



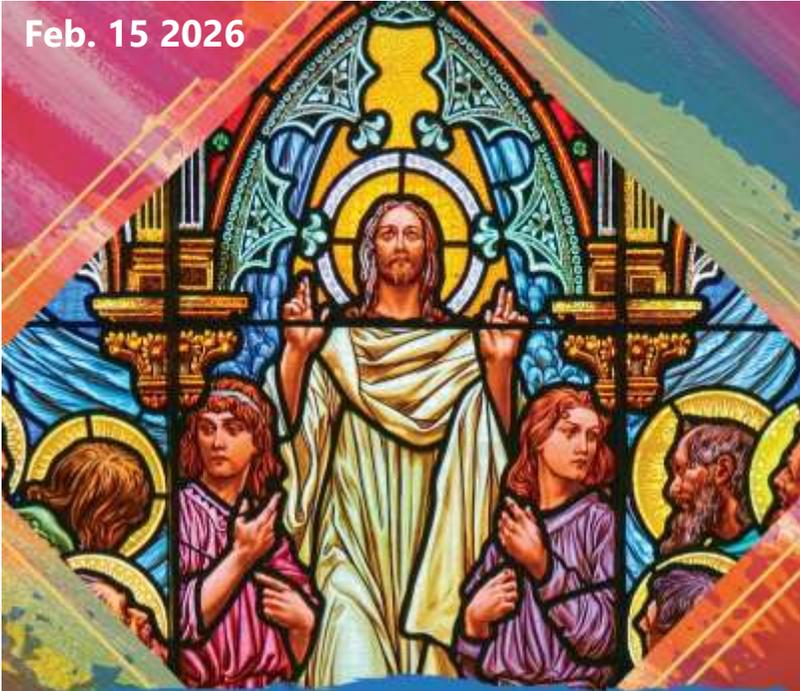
OUR LADY OF MOUNT CARMEL

CATHOLIC CHURCH & SCHOOL

300 Fulton Street, Redwood City, CA 94062

Phone: (650) 366-3802

Feb. 15 2026



6TH SUNDAY IN ORDINARY TIME

"I say to you, whoever is angry with his brother will be liable to judgment." - Mt 5:22a

6° DOMINGO DEL TIEMPO ORDINARIO

"Yo les digo: Todo el que se enoje con su hermano, será llevado también ante el tribunal". - Mt 5, 22

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Parish Collections and Expenses

July 1 – Dec. 31, 2025

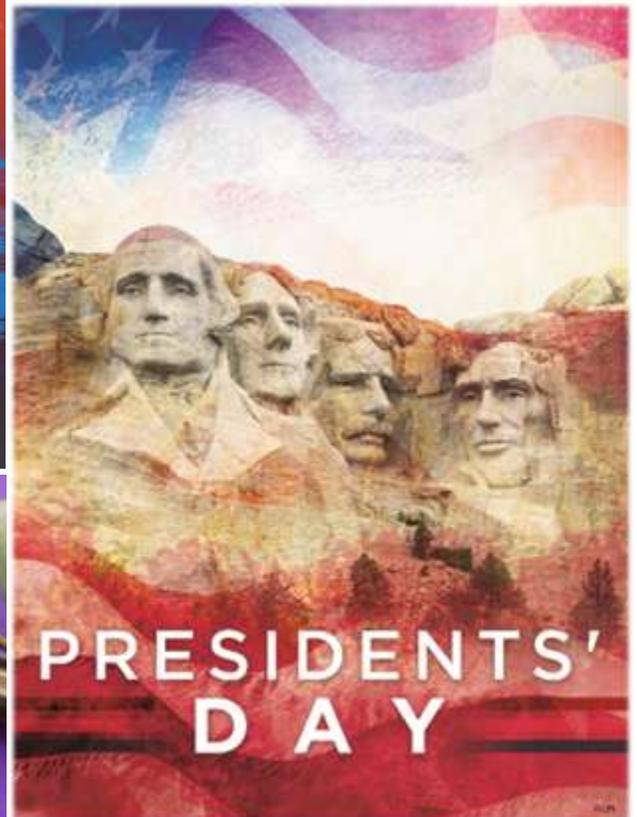
Total Collections:	\$176,307
Gifts & other donations:	\$223,598
Total	\$399,905

Total Expenses: \$407,621

Net Income (Loss): **\$(7,716)**

Parish Center will be CLOSED

Feb. 16, 2026 (Monday)



PRESIDENTS' DAY

Ash Wednesday

Day of Imposition of Ashes

Feb. 18, 2026

Mass (English)

@ 8:15am

Lit. of the Word (English)

@ 6pm

Lit. of the Word (Spanish)

@ 7pm



This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel. (Mk. 1:15)

Archdiocesan Annual Appeal 2026

Goal: \$72,794

PARISH MASSES & LITURGIES

DAILY MASS: Monday - Saturday, 8:15 AM
SATURDAY VIGIL MASS: 5:00 PM - English
SUNDAY MASSES: 8:00 AM, 10:00 AM - English; 12:00 PM - Español

1st FRIDAY Devotion: Eucharistic Adoration follows the 8:15 AM Mass

CONFESSIONS: Saturdays, 3:30 PM - 4:30 PM

**ANOINTING OF THE SICK,
FUNERAL SERVICES or
HOUSE BLESSING:** Please call the Parish Center to set an appointment.

BAPTISM - Monthly: Second Saturday: 10:00 AM - English
El cuarto sábado: 10:00 AM - Español
Please call at least 2 months prior to the approved date of baptism.

QUINCEAÑERA MASS: Saturdays at 12 noon. Subject to availability. **Please call at least 5 months prior to the approved date of the Mass.** Suggested donation is \$500. Stipend for a musician is a separate fee and it depends on availability. Initial deposit required to reserve the date. Our Hall is not available for receptions.

MARRIAGE: Saturdays at 12 noon. Subject to availability. **Please call at least 6 months prior to the approved date of the wedding.** Suggested donation is \$700. Stipend for a musician is a separate fee and it depends on availability. Initial deposit required to reserve the date. Our Hall is not available for receptions.

PARISH CENTER HOURS - Monday-Friday **8:30AM-4:00PM**, break from 12PM-1PM

CLERGY

Administrator: <i>Rev. Fr. Andy De Guzman</i>	adeguzman@mountcarmel.org
Parochial Vicar: <i>Rev. Fr. Patrick Okoye</i>	okoye.patrick@sfarch.org
Hospital Chaplain: <i>Rev. Fr. Ernie Jandonero</i>	frniej@sfhealingandprayer.com
Deacon: <i>Rev. Mr. Raymond Smith</i>	rsmith@mountcarmel.org
Deacon: <i>Rev. Mr. Ricardo Escobar</i>	rescobar@mountcarmel.org

LAY STAFF

Parish Secretary: <i>Luke Mulhall</i>	lmulhall@mountcarmel.org	(650) 366-3802
Director, Liturgy: <i>Maria Cornell</i>	mcornell@mountcarmel.org	(650) 446-5802
Director, Religious Ed: <i>Magdalena Hernandez</i>	mhernandez@mountcarmel.org	(650) 368-8237
OCIA: <i>Rev. Mr. Raymond Smith</i>	rsmith@mountcarmel.org	(650) 366-3802
Confirmation: <i>Johanna Rasmussen</i>	jrasmussen@mountcarmel.org	(650) 366-3802
Music Cantors: <i>Kristen Lapinig & Leodan Guerra</i>		
School Principal: <i>Jennifer Bruzzone</i>	jbruzzone@mountcarmel.org	(650) 366-6127



Pray for our departed parishioners
May they rest in peace
AMEN.



Adoration Chapel
Open Sundays through Saturdays
from 9am to 9pm

Community prayer for all the sick at the Church every **2nd Tues of the month** at 7pm.

Clergy Message

In our first reading, Sirach reminds us that wisdom is our strength in the face of sin. He teaches that sin is not an accident but a conscious choice. Through our God-given free will, we decide whether to live a holy life.

Saint Paul, in his letter to the Corinthians, speaks again of the “true wisdom” of God. He tells us that the Spirit scrutinizes everything and reveals to us what is prepared for those who love him. Because the grace of the Holy Spirit is present in all the sacraments, we grow in wisdom each time we participate in them.

In today’s Gospel, Jesus reaffirms the Mosaic Law and the teachings of the prophets, declaring, “I have come to fulfill them.” In this great discourse of the New Covenant, Jesus both perfects and transforms the moral law. The sacrificial laws of the Old Testament come to their fulfillment in Him, while the moral law is deepened and refined.

Jesus teaches that to live fully in the New Covenant; we must rely on God’s Spirit if we are to grow in holiness. He ushers in a new and climactic moment in salvation history, introducing a standard of righteousness that surpasses that of the Old Testament. “You have heard that it was said, ‘You shall not kill.’ But I say to you, whoever is angry with his brother will be liable to judgment.” Here, Jesus shifts the focus from external actions to the interior movements of the heart.

Christ will later give us the seven sacraments as the spiritual armor we need to live this higher calling. He knows our weakness, yet He also knows the power of the Spirit at work within us. Our righteousness, He says, must exceed that of the Pharisees if we are to enter the Kingdom of Heaven.

Let us pray for wisdom, that when we fall short of living a righteous life, we may turn to the Sacrament of Reconciliation for healing and to the Eucharist for strength, so that the Holy Spirit within us may be nourished and renewed. May we strive to live on earth as it is in heaven. Amen.

Deacon Ray

En la primera lectura de hoy, Sirácides nos recuerda que la sabiduría es nuestra fuerza frente al pecado. Él enseña que el pecado no es un accidente sino una elección consciente. A través de nuestro libre albedrío dado por Dios, decidimos si vivimos una vida santa.

San Pablo, en su carta a los Corintios, habla de nuevo de la “verdadera sabiduría” de Dios. Él nos dice que el Espíritu lo escudriña todo y nos revela lo que está preparado para aquellos que lo aman. Debido a que la gracia del Espíritu Santo está presente en todos los sacramentos, crecemos en sabiduría cada vez que participamos en ellos.

En el Evangelio de hoy, Jesús reafirma la Ley Mosaica y las enseñanzas de los profetas, declarando: “He venido a cumplirlas”. En este gran discurso de la Nueva Alianza, Jesús perfecciona y transforma la ley moral. Las leyes sacrificiales del Antiguo Testamento se cumplen en Él, mientras que la ley moral se profundiza y refina.

Jesús enseña que para vivir plenamente en la Nueva Alianza; debemos confiar en el Espíritu de Dios si queremos crecer en santidad. Él introduce un momento nuevo y culminante en la historia de la salvación, introduciendo un estándar de justicia que supera el del Antiguo Testamento. “Han oído que se dijo a los antiguos: *No matarás y el que mate será llevado ante el tribunal.* Pero yo les digo: Todo el que se enoje con su hermano, será llevado también ante el tribunal.” Aquí, Jesús cambia el enfoque de las acciones externas a los movimientos interiores del corazón.

Cristo más tarde nos dará los siete sacramentos como la armadura espiritual que necesitamos para vivir este llamado superior. Él conoce nuestra debilidad, pero también conoce el poder del Espíritu que obra dentro de nosotros. Nuestra justicia, dice, debe superar a la de los fariseos si queremos entrar en el Reino de los Cielos.

Oremos por sabiduría, para que cuando no podamos vivir una vida justa, podamos dirigirnos al Sacramento de la Reconciliación para sanar y a la Eucaristía para fortalecernos, para que el Espíritu Santo en nosotros sea alimentado y renovado. Que nos esforcemos por vivir en la tierra como en el cielo. Amén.

LAY ORGANIZATIONS

- Mental Health Ministry
- Good Grief Ministry
- Legion of Mary (Eng & Sp)
- Rosary Group
- The Prayer Warriors
- Society of St. Vincent de Paul
- Pro Life 40 days for Life Group
- The Sto. Niño Group
- El Grupo Guadalupano
- Lazos de Amor Mariano
- El Grupo Aliento de Oracion
- OCIA – Catechists
- Bible Study Group
- Men’s Club
- Women’s Club

Liturgical ministries:

- Altar servers
- Lectors & Holy Communion ministers
- Hospitality: Ushers and Greeters
- Music Ministry
- Liturgical Environment

MASS INTENTIONS FOR THE WEEK

Sat., Feb. 14

5:00 PM

† Frances Christen & JoAnn Collins

Sun., Feb. 15

8:00 AM

† For our parishioners

10:00 AM

† Dan Reilly

12:00 PM

† Galacion Arias

Weekdays at 8:15 AM

Mon., Feb. 16

† David Balzar

Tues., Feb. 17

† Dennis Nakpil

Wed., Feb. 18

Thurs., Feb. 19

† Deceased Parishioners

Fri., Feb. 20

† Matthew Smith

Sat., Feb. 21

† Jerome and Robert D. O’Leary

2nd Collection: Feb. 1 - Facility Repair & Improvements
Feb. 15 - Liturgy Fund

Feb. 8 - Religious Education

Feb. 22 – AAA

Registration: If you are new in our community, welcome! **Register at:** mountcarmelrc.org/registration
Registered parishioners may also update their information on the website.

Mental Health Ministry

Call: Maria Koenigsberg @
(650) 366-3802
Or email us at:
olmcmmentalhealthministry@gmail.com



Good Grief Ministry

Call: Maryann Gonzales @
(650) 366-3802
The ministry meets **every 2nd & 4th Thurs**
of the month 6pm at the Parish Center.

The number to call
for mental health crisis
support in
San Mateo County

(650) 579-0350

For help from local mental health
counselors 24/7 during mental
health crisis, substance use issue,
or thoughts of suicide.

Feasts of the Week

The Seven Founders of the Order of Servites, religious (Feb. 17)

St. Peter Damian, Bishop and Doctor of the Church (Feb. 21)

LENT

Lent is a 40-day season of prayer, fasting, and almsgiving that begins on Ash Wednesday and ends at sundown on Holy Thursday. It's a period of preparation to celebrate the Lord's Resurrection at Easter. During Lent, we seek the Lord in prayer by reading Sacred Scripture; we serve by giving alms; and we practice self-control through fasting. We are called not only to abstain from luxuries during Lent, but to a true inner conversion of heart as we seek to follow Christ's will more faithfully. We recall the waters of baptism in which we were also baptized into Christ's death, died to sin and evil, and began new life in Christ.

Many know of the tradition of abstaining from meat on Fridays during Lent, but we are also called to practice self-discipline and fast in other ways throughout the season. Contemplate the meaning and origins of the Lenten fasting tradition in this reflection. In addition, the giving of alms is one way to share God's gifts—not only through the distribution of money, but through the sharing of our time and talents. As St. John Chrysostom reminds us: "Not to enable the poor to share in our goods is to steal from them and deprive them of life. The goods we possess are not ours, but theirs." (Catechism of the Catholic Church, no. 2446).

In Lent, the baptized are called to renew their baptismal commitment as others prepare to be baptized through the Order of Christian Initiation of Adults, a period of learning and discernment for individuals who have declared their desire to become Catholics.

(from usccb.org)

FASTING AND ABSTINENCE

Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence.

For members of the Latin Catholic Church, the norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. The norms concerning abstinence from meat are binding upon members of the Latin Catholic Church from age 14 onwards.

(from usccb.org)

REMEMBER THAT YOU ARE DUST,
AND TO DUST
YOU SHALL RETURN."

Catechism of the Catholic Church

"He ascended into heaven and is seated at the right hand of the Father."

665 *Christ's Ascension marks the definitive entrance of Jesus' humanity into God's heavenly domain, whence he will come again (cf Acts 1:11); this humanity in the meantime hides him from the eyes of men (cf Col 3:3).*

666 *Jesus Christ, the head of the Church, precedes us into the Father's glorious kingdom so that we, the members of his Body, may live in the hope of one day being with him forever.*

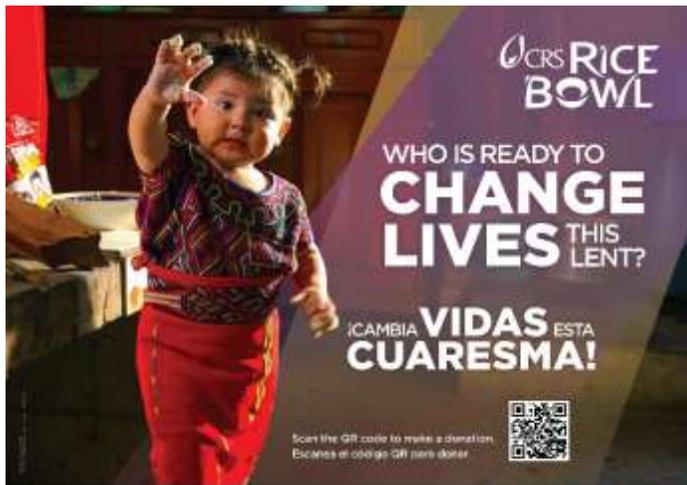
667 *Jesus Christ, having entered the sanctuary of heaven once and for all, intercedes constantly for us as the mediator who assures us of the permanent outpouring of the Holy Spirit.*

Please see all Advertisements in the bulletin board in the vestibule for details



HELP SAVE LIVES IN REDWOOD CITY!

40daysforlife.com/redwoodcity



crsricebowl.org/change-lives | crsplatodearroz.org/cambiar-vidas

*A gathering for prayer, reflection on the Mass and continuing formation for **Lectors and Extraordinary Ministers of Holy Communion.***

Lector's Session – on Saturday, February 21st.

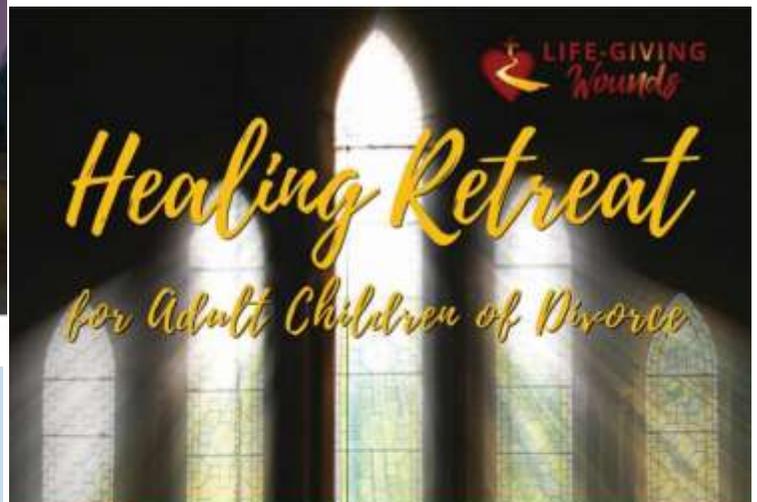
Extraordinary Ministers of Holy Communion's Session – on Saturday, Feb. 28th.

From 9:00am – 11:00 am at the Parish Center old chapel.



PRESENTATION TOPICS Human Flourishing and the Ethics of Technology Science and Ethics of In Vitro Fertilization Technology and the Mental Health Crisis and more!

CONTINUING EDUCATION AVAILABLE FOR:
Physicians | Physician Assistants
Nurses | Nurse Practitioners
Chaplains | Clergy | Religious



Feb 27 - Mar 1, 2026

Vallombrosa Retreat Center
250 Oak Grove Ave, Menlo Park, CA

Weekend retreat will include Holy Mass, opportunities for Confession and Adoration.

For more information / registration visit:

www.sfarch.org/lgw

or contact Ed Hopfner HopfnerE@SFArch.org





Fr Patrick Chibueze Okoye was born a Nigerian on 5 February 1975. He was ordained a catholic priest into the Catholic Diocese of Enugu, Nigeria on 5 July 2008.

On a special mission assignment, he was sent to the Archdiocese of San Francisco USA. While in

the archdiocese, he has ministered as a parochial vicar at the following parishes:

St Pius Church, Woodside Road, Redwood City from March 19 2024 to June 30 2025;

St Patrick Church, San Francisco from July 1 2025 to December 31 2025;

Effective from January 1 2026, he was appointed parochial vicar at Our Lady of Mount Carmel Church, Redwood City.

Fr Patrick has been a committed and enthusiastic priest who loves God and humanity. He is always cheerful. He is also a music and sports enthusiast. He loves to visit new places and meet new people.

Welcome to our Community Fr. Patrick!

Silent Women's Retreat
February 27th – March 1st 2026
March 6th -8th 2026

Who were the female Saints that stood at the foot of the Cross? We will take a closer look drawing from Holy Scripture.

Our Blessed Mother Mary, Mary Magdalena and Mary, wife of Clopas along with many faithful women followers.

Fr. Jim Sullivan is a priest for the Diocese of Oakland; he is assigned to the chaplaincy at Bishop O'Dowd High School.

Fr. Jim Sullivan
Retreat Master

St. Clare's Retreat
2381 Laurel Glen Rd, Soquel, CA 95073 2.27-3/1.2026
831- 423-8093
www.stclaresretreat.org

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📺 @mountcarmelschool

PROMISE TO PROTECT

PLEDGE TO HEAL

REPORT ABUSE OR INAPPROPRIATE BEHAVIOR WITH A MINOR OR VULNERABLE ADULT

IMMEDIATELY!

For any abuse of a minor, contact:

San Mateo County
Hotline for Child Protective Services
(650) 802-7922

For any abuse of a vulnerable adult, contact:

San Mateo County
Hotline for Adult Protective Services
(844) 868-0938

You can also report abuse by contacting the Sheriff's Department: **(650) 363-4911**

If the abuser is a church minister or employee of the Archdiocese, also contact:

Archdiocesan Victims Assistance Coordinator,
ROCIO RODRÍGUEZ
(415) 614-5506

(Reporting situations to the Archdiocese include, but are not limited to, incidences involving priests, deacons, volunteers, youth chaperones, and employees of a parish, school or of the Archdiocese of San Francisco)