



OUR LADY OF MOUNT CARMEL CATHOLIC CHURCH & SCHOOL

300 Fulton Street, Redwood City, CA 94062

Phone: (650) 366-3802



JUNE 14, 2026

JUBILEE YEAR OF

**St. Francis
of Assisi**



JAN 10, 2026 – JAN 10, 2027

Archdiocesan Annual Appeal 2026

Goal: \$72,794

Collected donations:

(As of 06/09/2026)

\$15,395



11th SUNDAY IN ORDINARY TIME

"Go rather to the lost sheep of the house of Israel. As you go, make this proclamation: 'The kingdom of heaven is at hand.' Cure the sick, raise the dead, cleanse lepers, drive out demons. Without cost you have received; without cost you are to give." - Mt 10:6-8

Excerpts from the Lectionary for Mass © 2001, 1998, 1970 CCD.

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Father's Day Spiritual Remembrance

Father's Day cards and Spiritual Remembrance envelopes are available at all church tables.

If you would like to honor a living or deceased father, grandfather, husband, godfather, son, uncle, or brother, please complete a Father's Day Spiritual Remembrance envelope and place it in the collection basket or return it to the Parish Office. The names submitted will be remembered in prayer.



Parish Office Closure Notice

Please note that the **Parish Office will be closed on Friday, June 19**, in observance of the Juneteenth Federal Holiday.

Thank you for your understanding.

Remembrance envelopes will remain at the altar throughout the month of June.



Greetings and Prayers

Birthday & Wedding Anniversary celebrants this week.

PARISH MASSES & LITURGIES

DAILY MASS: SATURDAY	Monday - Saturday, 8:15 AM
VIGILMASS:	5:00 PM - English
SUNDAY MASSES:	8:00 AM, 10:00 AM - English; 12:00 PM - Español
1st FRIDAY Devotion:	Eucharistic Adoration follows the 8:15 AM Mass
CONFESSIONS:	Saturdays, 3:30 PM - 4:30 PM (2 nd & 4 th Saturdays are in English only)
ANOINTING OF THE SICK, FUNERAL SERVICES or HOUSEBLESSING:	Please call the Parish Center to set an appointment.
BAPTISM - Monthly:	Second Saturday: 10:00 AM - English El cuarto sábado: 10:00 AM - Español Please call at least 2 months prior to the approved date of baptism.
QUINCEAÑERA MASS:	Saturdays at 12 noon. Subject to availability. Please call at least 5 months prior to the approved date of the Mass.
MARRIAGE:	Saturdays at 12 noon. Subject to availability. Please call at least 6 months prior to the approved date of the wedding.

PARISH CENTER HOURS - Monday-Friday	8:30AM - 4:00PM	break from 12PM-1PM
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CLERGY

Administrator: <i>Rev. Fr. Andy De Guzman</i>	adeguzman@mountcarmel.org
Parochial Vicar: <i>Rev. Fr. Patrick Okoye</i>	okoye.patrick@sfarch.org
Hospital Chaplain: <i>Rev. Fr. Ernie Jandonero</i>	frniej@sfhealingandprayer.org
Deacon: <i>Rev. Mr. Raymond Smith</i>	rsmith@mountcarmel.org
Deacon: <i>Rev. Mr. Ricardo Escobar</i>	rescobar@mountcarmel.org

STAFF

Admin. Assistant: <i>Luke Mulhall</i>	lmulhall@mountcarmel.org	(650) 366-3802
Director, Liturgy: <i>Maria Cornell</i>	mcornell@mountcarmel.org	(650) 446-5802
Director, Religious Ed: <i>Magdalena Hernandez</i>	mhernandez@mountcarmel.org	(650) 368-8237
OCIA: <i>Rev. Mr. Raymond Smith w/ Bill Haack</i>	rsmith@mountcarmel.org	(650) 366-3802
Confirmation: <i>Johanna Rasmussen</i>	jasmussen@mountcarmel.org	(650) 366-3802
Music Cantors: <i>Kristen Lapinig & Leodan Guerra</i>		
School Principal: <i>Jennifer Bruzzone</i>	jbruzzone@mountcarmel.org	(650) 366-6127



Pray for our departed parishioners
May they rest in peace
AMEN.



Adoration Chapel
Open Sundays through Saturdays
from 9am to 9pm

Therefore, if you hearken to my voice and keep my covenant, you shall be my special possession, dearer to me than all other people, though all the earth is mine.

(Ex 19:5)

Jesus Looks at us with Compassion and Heals us.

Dear friends in Christ,

Are you carrying burdens in your heart? You may feel the weight of a habitual sin, disappointment from a personal failure, confusion, or a sense of being stuck without direction. Do you feel overwhelmed by weakness or trapped in dilemmas with no clear choice? If this is you, the Word of God today speaks directly to your heart.

The gospel according to Matthew tells us that the heart of Jesus was moved with compassion when He looked at the crowds, troubled and abandoned, “like sheep without a shepherd” (Matthew 9:36).

He sat down. He taught them and healed all their infirmities. He also empowered his apostles with authority to bring healing and restoration to the people. The compassionate gaze of Jesus rests upon you today. He wants to teach you, heal you, and lift you from every pit of worry, pain, and despair.

God has already shown His goodwill toward us. The greatest proof of God’s love is the gift of His Son, our Lord Jesus Christ.

As St. Paul says: “God proves his love for us in that while we were still sinners Christ died for us... If, while we were enemies, we were reconciled to God through the death of his Son, how much more... will we be saved by his life.” (Romans 5:8–10)

This means you are not alone. God is with you. The grace you need has already been won for you through the redemptive work of Jesus Christ. Jesus Himself invites you:

“Come to me, all you who labor and are heavily burdened, and I will give you rest.” (Matthew 11:28)

Come to Jesus with your burdens. Do not carry them alone. Bring them to Jesus in prayer. He is still healing through the ministry of the Church.

Through the Sacrament of Reconciliation, Jesus lifts the weight of sin off your back and restores peace to your soul. Your priests are available to walk with you. Reach out, send an email, or book a time to talk. The many supportive ministries, organizations, and members of the church are all there, ready to listen to you and support you.

So do not be despondent. Reach out. Do not count on your own merit. Count on the mercy of God, who delights in saving His people. The compassionate heart of Jesus, His listening ear, and His healing hand are active today. You can find them in your prayer, in the sacraments, and in the ministry of the Church.

Let Him carry your burden. Let Him restore your peace. Let Him lead you like a shepherd leads His beloved flock.

Peace be with you.

Jesús nos mira con compasión y nos sana

Queridos amigos en Cristo:

¿Llevas cargas en tu corazón? Tal vez sientes el peso de un pecado habitual, la decepción de un fracaso personal, la confusión, o la sensación de estar estancado sin encontrar dirección. ¿Te sientes abrumado por tus debilidades o atrapado en situaciones difíciles sin una solución clara? Si es así, la Palabra de Dios de hoy habla directamente a tu corazón.

El Evangelio según san Mateo nos dice que el corazón de Jesús se conmovió al ver a la multitud, cansada y abatida, “como ovejas que no tienen pastor” (Mateo 9:36).

Jesús se sentó con ellos, les enseñó y sanó todas sus enfermedades. También dio a sus apóstoles autoridad para llevar sanación y restauración al pueblo. Hoy, la mirada compasiva de Jesús descansa sobre ti. Él quiere enseñarte, sanarte y levantarte de todo pozo de preocupación, dolor y desesperanza.

Dios ya nos ha mostrado su buena voluntad. La mayor prueba de su amor es el don de su Hijo, nuestro Señor Jesucristo.

Como dice san Pablo:

"Dios demuestra su amor por nosotros en que, siendo todavía pecadores, Cristo murió por nosotros... Y si cuando éramos enemigos fuimos reconciliados con Dios por la muerte de su Hijo, con mucha más razón, una vez reconciliados, seremos salvados por su vida" (Romanos 5:8-10).

Esto significa que no estás solo. Dios está contigo. La gracia que necesitas ya te ha sido alcanzada por medio de la obra redentora de Jesucristo. El mismo Jesús te invita:

"Vengan a mí todos los que están fatigados y agobiados, y yo les daré descanso" (Mateo 11:28).

Acércate a Jesús con tus cargas. No las lledes solo. Preséntalas al Señor en la oración. Él continúa sanando a través del ministerio de la Iglesia.

Por medio del Sacramento de la Reconciliación, Jesús quita el peso del pecado de tus hombros y devuelve la paz a tu alma. Tus sacerdotes están disponibles para acompañarte en el camino. No dudes en acercarte, enviar un mensaje o solicitar un momento para conversar. Los numerosos ministerios, organizaciones y miembros de la Iglesia también están allí para escucharte y apoyarte.

Por eso, no te desanimes. Busca ayuda. No confíes únicamente en tus propias fuerzas. Confía en la misericordia de Dios, que se complace en salvar a su pueblo. El corazón compasivo de Jesús, su oído atento y su mano sanadora siguen actuando hoy. Puedes encontrarlos en la oración, en los sacramentos y en el ministerio de la Iglesia. Deja que Él cargue con tus preocupaciones. Deja que restaure tu paz. Permite que te guíe como un pastor guía a su amado rebaño.

La paz esté con ustedes.

Fr. Patrick

LAY ORGANIZATIONS

- Mental Health Ministry
- Good Grief Ministry
- Legion of Mary (Eng & Sp)
- Rosary Group
- The Prayer Warriors
- Society of St. Vincent de Paul
- Pro Life 40 days for Life Group
- The Sto. Niño Group
- El Grupo Guadalupano
- Lazos de Amor Mariano
- El Grupo Aliento de Oración
- OCIA – Catechists
- Bible Study Group
- Men’s Club
- Women’s Club
- Social Media (new)

LITURGICAL MINISTRIES

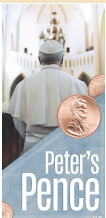
- Altar servers
- Lectors & Holy Communion ministers
- Hospitality: Ushers and Greeters
- Music Ministry
- Liturgical Environment

MASS INTENTIONS FOR THE WEEK

Sat., Jun 13	5:00 PM	† Jules & Virginia Zimmerlin
Sun., Jun 14	8:00 AM	† Billy O’Connell
	10:00 AM	† Latu Tangitau
		† Pelepetua Etu
	12:00 PM	† Cristina Revuetta, Miguel Buenrostro, Raymundo Garcia, & Salvador Garcia
Weekdays at 8:15 AM		
Mon., Jun 15		† Absi, Jones & Nehma Families
Tues., Jun 16		† Augusto Saguin
		† Gloria Bueno
Wed., Jun 17		† Mary Louise Liberati
Thurs., Jun 18		Familia Lopez
Fri., Jun 19		† Martin McGinty
Sat., Jun 20		Belle Ekanayake De Silva

2nd Collection: June 7 – Facility Repair & Improvement June 14 – Religious Education
 June 21 – Liturgy Fund June 28 – Peter’s Pence

Registration: If you are new in our community, welcome! Register at: mountcarmelrc.org/registration
 Registered parishioners may also update their information on the website.



Peter’s Pence collection is a gesture of solidarity through which every member of the faithful can participate in the activity of the Pope as Pastor of the universal Church. The faithful’s offerings to the Holy Father through the Peter’s Pence Collection are destined to Church needs, to humanitarian initiatives and social promotion projects, as well as to the support of the Holy See.

Mental Health Ministry

Call: Maria Koenigsberg @
 (650) 366-3802
 Or email us at:
olmmentalhealthministry@gmail.com



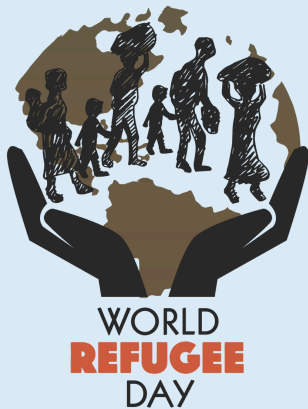
Good Grief Ministry

Call: Maryann Gonzales @
 (650) 366-3802
 The ministry meets every 2nd & 4th Thurs of the month 6pm at the Parish Center.

The number to call for mental health crisis support in San Mateo County

(650) 579-0350

For help from local mental health counselors 24/7 during mental health crisis, substance use issue, or thoughts of suicide.



June 19th: World Refugee Day

This week, we remember the plight of millions of people across the globe displaced from their homes by war, famine, corruption, and other violence. These people are part of our human family, and their needs are Christ's needs. In *Matthew 25*, we see God's heavenly expectations for disciples. We are to meet Jesus in the least among us - the hungry, the thirsting, those without adequate shelter or clothing, the ill, and even the incarcerated. This shouldn't be too much of an imaginative stretch. After all, Christ himself knew what it was to be a refugee. St. Joseph took the Holy Family to Egypt, fleeing from the wrath of Herod. Jesus spent his first few years of life as a stranger in a strange land. Mary knew what it was like to navigate an unfamiliar marketplace and to be surrounded by a foreign tongue. Joseph had a practical trade but had to start from nothing all the same. Let's pray for all refugees today and to see in them our own story of faith.

CLPI

Special Year of St. Francis

Pope Leo XIV has decreed that **from Jan. 10, 2026, to Jan. 10, 2027**, "a special Year of Saint Francis" shall be proclaimed. In honor of this special year of the occasion of the 800th anniversary of the Transitus (death) of Saint Francis, **Archbishop Cordileone has designated several locations where the faithful may make a pilgrimage** and pray devoutly to fulfill the conditions for receiving a plenary indulgence*:

- *National Shrine of Saint Francis of Assisi*
- *Mission Dolores Church*
- *Saint Francis of Assisi Catholic Church in East Palo Alto*
- *Mission San Rafael*
- *Cathedral of St. Mary of the Assumption*

* To gain a plenary indulgence, in addition to excluding all attachment to sin, even venial sin, it is necessary to perform a prescribed work designated by the Church (such as praying the stations of the cross in a church or visiting one of the designated pilgrimage sites) and fulfill the following three conditions: sacramental confession, Eucharistic Communion, and prayer for the intentions of the Pope.



Monday, June 15, 2026 – 7:00p to 8:30p
 Contact: Dana Sherry | 415-450-8146
 | dana@saintagnessf.org

Summer of St Francis
 Reading Circle
 Third Mondays
 7-8:30 pm on Zoom

Register Here
 for ZOOM
 link



We are grateful to all who participated in the Mass for Immigrants and Refugees and the *Know Your Rights* workshop. Through prayer, education, and accompaniment, our Church continues to stand with immigrant and refugee families, affirming the God-given dignity of every person and offering support, hope, and guidance to those in need.

Pope Leo XIV has consistently called the Church to be a place of welcome and encounter. In his first address as Pope, he urged the faithful to become "a missionary Church, a Church that builds bridges and dialogue, always open to welcome." This same spirit was reflected in our Mass for Immigrants and Refugees and Know Your Rights workshop, as we seek to accompany and support those in need.

We are also reminded of Pope Leo XIV's words during his historic address to Spain's Parliament this week: "The moral greatness of a nation is manifested, above all, in its capacity to accompany, protect and love those lives that are most fragile." As a Church, we are called to walk alongside the vulnerable with compassion, justice, and hope.

May we continue to be a parish community that welcomes, supports, and uplifts the most vulnerable among us.



"The moral greatness of a nation is manifested, above all, in its capacity to accompany, protect and love those lives that are most fragile."

POPE LEO XIV
 Spain Parliament, June 8, 2026

"WE MUST STRIVE TO BE A MISSIONARY CHURCH, ONE THAT BUILDS BRIDGES, ONE THAT EMBRACES DIALOGUE, AND ONE THAT WELCOMES ALL WITH OPEN ARMS."

POPE LEO XIV

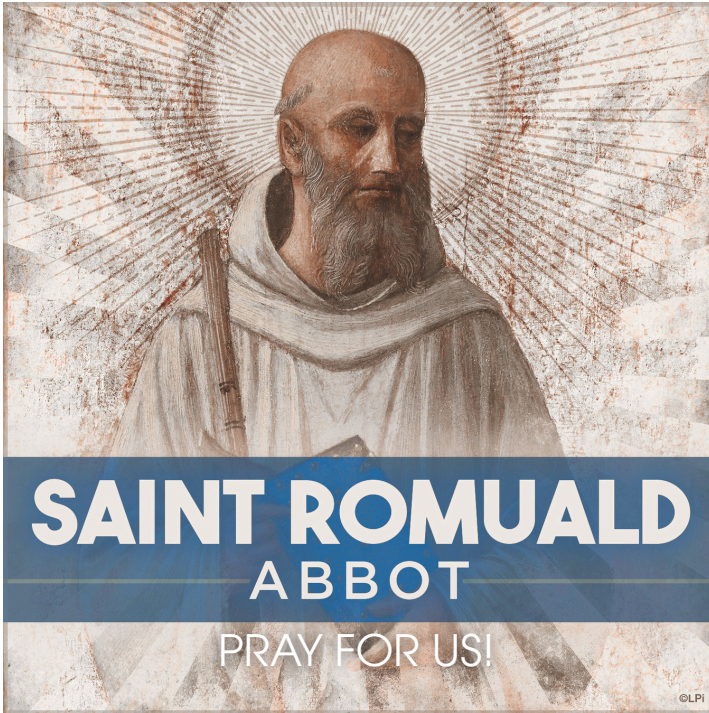
OBSERVANCES FOR THE WEEK

(14th) *Flag Day*

(19th) **St. Romuald, Abbot**

. *World Refugee Day*

. *Juneteenth*



SAINT ROMUALD ABBOT

PRAY FOR US!

Feast Day: June 19

- Founded the Camaldolese Order, uniting community life and contemplative solitude.
- Renewed monastic life through prayer, simplicity, and holiness.
- Taught that silence and prayer are powerful paths to encountering God.

*“Sit in your cell as in paradise;
put the whole world behind you and forget it.”*

~St. Romuald Abbot

Dear Lord,

Pour Your goodness and grace upon our brothers and sisters. Even as we celebrate our triumphs, be with us in today's work that strives to bring justice to the oppressed and liberty to captives. Write Your message of freedom in our hearts, so that we might live more deeply healed. Amen.



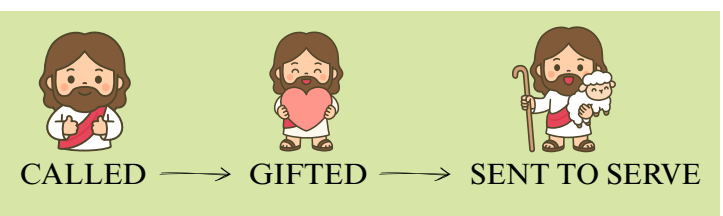
Catechism of the Catholic Church

We Are Called to be Missionary Disciples

849 *The missionary mandate. "Having been divinely sent to the nations that she might be 'the universal sacrament of salvation,' the Church, in obedience to the command of her founder and because it is demanded by her own essential universality, strives to preach the Gospel to all men": "Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you; and Lo, I am with you always, until the close of the age."*

951 *Communion of charisms. Within the communion of the Church, the Holy Spirit "distributes special graces among the faithful of every rank" for the building up of the Church. Now, "to each is given the manifestation of the Spirit for the common good."*

2447 *The works of mercy are charitable actions by which we come to the aid of our neighbor in his spiritual and bodily necessities. Instructing, advising, consoling, comforting are spiritual works of mercy, as are forgiving and bearing wrongs patiently. The corporal works of mercy consist especially in feeding the hungry, sheltering the homeless, clothing the naked, visiting the sick and imprisoned, and burying the dead. Among all these, giving alms to the poor is one of the chief witnesses to fraternal charity: it is also a work of justice pleasing to God.*



ACADEMIC
EXCELLENCE.
FAITH.
COMMUNITY.
THIS IS OLMC.

Limited spots are still available for
the 2026-2027 School Year.

LEARN MORE

(650) 366-6127
info@mountcarmel.org
www.school.mountcarmel.org
Offering Preschool, TK, and K-8 Programs.



FINANCE COUNCIL

The Parish Finance Council is in need of new members to provide financial oversight for our church and school.

We are especially looking for parishioners with a background in business, accounting (CPA), financial management or civil law.

The council usually meets just four times a year and plays a vital role in supporting the stewardship of our parish resources.

*If you are interested in serving, please contact **Father Andy**.*

SOCIETY OF ST. VINCENT DE PAUL

In the spirit of love and justice, the Society of St. Vincent de Paul of San Mateo County provides person-to-person services of time, talent and resources to help our neighbors in need. SVdP respects the dignity of every person. We provide Safety-Net services for families and individuals in our community who are often suffering, forgotten and deprived — **the working poor, the homeless, the incarcerated, and all people living on the margins.**

Check out their website for more details: <https://svdpsm.org/>
Society of St. Vincent de Paul of San Mateo County 50 North B Street San Mateo, CA 94401 **Help Line: 650-343-4403**

Catholic Charities San Francisco (CCSF)

create lasting solutions to the most pressing challenges in our community — homelessness, inequality, aging in isolation, generational poverty, HIV/AIDS, and immigration to name a few. CCSF does not charge fees over the phone or through online ads. Please call our office directly at **(415) 972-1200** for more information or to request a consultation.



Get updates through email and text messages as they happen within our parish and school community. The Sunday bulletins are available too ahead of each Sunday.

To sign up, text “RWC” to **84576**, or click on the Flocknote sheep on the Parish website.

As we celebrate the 250th Anniversary Year
of the Founding of Mission Dolores,
we are delighted to invite you to join us!

Sat. June 27, 2026 -11 a.m.

*Concelebrated Mass honoring the Founding of the Mission
Commemoration of the first Mass celebrated in 1776*

Archbishop Salvatore J. Cordileone, celebrant
Rev. Jack Clark Robinson, OFM, homilist
Re. Francis Mark P. Garbo, pastor

Special Museum Exhibition
*Mission Church, Museum &
Cemetery*



Mission Dolores Basilica
Mission San Francisco de Asis
Founded October 9, 1776
celebrating 250 years, 1776 - 2026
www.missiondolores.org

Siempre Adelante – Always Forward



For **Retreats** please call:

Vallombrosa Retreat Center (650) 325-5614

The Jesuit Retreat Center (650) 917-4024

St. Clare's (831) 423-8093

MORE ANNOUNCEMENTS

*Please read the advertisements on the
bulletin board at the vestibule.*