THE CRISTERO COUNTERREVOLUTION

PRESENTED BY
FATHER JAVIER OLIVERA RAVASI



TUESDAY, JUNE 23, 2026
7:00 P.M. – 8:30 P.M.

ST RAYMOND'S PARISH HALL
1100 SANTA CRUZ AVE,
MENLO PARK, CA 94025

FOR MORE INFORMATION,
EMAIL PEREZA@SFARCH.ORG
OR CALL 415-614-5616.

SCAN THE QR CODE TO
REGISTER OR
VISIT THIS LINK:
SFARCH.ORG/EVENT/THE-
CRISTERO-WAR/



ARCHDIOCESE OF
SAN FRANCISCO

OFFICE OF HUMAN
LIFE & DIGNITY



ST. RAYMOND
CATHOLIC CHURCH
SERVED BY DOMINICAN FRARS



Get updates through email and text messages as they
happen within our parish and school community. The
Sunday bulletins are available too ahead of each Sunday.

To sign up, text "RWC" to 84576, or click on the
Flocknote sheep on the Parish website.

Christian Faith Under Siege

1 in 7 Christians faces persecution for their faith
What are the long term effects of Christian persecution?

LET US PRAY
— FOR THE —
PERSECUTED CHRISTIANS!



JOIN US!

Aid to the Church in Need Director of Outreach
Ed Clancy will address the global state of religious
persecution and take questions from participants.

Webinar:
Wednesday,
June 24, 2026
6 p.m. PDT



Scan QR Code to RSVP for Webinar or Visit:
sfarch.org/event/christian-faith-under-siege/



ARCHDIOCESE OF
SAN FRANCISCO

Office of
Human Life & Dignity



RELIGIOUS
FREEDOM
WEEK



ACN

FINANCE COUNCIL

*The Parish Finance Council is in need of new members
to provide financial oversight for our church and school.
We are especially looking for parishioners with a
background in business, accounting (CPA), financial
management or civil law.*

*The council usually meets just four times a year and plays a vital
role in supporting the stewardship of our parish resources.*

*If you are interested in serving, please contact **Father Andy**.*

SOCIETY OF ST. VINCENT DE PAUL

In the spirit of love and justice, the Society of St. Vincent de Paul of San
Mateo County provides person-to-person services of time, talent and
resources to help our neighbors in need. SVdP respects the dignity of
every person. We provide Safety-Net services for families and
individuals in our community who are often suffering, forgotten and
deprived — **the working poor, the homeless, the incarcerated, and all
people living on the margins.**

Check out their website for more details: <https://svdpsm.org/>

Society of St. Vincent de Paul of San Mateo County 50 North B Street
San Mateo, CA 94401 **Help Line: 650-343-4403**

Catholic Charities San Francisco (CCSF)

create lasting solutions to the most pressing challenges in our
community — homelessness, inequality, aging in isolation,
generational poverty, HIV/AIDS, and immigration to name a few.
CCSF does not charge fees over the phone or through online ads.
Please call our office directly at **(415) 972-1200** for more
information or to request a consultation.

MORE ANNOUNCEMENTS

*Please read the advertisements on the
bulletin board at the vestibule.*