



OUR LADY OF MOUNT CARMEL

CATHOLIC CHURCH & SCHOOL

300 Fulton Street, Redwood City, CA 94062

Phone: (650) 366-3802 Fax: (650) 366-1421



22ND SUNDAY IN ORDINARY TIME

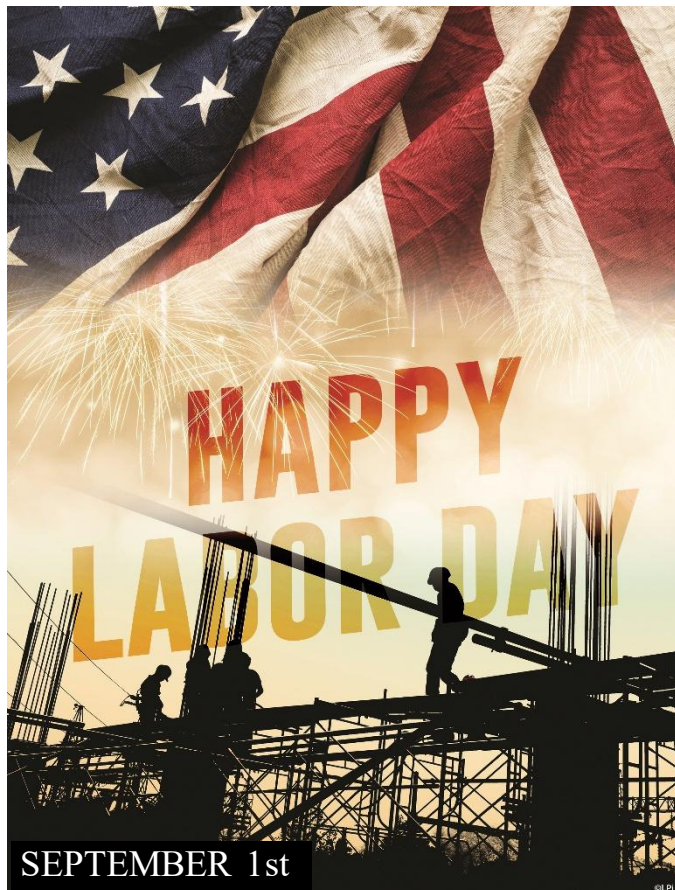
AUGUST 31, 2025

"Rather, when you hold a banquet, invite the poor, the crippled, the lame, the blind; blessed indeed will you be because of their inability to repay you. For you will be repaid at the resurrection of the righteous." - Lk 14:13-14

"Al contrario, cuando des un banquete, invita a los pobres, a los lisiados, a los cojos y a los ciegos; y así serás dichoso, porque ellos no tiene con qué pagarte; pero ya se te pagará, cuando resuciten los justos". - Lc 14, 13-14

Excerpts from the Lectionary for Mass ©2001, 1998, 1979 CCD.
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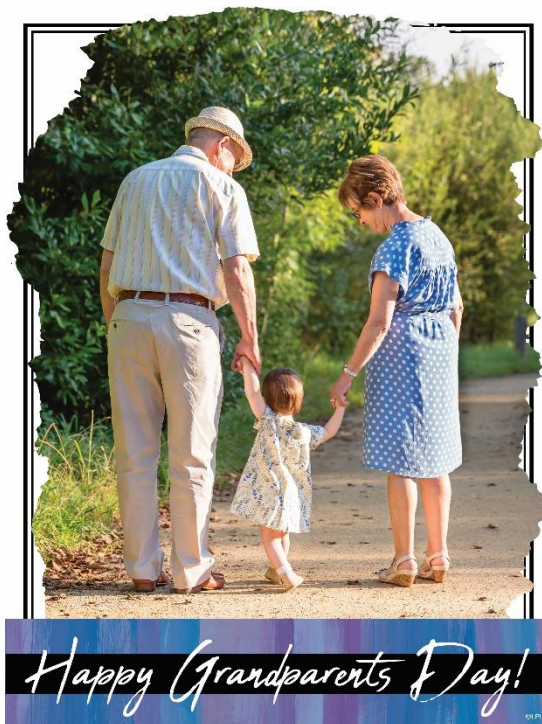
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SEPTEMBER 1st

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Happy birthday
SEPTEMBER 8th



Happy Grandparents Day!

SEPTEMBER 7th

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PARISH MASSES & LITURGIES

DAILY MASS:	Monday - Saturday, 8:15 AM
SATURDAY VIGIL MASS:	5:00 PM - English
SUNDAY MASSES:	8:00 AM, 10:00 AM - English; 12:00 PM - Español
1st FRIDAY Devotion:	Eucharistic Adoration follows the 8:15 AM Mass
CONFESSIONS:	Saturdays, 3:30 PM - 4:30 PM
BAPTISM - Monthly:	Second Saturday: 10:00 AM - English El cuarto sábado: 10:00 AM - Español
ANOINTING OF THE SICK:	Please call the Parish Center to speak with a priest.
FUNERAL SERVICES:	Please call the Parish Center to speak with a priest.
QUINCEAÑERA MASS:	Saturdays at 12 noon. Subject to availability. Please call at least 5 months prior to the approved date of the Mass. Suggested donation is \$500. Stipend for a musician is a separate fee and it depends on availability. Initial deposit required to reserve the date. Our Hall is not available for receptions.
MARRIAGE:	Saturdays at 12 noon. Subject to availability. Please call at least 6 months prior to the approved date of the wedding. Suggested donation is \$800. Stipend for a musician is a separate fee and it depends on availability. Initial deposit required to reserve the date. Our Hall is not available for receptions.

CLERGY

Pastor: <i>Rev. Msgr. Romulo Vergara</i>	rvergara@mountcarmel.org
Parochial Vicar: <i>Rev. Fr. Andy De Guzman</i>	adeguzman@mountcarmel.org
Hospital Chaplain: <i>Rev. Fr. Ernie Jandonero</i>	frerniej@yahoo.com
Deacon: <i>Rev. Mr. Thomas Boyle</i>	tboyle@mountcarmel.org
Deacon: <i>Rev. Mr. Raymond Smith</i>	rsmith@mountcarmel.org
Deacon: <i>Rev. Ricardo Escobar</i>	rescobar@mountcarmel.org

LAY STAFF

Parish Office: <i>Luke Mulhall</i>	lmulhall@mountcarmel.org	(650) 366-3802
Director, Religious Ed: <i>Magdalena Hernandez</i>	mhernandez@mountcarmel.org	(650) 368-8237
Music Cantors: <i>Kristen Lapinig & Leodan Guerra</i>		
Confirmation: <i>Johanna Rasmussen</i>	jrasmussen@mountcarmel.org	(650) 366-3802
OCIA: <i>Rev. Mr. Raymond Smith</i>	rsmith@mountcarmel.org	(650) 366-3802
School Principal: <i>Jennifer Bruzzone</i>	jbruzzone@mountcarmel.org	(650) 366-6127

PARISH CENTER HOURS - MONDAY-FRIDAY from 9AM-3PM, CLOSED FROM 12PM-1PM



Pray for our departed parishioners
May they rest in peace
AMEN.



Adoration Chapel
Open Sundays through Saturdays
from 9am to 9pm



Luke's Gospel gives us a hard teaching today. To be exalted in the eyes of God means putting ourselves in a humble place. We are not called to seek out power, positions of honor, or rewards. We are called to seek the kingdom of God before all things, especially seeking the kingdom of God by communing with those who are most in need. Those who are hurting are the ones who can best point us to God. How remarkable is that?

Humility is not humiliation. God will look at those who have put themselves in a humble place and invite them to receive his joy and his honor. We will find companionship with Christ when we humble ourselves, just as he did.

Often, when we find ourselves in humble places, we also encounter a kind of joy, mercy, and compassion that we would not have found in a place of human achievement and reward.

Christ gives us one further warning. When we host a meal, he exhorts us that we should not invite those who can repay us, so that we act only for rewards. Yet it is that Christ may also be saving us from something more.

When we host someone for a meal and expect repayment, and then they host us and expect repayment, we find ourselves in an unending cycle of repayment for its own sake. Christ asks us, instead, to shower our resources on those who cannot repay us, because then our resources will finally go to something that is not cyclical. We can share what we have with those who need it, and our possessions will shower the world with generosity. Indeed, Christ does not tell us to refrain from parties. He simply tells us to hold parties that lavish God's gifts upon those who need them most.

El Evangelio de Lucas nos da una dura enseñanza hoy. Ser exaltado a los ojos de Dios significa ponernos en humildad. No estamos llamados a buscar poder, posiciones de honor o recompensas. Estamos llamados a buscar el reino de Dios antes que todas las cosas, especialmente buscando el reino de Dios en comunión con los más necesitados. Aquellos que sufren son los que mejor pueden llevarnos a Dios. ¿Qué tan notable es eso?

La humildad no es humillación. Dios mirará a aquellos que se han puesto en un lugar humilde y los invitará a recibir su gozo y su honor. Encontraremos compañía con Cristo cuando nos humillemos, tal como Él lo hizo.

A menudo, cuando nos encontramos en lugares humildes, también encontramos un tipo de alegría, misericordia y compasión que no habríamos encontrado en un lugar de logros y recompensas humanas.

Cristo nos da una advertencia más. Cuando organizamos una comida, Él nos exhorta a no invitar a aquellos que pueden pagarnos, para que actuemos solo por recompensas. Sin embargo, es que Cristo también puede estar salvándonos de algo más.

Cuando recibimos a alguien para una comida y esperamos el pago, y luego nos hospedamos y esperamos el pago, nos encontramos en un ciclo interminable de pago por su propio bien. Cristo nos pide, en cambio, que derramemos nuestros recursos sobre aquellos que no pueden pagarnos, porque entonces nuestros recursos finalmente irán a algo que no es cíclico.

Podemos compartir lo que tenemos con aquellos que lo necesitan, y nuestras posesiones llenarán al mundo de generosidad. De hecho, Cristo no nos dice que nos abstengamos de las fiestas. Simplemente nos dice que celebremos fiestas que prodigan los dones de Dios a quienes más los necesitan.



LAY ORGANIZATIONS

- Mental Health Ministry
- Good Grief Ministry
- Legion of Mary (Eng & Sp)
- Rosary Group
- The Prayer Warriors
- Society of St. Vincent de Paul
- Pro Life 40 days for Life Group
- Sto. Niño Group
- El Grupo Guadalupano
- Lazos de Maria
- El Grupo de Oracion: Aliento de Oracion
- OCIA – Catechists
- Bible Study Group
- Men's Club
- Women's Club

Liturgical ministries:

- Altar servers
- Lectors and Holy Communion ministers
- Hospitality: Ushers and Greeters
- Music Ministry
- Liturgical Environment

Descriptions of each group are found in our website: <https://www.mountcarmelrc.org/>

MASS INTENTIONS FOR THE WEEK

Sat., Aug. 30

8:15 AM

Maria Campos-Martinez

5:00 PM

† Pilar Gomez

Sun., Aug. 31

8:00 AM

† Cecilia & Josiah Harris

10:00 AM

† Emiliano Prado

12:00 PM

† Oscar Alvarez & Patricia Villa

Daily Masses - 8:15 AM

Mon., Sept. 1

Absi, Beyrouti and Jones Families
(Living and Deceased)

Tues., Sept. 2

† Edmund Mulhall

Wed., Sept. 3

† Andreina Sandrini

Thurs., Sept. 4

† Leena Cheung

Fri., Sept. 5

† Ivan Dei Rossi

Sat., Sept. 6

8:15 AM

† Joan Marchaterre

5:00 PM

† Gertrude Sullivan

Sun., Sept. 7

8:00 AM

† Antonio & Doloras Morales

10:00 AM

† Mario Kucich

12:00 PM

† Matilde Aguilera

Prayer List: Our prayer list clears at the end of each month. Please submit your entries for the prayer list by calling 650-366-3802.

2nd Collection: Sept. 7 - Mission Appeal
Sept. 13 - Religious Education

Sept. 21 - Liturgy Fund
Sept. 28 – Parish Facilities

Registration: If you are new in our community, welcome! Register at: mountcarmelrc.org/registration
Registered parishioners may also update their information on the website.

FORMED: Sign up to our free **FORMED** subscription for thousands of books, audio talks, movies, documentaries and studies to help you and your family nurture your faith in the Catholic tradition. Go to formed.org then enter **Our Lady of Mt. Carmel Church, Redwood City** or our zip code: **94062**

GO PAPERLESS! Our weekly bulletin is also available online @
<https://parishesonline.com/organization/our-lady-of-mount-carmel-church-94062>
<https://www.mountcarmelrc.org/>

The second collection this Sunday is for the **Society of St. Vincent de Paul**

Thank you very much for your generosity.



SAINTS of the Week

St. Gregory the Great (Sept. 3)

The pope had to deal with plague and famine during his papacy.

He sent monks led by St. Augustine of Canterbury to preach to the Anglo-Saxon Britain.

The Pope was known to invite the poor regularly to his own table, sharing his meals with them. The Church's lands at the time generated considerable revenue, and Gregory kept meticulous track of it – so that he could give it all away.

For the spiritually poor, he preached, going from church to church in the city (the “station churches” still observed during Lent). He revised the Order of Mass and encouraged sacred music. Tirelessly, he admonished priests and bishops to give their very selves to their people. (www.vaticannews.va)

St. Teresa of Calcutta (Sept. 5)

She founded the Missionaries of Charity beginning her new mission among the last of Calcutta, the outcast, those who are “unwanted, unloved, uneducated”.

Always ready to help the poor and needy, Mother Teresa was also strongly committed to the defense of nascent life.

Her speech at the Nobel Peace Prize ceremony on October 17, 1979 was unforgettable. “The greatest destroyer of peace,” she said on that occasion, “is the cry of the innocent unborn child. For if a mother can murder her own child in her womb, what is left for you and for me to kill each other?”

She remains for us the sign that mercy has no boundaries and comes to all, without distinction. (www.vaticannews.va)

RELIGIOUS EDUCATION



Catechism of the Catholic Church

THE CHURCH is HOLY

823 *"The Church . . . is held, as a matter of faith, to be unfailingly holy. This is because Christ, the Son of God, who with the Father and the Spirit is hailed as 'alone holy,' loved the Church as his Bride, giving himself up for her so as to sanctify her; he joined her to himself as his body and endowed her with the gift of the Holy Spirit for the glory of God." The Church, then, is "the holy People of God," and her members are called "saints."*

825 *"The Church on earth is endowed already with a sanctity that is real though imperfect." In her members perfect holiness is something yet to be acquired: "Strengthened by so many and such great means of salvation, all the faithful, whatever their condition or state - though each in his own way - are called by the Lord to that perfection of sanctity by which the Father himself is perfect."*

Order of Christian Initiation of Adults 2025-2026

Our OCIA program is offered to:

- * Non-baptized adults who desire to be fully initiated into the Catholic Church.
- * Baptized adult Christians who desire full communion in the Catholic Church.
- * Baptized Catholics seeking to complete their Sacraments of Initiation (First Communion and/or Confirmation).

**Enrollment is ongoing until
Sept. 7th (Sunday)**

For more information, contact Deacon Ray Smith or Magdalena Hernandez, our Rel. Ed. director at the parish office.



Message from the Pastor

To Our Beloved Parishioners
A Blessed Day to all!

This is to let you know that I was granted by the Archbishop for a 6 months Sabbatical leave due to health reasons starting this September until February of next year. However, I will be staying at the rectory during the whole time as I do my treatment. Since we have a chapel in the rectory, I will just be celebrating the Mass privately keeping your intentions and petitions with me.

Fr. Andy de Guzman will be the Parish Administrator for the six months while I am on leave.

The parish will be in good hands as he had already an extensive pastoral experience and been a pastor before in El Paso, Texas.

Fr. Ernie Jandonero, who is the chaplain of 2 hospitals, Kaiser and Sequioa, will still be an In-Residence priest staying with us. He has been helping the parish in celebrating the Weekend & Weekday Masses. He had been helping in our healing ministry with our monthly Third Friday Healing Mass and a chaplain of the Prayers Warriors based here at OLMC.

My deep gratitude for your prayers, support and loving concern you have shown for our Parish under the mantle of Our Lady of Mount Carmel. Again, thank you very much and will be praying for you all. God Bless!

Msgr. Romulo 'Loi' Vergara

A Nuestros Queridos Feligreses:
¡Que tengan un día bendecido!

Les informo que el arzobispo me ha concedido un permiso sabático de seis meses por motivos de salud, desde septiembre hasta febrero del año que viene. Sin embargo, permaneceré en la rectoría durante todo ese tiempo mientras recibo tratamiento. Como tenemos una capilla en la rectoría, celebraré la misa en privado y llevaré conmigo sus intenciones y peticiones.

El padre Andy de Guzmán será el administrador de la parroquia durante los seis meses que dure mi permiso. La parroquia estará en buenas manos, ya que él tiene una amplia experiencia pastoral y ha sido párroco en El Paso, Texas.

El P. Ernie Jandonero, capellán de dos hospitales, Kaiser y Sequioa, seguirá siendo sacerdote residente con nosotros. Ha estado ayudando a la parroquia en la celebración de las misas de fin de semana y entre semana. Ha colaborado en nuestro ministerio de sanación con nuestra misa mensual de sanación del tercer viernes y como capellán de los Guerreros de la Oración con sede aquí, en OLMC.

Mi más sincero agradecimiento por sus oraciones, su apoyo y su cariñosa preocupación por nuestra parroquia bajo la protección de Nuestra Señora del Monte Carmelo.

Una vez más, muchas gracias y rezaré por todos ustedes. ¡Que Dios los bendiga!

Monseñor Romulo «Loi» Vergara

Mental Health Ministry

You may call:
Maria Koenigsberg @ (650) 366-3802
Or email us at:
olmcmentalhealthministry@gmail.com



Good Grief Ministry

You may call:
Maryann Gonzales @ (650) 366-3802
The ministry meets every 2nd & 4th Thurs
of the month 6pm at the Parish Center.



MISSION APPEAL – Sept. 6th & 7th

Founded in Nyeri, Kenya by Bishop Filippo Perlo in 1918, the **Missionary Sisters of Mary Immaculate** is a congregation of Catholic women working throughout East Africa, Europe as well as the United States. In founding the congregation, Bishop Perlo -- an Italian missionary who himself had come to Africa in 1902 to live and work -- believed that anyone who would come to be a part of the new congregation must follow in the footsteps of our Lord Jesus Christ in caring for the poor, the needy and those who were suffering.

Today, with more than 500 Sisters actively serving in Tanzania, Zambia, Uganda, Italy, Kenya and the United States -- the Missionary Sisters continue to hold closely to the belief that it is the duty of all Christians to reach out on behalf of those who cannot care for themselves.

We are open to receive any support to continue this mission in our present times. For more information, visit our website @ www.msomi.org

Sr. Helen Murage, S.M.I Mission Director



Women's Silent Retreats
September 5-7, 2025
September 19-21, 2025

Meditations on The Last Discourse of Jesus

For more information
call
(831) 4238093

Or go to their website:
www.stclaresretreat.org

40 Days for Life members are currently praying in front of planned parenthood in Redwood City, Monday – Friday, 8:30 – 11:30 AM. The more people who physically show up to pray, the more graces God gives us to save babies and mothers! A Spanish-speaking counselor is needed as well. For questions, please email Erika Hathaway (erikashathaway@gmail.com).

1st Friday Bilingual Mass Sept. 5, 2025

**"I AM THE LIGHT OF THE WORLD.
WHOEVER FOLLOWS ME WILL NEVER
WALK IN DARKNESS, BUT WILL HAVE THE LIGHT OF LIFE"**

JOHN 8:12

Our Lady of Mt. Carmel Catholic Church **300 Fulton Street, Redwood City, CA 94062**

Main Celebrant: Fr Andy de Guzman (Vicar of Our Lady of Mt Carmel Church)
Con Celebrant: Fr. Andrew Ibegbulem, OSA (St Paul of the Shipwreck Church)

Visit SFSpirit.com for Info on Upcoming Events.

***Note: Changes in Time Schedule**

6:30 pm: Recitation of the Holy Rosary

6:45 pm: Praise & Worship

7:00 pm: Holy Mass and Healing Service

Contacts:

Efrain Cano (650) 208-1622

Sally Yeo (650) 400-4825

Sponsored by East Aliento de Adoracion

Music by La Voz de Jesus Music Ministry



**Sponsored by: Catholic Charismatic Renewal
of the Archdiocese of San Francisco**

Mass Intentions for 2026

Mass Intentions
may now be scheduled.

Guidelines:

- * The Mass Intentions per family for the year is at most ten (10).
- * For more than two or three Mass Intentions, please provide the Parish Office a written list that includes: the date and Mass time being requested, the name of the person(s) the intention is for, and whether they are deceased. If the date and Mass time you requested is already filled, we will select the closest Mass date and time that is available.
- * We kindly ask for a \$10 donation at the time of the Mass Intention request.

Thank you

