



OUR LADY OF MOUNT CARMEL CATHOLIC CHURCH AND SCHOOL

300 Fulton Street, Redwood City, CA 94062

Phone: (650) 366-3802



CELEBRATION OF THE SOLEMNITY OF OUR LADY OF MOUNT CARMEL

The Memorial of Our Lady of Mount Carmel commemorates the apparition of the Blessed Virgin Mary to St. Simon Stock on July 16, 1251, when she entrusted him with the Brown Scapular as a sign of her maternal protection.

The Carmelite Order traces its spiritual roots to Mount Carmel in the Holy Land, where the Prophet Elijah courageously defended the worship of the one true God. Inspired by his example, hermits settled on the mountain, dedicating their lives to prayer and later forming the Carmelite community. They built a chapel in honor of the Blessed Virgin Mary and became known as the Brothers of the Blessed Virgin Mary of Mount Carmel, fostering a deep devotion to both Elijah and Our Lady.

Source: Vatican News

JULY 19, 2026

JUBILEE YEAR OF

**St. Francis
of Assisi**

JAN 10, 2026 – JAN 10, 2027



Archdiocesan Annual Appeal 2026

Goal: \$72,794

Collected donations:

(As of 07/07/2026)

\$16,685

A Prayer to the Blessed Virgin, Our Lady of Mt. Carmel

O most beautiful Flower of Mount Carmel,
Fruitful Vine, Splendor of Heaven, Blessed
Mother of the Son of God,

Immaculate Virgin, assist me this my
necessity. O Star of the Sea, help me and
show me herein you are my Mother. O Holy
Mary, Mother of God, Queen of Heaven
and Earth, I humbly beseech you from the
bottom of my heart, to succor me in this
necessity; there are none that can withstand
your power.

O Mary, conceived without sin, pray for us
who have recourse to thee. (3 times)

Sweet Mother, I place this cause in your
hands. (3 times).

Amen.

**MANY GREAT SAINTS AND DOCTORS OF THE CHURCH
HAVE COME FROM THE CARMELITE ORDER,
INCLUDING ST. TERESA OF AVILA, ST. JOHN OF THE
CROSS, ST. THERESA OF LISIEUX, ST. ELIZABETH OF
THE TRINITY, AND ST. EDITH STEIN.
OUR LADY OF MOUNT CARMEL. PRAY FOR US!**

Greetings and Prayers: Birthday & Wedding Anniversary celebrants this week.

PARISH MASSES & LITURGIES

DAILY MASS: SATURDAY	Monday - Saturday, 8:15 AM
VIGILMASS:	5:00 PM - English
SUNDAY MASSES:	8:00 AM, 10:00 AM - English; 12:00 PM - Español
1st FRIDAY Devotion:	Eucharistic Adoration follows the 8:15 AM Mass
CONFESSIONS:	Saturdays, 3:30 PM - 4:30 PM (2 nd & 4 th Saturdays are in English only)
ANOINTING OF THE SICK, FUNERAL SERVICES or HOUSEBLESSING:	Please call the Parish Center to set an appointment.
BAPTISM - Monthly:	Second Saturday: 10:00 AM - English El cuarto sábado: 10:00 AM - Español Please call at least 2 months prior to the approved date of baptism.
QUINCEAÑERA MASS:	Saturdays at 12 noon. Subject to availability. Please call at least 5 months prior to the approved date of the Mass.
MARRIAGE:	Saturdays at 12 noon. Subject to availability. Please call at least 6 months prior to the approved date of the wedding.

PARISH CENTER HOURS - Monday-Friday

8:30AM - 4:00PM

break from 12PM-1PM

CLERGY

Pastor: Rev. Fr. Luello Palacpac	palacpac.luello@sfarch.org
Parochial Vicar: Rev. Fr. Patrick Okoye	okoye.patrick@sfarch.org
Hospital Chaplain: Rev. Fr. Ernie Jandonero	frerniej@sfhealingandprayer.org
Deacon: Rev. Mr. Raymond Smith	rsmith@mountcarmel.org
Deacon: Rev. Mr. Ricardo Escobar	rescobar@mountcarmel.org

STAFF

Admin. Assistant: Luke Mulhall	lmulhall@mountcarmel.org	(650) 366-3802
Director, Liturgy: Maria Cornell	mcornell@mountcarmel.org	(650) 446-5802
Director, Religious Ed: Magdalena Hernandez	mhernandez@mountcarmel.org	(650) 368-8237
OCIA: Rev. Mr. Raymond Smith w/ Bill Haack	rsmith@mountcarmel.org	(650) 366-3802
Confirmation: Johanna Rasmussen	jrasmussen@mountcarmel.org	(650) 366-3802
Music Cantors: Kristen Lapinig & Leodan Guerra		
School Principal: Jennifer Bruzzzone	jbruzzzone@mountcarmel.org	(650) 366-6127



Get updates through email and text messages as they happen within our parish and school community. The Sunday bulletins are available too ahead of each Sunday. To sign up, text "RWC" to 84576, or click on the Flocknote sheep on the Parish website.



Pray for our departed parishioners
May they rest in peace
AMEN.



Adoration Chapel
Open Sundays through Saturdays
from 9am to 9pm

"But when the fullness of time had come, God sent his Son, born of a woman, born under the law, to ransom those under the law, so that we might receive adoption."

(Galatians 4:4-5)

A PASTOR'S MESSAGE FOR THE FEAST OF OUR LADY OF MOUNT CARMEL

My Dear Friends,

It is a great joy to celebrate my first Feast of Our Lady of Mount Carmel with you as your pastor. I thank God and our Blessed Mother for bringing us together as one parish family, and I look forward to walking with you in faith in the years ahead.

The Feast of Our Lady of Mount Carmel is more than a celebration of our patroness. It is an invitation to embrace the spirit of Carmel—a life of prayer, silence, and a deeper friendship with God.

Our world is filled with noise, distractions, and constant activity. Yet God most often speaks in the silence of our hearts. Silence is the language of the soul. It is in that quiet place that we encounter the Lord, listen to His voice, and discover His will for our lives.

As we celebrate our patronal feast, I invite each of you to give yourself the gift of prayer. Set aside time each day to be with the Lord and allow the spirit of Carmel to renew your heart.

One of the greatest blessings of our parish is our Eucharistic Adoration Chapel, open daily from 9:00 a.m. to 9:00 p.m. Jesus is waiting for you there. Even a few quiet moments in His presence can bring peace, strength, hope, and a renewed sense of purpose.

May Our Lady of Mount Carmel wrap you and your loved ones in her loving mantle, protect you always, and lead you ever closer to her Son, Jesus.

On behalf of Fr. Patrick, Fr. Ernie, and our entire parish staff, I wish you and your family a blessed and joyful Feast of Our Lady of Mount Carmel.

Happy Feast Day!

Fr. Luello Palacpac
Pastor / Párroco

"Those who wear the Scapular are thus brought into the land of Carmel, so that they may 'eat its fruits and its good things' (Jer 2: 7), and experience the loving and motherly presence of Mary in their daily commitment to be clothed in Jesus Christ and to manifest him in their life for the good of the Church and the whole of humanity."

~JOHN PAUL II

Mis queridos amigos:

Es una gran alegría celebrar con ustedes mi primera Solemnidad de Nuestra Señora del Carmen como su párroco. Doy gracias a Dios y a nuestra Santísima Madre por reunirnos como una sola familia parroquial, y espero con ilusión caminar junto a ustedes en la fe durante los años venideros.

La Solemnidad de Nuestra Señora del Carmen es mucho más que la celebración de nuestra patrona. Es una invitación a abrazar el espíritu del Carmelo: una vida de oración, silencio y una amistad más profunda con Dios.

Nuestro mundo está lleno de ruido, distracciones y una actividad constante. Sin embargo, Dios suele hablarnos en el silencio de nuestro corazón. El silencio es el lenguaje del alma. Es en ese lugar de quietud donde nos encontramos con el Señor, escuchamos su voz y descubrimos su voluntad para nuestra vida.

Al celebrar nuestra fiesta patronal, los invito a regalarse el don de la oración. Reserven cada día un momento para estar con el Señor y permitan que el espíritu del Carmelo renueve su corazón.

Una de las mayores bendiciones de nuestra parroquia es nuestra Capilla de Adoración Eucarística, abierta todos los días de 9:00 a.m. a 9:00 p.m. Jesús los espera allí. Incluso unos pocos momentos de silencio en su presencia pueden traer paz, fortaleza, esperanza y un renovado sentido de propósito.

Que Nuestra Señora del Carmen los cubra a ustedes y a sus seres queridos con su manto maternal, los proteja siempre y los conduzca cada día más cerca de su Hijo, Jesús.

En nombre del Padre Patrick, el Padre Ernie y de todo el personal de nuestra parroquia, les deseo a ustedes y a sus familias una bendecida y gozosa Solemnidad de Nuestra Señora del Carmen.

¡Feliz Fiesta Patronal!



LAY ORGANIZATIONS

- Mental Health Ministry
- Good Grief Ministry
- Legion of Mary (Eng & Sp)
- Rosary Group
- The Prayer Warriors
- Society of St. Vincent de Paul
- Pro Life 40 days for Life Group
- The Sto. Niño Group
- El Grupo Guadalupano
- Lazos de Amor Mariano
- El Grupo Aliento de Oración
- OCIA – Catechists
- Bible Study Group
- Men's Club
- Women's Club
- Mount Carmel Youth Ministry (*new*)
- Social Media (*new*)

LITURGICAL MINISTRIES

- Altar servers
- Lectors & Holy Communion ministers
- Hospitality: Ushers and Greeters
- Music Ministry
- Liturgical Environment

MASS INTENTIONS FOR THE WEEK

Sat., Jul 18

5:00 PM

† Ettore Nardin

Sun., Jul 19

8:00 AM

Pro Populo

10:00 AM

† Ana Cuong & Joseph Hoan

12:00 PM

† Salvador Garcia

† Cristina Revuetta

Weekdays at 8:15 AM

Mon., Jul 20

† Richard Hall

Tues., Jul 21

† Alison Huber

Wed., Jul 22

† Ed Huber

Thurs., Jul 23

† Maruja Bueno

Fri., Jul 24

† Joseph Hien Vu

Sat., Jul 25

† Steve Britschgi

Registration: If you are new in our community, welcome!

Register at: mountcarmelrc.org/registration

Registered parishioners may also update their information on the website.



THANK YOU TO OUR ALTAR FLOWER DONORS:

- July 12 Cathy Davis, *in memory* of The Davis Family
- July 19 Margie Haack, in memory of Frank & Marjorie Coburn



2nd Collection: July 5 – Facility Repair & Improvement

July 12 – Religious Education

July 19 – Liturgy Fund

July 26 – The Mary Queen of Heaven Missionaries



The Mary Queen of Heaven Missionaries (MQHM) collection Our mission is to peacefully fight the scourge of human trafficking and sexual exploitation through rescuing survivors and rehabilitating them holistically: mind, body, and soul. We are also active in preventing human trafficking and exploitation through our educational assistance in vulnerable communities prone to trafficking, particularly in the rural areas of the Philippines. Through our collective efforts, our community of religious sisters, have been able to grow our two distinct ways of serving God and His people through the curative and preventive measures as mentioned above. We have two rehabilitation centers. The Home of Love, a shelter for rehabilitation of human trafficking women and their children survivors, and the Regina Coeli Home of Love in California, a Women's Shelter for survivors of sex trafficking. Please visit our website for more information: WWW.MQHM.ORG

Mental Health Ministry

Call: Maria Koenigsberg

(650) 366-3802

Or email us at:

olmcmmentalhealthministry@gmail.com



Good Grief Ministry

Call: Maryann Gonzales

(650) 366-3802

The ministry meets every 2nd & 4th Thurs of the month 6pm at the Parish Center.

**The number to call
for mental health
crisis support in San
Mateo County**

(650) 579-0350

**For help from local mental
health counselors 24/7 during
mental health crisis, substance
use issue, or thoughts of suicide.**

RELIGIOUS EDUCATION and FAITH GROWTH

FIRST COMMUNION PROGRAM

PHONE: 650-368-8237

Our First Communion program is open to children between the ages 7-15. Children who are not baptized will receive the sacrament of Baptism during the second year of religious education.

Registration for First Communion will begin on Sunday August 2, 2026 from 9:00AM to 1:30PM at the porch of the Church. Also, we will accept registrations in the Parish Center starting Tuesday August 4, Tuesday through Friday from 9:30AM to 12:00PM and from 1:00PM to 4:00PM. Religious Education Classes will begin on September. Classes will be in English on Sundays at 8:45AM to 9:45AM followed by the 10:00AM Mass. Spanish classes will be on Wednesday and Thursdays from 6:30PM to 7:45PM.

Calendars and more information will be given in the Registration package. Last day of Registration will be September 13, 2026.

For more information, you can contact Magdalena Hernandez via email: mhernandez@mountcarmel.org



CONFIRMATION PROGRAM

PHONE: 650-368-8237

The Our Lady of Mount Carmel Confirmation Program is open to High School Students ages 14-18.

Confirmation classes will begin on September 20, 2026 and run through March 21, 2027. Classes are held twice a month on Sunday evenings from 5:00-7:00PM.

There will be a mandatory orientation for parents and students on September 13, 2026 at 5:00-6:15 pm.

Online registrations will begin on August 1, 2026 and remain open until all spaces are filled. The registration fee is \$150.00 per child and scholarships are available for families experiencing financial hardship.

ENGLISH



Online Registration will begin on August 1, 2026.

Please Scan QR CODE to register during the month of August.

ESPAÑOL



For more information, you can contact Magdalena Hernandez via email: mhernandez@mountcarmel.org



OUR LADY OF MOUNT CARMEL

OCIA PROGRAM

"It could be the moment that changes everything—where a quiet curiosity becomes a real encounter with Jesus Christ."



The **Order of Christian Initiation for Adults (OCIA)** is a journey of prayer, learning, and reflection designed for those seeking to become Catholic, those seeking the sacrament of Confirmation, and for those simply exploring the Catholic faith. It is **open to all adults ages 18+.**

Our Lady of Mount Carmel will launch our all new OCIA program, using the *Invited* formation series, **starting Sunday August 23rd.** *Invited* was created with the conviction that OCIA should make disciples, not just deliver doctrine. Following the approach recommended by the Directory of Catechesis, the teaching anchors the whole process. Three priorities shaped the curriculum: fidelity to Church teaching, accessibility for those new to the Faith, and genuine formation of the whole person—mind, heart, and soul.

Contact the parish office for more details and how to enroll.

Every element is ordered toward a single goal: to know the faith and live it. For this reason, prayer is woven throughout the program, with particular moments designed to draw participants into a living relationship with God. Videos and resources support the catechist with focused, heartfelt content to support their teaching and the relationship they build with the participants.

Pope Leo XIV has decreed that from Jan. 10, 2026, to Jan. 10, 2027, "a special Year of Saint Francis" shall be proclaimed. In honor of this special year of the occasion of the 800th anniversary of the Transitus (death) of Saint Francis, Archbishop Cordileone has designated several locations where the faithful may make a pilgrimage and pray devoutly to fulfill the conditions for receiving a plenary indulgence:

Designated locations to participate in this special year of St. Francis:

- National Shrine of Saint Francis of Assisi
- Mission Dolores Church
- Saint Francis of Assisi Catholic Church in East Palo Alto
- Mission San Rafael
- Cathedral of St. Mary of the Assumption

Scan code for online resources and more



St. Francis of Assisi

JAN. 10, 2026 - JAN. 10, 2027



MOUNT CARMEL
YOUTH MINISTRY
"In God we live"



All teens ages 13-17 are welcome!

Next Meeting: August 1st, 2026



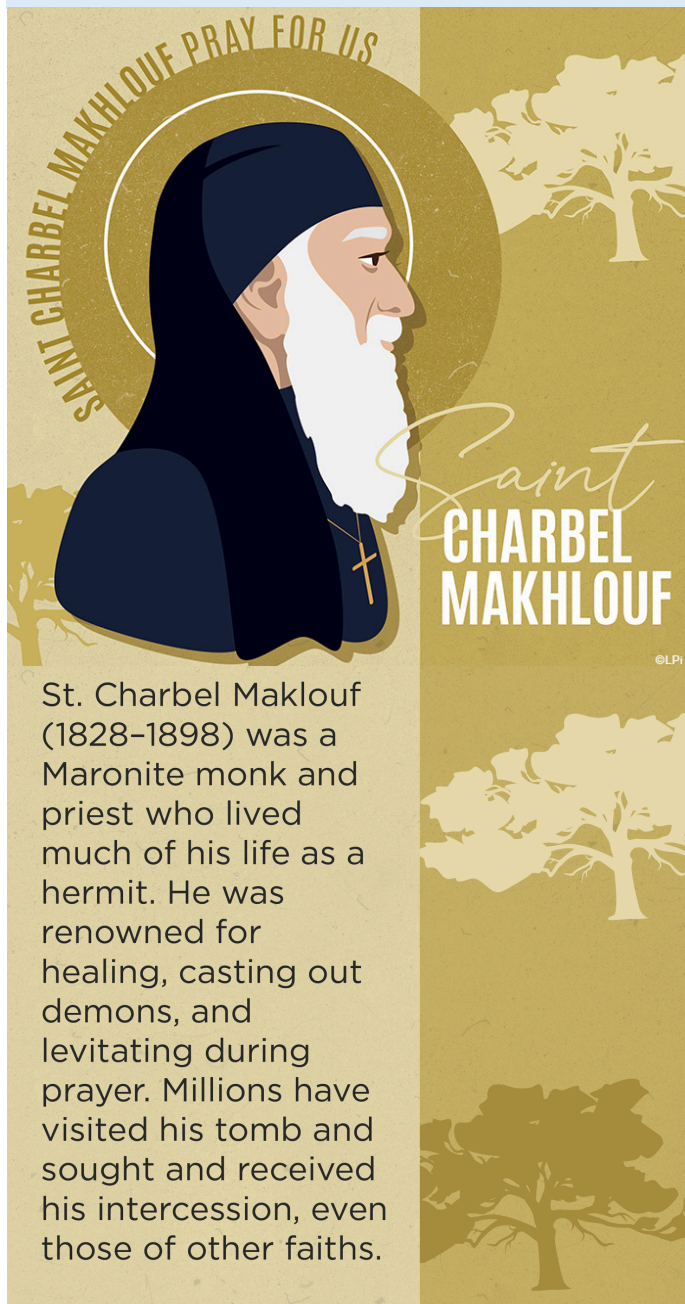
Monthly Meeting: First Saturday of each month **following the 5:00 p.m. Mass.**

SCAN CODE TO LEARN MORE

mountcarmelyouthministry.org

OBSERVANCES FOR THE WEEK

- (July 20) St. Apollinaris, Bishop and Martyr
 (July 21) St. Lawrence of Brindisi, Priest and Doctor of the Church
 (July 22) St. Mary Magdalene
 (July 23) St. Bridget, Religious
 (July 24) St. Sharbel Makhlūf, Priest
 (July 25) St. James, Apostle



CLERGY MESSAGE: 16th Sunday in Ordinary Time – Cycle A

Today's readings gather around a single, steady truth: God's mercy and patience endure even in a world where good and evil grow side by side. We are invited to trust God's timing, pray faithfully, and resist the temptation to judge or despair.

Our first reading from Wisdom teaches that God's justice is never harsh or cruel. Though His power is real, His judgment is marked by mercy. We hear that God "rules all things righteously" and yet "spare[s] all," because His strength is the foundation of righteousness. God governs with patience, giving space for repentance and healing rather than rushing to condemn.

Saint Paul, in the second reading, understands our human weakness in prayer. We often do not know how to pray "as we ought," yet God does not leave us stranded. The Holy Spirit "helps us in our weakness" and intercedes for us "with sighs too deep for words." Even our "halting" prayer is carried into the heart of God, who knows the Spirit's will and our deepest needs.

In Matthew's Gospel, Jesus offers the parable of the wheat and the weeds. The servants want to pull the weeds immediately, but the master refuses—uprooting the weeds too soon would risk damaging the wheat. Instead, he instructs them to let both grow "until the harvest," when God alone will judge rightly. Jesus explains that the field is the world, the good seed are "children of the kingdom," and the weeds are "children of the evil one." Evil is real, but God's timing is wise and merciful.

Jesus then adds two brief images: the mustard seed and the yeast. Both begin small, almost unnoticed, yet they grow and transform everything around them. God's kingdom is already at work—quietly, steadily, powerfully—within us and among us.

These readings offer a unified message:

- Wisdom — God's justice is merciful; He rules with forbearance and invites repentance.
- Romans — The Spirit strengthens our weak prayer and carries it to the Father.
- Matthew — God's kingdom grows even amid mixed realities; we are called to patience, hope, and trust in God's harvest.

Let us pray for hearts that trust in God's goodness, for faith that resists despair, and for the grace to pray with confidence, knowing that God is "good and forgiving, abounding in steadfast love."

Deacon Ray

SOCIETY OF ST. VINCENT DE PAUL

In the spirit of love and justice, the Society of St. Vincent de Paul of San Mateo County provides person-to-person services of time, talent and resources to help our neighbors in need. SVdP respects the dignity of every person. We provide Safety-Net services for families and individuals in our community who are often suffering, forgotten and deprived — **the working poor, the homeless, the incarcerated, and all people living on the margins.**

Check out their website for more details: <https://svdpsm.org/>

Society of St. Vincent de Paul of San Mateo County 50 North B Street
 San Mateo, CA 94401 **Help Line: 650-343-4403**



WHO IS THE MAN OF THE SHROUD?

AN EVENT ABOUT THE SHROUD OF TURIN
PRESENTATION BY FR ANDREW DALTON, LC, STD

OTHONIA

OTHONIA.ORG
CONTACT@OTHONIA.ORG

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To donate you can visit ethonia.org/donate



REGISTER:
bit.ly/SFSshroud



Hosted by:
Star/St. Monica Young Adults

Cost \$10 dollars

St. Monica Catholic Church

Friday, July 31st, 2026

6:30PM - 9:00PM |

(En Español: Jueves, 30 de julio)

470 24th Ave, San Francisco, CA 94121



MARIN • SAN FRANCISCO • SAN MATEO

ADULT DAY SERVICES OPEN HOUSE & COMMUNITY HEALTH & EDUCATION FAIR

The Carl Gellert and Celia Berta Gellert Foundation Adult Day Services of San Mateo County warmly invites community members, families, caregivers, service providers, and local organizations to our first annual community event!

What to expect:

- Health and wellness resources
- Educational information and community services
- Supportive programs for older adults, caregivers, and families
- Giveaways, informational materials, and more

Event Details:

- 📅 Saturday, July 25, 2026
- 🕒 10:00 AM - 2:00 PM
- 📍 Adult Day Services, San Mateo County
787 Walnut Street, San Carlos, CA 94070
- 🅐 Accessible parking
- 🅑 Fully accessible facility

Please RSVP: (650) 592-9325. Not required, but greatly appreciated!

Come meet some of our community partners!



This program is partially funded by:



SAN MATEO COUNTY HEALTH
All together better.



Sequoia Healthcare District
FOR YOUR HEALTH

CatholicCharitiesSF.org

Catholic Charities San Francisco (CCSF)

create lasting solutions to the most pressing challenges in our community – homelessness, inequality, aging in isolation, generational poverty, HIV/AIDS, and immigration to name a few. CCSF does not charge fees over the phone or through online ads. Please call our office directly at (415) 972-1200 for more information or to request a consultation.

For Retreats please call:

Vallombrosa Retreat Center (650) 325-5614

The Jesuit Retreat Center (650) 917-4024

St. Clare's (831) 423-8093

KINGDOM



"The righteous will shine like the sun in the kingdom of their Father."

MATTHEW 13:43A

Catechism of the Catholic Church

Everyone is called to enter the kingdom

543 Everyone is called to enter the kingdom. First announced to the children of Israel, this messianic kingdom is intended to accept men of all nations. To enter it, one must first accept Jesus' word: The word of the Lord is compared to a seed which is sown in a field; those who hear it with faith and are numbered among the little flock of Christ have truly received the kingdom. Then, by its own power, the seed sprouts and grows until the harvest.



THE KINGDOM OF GOD BEARS FRUIT
IN THOSE WHO RECEIVE HIS WORD

Archdiocese of San Francisco
Restorative Justice Ministry
Support people in PRISON

We offer services to enhance the reintegration prospects of former inmates into society. Provide resources, such as bibles and reading materials. We train volunteers and support clergy in addressing the spiritual needs of those in jails and prisons. For more information on how to volunteer, please call or send email to:

Julio Escobar
(415) 6145572 escobarj@sarch.org

HELP BEAUTIFY OUR CHURCH

Flowers have long been a beautiful expression of love, gratitude, and prayer. Consider sponsoring the altar flowers for a weekend during Ordinary Time in honor or memory of a loved one, or as a special offering of thanksgiving to God.

A donation of approximately four dozen flowers fills the two altar arrangements for the weekend.

Scan the QR code to reserve your date, or contact Maria Cornell for more information.



Thank you for helping beautify our church for the glory of God.



MORE ANNOUNCEMENTS

Please read the advertisements on the bulletin board at the vestibule.