



OUR LADY OF MOUNT CARMEL

CATHOLIC CHURCH

300 Fulton Street, Redwood City, CA 94062
Phone: (650) 366-3802 Fax: (650) 366-1421

July 20, 2025 | 16th Sunday in Ordinary Time



Mission Statement:

Our Lady of Mt. Carmel Parish is a Christ-centered community in the Roman Catholic tradition. We try to share the Good News of salvation with others. As a diverse community, we value and respect individual differences. As God's people, we gather in the Spirit to pray, to celebrate the sacraments, to teach, to learn, to console, to rejoice, to minister, and to renew our faith with one another.

PARISH MASSES & LITURGIES

SATURDAY VIGIL MASS:	<i>Saturday:</i>	<i>5:00 PM - English</i>
SUNDAY MASSES:	<i>Sunday:</i>	<i>8:00 AM, 10:00 AM - English 12:00 PM - Misa en español</i>
DAILY MASS:	<i>Monday - Saturday:</i>	<i>8:15 AM</i>
CONFESSIONS:	<i>Every Saturday:</i>	<i>3:30 PM - 4:30 PM</i>
EUCCHARISTIC ADORATION:	<i>Every First Friday:</i>	<i>After 8:15 AM Mass</i>
BAPTISMS - MONTHLY:	<i>Second Saturdays:</i>	<i>10:00 AM - English</i>
	<i>Cada cuarto sábado:</i>	<i>10:00 AM - Español</i>
ANOINTING OF THE SICK:	<i>Please call the Parish Center to speak with a priest.</i>	
FUNERALS:	<i>Please call the Parish Center to speak with a priest.</i>	
QUINCEAÑERAS:	<i>Saturdays at 12 noon. Subject to availability. Please call no sooner than 5 months prior. Cost is \$500. Cost of a Mt. Carmel Musician is a separate fee and depends on availability. Initial deposit required to hold date. Our Hall is not available for quinceañera receptions.</i>	
MARRIAGE:	<i>Saturdays at 12 noon. Subject to availability. Couples must call at least 6 months prior to be connected to a priest. Cost is \$800. Initial deposit required to hold date. Cost of a Mt. Carmel Musician is a separate fee and depends on availability. Our Hall is not available for wedding receptions.</i>	

CLERGY

Pastor: Rev. Msgr. Romulo Vergara	rvergara@mountcarmel.org	(650) 366-3802
Parochial Vicar: Rev. Andy De Guzman	adeguzman@mountcarmel.org	(650) 366-3802
Hospital Chaplain: Rev. Ernie Jandonero	frerniej@yahoo.com	
Deacon: Rev. Mr. Thomas Boyle	tboyle@mountcarmel.org	(650) 366-3802
Deacon: Rev. Mr. Raymond Smith	rsmith@mountcarmel.org	(650) 366-3802
Deacon: Rev. Ricardo Escobar	rescobar@mountcarmel.org	(650) 366-3802

LAY STAFF

Director, Religious Ed: Magdalena Hernandez	mhernandez@mountcarmel.org	(650) 368-8237
Music Cantors: Kristen Lapinig & Leodan Guerra		
Confirmation: Johanna Rasmussen	jrasmussen@mountcarmel.org	(650) 366-3802
Adult Faith Formation/RCIA: John Spotorno	johnspotorno@gmail.com	(650) 303-6292
School Principal: Jennifer Bruzzzone	jbruzzzone@mountcarmel.org	(650) 366-6127

 **PARISH CENTER HOURS - MONDAY-FRIDAY: 9AM-3PM, CLOSED FROM 12PM-1PM (650) 366-3802**





Martha and Mary (Lk. 10:38-42)

38 As they continued their journey, he entered a village where a woman whose name was Martha welcomed him.

39 She had a sister named Mary [who] sat beside the Lord at his feet listening to him speak.

The gospel today speaks about two women close to Jesus: the siblings Martha and Mary of Bethany. According to the biblical tradition, they together with their brothers Lazarus were friends with the Lord. In fact, the apostle John attests: Now Jesus loved Martha and her sister and Lazarus. (Jn. 11:5)

In the story, Martha was in the kitchen. The most important guest she has ever entertained came to her house. She wanted to please her guest. She wanted to give the best.

Can you relate to Martha? Perhaps when you have guests especially important ones, you would do the same, wouldn't you?

And then Mary, in the words of Luke sitting down at the feet of Jesus – listening. What does this mean?

It symbolizes a posture of learning, discipleship, and intimacy. Moreover, it was a common practice in Jewish culture for disciples to sit at the feet of their rabbi to receive instruction.

In the New Testament, this is notably exemplified by Mary of Bethany, who chose to sit at Jesus' feet and listen to him, while her sister Martha was occupied with other tasks.

What Martha did was good. To do something good for someone is a virtue. In this story, the Lord highlighted what is better. For the Lord it is the better part.

“Mary has chosen the better part and it will not be taken from her.” (v. 42)

What is the better part? To sit at the feet of Jesus and listen to Him.

Being with the Lord and listening to Him precedes good deeds for the Lord. It precedes hospitality and charity.

This emphasizes the importance of prayer and reflection of God's word. Whenever we read and reflect on the Word of God, He speaks to us and we learn from Him, like a teacher teaching his student.

Spending time with God and learning from Him should be a priority. Let us make it a daily commitment. Let us make it part of our daily activities.

Marta y María (Lc. 10:38-42)

38 Entró Jesús en un poblado, y una mujer, llamada Marta, lo recibió en su casa.

39 Ella tenía una hermana, llamada María, la cual se sentó a los pies de Jesús y se puso a escuchar su palabra.

La historia de hoy habla de dos mujeres íntimas al Señor Jesús: las hermanas Marta y María de Betania. Según la tradición bíblica, ellas, junto con sus hermanos Lázaro, eran amigos del Señor.

De hecho, el apóstol Juan dijo:

Jesús quería mucho a Marta, a su hermana y a Lázaro. (Jn. 11:5)

Marta estaba en la cocina. El invitado más importante que ha recibido en su vida llegó a su casa.

Ella quería complacer a su invitado. Quería darle lo mejor.

¿Se identifica usted con Marta? Quizás cuando tiene invitados, especialmente lo importante, haría lo mismo, verdad?

Y María, en las palabras de Lucas, “se sentó a los pies de Jesús y se puso a escuchar su palabra.” ¿Qué significa esto?

Simboliza una postura de aprendizaje, discipulado e intimidad. También era una práctica común en la cultura judía que los discípulos se sentaran a los pies de su maestro para recibir instrucción.

En el Nuevo Testamento, esto se ilustra notablemente por María de Betania, que eligió sentarse a los pies de Jesús y escuchar a Él, mientras que su hermana Marta estaba ocupada con otras tareas.

Lo que hizo Marta fue bueno. Hacer algo bueno por alguien es una virtud. En esta historia, el Señor enfatizó lo que es mejor. Para El Señor es la mejor parte: *María eligió la mejor parte, que no le será quitada.* (v. 42)

¿Cuál es la mejor parte? Sentarse a los pies de Jesús y escucharlo. Estar con el Señor y escucharlo precede/antecede a las buenas obras para el Señor.

Precede a la hospitalidad y a la caridad.

Esto enfatiza la importancia de la oración y la reflexión de la palabra de Dios. Cada vez

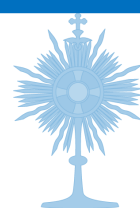
que leemos y reflexionamos sobre la Palabra de Dios, Él nos habla y aprendemos de Él, como un maestro enseñando a su estudiante.

Pasar tiempo con Dios y aprender de Él debe ser una prioridad. Hagámoslo un compromiso diario. Hagámoslo parte de nuestras actividades diarias.





MASS INTENTIONS FOR THE WEEK



Please consider offering the gifts of your time and talent to welcome our guests to the August Padre Pio relics visit.

We have one-hour volunteer shifts for:

- Greeters and ushers
- Help with the hospitality reception
- Help with the store to sell Padre Pio items

Contact the OLMC Padre Pio Committee at:

olmcrcpadrepio@gmail.com



Saturday, July 19, 2025

8:15AM

For the health of Beatriz & Miguel

5:00PM

† Rose O'Leary

Sunday, July 20, 2025

8:00AM

† Mario Kucich

10:00AM

† Anna Martinez

12:00PM

† Pedro & Mario Gonzalez

Daily Masses - Monday-Friday - 8:15AM

July 21, Mon

† Ed & Allison Huber

July 22, Tue

Fr. Ernie Jardonero

July 23, Wed

† Sofie Cortes

July 24, Thu

† Maruja Bueno

July 25, Fri

† John & Pat Quinn

† Colleen Quinn

Saturday, July 26, 2025

8:15AM

† Sue

5:00PM

† Virginia Guillermo

Sunday, July 27, 2025

8:00AM

Miguel P.

10:00AM

† Eric McRae

12:00PM

† Amado Martinez

A Prayer to Our Lady of Mount Carmel

*“O Most beautiful flower of Mount Carmel,
beautiful vine, splendor of heaven,
Blessed Mother of the Son of God,
Immaculate Virgin, assist me in this my necessity.
O Star of the Sea, help me and show me herein you are my mother.
O Holy Mary, Mother of God, Queen of heaven and earth,
I humbly beseech you from the bottom of my heart,
to succor me in this my necessity;
there are none that can withstand your power.
O show me herein you are my Mother.
O Mary, conceived without sin,
pray for us who have recourse.
Sweet Mother, I place this cause in your hands.”*



SAINTS FOR THE WEEK

St. Mary Magdalene (July 22)

Mary Magdalene, that is, “of Magdala,” was the one from whom Christ cast out “seven demons” (Luke 8:2)—an indication at the worst, of extreme demonic possession or possibly, severe illness. Writing in the *New Catholic Commentary*, Father Wilfrid J. Harrington, O.P., says that “seven demons” “does not mean that Mary had lived an immoral life—a conclusion reached only by means of a mistaken identification with the anonymous woman of Luke 7:36.” Mary Magdalene was one of the many “who were assisting them [Jesus and the Twelve] out of their means.” She was one of those who stood by the cross of Jesus with his mother. And, of all the “official” witnesses who might have been chosen for the first awareness of the Resurrection, she was the one to whom that privilege was given. She is known as the “Apostle to the Apostles.”

St. James (July 25)

This James is the brother of John the Evangelist. The two were called by Jesus as they worked with their father in a fishing boat on the Sea of Galilee. They left their father Zebedee in the boat along with the hired men and followed him” (Mark 1:19-20). He was one of the favored three who had the privilege of witnessing the Transfiguration, the raising to life of the daughter of Jairus, and the agony in Gethsemani. James was apparently the first of the apostles to be martyred. “About that time King Herod laid hands upon some members of the church to harm them. He had James, the brother of John, killed by the sword, and when he saw that this was pleasing to the Jews he proceeded to arrest Peter also” (Acts 12:1-3a). This James, sometimes called James the Greater, is not to be confused with James the Lesser or with the author of the *Letter of James* and the leader of the Jerusalem community.

Sts. Joachim and Anne (July 26)

In the Scriptures, Matthew and Luke furnish a legal family history of Jesus, tracing ancestry to show that Jesus is the culmination of great promises. Not only is his mother’s family neglected, we also know nothing factual about them except that they existed. The names “Joachim” and “Anne” come from a legendary source written more than a century after Jesus died. The strong character of Mary in making decisions, her continuous practice of prayer, her devotion to the laws of her faith, her steadiness at moments of crisis, and her devotion to her relatives—all indicate a close-knit, loving family that looked forward to the next generation even while retaining the best of the past.

Source: <https://www.franciscanmedia.org>





RELIGIOUS EDUCATION PROGRAM

REGISTRATION FOR FIRST COMMUNION.

First Communion. Phone: 650-368-8237

Registration for First Communion will continue on Sundays of August, from 9:00 am to

1:30 pm, at the porch of the Church. Also, in August, we will accept registrations in the Parish Center Tuesday through Friday from 9:30 am to 12:00 pm and from 1:00 pm to 4:00 pm. Religion Education Classes will be held in English on Sundays from 8:45 am to 9:45 am, followed by 10:00 am. Mass. Spanish classes will be on Wednesdays and Thursdays from 6:30 to 7:30 pm. Classes will start in September. Calendars and more information will be given in the Registration package.

For more information, you can contact Magdalena Hernández via email: mhernandez@mountcarmel.org

Registraciones para la Primera Comunión

Primera Comunión. Phone: 650-368-8237

La inscripción para la Primera Comunión continuará los domingos de agosto, de 9:00 am a 1:30 pm, en el porche de la iglesia. Además, en agosto, aceptaremos inscripciones en el Centro Parroquial de martes a viernes de 9:30 am a 12:00 pm y de 1:00 pm a 4:00 pm. Las clases de Educación Religiosa se llevarán a cabo en inglés los domingos de 8:45 am a 9:45 am, seguidas de la misa a las 10:00 am. Las clases de español serán los miércoles y jueves de 6:30 pm a 7:30 pm. Las clases comenzarán en septiembre. Se proporcionarán calendarios y más información en el paquete de inscripción. Para más información, puede contactar a Magdalena Hernández por correo electrónico: mhernandez@mountcarmel.org

Confirmation Program Registration 2025-2026

- **Online Registration Begins:** August 1, 2025
- **Confirmation Program Fee:** \$150.00
- **Required Documents:** Copy of Baptism Certificate & Online Registration Forms
- **Program Duration:** September 2025 – April 2026
- ***Class Schedule:** Twice a month on Sunday evenings, 5:00–7:00 PM
- ***Mandatory Events:** Parent & Student Orientation, Saint Project, Social Justice Service Project, Confirmation Retreat, Sponsor Night, Confirmation Rehearsal and Confirmation Mass

**Exact dates will be provided at the time of registration*

Online Registration Links:

- English: <https://forms.gle/2EGf6M4pUx3nmRUR6>
- Spanish: <https://forms.gle/vAJBnrhB99cCLMrp7>

Please Note: Space in the program is limited to 30 participants and fills up quickly—typically within 5–7 days. Registration will remain open until all spaces are filled.

FROM THE PARISH OFFICE

PRAYER LIST, SECOND COLLECTIONS, AND OTHER ANNOUNCEMENTS



Prayer List: Our prayer list clears at the end of each month. Please submit your entries for the prayer list by calling 650-366-3802.

Collections: July 6 - Parish Facilities
July 13 - Liturgy Fund

July 20 - Religious Education
July 27 - Annual Appeal

Good Grief: Meets Twice Monthly - 2nd & 4th Thursdays in the Parish Center at 6:00PM

Register: Want to join our Parish? Has it been a while since you have updated your information! It's easy! Just Register / Update at: mountcarmelrc.org/registration

FORMED: Sign up to our free [FORMED](https://www.formed.org) subscription for thousands of books, audio talks, movies, documentaries and studies to help you and your family nurture your faith in the Catholic tradition. Go to [formed.org](https://www.formed.org) then enter **Our Lady of Mt. Carmel Church, Redwood City** or our zip code: **94062**



MENTAL HEALTH AND GRIEF MINISTRY

IF YOU NEED SUPPORT, CONTACT OUR TEAM OLMCMENTALHEALTHMINISTRY@GMAIL.COM



Our Church has a Mental Health & Grief Ministry that offers God's hope and love through spiritual accompaniment, practical support and education.

We are here to help you find public and private mental support services.

Archbishop Cordileone said,

"We know that Jesus' ministry was one of hope and healing."

The ministry's mission is to listen with compassion, pray with courage, walk in faith with our brothers and sisters on the road to a better tomorrow.

If you need support, call:

Maria Koenigsberg @ (650) 366-3802

Maryann @ (650) 368-8550 or Chris @ (650) 591-3684

SOCIETY OF ST. VINCENT DE PAUL

SVDP HELP LINE 650-343-4403

DONATE FOOD OR GIFT CARDS

The Society of St. Vincent de Paul-Mt. Carmel is able to provide needed services and support through your generous donations.

We ask your generous hearts to make a donation of food like canned items: yams, potatoes, green beans and corn make great donations in addition to protein-rich food like canned tuna, canned chicken and peanut butter.

Boxed grains and snacks help round out SVdP food boxes for families too.

Please put them in baskets found at the vestibule of the church.

We also accept gift cards for goods, services or food, we ask that you contact SVdP head Hugh Loveless at hughloveless@yahoo.com so that your donation can be used to help the families in our community.

Thank you for your generosity!

