



# OUR LADY OF MOUNT CARMEL CATHOLIC CHURCH & SCHOOL

300 Fulton Street, Redwood City, CA 94062

Phone: (650) 366-3802

*The Solemnity of the Most Holy Body and Blood of Christ*



*“Whoever eats my flesh and drinks my blood  
remains in me and I in him”*



Consider giving your child the gift of Catholic education - rich in faith formation, tradition and rigorous academics, supported by a close-knit community of faculty, parents and parish.

At OLMC school, your child will not only be encouraged to achieve academic excellence but also to embrace diversity and follow in the footsteps of Jesus. For further information on the Admissions process for the 2026/2027 academic year, please contact our school office.

*Greetings and Prayers*

Birthday & Wedding Anniversary celebrants this week.

**JUNE 7, 2026**

**Archdiocesan Annual Appeal 2026**

*Goal: \$72,794*

Collected donations:

*(As of 05/26/26)*

**\$14,735**



SAVE THE DATE  
**JUNE 11, 2026**  
CONSECRATION OF THE  
**UNITED STATES**  
TO THE  
*Sacred Heart of Jesus*

Let us unite in prayer and entrust our nation,  
our families, and our hearts to  
His divine love and mercy.

*“Sacred Heart of Jesus, we place our trust in You.”*



We are pleased to announce that Father Andy has been appointed Administrator of **Our Lady of the Pillar Parish in Half Moon Bay**, effective July 1.

Although he will be greatly missed, we are grateful that he is not going far. Please join us in praying for Father Andy and thanking him for his faithful service, guidance, and care for our parish family. May God bless him abundantly in his new assignment.

## PARISH MASSES & LITURGIES

<b>DAILY MASS: SATURDAY</b>	Monday - Saturday, 8:15 AM
<b>VIGILMASS:</b>	5:00 PM - English
<b>SUNDAY MASSES:</b>	8:00 AM, 10:00 AM - English; 12:00 PM - Español
<b>1st FRIDAY Devotion:</b>	Eucharistic Adoration follows the 8:15 AM Mass
<b>CONFESSIONS:</b>	Saturdays, 3:30 PM - 4:30 PM (2 <sup>nd</sup> & 4 <sup>th</sup> Saturdays are in English only)
<b>ANOINTING OF THE SICK, FUNERAL SERVICES or HOUSEBLESSING:</b>	Please call the Parish Center to set an appointment.
<b>BAPTISM - Monthly:</b>	Second Saturday: 10:00 AM - English El cuarto sábado: 10:00 AM - Español Please call at least 2 months prior to the approved date of baptism.
<b>QUINCEAÑERA MASS:</b>	Saturdays at 12 noon. Subject to availability. Please call at least 5 months prior to the approved date of the Mass.
<b>MARRIAGE:</b>	Saturdays at 12 noon. Subject to availability. Please call at least 6 months prior to the approved date of the wedding.

PARISH CENTER HOURS - Monday-Friday 8:30AM-4:00PM, break from 12PM-1PM

### CLERGY

<b>Administrator:</b> <i>Rev. Fr. Andy De Guzman</i>	<a href="mailto:adeguzman@mountcarmel.org">adeguzman@mountcarmel.org</a>
<b>Parochial Vicar:</b> <i>Rev. Fr. Patrick Okoye</i>	<a href="mailto:okoye.patrick@sfarch.org">okoye.patrick@sfarch.org</a>
<b>Hospital Chaplain:</b> <i>Rev. Fr. Ernie Jandonero</i>	<a href="mailto:frniej@sfhealingandprayer.org">frniej@sfhealingandprayer.org</a>
<b>Deacon:</b> <i>Rev. Mr. Raymond Smith</i>	<a href="mailto:rsmith@mountcarmel.org">rsmith@mountcarmel.org</a>
<b>Deacon:</b> <i>Rev. Mr. Ricardo Escobar</i>	<a href="mailto:rescobar@mountcarmel.org">rescobar@mountcarmel.org</a>

### STAFF

<b>Admin. Assistant:</b> <i>Luke Mulhall</i>	<a href="mailto:lmulhall@mountcarmel.org">lmulhall@mountcarmel.org</a>	(650) 366-3802
<b>Director, Liturgy:</b> <i>Maria Cornell</i>	<a href="mailto:mcornell@mountcarmel.org">mcornell@mountcarmel.org</a>	(650) 446-5802
<b>Director, Religious Ed:</b> <i>Magdalena Hernandez</i>	<a href="mailto:mhernandez@mountcarmel.org">mhernandez@mountcarmel.org</a>	(650) 368-8237
<b>OCIA:</b> <i>Rev. Mr. Raymond Smith w/ Bill Haack</i>	<a href="mailto:rsmith@mountcarmel.org">rsmith@mountcarmel.org</a>	(650) 366-3802
<b>Confirmation:</b> <i>Johanna Rasmussen</i>	<a href="mailto:jasmussen@mountcarmel.org">jasmussen@mountcarmel.org</a>	(650) 366-3802
<b>Music Cantors:</b> <i>Kristen Lapinig &amp; Leodan Guerra</i>		
<b>School Principal:</b> <i>Jennifer Bruzzone</i>	<a href="mailto:jbuzzone@mountcarmel.org">jbuzzone@mountcarmel.org</a>	(650) 366-6127



Pray for our departed parishioners  
**May they rest in peace**  
**AMEN.**



**Adoration Chapel**  
*Open Sundays through Saturdays*  
*from 9am to 9pm*

*Brothers and sisters: The cup of blessing that we bless, is it not a participation in the blood of Christ? The bread that we break, is it not a participation in the body of Christ? Because the loaf of bread is one, we, though many, are one body, for we all partake of the one loaf.*

1 Corinthians 10:16-17

## Clergy Message

On August 11, 1264, **Pope Urban IV** officially established the Feast of **Corpus Christi** as a universal feast [cf. Papal Bull, *Transiturus de hoc mundo* ("He who is to pass from this world")].

The Pope established the feast to offer a celebration dedicated entirely on the meaning and value of the Holy Eucharist in our lives, noting that Holy Thursday is filled with other solemn themes (like the washing of the feet).

The Catechism says:

**1376** The Council of Trent summarizes the Catholic faith by declaring: "Because Christ our Redeemer said that it was truly his body that he was offering under the species of bread, it has always been the conviction of the Church of God, and this holy Council now declares again, that by the consecration of the bread and wine there takes place a change of the whole substance of the bread into the substance of the body of Christ our Lord and of the whole substance of the wine into the substance of his blood. This change the holy Catholic Church has fittingly and properly called transubstantiation."

The belief in the real presence of the Lord in the Eucharist (consecrated bread and wine) is based on the words of the Lord (**John ch. 6**):

**35** Jesus said to the crowd, "I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst. **51** I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world." **54** Whoever eats my flesh and drinks my blood has eternal life, and I will raise him on the last day. **55** For my flesh is true food, and my blood is true drink. **56** Whoever eats my flesh and drinks my blood remains in me and I in him. **57** Just as the living Father sent me and I have life because of the Father, so also the one who feeds on me will have life because of me. **58** This is the bread that came down from heaven. Unlike your ancestors who ate and still died, whoever eats this bread will live forever."

The words of the Lord show us why we should continually desire the Eucharist and why we should receive it as often as possible. On this Solemnity of Corpus Christi, we are invited to ask ourselves: Do we truly believe in this great mystery of faith?

El 11 de agosto de 1264, **el Papa Urbano IV** estableció oficialmente la Fiesta de **Corpus Christi** como una celebración universal para toda la Iglesia [cf. Bula Papal *Transiturus de hoc mundo* ("Aquel que ha de pasar de este mundo")].

El Papa instituyó esta fiesta para ofrecer una celebración dedicada enteramente al significado y al valor de la Sagrada Eucaristía en nuestras vidas, señalando que el Jueves Santo está marcado también por otros temas solemnes (como el lavatorio de los pies).

El Catecismo dice:

**1376** El Concilio de Trento resume la fe católica cuando afirma: "Porque Cristo, nuestro Redentor, dijo que lo que ofrecía bajo la especie de pan era verdaderamente su Cuerpo, se ha mantenido siempre en la Iglesia esta convicción, que declara de nuevo el Santo Concilio: por la consagración del pan y del vino se opera la conversión de toda la substancia del pan en la substancia del Cuerpo de Cristo nuestro Señor y de toda la substancia del vino en la substancia de su Sangre; la Iglesia católica ha llamado justa y apropiadamente a este cambio transubstanciación."

La creencia en la presencia real del Señor en la Eucaristía (el pan y el vino consagrados) se basa en las palabras del Señor (**Juan, capítulo 6**):

**35** Jesús les respondió: "Yo soy el pan de la vida. El que viene a mí nunca tendrá hambre, y el que cree en mí nunca tendrá sed. **51** Yo soy el pan vivo que ha bajado del cielo. El que coma de este pan vivirá para siempre, y el pan que yo daré es mi carne para la vida del mundo. **54** Quien come mi carne y bebe mi sangre, tiene vida eterna, y yo lo resucitaré en el último día. **55** Porque mi carne es verdadera comida y mi sangre verdadera bebida. **56** El que come mi carne y bebe mi sangre, permanece en mí y yo en él. **57** Así como yo vivo por el Padre que tiene vida y me ha enviado, también el que me coma vivirá por mí. **58** Este pan es el que ha bajado del cielo, no como aquel pan que comieron sus padres y murieron. El que coma de este pan vivirá para siempre."

Las palabras del Señor nos muestran por qué debemos desear la Eucaristía constantemente y por qué debemos recibirla tan frecuentemente como sea posible. En esta Solemnidad de Corpus Christi, estamos invitados a preguntarnos: ¿Creemos verdaderamente en este gran misterio de fe?

## LAY ORGANIZATIONS

- Mental Health Ministry
- Good Grief Ministry
- Legion of Mary (Eng & Sp)
- Rosary Group
- The Prayer Warriors
- Society of St. Vincent de Paul
- Pro Life 40 days for Life Group
- The Sto. Niño Group
- El Grupo Guadalupano
- Lazos de Amor Mariano
- El Grupo Aliento de Oración
- OCIA – Catechists
- Bible Study Group
- Men’s Club
- Women’s Club
- Social Media (**new**)

### Liturgical ministries:

- Altar servers
- Lectors & Holy Communion ministers
- Hospitality: Ushers and Greeters
- Music Ministry
- Liturgical Environment

## MASS INTENTIONS FOR THE WEEK

*Sat., Jun 6*

5:00 PM

† Jose Quinones R. Jr. & Carmen Lopez

*Sun., Jun 7*

8:00 AM

† Anna Siekierski

10:00 AM

† Steve Britschgi

12:00 PM

† Familia Otoniel & Elvia Arias

Weekdays at 8:15 AM

*Mon., Jun 8*

† Rodolfo Pelayo

*Tues., Jun 9*

† Ivan Dei Rossi

*Wed., Jun 10*

† Christine Hong Duc

*Thurs., Jun 11*

† Denis F. O’Leary

*Fri., Jun 12*

† Alexander Gutierrez

*Sat., Jun 13*

† Denis F. O’Leary

**2<sup>nd</sup> Collection:** June 7 – Facility Repair & Improvement

June 14 – Religious Education

June 21 – Liturgy Fund

June 28 – Peter’s Pence

**Registration:** If you are new in our community, welcome! Register at: [mountcarmelrc.org/registration](http://mountcarmelrc.org/registration)  
Registered parishioners may also update their information on the website.

**Peter’s Pence** collection is a gesture of solidarity through which every member of the faithful can participate in the activity of the Pope as Pastor of the universal Church.

The faithful’s offerings to the Holy Father through the Peter’s Pence Collection are destined to Church needs, to humanitarian initiatives and social promotion projects, as well as to the support of the Holy See.

## Mental Health Ministry

Call: Maria Koenigsberg @  
(650) 366-3802

Or email us at:

[olmmentalhealthministry@gmail.com](mailto:olmmentalhealthministry@gmail.com)



## Good Grief Ministry

Call: Maryann Gonzales @  
(650) 366-3802

The ministry meets every 2<sup>nd</sup> & 4<sup>th</sup> Thurs of the month 6pm at the Parish Center.

The number to call for mental health crisis support in San Mateo County

**(650) 579-0350**

For help from local mental health counselors 24/7 during mental health crisis, substance use issue, or thoughts of suicide.



**JUNE 12**  
**SOLEMNITY**  
**OF THE MOST**  
**SACRED**  
**HEART OF**  
**JESUS**

**Prayer to the Sacred Heart of Jesus**

O Most Sacred Heart of Jesus:  
You know the longings of our hearts, and you desire that we enjoy  
friendship with you.  
From your pierced side, you have poured out the wellspring of life,  
for which we thirst.  
Your heart burns with a love for all people to return to a right  
relationship with you.  
We celebrate the abundant gifts you have given this nation,  
founded on the self-evident truths that our Creator has endowed  
all people with the right to life, liberty, and the pursuit of  
happiness.  
We make reparation for the offenses against you and against  
human dignity that have taken place in this nation.  
May our hearts be united to yours, so that our families and  
communities enjoy peace and happiness; may broken relationships  
be reconciled, injustices repaired, and the wounds of our land be  
healed.  
May your holy Catholic Church serve as a sign, pointing all people  
to your infinite love.  
O Desire of Nations and Center of History, we ask you to bless  
these United States of America.  
Who live and reign with God the Father  
in the unity of the Holy Spirit,  
God, for ever and ever.  
Amen.

*Most Sacred Heart of Jesus, have mercy on us!*



Will Gullio, "Stained glass, with paint on glass window, inside a cemetery sepulcher," Paris, France.  
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**JUNE 13**

**MEMORIAL OF**  
**THE IMMACULATE HEART**  
**OF THE BLESSED VIRGIN MARY**

**What does the Immaculate  
Heart of Mary mean?**

The Immaculate Heart of Mary signifies, first of all, the great purity and love of the heart of the Blessed Virgin Mary for God. This purity is manifested in her “Yes” to the Father at the Incarnation, Her love for, and cooperation with, the Incarnate Son in His redemptive mission, and her docility to the Holy Spirit, enabling her to remain free of the stain of personal sin throughout her life. Mary’s Immaculate Heart, therefore, points us to her profound interior life, where she experienced both joys and sorrows, yet remained faithful, as we, too, are called to do.

*Immaculate Heart of Mary, pray for us!*



Source: EWTN



**The Archdiocese of San Francisco**  
invites you to a day of renewal, laughter,  
and learning at our  
***Adventures in Marriage workshop!***  
**Saturday, June 13, 2026**

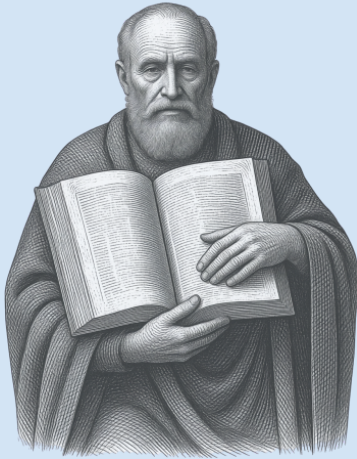
**St Mark Catholic Church**  
325 Marine View Ave,  
Belmont, CA 94002



## Saints of the Week

- (7<sup>th</sup>) St. Colman, Bishop and Abbot
- (8<sup>th</sup>) St. Maximinus, Bishop
- (9<sup>th</sup>) St. Ephrem, Deacon and Doctor of the Church
- (11<sup>th</sup>) St. Barnabas, Apostle
- (12<sup>th</sup>) St. Basilides, Martyr
- (13<sup>th</sup>) St. Anthony of Padua

## St. Barnabas



- His original name was Joseph, but the Apostles gave him the name Barnabas, meaning "Son of Encouragement" (Acts 4:36).
- After St. Paul's conversion, Barnabas introduced him to the Apostles and helped the Church trust him.
- Barnabas traveled with St. Paul, helping spread the Gospel and establish Christian communities.

*St. Barnabas, you were the apostle who established Christian communities in your travels with Paul—pray for us!*

## St. Anthony of Padua



St. Anthony was a Franciscan friar known for his powerful preaching and deep knowledge of Scripture.

- Although he died at only 36 years old, his holiness and gift of miracles made him one of the most beloved saints in the Church.
- Known as "The Wonder Worker," St. Anthony is the patron saint of lost items and is often sought for help to find things that are missing.

*St. Anthony of Padua, the "Wonder Worker" and patron saint for the recovery of lost items, pray for us!*



## Catechism of the Catholic Church

### *The Eucharist - Source and Summit of Ecclesial Life*

**1324** *The Eucharist is "the source and summit of the Christian life." "The other sacraments, and indeed all ecclesiastical ministries and works of the apostolate, are bound up with the Eucharist and are oriented toward it. For in the blessed Eucharist is contained the whole spiritual good of the Church, namely Christ himself, our Pasch."*

**1325** *"The Eucharist is the efficacious sign and sublime cause of that communion in the divine life and that unity of the People of God by which the Church is kept in being. It is the culmination both of God's action sanctifying the world in Christ and of the worship men offer to Christ and through him to the Father in the Holy Spirit."*

**1326** *Finally, by the Eucharistic celebration we already unite ourselves with the heavenly liturgy and anticipate eternal life, when God will be all in all.*

**1327** *In brief, the Eucharist is the sum and summary of our faith: "Our way of thinking is attuned to the Eucharist, and the Eucharist in turn confirms our way of thinking."*



"In the most blessed sacrament of the Eucharist -the body and blood, together with the soul and divinity, of our Lord Jesus Christ and, therefore, the whole Christ is truly, really, and substantially contained-."

-CCC 1374

## A Standard of Excellence.

ENROLLING FOR  
THE 2026-2027  
SCHOOL YEAR



### Finance Council

*The Parish Finance Council is in need of new members to provide financial oversight for our church and school.*

*We are especially looking for parishioners with a **background in business, accounting (CPA), financial management or civil law.***

*The council usually meets just **four times a year** and plays a **vital role in supporting the stewardship of our parish resources.***

*If you are interested in serving, please contact **Father Andy.***

### SOCIETY OF ST. VINCENT DE PAUL

In the spirit of love and justice, the Society of St. Vincent de Paul of San Mateo County provides person-to-person services of time, talent and resources to help our neighbors in need. SVdP respects the dignity of every person. We provide Safety-Net services for families and individuals in our community who are often suffering, forgotten and deprived — **the working poor, the homeless, the incarcerated, and all people living on the margins.**

Check out their website for more details:

<https://svdpsm.org/>

Society of St. Vincent de Paul of San Mateo County  
50 North B Street  
San Mateo, CA 94401

**Help Line: 650-343-4403**



Get updates through email and text messages as they happen within our parish and school community. The Sunday bulletins are available too ahead of each Sunday.

To sign up, text “RWC” to **84576**, or click on the Flocknote sheep on the Parish website.

### Se Necesita Urgentemente:

### Sus Oraciones

### por las Madres Embarazadas



Cuando las madres embarazadas, asustadas y preocupadas, acuden a Planned Parenthood, pensando que no tienen otra opción, **los voluntarios Pro Vida** están ahí con nuestros recursos, oraciones y atención.

**¿Cuándo? Mañanas, lunes a viernes, de 8:30 am a 11:30 am.**

**¿Dónde? En la acera de Planned Parenthood:**

2907 El Camino Real,  
Redwood City, California 94061

**¿Quiénes? Voluntarios orando, lideradas por miembros de San Mateo Pro Vida.**

***Necesitamos urgentemente voluntarios que hablen español.***

***¡Su ayuda podría ser crucial para salvar una vida!***

[www.SanMateoProLife.com](http://www.SanMateoProLife.com)

**¿Preguntas? Llama o envía un mensaje de texto a Erika al 650-283-5353**



### Catholic Charities San Francisco (CCSF)

create lasting solutions to the most pressing challenges in our community – homelessness, inequality, aging in isolation, generational poverty, HIV/AIDS, and immigration to name a few.

CCSF does not charge fees over the phone or through online ads. Please call our office directly at **(415) 972-1200** for more information or to request a consultation.



For **Retreats** please call:

**Vallombrosa Retreat Center** (650) 325-5614

**The Jesuit Retreat Center** (650) 917-4024

**St. Clare's** (831) 423-8093

### MORE ANNOUNCEMENTS

***Please read the advertisements on the bulletin board at the vestibule.***