



OUR LADY OF MOUNT CARMEL

CATHOLIC CHURCH & SCHOOL

300 Fulton Street, Redwood City, CA 94062

Phone: (650) 366-3802 Fax: (650) 366-1421

PARISH CENTER HOURS - Monday-Friday **now from 8:30AM-4:00PM**, break from 12PM-1PM

Dec. 7, 2025



2ND SUNDAY OF ADVENT

"John the Baptist appeared, preaching in the desert of Judea and saying, 'Repent, for the kingdom of heaven is at hand!'" - Mt 3:1

"Juan el Bautista se presentó predicando en el desierto de Judea: '¡Conviértanse, porque está cerca el Reino de los Cielos!'" - Mt 3,1

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. Leccionario II © 1987 Comisión Episcopal de Pastoral Litúrgica de la Conferencia del Episcopado Mexicano. ©LPI

Solemnity The Immaculate Conception

A Holy Day of Obligation

Dec. 8th (Monday)

Mass schedule:

English @ 8:15am

School Mass @ 11am (for students & parents)

English & Spanish @ 6:30pm

Archdiocesan Annual Appeal

Parish GOAL: \$72,983

Collected donations: \$54,200
(As of 12/02/25)

Balance due (until end of December):

\$18,783

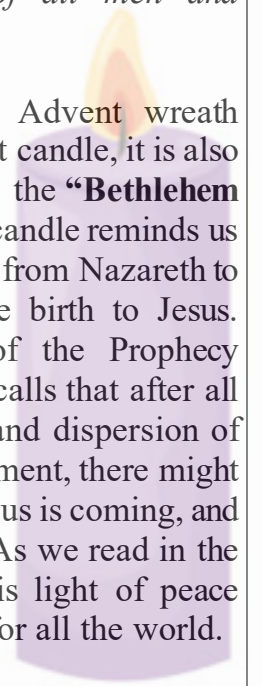
Donation envelopes are in the vestibule.
If you wish to make donations online,
please use this website:

<https://sfarchdiocese.org/aaa/#aaa-donate-form>

Second Advent Candle: Peace

"May we be in this world a ray of that light which shone forth from Bethlehem, bringing joy and peace to the hearts of all men and women." – Pope Francis

The second candle on the Advent wreath represents **Peace**. Like the first candle, it is also purple. Often called the "**Bethlehem Candle**," the second Advent candle reminds us of Mary and Joseph's journey from Nazareth to Bethlehem before Mary gave birth to Jesus. Building on the meaning of the Prophecy Candle, this second candle recalls that after all of the division, destruction, and dispersion of the kingdom in the Old Testament, there might finally be peace on Earth – Jesus is coming, and so is his Kingdom of Peace. As we read in the quote from Pope Francis, this light of peace shone forth from Bethlehem for all the world. (*hallow app*)



PARISH MASSES & LITURGIES

DAILY MASS:	Monday - Saturday, 8:15 AM
SATURDAY VIGIL MASS:	5:00 PM - English
SUNDAY MASSES:	8:00 AM, 10:00 AM - English; 12:00 PM - Español
1st FRIDAY Devotion:	Eucharistic Adoration follows the 8:15 AM Mass
CONFESSIONS:	Saturdays, 3:30 PM - 4:30 PM
ANOINTING OF THE SICK, FUNERAL SERVICES or HOUSE BLESSING:	Please call the Parish Center to set an appointment.
BAPTISM - Monthly:	Second Saturday: 10:00 AM - English El cuarto sábado: 10:00 AM - Español Please call at least 2 months prior to the approved date of baptism.
QUINCEAÑERA MASS:	Saturdays at 12 noon. Subject to availability. Please call at least 5 months prior to the approved date of the Mass. Suggested donation is \$500. Stipend for a musician is a separate fee and it depends on availability. Initial deposit required to reserve the date. Our Hall is not available for receptions.
MARRIAGE:	Saturdays at 12 noon. Subject to availability. Please call at least 6 months prior to the approved date of the wedding. Suggested donation is \$700. Stipend for a musician is a separate fee and it depends on availability. Initial deposit required to reserve the date. Our Hall is not available for receptions.

CLERGY

Pastor: <i>Rev. Msgr. Romulo Vergara</i>	rvergara@mountcarmel.org
Administrator: <i>Rev. Fr. Andy De Guzman</i>	adeguzman@mountcarmel.org
Hospital Chaplain: <i>Rev. Fr. Ernie Jandonero</i>	frerniej@sfhealingandprayer.com
Deacon: <i>Rev. Mr. Raymond Smith</i>	rsmith@mountcarmel.org
Deacon: <i>Rev. Mr. Ricardo Escobar</i>	rescobar@mountcarmel.org

LAY STAFF

Parish Secretary: <i>Luke Mulhall</i>	lmulhall@mountcarmel.org	(650) 366-3802
Director, Liturgy: <i>Maria Cornell</i>	mcornell@mountcarmel.org	(650) 446-5802
Director, Religious Ed: <i>Magdalena Hernandez</i>	mhernandez@mountcarmel.org	(650) 368-8237
OCIA: <i>Rev. Mr. Raymond Smith</i>	rsmith@mountcarmel.org	(650) 366-3802
Confirmation: <i>Johanna Rasmussen</i>	jrasmussen@mountcarmel.org	(650) 366-3802
Music Cantors: <i>Kristen Lapinig & Leodan Guerra</i>		
School Principal: <i>Jennifer Bruzzone</i>	jbuzzone@mountcarmel.org	(650) 366-6127



Pray for our departed parishioners
May they rest in peace
AMEN.



Adoration Chapel
Open Sundays through Saturdays
from 9am to 9pm

Community prayer for all the sick including our pastor, Msgr. Loi Vergara
at the Church every **2nd Tues of the month** at 7pm.

Clergy Message

Advent is a season of active waiting and preparation. This Sunday, the gospel speaks about John the Baptist, an important companion in our journey (cf. Mt. 3:1-12).

According to Matthew, the author: *“John wore clothing made of camel's hair and had a leather belt around his waist. His food was locusts and wild honey.”*

That was not a typical Jewish dress nor a common diet at that time. Pope Francis described it as “austere” and “radical” (cf. Angelus Address 2022).

It is a striking contrast to the religious leaders during the time of Jesus. In the words of the Lord, Pharisees and scribes wore long robes as a sign of status, but they are specifically known for altering their clothing to draw attention. They made the tassels on their garments longer and their phylacteries (prayer boxes worn on the arm or forehead) wider, both to appear more pious and to be noticed by others. (cf. Mt. 23:5; Lk. 20:46)

What captured the attention of the local Jews, that they went as far as the Jordan river to listen to John?

For many years, they believed in the prophecy that the Messiah will be preceded by the return of Elijah: *Now I am sending to you Elijah* the prophet, Before the day of the LORD comes, the great and terrible day.* (Mal. 3:23)

It is interesting to know how Elijah was described in the Old Testament:

“He wore a hairy garment with a leather belt around his waist.” “It is Elijah the Tishbite!”* (2 Kgs. 1:8)

Catechism **718** says: John is "Elijah (who) must come." The fire of the Spirit dwells in him and makes him the forerunner of the coming Lord. In John, the precursor, the Holy Spirit completes the work of "[making] ready a people prepared for the Lord."

John, who prepared the way of the Lord, preached: *“Repent, for the kingdom of heaven is at hand!”*

Fr. Andy

El Adviento es una temporada de espera activa y preparación. Este domingo, el evangelio habla sobre Juan el Bautista, un compañero importante en nuestro camino (Mt. 3:1-12)

Según San Mateo, el autor: *Juan usaba una túnica de pelo de camello, ceñida con un cinturón de cuero, y se alimentaba de saltamontes y de miel silvestre.*

Ese no era un vestido típico judío ni una dieta común en ese tiempo. El Papa Francisco lo describió como “austero” y “radical.” (S. Papa Francisco)

Es un contraste sorprendente con los líderes religiosos durante el tiempo de Jesús. En las palabras del Señor, los fariseos y escribas llevaban largas túnicas como señal de estatus, pero son específicamente conocidos por alterar su ropa para llamar la atención. Hicieron las borlas de sus prendas más largas y sus filacterias (cajas de oración usadas en el brazo o la frente) más anchas, tanto para parecer más piadosos como para ser notadas por los demás. (cf. Mt. 23:5; Lc. 20:46)

¿Qué llamó la atención de los judíos locales, que llegaron hasta el río Jordán para escuchar a Juan?

Durante muchos años ellos creyeron en la profecía de que el Mesías será precedido por el retorno de Elías: *“Ahora te envío el profeta Elías, antes de que venga el día del Señor, el día grande y terrible.”* (Mal. 3:23)

Es interesante saber cómo Elías fue descrito en el Antiguo Testamento:

Era un hombre con un manto de piel y con un cinturón de cuero ajustado a la cintura. Entonces el rey exclamó: “¡Es Elías, el tishbite!” (2 Reyes. 1:8)

El Catecismo **718** dice: Juan es "Elías que debe venir" (Mt 17, 10-13): El fuego del Espíritu lo habita y le hace correr delante [como "precursor"] del Señor que viene. En Juan el Precursor, el Espíritu Santo culmina la obra de "preparar al Señor un pueblo bien dispuesto" (Lc 1, 17).

Juan, quien preparó el camino del Señor, predicó: *“Arrepiéntanse, porque ya está cerca el Reino de los cielos.”*

LAY ORGANIZATIONS

- Mental Health Ministry
- Good Grief Ministry
- Legion of Mary (Eng & Sp)
- Rosary Group
- The Prayer Warriors
- Society of St. Vincent de Paul
- Pro Life 40 days for Life Group
- Sto. Niño Group
- El Grupo Guadalupano
- Lazos de Amor Mariano
- El Grupo Aliento de Oracion
- OCIA – Catechists
- Bible Study Group
- Men’s Club
- Women’s Club

Liturgical ministries:

- Altar servers
- Lectors & Holy Communion ministers
- Hospitality: Ushers and Greeters
- Music Ministry
- Liturgical Environment

MASS INTENTIONS FOR THE WEEK

Sat., Dec. 6

5:00 PM

† Fr. Harry Corcoran, SJ

Sun., Dec. 7

8:00 AM

† Gloria Bueno

10:00 AM

Guadalupe Dominquez

12:00 PM

† Elvira & Francisco Muniz

Weekdays @ 8:15 AM

Mon., Dec. 8

† Cecilia Harris

Tues., Dec. 9

† Marcel Lacues

Wed., Dec. 10

The Phan Family (*living & deceased*)

Thurs., Dec. 11

Jehane Jones

Fri., Dec. 12

† Aladina Matteucci & Dina Sandrini

Fri. (8pm)

† Guadalupano members

Sat., Dec. 13

† All Souls in Purgatory

2nd Collection: Dec. 7 - **Facility Repair & Improvements** Dec. 14 - Religious Education

Dec. 21 - Liturgy Fund

Dec. 25 – Christmas Offering

Dec. 28 – AAA

Registration: If you are new in our community, welcome! **Register at:** mountcarmelrc.org/registration
Registered parishioners may also update their information on the website.

FORMED: Sign up to our free **FORMED** subscription for thousands of books, audio talks, movies, documentaries and studies to help you and your family nurture your faith in the Catholic tradition. Go to formed.org then enter **Our Lady of Mt. Carmel Church, Redwood City** or our zip code: **94062**

GO PAPERLESS! Our weekly bulletin is also available online @

<https://parishesonline.com/organization/our-lady-of-mount-carmel-church-94062>

<https://www.mountcarmelrc.org/>

Mental Health Ministry

Call: Maria Koenigsberg @
(650) 366-3802

Or email us at:

olmcmmentalhealthministry@gmail.com



Good Grief Ministry

Call: Maryann Gonzales @
(650) 366-3802

The ministry meets **every 2nd & 4th Thurs**
of the month 6pm at the Parish Center.

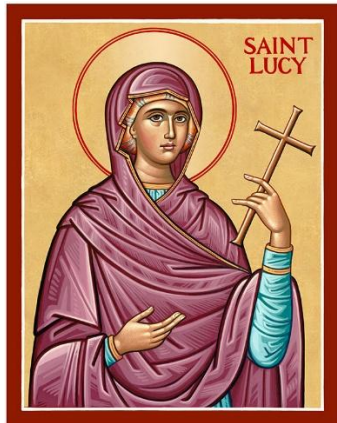
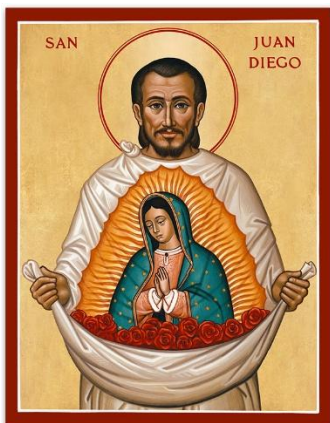
FEAST of the Week

Solemnity Immaculate Conception (Dec. 8)

St. Juan Diego Cuauhtlatoatzin (Dec. 9)

Feast of Our Lady of Guadalupe (Dec. 12)

St. Lucy, Virgin and Martyr (Dec. 13)



A saint for the children and youth



*Oh God, Our Father, thank you for giving us **St. Carlo Acutis**, a life example for the young and a message of love for everyone. You made him become enamored with*

Your Son Jesus, Making of the Eucharist his "Highway to Heaven". You gave him Mary, as a most loving Mother, and, with the Rosary, you made him a poet of her tenderness. Receive his prayer for us. Above all, gaze upon the poor, whom he loved and helped.

Grant for me too, by his intercession, the grace that I need ...

I ask this through Christ Our Lord. Amen

("Our Father", "Hail Mary", "Glory be...")

<https://www.carloacutis.com/en/association/preghiera-ufficiale>

Prayers to the Holy Couple

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

Hail, Guardian of the Redeemer, Spouse of the Blessed Virgin Mary.

To you God entrusted his only Son; in you Mary placed her trust; with you Christ became man.

Blessed **Joseph**, to us too, show yourself a father and guide us in the path of life. Obtain for us grace, mercy and courage, and defend us from every evil. Amen.

Catechism of the Catholic Church **MAN**

380 "Father,. . . you formed man in your own likeness and set him over the whole world to serve you, his creator, and to rule over all creatures" (Roman Missal, EP IV, 118).

381 Man is predestined to reproduce the image of God's Son made man, the "image of the invisible God" (Col 1:15), so that Christ shall be the first-born of a multitude of brothers and sisters (cf Eph 1:3-6; Rom 8:29).

382 "Man, though made of body and soul, is a unity" (GS 14 # 1). the doctrine of the faith affirms that the spiritual and immortal soul is created immediately by God.

383 "God did not create man a solitary being. From the beginning, "male and female he created them" (Gen 1:27). This partnership of man and woman constitutes the first form of communion between persons" (GS 12 # 4).

384 Revelation makes known to us the state of original holiness and justice of man and woman before sin: from their friendship with God flowed the happiness of their existence in paradise.

SIMBÁNG GABÍ

December

15th Monday 5 pm

Mt. Carmel Redwood City

16th Tuesday 5 pm

St. Charles San Carlos

17th Wednesday 7 pm

St. Matthias Redwood City

18th Thursday 7 pm

St. Denis Menlo Park

19th Friday 7 pm

St. Raymond Menlo Park

20th Saturday 5 pm

St. Pius Redwood City

21st Sunday 5 pm

St. Raymond Menlo Park

22nd Monday 7 pm

Nativity Menlo Park

23rd Tuesday 5 pm

Mt. Carmel Redwood City

Simbáng Gabí (Night Mass) is a long treasured Filipino spiritual tradition. In the Philippines, it was celebrated as a series of nine dawn Masses right before Christmas, each Mass followed by a reception and fellowship. For pastoral reasons, these daily novena Masses are now also celebrated in the evening.

Set within Advent, Simbang Gabi invites participants to heighten their preparation for the birth of Jesus, as well as honor **the Blessed Virgin Mary**.

*La Sociedad Guadalupana
los invita cordialmente a la tradicional fiesta en
honor de nuestra querida
La Virgen de Guadalupe*

Viernes 12 de Diciembre, 2025

LA FIESTA DE LA VIRGEN DE GUADALUPE

Habra una Serenata a la Virgen a las **7pm**.
La Misa comenzara a las **8pm** con La Dramatización de las Apariciones, y Ofertorio Comunitario.

Al terminar estaremos ofreciendo chocolate y pan.


Society of St. Vincent de Paul


Holiday Toys and Food Donations

We continue receiving food for families and toys for children who are struggling in our community during the Christmas season.



ENROLL NOW

 (650) 366-6127

 info@mountcarmel.org

 www.school.mountcarmel.org

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Offering Preschool, TK, and K-8 Programs.

Visit the QR Code for more information and tour dates



SPECIAL LITURGICAL CELEBRATIONS

Dec. 15th (Mon) and 23rd (Tues)
Simbáng Gabí at 7pm

Dec. 9th (Tues)
Parish Advent Confessions at 7pm

Dec. 8 (Mon.)
Solemnity of the Immaculate Conception
A holy day of obligation
8:15am – English Mass
6:30pm – Bilingual Mass

Dec. 12 (Fri)
Feast of Our Lady of Guadalupe
8:15am – English Mass
8pm – Spanish Mass

Dec. 19 (Fri)
Healing Mass
6pm – English Mass

Dec. 24 (Wed.)
8:15am – English Mass of the Day
4pm – English Mass (Christmas Vigil)
9pm – Bilingual Mass (Christmas Night Mass)

Dec. 25 (Thu.)
Christmas Day
10am – English Mass
12nn – Spanish Mass

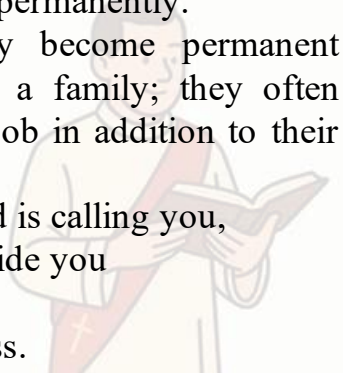
Jan. 1 (Thu.)
Solemnity of Mary, Mother of God
A holy day of obligation
10am – English Mass
12nn – Spanish Mass

PERMANENT DEACONS

A permanent deacon is a man who is not being formed for the priesthood but to be ordained a deacon permanently.

Married men may become permanent deacons and have a family; they often work in a secular job in addition to their diaconal role.

If you feel the Lord is calling you, see Fr. Andy to guide you through the discernment process.



Our **Annual Christmas Giving Tree** is in the vestibule.

Please take a gift tag and instruction sheet and **return** your unwrapped gift under the tree by **Sunday, December 7**.

Thank you for your generosity.



MEN'S CLUB

Calling All Cooks & Chili Fans!
Get ready for the OLMC Men's Club
Chili Cook-Off!

Bring your best pot and compete for the champion title and bragging rights.

All contestants are welcome!

Just want to eat?

Come hungry and cast your vote to crown the winner!

All men and dads of the community are invited to join us at

6pm on Thursday, December 11th
in the Small Hall.